

# JANUARY



## Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Passport to  
*Exceptional Care.  
Extraordinary Living.*

*Adventure Awaits!*

11:00 Walking Group I  
(Meet in the Lobby)  
**2:00 Movie**  
**(Christmas Break-in) H**  
3:30 Social Hour P/I  
(Bring your own Beverage)  
6:00 Cards P/I

1

10:00 Word Search H/I  
**10:30 Sunday Worship Service  
with Resurrection Church C**  
2:00 Cards & Games P  
3:45 Social Hour P  
(Bring your own beverage)  
6:00 Mass Ch 80

2

8:00 Greetings & Review  
9:45 Memory Building H  
Word Puzzles H  
11:00 Live2Be Healthy H  
1:30 Bingo H  
2:45 Visiting in the Pub  
**3:00 Music with George in  
the Pub**

3

8:00 Greetings & Review  
10:00 Mass Ch 80  
10:30 Puzzles H  
11:00 Dance Yoga H  
**Taking the trees and decorations  
down today**  
3:30 Social Hour

4

**Aqua Aerobics SC**  
8:00 Greetings & Review  
9:00 Puzzles LB/I  
9:45-10:45 Market Open  
11:00 Mass Ch 80  
11:00 Live2Be Healthy H  
**1:30 Shopping Target**  
2:00 Cards 500/Crib.  
3:30 Social Hour

5

8:00 Greetings & Review  
10:00 Word Games H  
11:00 Dance Yoga H  
**1:30 Making some  
Snack Mixes H**  
3:30 Social Hour P  
6:00 Puzzles LB

6

8:00 Greetings & Review  
9:45-10:45 Market Open  
11:00 Walking Group L  
11:00 Mass Ch 80  
1:30 Memory Building P  
2:30 Trivia P  
**3:00 Happy Hour P**  
6:00 Puzzles LB

7

11:00 Walking Group I  
(Meet in the Lobby)  
**2:00 Movie**  
**(Romance on the High Seas) H**  
3:30 Social Hour P/I  
(Bring your own Beverage)  
6:00 Cards P/I

8

10:00 Word Search H/I  
**10:30 Sunday Worship Service  
with Resurrection Church C**  
2:00 Cards & Games P  
3:45 Social Hour P  
(Bring your own beverage)  
6:00 Mass Ch 80

9

8:00 Greetings & Review  
9:45 Memory Building H  
Word Puzzles H  
11:00 Live2Be Healthy H  
1:30 Bingo H  
2:45 Visiting in the Pub  
**3:00 Music with George in  
the Pub**

10

8:00 Greetings & Review  
9:45 Manicures H  
10:00 Mass Ch 80  
10:30 Puzzles H  
11:00 Dance Yoga H  
**1:30 Making Monkey Bread H**  
**2:00 Tea in the Pub Lounge**  
**3:00 Prince visits by the Market**  
3:30 Social Hour

11

**Aqua Aerobics SC**  
8:00 Greetings & Review  
9:00 Puzzles LB/I  
9:45-10:45 Market Open  
11:00 Mass Ch 80  
11:00 Live2Be Healthy H  
**1:30 Shopping Kohl's**  
2:00 Cards 500/Crib.  
3:30 Social Hour

12

8:00 Greetings & Review  
9:45 Memory Building P  
9:45 Bible Study C  
10:00 Word Games H  
11:00 Dance Yoga H  
**1:30 Tenant Meeting H**  
3:30 Social Hour P  
6:00 Puzzles LB

13

8:00 Greetings & Review  
9:45-10:45 Market Open  
11:00 Walking Group L  
11:00 Mass Ch 80  
1:30 Memory Building P  
2:30 Trivia P  
**3:00 Happy Hour Music with  
Manny P**  
6:00 Puzzles LB

14

11:00 Walking Group I  
(Meet in the Lobby)  
**2:00 Movie**  
**(Out to Sea) H**  
3:30 Social Hour P/I  
(Bring your own Beverage)  
6:00 Cards P/I

15

10:00 Word Search H/I  
**10:30 Sunday Worship Service  
with Resurrection Church C**  
2:00 Cards & Games P  
3:45 Social Hour P  
(Bring your own beverage)  
6:00 Mass Ch 80

