

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

HAPPY
NEW
YEAR

Keystone Place at LaValle Fields Memory Care Calendar

2 10:00 Church Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats	3 10:00 Music Trivia(CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Can You Picture This?(CE)	4 10:00 Dice Game(CE) 11:00 Exercise(PE) 2:00 Task Group 3:00 Conversation Cards(CE)	5 10:00 Catholic Service 10:15 Annie Visits 10:15 Card Bingo 11:00 Exercise(PE) 2:00 Hot Cocoa Art(ART) 3:00 Hot Cocoa Social 	6 10:00 Luck(CE) 11:00 Exercise(PE) 1:30 Rosary(YM) 2:30 Out and About	7 10:00 Sweep Six(CE) 11:00 Yoga(YM SM) 2:00 Bowling(PE) 3:00 Shake Loose a Memory(CE)	8 10:30 Trivia 11:00 Exercise 2:00 Time Slips(CE)
9 10:00 Church Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats	10 10:00 Music Trivia(CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Passport to Zambia(CE)	11 10:30 Brandy (the dog) Visits 11:15 Exercise(PE) 2:00 Task Group 3:00 Trivia	12 10:00 Catholic Service 10:15 Card Bingo(CE) 11:00 Murphy (the dog) Visits 11:15 Exercise(PE) 1:30 Protestant Church(MP) 2:30 FROST BINGO 	13 Chase Away The Winter Blues Day! 10:00 Blue Trivia 11:00 Snowball Fight!(CE) 1:30 Rosary(YM) 2:30 Blue Social!	14 10:00 Sweep Six(CE) 11:00 Yoga(YM SM) 2:00 Bowling(PE) 3:30 Music with Steve Rosa(MP)	15 10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)
16 10:00 Church Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats	17 10:00 Table Game 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Music with Steve(MP) Martin Luther King Jr. Day	18 10:00 Dice Game(CE) 11:00 Exercise(PE) 2:00 Task Group 3:00 Conversation Cards(CE)	19 10:00 Catholic Service 10:15 Card Bingo 11:00 Protestant Church(MP) 2:00 Shake Loose a Memory(CE)	20 10:00 Luck(CE) 11:00 Exercise(PE) 1:30 Rosary(YM) 2:30 Music with Steve(MP)	21 10:00 Sweep Six(CE) 11:00 Yoga(YM SM) 2:00 Trivia(CE) 3:00 Bowling(PE)	22 10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)
23 10:00 Church Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats Activity Professionals Week	24 10:00 Music Trivia(CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Can You Picture This?(CE)	25 10:00 Dice Game(CE) 11:00 Exercise(PE) 2:00 Task Group 3:00 Dance Hour! 	26 10:00 Catholic Service 10:15 Card Bingo 11:00 Exercise(PE) 1:30 Protestant Church(MP) 2:30 Scattergories Australia Day (observed)	27 10:00 Luck(CE) 11:00 Exercise(PE) 1:30 Rosary(YM) 2:30 Past the Present! 	28 10:00 Sweep Six(CE) 11:00 Yoga(YM SM) 2:00 Bowling(PE) 3:00 Trivia	29 10:30 Trivia 11:00 Exercise 2:00 Bingo(CE)
30 10:00 Church Service Video(MP) 11:00 Exercise(PE) 2:30 Root Beer Floats	31 10:00 Music Trivia(CE) 11:00 Exercise(PE) 2:00 Crafts(ART) 3:00 Storytime Photography(CE)	Key: Physical Exercise(PE) Music Program(MP) Cognitive Exercise(CE) Multisensory Activity(MA) Yoga Meditation(YM) Stress Management(SM) Art Program(ART)				