

# Bella Vista February Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
						<b>HAPPY NEW YEAR!</b> 1 10:00 BINGO (AL) 10:45 Fun Facts (AL) 1:00 Relax & Color (MP) 2:00 BINGO! (MP) 3:00 Wii Bowling (T) 7:00 Mexican Train (MP)		
2 9:00 Catholic Services 2:00 Non-Denominational Services with Pastor Mike (M/P) 6:00 Movie Time (T) Crossword puzzles at desk all day	3 10:00 Fitness with Lyn (FC) 10:00 BINGO! (AL) 12:00 Special Art Class (MP) 1:00 UNO (AL) 3:00 Texas Hold'Em (MP) 6:00 Movie (T) 7:00 Mexican Train (MP)	4 9:00 Current Events (B) 10:00 Fitness with Lyn (AL) 10:00 Trivia w/ Prizes (MP) 1:00 Hand & Foot (A) 1:00 Relax & Color (AL) 2:00 BINGO! (MP) 2:00 Wii Bowling (AL)	5 9:00 Coffee & Reminiscing (B) 10:00 Fitness with Lyn (FC) 10:00 BINGO (A/L) 1:00 Noodle Swing (AL) 1:00 Crochet & Knitting (MP) 2:00 Corn Hole (MP) 7:00 Mexican Train (MP)	6 9:00 Walk w/Lyn (M/P) 10:00 Art Class (AL) 1:00 Relax & Color (AL) 1:00 Activity Meeting (MP) 1:00 Hand & Foot (A) 2:00 BINGO (MP) 3:00 Texas Hold'Em (MP) 6:00 Rumi (MP)	7 9:00 Talking Your Life Story (B) 10:00 Stretch & Movement (FC) 10:00 Current Events (AL) 10:45 BINGO (AL) 2:00 HAPPY HOUR (DR) 6:00 Movie (T)  Gold & Silver	8 10:00 BINGO (AL) 10:45 Fun Facts (AL) 1:00 Relax & Color (MP) 2:00 BINGO! (MP) 3:00 Wii Bowling (T) 7:00 Mexican Train (MP)	<b>Fun Days in January!</b>  1/1 - National Hangover Day 1/3 - Fruitcake Toss Day 1/13 - International Skeptics Day 1/14 - Dress up your Pet Day 1/17 - Ditch New Years Resolutions Day 1/21 - National Hugging Day 1/28 - Fun at Bella Vista Day!	
9 2:00 Non-Denominational Services with Pastor Mike (M/P) 6:00 Movie Time (T)  Crossword puzzles at desk all day	10 10:00 Fitness with Lyn (FC) 10:00 BINGO (AL) 1:00 Painting - Acrylics (MP) 3:00 Texas Hold'Em (MP) 6:00 Movie (T) 7:00 Mexican Train (MP)	11 9:00 Current Events (B) 10:00 Fitness with Lyn (AL) 10:00 Trivia w/ Prizes (MP) 1:00 Hand & Foot (A) 1:00 Relax & Color (AL) 2:00 BINGO (M/P) 2:00 Wii Bowling (AL)	12 9:00 Coffee & Reminiscing (B) 10:00 Fitness with Lyn (FC) 10:00 BINGO (A/L) 1:00 Noodle Swing (AL) 1:00 Crochet & Knitting (MP) 2:00 Town Hall Meeting (DR) 3:00 Cookies in the Bistro (B) 7:00 Mexican Train (MP)	13 9:00 Walk w/Lyn (M/P) 10:00 Art Class (AL) 1:00 Relax & Color (AL) 1:00 Fun Fitness Stations (MP) 1:00 Hand & Foot (A) 2:00 BINGO (MP) 3:00 Texas Hold'Em (MP) 6:00 Rumi (MP)	14 9:00 Talking Your Life Story (B) 10:00 Stretch & Movement (FC) 10:00 Current Events (AL) 10:45 BINGO (AL) 2:00 HAPPY HOUR (DR) 6:00 Movie (T)  Favorite Warm Scarf	15 10:00 BINGO (AL) 10:45 Fun Facts (AL) 1:00 Relax & Color (MP) 2:00 BINGO (MP) 3:00 Wii Bowling (T) 7:00 Mexican Train (MP)	<b>HAPPY BIRTHDAY</b>  1/6 - NANCY T. 1/20 - JOAN D. 1/25 - STEPHAN L. 1/27 - KAREN V. 1/28 - LAURELLI L. 1/31 - BETTY L.	