16

8:00 Greetings & Review  
9:45 Memory Building H  
Word Puzzles H  
11:00 Live2Be Healthy H  
1:30 Bingo H  
2:45 Visiting in the Pub  
3:00 Music with George in  
the Pub

17

8:00 Greetings & Review  
9:45 Line Dancing H  
10:00 Mass Ch 80  
10:30 Puzzles H  
11:00 Dance Yoga H  
**1:30 Coffee, History and Scones  
on the Ledo deck, Hart Room**  
3:30 Social Hour

18

**Aqua Aerobics SC**  
8:00 Greetings & Review  
9:00 Puzzles LB/I  
**9:45 Outing to the Russian  
Museum and Lunch**  
11:00 Mass Ch 80  
11:00 Live2Be Healthy H  
2:00 Cards 500/Crib.  
3:30 Social Hour

19

8:00 Greetings & Review  
10:00 Word Games H  
11:00 Dance Yoga H  
**2:00 Birthday Social P**  
3:30 Social Hour P  
6:00 Puzzles LB

20

8:00 Greetings & Review  
9:45-10:45 Market Open  
11:00 Walking Group L  
11:00 Mass Ch 80  
1:30 Memory Building P  
2:30 Trivia P  
**3:00 Captain's Happy Hour P**  
6:00 Puzzles LB

21

11:00 Walking Group I  
(Meet in the Lobby)  
**2:00 Movie**  
**(Like Father) H**  
3:30 Social Hour P/I  
(Bring your own Beverage)  
6:00 Cards P/I

22

10:00 Word Search H/I  
**10:30 Sunday Worship Service  
with Resurrection Church C**  
2:00 Cards & Games P  
3:45 Social Hour P  
(Bring your own beverage)  
6:00 Mass Ch 80  
**Natl Activity Professionals  
Week**

23

8:00 Greetings & Review  
9:45 Memory Building H  
Word Puzzles H  
11:00 Live2Be Healthy H  
1:30 Bingo H  
2:45 Visiting in the Pub  
**3:00 Music with George in  
the Pub**

24

8:00 Greetings & Review  
9:45 Manicures H  
10:00 Mass Ch 80  
10:30 Puzzles H  
11:00 Dance Yoga H  
**1:30 Cruising the  
Mediterranean H**  
3:30 Social Hour

25

**Aqua Aerobics SC**  
8:00 Greetings & Review  
9:00 Puzzles LB/I  
**10:30 Lunch at the Mad Hatter  
Tea House in Anoka**  
11:00 Mass Ch 80  
11:00 Live2Be Healthy H  
2:00 Cards 500/Crib.  
3:30 Social Hour

26

8:00 Greetings & Review  
9:45 Memory Building P  
9:45 Bible Study C  
10:00 Word Games H  
11:00 Dance Yoga H  
**1:30 Cruising Alaska H**  
2:00 Cards and Games P  
3:30 Social Hour P  
6:00 Puzzles LB

27

8:00 Greetings & Review  
9:45-10:45 Market Open  
11:00 Walking Group L  
11:00 Mass Ch 80  
1:30 Memory Building P  
2:30 Trivia P  
**3:00 Happy Hour P**  
6:00 Puzzles LB

28

11:00 Walking Group I  
(Meet in the Lobby)  
**2:00 Movie**  
**(Jack and Jill) H**  
3:30 Social Hour P/I  
(Bring your own Beverage)  
6:00 Cards P/I

29

10:00 Word Search H/I  
**10:30 Sunday Worship Service  
with Resurrection Church C**  
2:00 Cards & Games P  
3:45 Social Hour P  
(Bring your own beverage)  
6:00 Mass Ch 80

30

8:00 Greetings & Review  
9:45 Memory Building H  
Word Puzzles H  
11:00 Live2Be Healthy H  
1:30 Bingo H  
2:45 Visiting in the Pub  
**3:00 Music with George in  
the Pub**

31

This Calendar is subject to change without notice to meet the needs of our Residents.

