

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022



9:30a Exercise Group 1
10:00a Memory Baskets
2:00p Afternoon Matinee
6:00p Table Games

New Year's Day

10:00a Church on TV 2
1:00p Hymns on YouTube
3:00p Afternoon Walks
7:00p Vikings Game on TV

9:00a Live 2B Healthy 3
9:30a Instrumental Music
10:00a Puzzles
1:00p Coloring
6:00p YouTube Nature
7:00p Andy Griffith Show

9:30a Music Therapy 4
10:30a Short Stories
1:00p Memory Baskets
3:00p Afternoon Social
3:30p Balloon Volleyball
7:00p Nature Show

9:00a Live 2B Healthy 5
10:30a Catholic Comm.
2:00p Music w/ Patrick
3:00p Afternoon Walks
6:00p Coloring
7:00p Table Games

9:00a Music CD 6
10:00a Trivia
2:00p Church Service
2:30p Cookies Social
3:00p Reminiscing
7:00p Andy Griffith Show

9:00a Live 2B Healthy 7
9:30a Piano Music CD
10:00a Name 10
2:00p Nail Care
6:00p Coloring
7:00p Friday Night Flick

9:30a Exercise Group 8
10:00a Memory Baskets
2:00p Afternoon Matinee
6:00p Table Games

10:00a Church on TV 9
12:00p Vikings Game on TV
3:00p Afternoon Walks
7:00p Musical

9:00a Live 2B Healthy 10
9:30a Instrumental Music
10:00a Puzzles
1:00p Coloring
6:00p YouTube Nature
7:00p Andy Griffith Show

9:30a Music Therapy 11
10:30a Short Stories
1:00p Memory Baskets
3:00p Afternoon Social
3:30p Balloon Volleyball
7:00p Nature Show

9:00a Live 2B Healthy 12
10:30a Catholic Comm.
1:00p Mellow Fellows Music
3:00p Afternoon Walks
6:00p Coloring
7:00p Table Games

9:00a Music CD 13
10:00a Trivia
2:00p Church Service
2:30p Popcorn Social
3:00p Reminiscing
7:00p Andy Griffith Show

9:00a Live 2B Healthy 14
9:30a Piano Music CD
10:00a Name 10
2:00p Nail Care
6:00p Coloring
7:00p Friday Night Flick

9:30a Exercise Group 15
10:00a Memory Baskets
2:00p Afternoon Matinee
6:00p Table Games

10:00a Church on TV 16
1:00p Hymns on YouTube
3:00p Afternoon Walks
7:00p Musical

9:00a Live 2B Healthy 17
9:30a Instrumental Music
10:00a Puzzles
1:00p Coloring
6:00p YouTube Nature
7:00p Andy Griffith Show
Martin Luther King Jr. Day

9:30a Music Therapy 18
10:30a Short Stories
1:00p Memory Baskets
3:00p Afternoon Social
3:30p Balloon Volleyball
7:00p Nature Show

9:00a Live 2B Healthy 19
10:30a Catholic Comm.
2:00p Country Music CD
3:00p Afternoon Walks
6:00p Coloring
7:00p Table Games

9:00a Music CD 20
10:00a Trivia
2:00p Church Service
2:30p Root Beer Floats
3:00p Reminiscing
7:00p Andy Griffith Show

9:00a Live 2B Healthy 21
9:30a Piano Music CD
10:00a Name 10
2:00p Music w/ Kurt
6:00p Coloring
7:00p Friday Night Flick

9:30a Exercise Group 22
10:00a Memory Baskets
2:00p Afternoon Matinee
6:00p Table Games

10:00a Church on TV 23
1:00p Hymns on YouTube
3:00p Afternoon Walks
7:00p Musical

9:00a Live 2B Healthy 24
9:30a Instrumental Music
10:00a Puzzles
1:00p Coloring
6:00p YouTube Nature
7:00p Andy Griffith Show

9:30a Music Therapy 25
10:30a Short Stories
1:00p Memory Baskets
3:00p Afternoon Social
3:30p Balloon Volleyball
7:00p Nature Show

9:00a Live 2B Healthy 26
10:30a Catholic Comm.
2:00p Country Music CD
3:00p Afternoon Walks
6:00p Coloring
7:00p Table Games

9:00a Music CD 27
10:00a Trivia
2:00p Church Service
2:30p Cookies Social
3:00p Reminiscing
7:00p Andy Griffith Show

9:00a Live 2B Healthy 28
9:30a Piano Music CD
10:00a Name 10
2:00p Nail Care
6:00p Coloring
7:00p Friday Night Flick

9:30a Exercise Group 29
10:00a Memory Baskets
2:00p Afternoon Matinee
6:00p Table Games

Activity Professionals Week

Australia Day (observed)

10:00a Church on TV 30
1:00p Hymns on YouTube
3:00p Afternoon Walks
7:00p Musical

9:00a Live 2B Healthy 31
9:30a Instrumental Music
10:00a Puzzles
1:00p Coloring
6:00p YouTube Nature
7:00p Andy Griffith Show



***Highlighted green events occur in the AL dining room, activity room or chapel. RC residents who are interested need an escort to these events.