16 2:00 Non-Denominational Services with Pastor Mike (M/P) 6:00 Movie Time (T)  Crossword puzzles at desk all day	17 10:00 Fitness with Lyn (FC) 10:00 BINGO (AL) 1:00 Intro to Watercolors (MP) 3:00 Texas Hold'Em (MP) 6:00 Movie (T) 7:00 Mexican Train (MP)	18 9:00 Current Events (B) 10:00 Fitness with Lyn (AL) 10:00 Trivia w/ Prizes (MP) 1:00 Hand & Foot (A) 1:00 Relax & Color (AL) 2:00 BINGO (MP) 2:00 Wii Bowling (AL)	19 9:00 Coffee & Reminiscing (B) 10:00 Fitness with Lyn (FC) 10:00 BINGO (A/L) 12:00 Pizza and Trivia (MP) 1:00 Noodle Swing (AL) 2:00 Food for Thought (DR) 7:00 Mexican Train (M/P)	20 9:00 Walk w/Lyn (M/P) 10:00 Art Class (AL) 1:00 Relax & Color (AL) 1:00 Fun Fitness Stations (MP) 1:00 Hand & Foot (A) 2:00 BINGO (MP) 3:00 Texas Hold'Em (MP) 6:00 Rumi (MP)	21 9:00 Talking Your Life Story (B) 10:00 Stretch & Movement (FC) 10:00 Current Events (AL) 10:45 BINGO (AL) 2:00 HAPPY HOUR (DR) 6:00 Movie (T)  70s Day	22 10:00 BINGO (AL) 10:45 Fun Facts (AL) 1:00 Relax & Color (MP) 2:00 BINGO (MP) 3:00 Wii Bowling (T) 7:00 Mexican Train (MP)		
23 2:00 Non-Denominational Services with Pastor Mike (M/P) 6:00 Movie Time (T)  Crossword puzzles at desk all day	24 10:00 Fitness with Lyn (FC) 10:00 BINGO (AL) 1:00 Arts & Crafts (MP) 3:00 Texas Hold'Em (MP) 6:00 Movie (T) 7:00 Mexican Train (MP)	25 9:00 Current Events (B) 10:00 Fitness with Lyn (AL) 10:00 Trivia w/ Prizes (MP) 1:00 Hand & Foot (A) 1:00 Relax & Color (AL) 2:00 BINGO (M/P) 2:00 Wii Bowling (AL)	26 9:00 Coffee & Reminiscing (B) 10:00 Fitness with Lyn (FC) 10:00 BINGO (A/L) 1:00 Noodle Swing (AL) 1:00 Crochet & Knitting (MP) 2:00 Birthday Party (DR) 7:00 Mexican Train (MP)	27 9:00 Walk w/Lyn (M/P) 10:00 Art Class (AL) 1:00 Relax & Color (AL) 1:00 Fun Fitness Stations (MP) 1:00 Hand & Foot (A) 2:00 BINGO (MP) 3:00 Texas Hold'Em (MP) 6:00 Rumi (MP)	28 9:00 Talking Your Life Story (B) 10:00 Stretch & Movement (FC) 10:00 Current Events (AL) 10:45 BINGO (AL) 2:00 HAPPY HOUR (DR) 6:00 Movie (T)  Crazy Dress Up Day	29 10:00 BINGO (AL) 10:45 Fun Facts (AL) 1:00 Relax & Color (MP) 2:00 BINGO (MP) 3:00 Wii Bowling (T) 7:00 Mexican train (MP)		
30 2:00 Non-Denominational Services with Pastor Mike (MP) 6:00 Movie Time  Crossword puzzles at desk all day	31 10:00 Fitness with Lyn (FC) 10:00 BINGO (AL) 1:00 Painting - Independent (MP) 3:00 Texas Hold'Em (MP) 6:00 Movie (T) 7:00 Mexican Train (MP)	<b>Tuesdays &amp; Wednesdays Only**</b> <b>Doctors' Appointments - Please schedule as soon as possible!</b>		<b>Bella Vista Senior Living</b> 1825 W. Emelita Ave. Mesa, AZ 85202  Concierge.....(480) 964-0410 Dining Room.....(480) 219-6218 Salon.....(602) 399-3162  Offices located on 2nd Floor		<b>Location Key</b> * = Sign up at Activity Table A/L=Assisted Living (L) = 1st Floor Lobby (B)= 1st Floor Bistro (A) = 2nd floor Alcove (M/P)= 3rd Floor Multipurpose (M/C) = 3rd Floor Man Cave (C/R) = 4th Floor Craft Room (F/C) = 4th Floor Fitness (T) = 4th Floor Theater (BR) = Breezeway (D/R) = Dining Room P = Swimming Pool VDR = Villa Dining Room		