# JANUARY



## Memory Care ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Passport to  
*Exceptional Care.  
Extraordinary Living.*

*Adventure Awaits!*

Daily Chronicle  
Table Time  
Ball Toss  
Easy Trivia  
11:00 Lunch Prep with Music  
1:1 Visits  
Corn Hole Game  
Animal Matching Game  
Hangman  
6:30 Suzie Q You Tube

1

Daily Chronicle  
Table Time  
Beach Ball Toss  
10:00 Church Service on  
You Tube  
11:00 Lunch Prep with Music  
Easy Yahtzee  
UNO  
Coloring Palette  
Tic-Tack Toe  
6:00 Evening Mass CH 80

2

Daily Chronicle  
Table Time  
Kick Ball  
Finish the Phrase.  
**10:00 Music Therapy Group**  
11:00 Lunch Prep with Music  
1:1 Visits  
Horseshoes  
**4:15 Music with George**  
Water paints  
6:30 Wheel of Fortune

3

Daily Chronicle  
Table Time  
Wheel of Fun  
Moring Stretch  
10:00 Catholic Maas CH 80  
11:00 Lunch Prep with Music  
1:1 Visits  
Artists Hour  
Crazy Eights  
I Hear Memories  
6:30 Wheel of Fortune

4

Daily Chronicle  
Table Time/Dice  
Kick Ball  
Junk Drawer  
11:00 Lunch Prep with Music  
1:1 Visits  
Bingo  
**3:00 Music Therapy 1:1's**  
Puzzles  
6:30 Wheel of Fortune

5

Daily Chronicle  
Table Time  
Flash Card Exercises  
Poetry Group  
11:00 Lunch Prep with Music  
1:1 Visits  
Chicken Soup  
Time Slips  
Sing A Long  
6:30 Wheel of Fortune

6

Daily Chronicle  
Table Time  
Balloon Ball  
10:00 Spiritual Hour  
11:00 Lunch Prep with Music  
1:1 Visits  
Happy Hour  
Baseball Game  
Picture Match  
6:30 Wheel of Fortune

7

Daily Chronicle  
Table Time  
Ball Toss  
Easy Trivia  
11:00 Lunch Prep with Music  
1:1 Visits  
Corn Hole Game  
Animal Matching Game  
Hangman  
6:30 Suzie Q You Tube

8

Daily Chronicle  
Table Time  
Beach Ball Toss  
10:00 Church Service on  
You Tube  
11:00 Lunch Prep with Music  
Easy Yahtzee  
UNO  
Coloring Palette  
Tic-Tack Toe  
6:00 Evening Mass CH 80

9

Daily Chronicle  
Table Time  
Kick Ball  
Finish the Phrase.  
**10:00 Music Therapy Group**  
11:00 Lunch Prep with Music  
1:1 Visits  
Horseshoes  
**4:15 Music with George**  
Water paints  
6:30 Wheel of Fortune

10

Daily Chronicle  
Table Time  
Wheel of Fun  
Moring Stretch  
10:00 Catholic Maas CH 80  
11:00 Lunch Prep with Music  
1:1 Visits  
**2:00 Price the Horse Visits**  
Crazy Eights  
I Hear Memories  
6:30 Wheel of Fortune

11

Daily Chronicle  
Table Time/Dice  
Kick Ball  
Junk Drawer  
11:00 Lunch Prep with Music  
1:1 Visits  
Bingo  
**3:00 Music Therapy 1:1's**  
Puzzles  
6:30 Wheel of Fortune

12

Daily Chronicle  
Table Time  
Flash Card Exercises  
Poetry Group  
11:00 Lunch Prep with Music  
1:1 Visits  
Chicken Soup  
Time Slips  
Sing A Long  
6:30 Wheel of Fortune

13

Daily Chronicle  
Table Time  
Balloon Ball  
10:00 Spiritual Hour  
11:00 Lunch Prep with Music  
1:1 Visits  
Happy Hour  
Baseball Game  
Picture Match  
6:30 Wheel of Fortune

14

Daily Chronicle  
Table Time  
Ball Toss  
Easy Trivia  
11:00 Lunch Prep with Music  
1:1 Visits  
Corn Hole Game  
Animal Matching Game  
Hangman  
6:30 Suzie Q You Tube

15

Daily Chronicle  
Table Time  
Beach Ball Toss  
10:00 Church Service on  
You Tube  
11:00 Lunch Prep with Music  
Easy Yahtzee  
UNO  
Coloring Palette  
Tic-Tack Toe  
6:00 Evening Mass CH 80

