

DECEMBER 2021

## Community Directors

### **Eagle River Community Director:**

Beth Ann Montezon  
Office: 715-479-8018  
Cell: 715-891-0358

### **Rhineland Community Director:**

Krystal Maulson  
Office: 715-361-1111 Ext 101

### **Tomahawk Community Director:**

Emily Maule  
Office: 715-224-3747  
Cell: 715-224-3747

### **Woodruff Community Director:**

Amy Lemke  
Office: 715-439-4500 Ext 1  
Cell: 715-892-1339

### **Community Relations Coordinator:**

Bella Rubio  
Cell: 715-409-6511

To request more information on how you or your loved one could benefit from the cares and services available at Milestone Senior Living, contact our Community Relations Coordinator.



Milestone Senior Living has four locations in the Northern Wisconsin area; Eagle River, Rhinelander, Tomahawk, and Woodruff.

*We would love to show you our beautiful Communities  
Call Bella at 715-409-6511 to schedule your private tour.*

All tours are socially distanced, masked, and screened upon entry for optimal safety.

Don't wait: Apartments are very limited!

## The Milestone Northwood News



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## Milestone Senior Living Eagle River

Residents worked on Snowman Ornaments  
and hung them on the tree



Residents worked on Hand Print

Christmas Tree of all the residents and  
Staff.



Residents helped Barbara & JP celebrate the Wedding Anniversary  
Delicious Cheesecakes were served



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## Milestone Senior Living—Rhinelanders

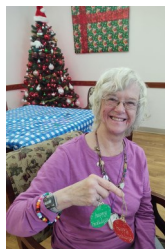
Our Residents spent the afternoon making cute Snowman Ornaments.



Residents made Gingerbread Houses



Residents made many different types of Christmas Ornaments



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**Meet Tiffany Krusick**

Tiffany is our nurse at the Rhinelanders Community. Tiffany goes above and beyond for our residents by rolling out the Red Carpet. Thank you Tiffany for doing an awesome job.

### January Activities Highlights

Monday—Friday 10AM

Morning Stretch

Bingo— Monday at 1:00PM

Bingo— Friday at 1:30PM

Church Services—Friday 10AM

*Adventure Awaits Event*

*"With Appetizers and Beverages"*



*Join us on Friday, January 21<sup>st</sup> at 6:00 pm*

*We will be hosting a Movie Night Adventure for residents, family, and friends.*

*Please RSVP to Bella*

*715-409-6511*

*Come and join in a fun evening!*

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## Milestone Senior Living—Tomahawk



Hello everyone! I'm excited to be working with all of you in my Hometown of Tomahawk. I'm a born and raised Tomahawk native and feel my roots are buried deep in the community. I have history in multiple fields including Elementary education, restaurant management, and social work. When I am not spending time with you at Milestone, I enjoy spending time with my family. We enjoy traveling, trying new things, and making new friends. I have four children which keep me very active. I look forward to getting to know you and your families.

On another note, Carole Mietelski has rejoined our team in a new role, she will be our Health Services Lead.

### Our Gingerbread houses are completed and on display.



### Residents helped decorate our community for Christmas



**Meet Brittany Drake , Resident Care Assistant at Tomahawk**

Brittany has worked at Milestone since 2018. She rolls out the red carpet for all our residents and tenants on the PM shift. You can easily spot her by her ever changing vibrant hair color. Thank you for doing an awesome job!!

**Welcome January:** We wish you all a Healthy and Happy New Year in 2022. We are all looking towards a fresh new year and the fun things planned for this month. We hope everyone had a Blessed Christmas .

**Life Enrichment Coordinator/ Director Updates;** We continue to have cookbooks for sale; 'A Milestone Cookbook, stirring up Memories' available for \$20.00 each to continue to raise money for the Alzheimer's Association.

### January Activities Highlighted:

Our monthly Mercantile Shopping for residents and tenants the first Monday of every month in the Dining room.

LEC alternates shopping at a different local grocer every Monday for our Community Members.

Every Monday @ 10:45 Fabulous Finger-nails

Every Friday @ 10:45 Rosary w/ Sharon, every Thursday Communion and St Mary Church every third Thursday

Every Sunday Grace Lutheran Virtual service and every 4<sup>th</sup> Thursday Grace Service in the Community.

10 AM Daily Senior Morning Exercises (Mon/Wed/Fri) Sixel's Senior Functional Fitness

Council meetings are held the fourth Wednesday of the month.

BINGO- Tuesday & Thursday @ 2:00, Sunday's @ 2:15

Thirsty Thursday every Thursday @ 3:30

First Congregational Church sing Along first and third Wednesday's

**January 12<sup>th</sup> @ 6pm we will be hosting an 'Adventures Awaits Event'. Where we will be rolling out the red carpet and watch the movie**

**Join us for some Fun**

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## RESIDENT SPOTLIGHT—TOMAHAWK



Jim Seidl moved to Milestone from Alaska with his wife in May 2017. He had moved back to area to where he have a family cottage that their children share during the summer. His wife has since passed, but in their lifetime, they loved to travel. In fact, he stated, “Barb and I traveled every state in the union during their 50 years of marriage”. The only places they didn’t travel to were Africa, India and Antarctica. He has a map identifying the places they have been (as seen in this photo). He took a train trip from Moscow to Vladivostok by himself as his wife didn’t care to take that trip. In the past he has given presentations to the residents of Milestone of his travels, sharing slideshows and memorabilia. He has a loving family and truly lived life to the fullest.



*Adventure Awaits Event  
“With Appetizers and Beverages”*



*Join us on Wednesday, January 12<sup>th</sup> at 6:00 pm  
We will be hosting a Movie Night Adventure for  
residents, family, and friends.*

*Please RSVP to Bella*

*715-409-6511*

*Come and join in a fun evening!*

## Milestone Senior Living—Woodruff

Residents enjoy Gospel Hour at our Woodruff Community



Residents enjoy making Christmas Decorations



### Our Club Room

Have you stopped by our Club Room lately? We have been updating it so it has a whole new look.

Stop By and Check It Out!



Happy Birthday

Peggy January 3rd

Judy January 7th

Dolly January 24th

### January Activity Highlights

Monday—Friday  
10AM Exercise

Every Tuesday 11am Catholic Church

Every Wednesday Bingo

Morning Devotions

Wednesday Ekko Visits

Friday Bible Study

Come Join in the Fun!

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**JUST ARRIVED**

## A Milestone Cookbook



*Stirring up Memories*

Our Milestone Cookbooks have arrived and are "ON SALE NOW".

The cost of the Cookbook is \$20.00.

All proceeds will benefit the Alzheimer's Association.

For more information:

Contact Bella 715-409-6511



## *Come to Milestone Senior Living*



You will find yourself at home at Milestone Senior Living. Our Northwoods Memory Care and Assisted Living communities are located in Eagle River, Rhinelander, Tomahawk & Woodruff.

At Milestone Senior Living, we embrace the individual, tailoring programming, activities, events, and care plans to each resident's unique tastes and needs. Join a community that feels like family and find joy in all your days.

**We have limited openings available for:**

One Bedroom Apartments

Memory Care Suites

**Call us for more information or schedule a tour at one of our communities!  
715-409-6511**

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