16

Daily Chronicle  
Table Time  
Kick Ball  
Finish the Phrase.  
**10:00 Music Therapy Group**  
11:00 Lunch Prep with Music  
1:1 Visits  
Horseshoes  
**4:15 Music with George**  
Water paints  
6:30 Wheel of Fortune

17

Daily Chronicle  
Table Time  
Wheel of Fun  
Moring Stretch  
10:00 Catholic Maas CH 80  
11:00 Lunch Prep with Music  
1:1 Visits  
Artists Hour  
Crazy Eights  
I Hear Memories  
6:30 Wheel of Fortune

18

Daily Chronicle  
Table Time/Dice  
Kick Ball  
Junk Drawer  
11:00 Lunch Prep with Music  
1:1 Visits  
Bingo  
**3:00 Music Therapy 1:1's**  
Puzzles  
6:30 Wheel of Fortune

19

Daily Chronicle  
Table Time  
Flash Card Exercises  
Poetry Group  
11:00 Lunch Prep with Music  
1:1 Visits  
**Birthday Social**  
Chicken Soup  
Time Slips  
Sing A Long  
6:30 Wheel of Fortune

20

Daily Chronicle  
Table Time  
Balloon Ball  
10:00 Spiritual Hour  
11:00 Lunch Prep with Music  
1:1 Visits  
Happy Hour  
Baseball Game  
Picture Match  
6:30 Wheel of Fortune

21

Daily Chronicle  
Table Time  
Ball Toss  
Easy Trivia  
11:00 Lunch Prep with Music  
1:1 Visits  
Corn Hole Game  
Animal Matching Game  
Hangman  
6:30 Suzie Q You Tube

22

Daily Chronicle  
Table Time  
Beach Ball Toss  
10:00 Church Service on  
You Tube  
11:00 Lunch Prep with Music  
Easy Yahtzee  
UNO  
Coloring Palette  
Tic-Tack Toe  
6:00 Evening Mass CH 80

23

Daily Chronicle  
Table Time  
Kick Ball  
Finish the Phrase.  
**10:00 Music Therapy Group**  
11:00 Lunch Prep with Music  
1:1 Visits  
Horseshoes  
**4:15 Music with George**  
Water paints  
6:30 Wheel of Fortune

24

Daily Chronicle  
Table Time  
Wheel of Fun  
Moring Stretch  
10:00 Catholic Maas CH 80  
11:00 Lunch Prep with Music  
1:1 Visits  
Artists Hour  
Crazy Eights  
I Hear Memories  
6:30 Wheel of Fortune

25

Daily Chronicle  
Table Time/Dice  
Kick Ball  
Junk Drawer  
11:00 Lunch Prep with Music  
1:1 Visits  
Bingo  
**3:00 Music Therapy 1:1's**  
Puzzles  
6:30 Wheel of Fortune

26

Daily Chronicle  
Table Time  
Flash Card Exercises  
Poetry Group  
11:00 Lunch Prep with Music  
1:1 Visits  
Chicken Soup  
Time Slips  
Sing A Long  
6:30 Wheel of Fortune

27

Daily Chronicle  
Table Time  
Balloon Ball  
10:00 Spiritual Hour  
11:00 Lunch Prep with Music  
1:1 Visits  
Happy Hour  
Baseball Game  
Picture Match  
6:30 Wheel of Fortune

28

Daily Chronicle  
Table Time  
Ball Toss  
Easy Trivia  
11:00 Lunch Prep with Music  
1:1 Visits  
Corn Hole Game  
Animal Matching Game  
Hangman  
6:30 Suzie Q You Tube

29

Daily Chronicle  
Table Time  
Beach Ball Toss  
10:00 Church Service on  
You Tube  
11:00 Lunch Prep with Music  
Easy Yahtzee  
UNO  
Coloring Palette  
Tic-Tack Toe  
6:00 Evening Mass CH 80

30

Daily Chronicle  
Table Time  
Kick Ball  
Finish the Phrase.  
**10:00 Music Therapy Group**  
11:00 Lunch Prep with Music  
1:1 Visits  
Horseshoes  
**4:15 Music with George**  
Water paints  
6:30 Wheel of Fortune

31

This Calendar is subject to change without notice to meet the needs of our Residents. 1:00 Rest & Relaxation  
- 2:30 Snack and Hydration - 4:00 Dinner Prep - Daily Aroma -Stim – Manicure - Monthly Craft & Baking