

JANUARY



Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Passport to
*Exceptional Care.
Extraordinary Living.*

Adventure Awaits!

10:00 Coffee & Discussion- L
11:00 Puzzle Time- L
2:00 Hot Tea & Biscuits- L
3:00 The Crown TV Series- TR

10:00 Coffee & Discussion- L
11:00 Puzzle Time- L
2:00 Elvis's Birthday Celebration- L
3:00 The Crown TV Series- L

10:00 Coffee & Discussion- L
11:00 Puzzle Time- L
2:00 Cruise Ship Games- L
3:00 The Crown TV Series- TR
Lynda Hatland Birthday!

10:00 Coffee & Discussion- L
11:00 Puzzle Time- L
2:00 Pineapple Whip Dessert- DR
3:00 The Crown TV Series- TR

10:00 Coffee & Discussion- L
11:00 Puzzle Time- L
2:00 The Price Is Right Game- L
3:00 The Crown TV Series- TR

10:00 Sunday Trivia- L
10:30 Presbyterian Communion- CS
2:00 BINGO- DR
3:30 Rummikub- CS
4:30 Grab a friend and go for a walk!

9:15 Live 2B Healthy- DR
10:30 Pr. Brian Jack Lutheran Chapel- TR
1:00 What Are They Thinking Game- L
2:00 Fareway Trip
3:30 Card BINGO- L
6:00 Movie & Popcorn- TR

9:15 Live 2B- DR
10:30 Scrabble- L
1:00 Jeopardy- L
2:00 Bible Study-TR
3:00 January Birthday Party- DR
3:00 Popcorn- CS

9:00 Coffee Social-CR
9:30 Chair Exercise-CR
10:30 SingFit-CR
1:00 Pinecone Gnome Craft- L
3:00 Culinary Meeting- DR
3:30 Snack & Social

9:00 Coffee-CR
9:30- Chair Exercise-CR
10:30 Manicures- L
1:00 Past Times Group with Mary Dreier- TR
2:00 BINGO- DR
3:00 Popcorn- CS
Gus Kopsas Birthday!

9:15 Live 2B Healthy- DR
10:30 This Day in History- L
1:00 Famous Duos Game- L
2:00 500 Cards-CS
3:30 Happy Hour- DR

10:00 Sunday Trivia- L
2:00 BINGO- DR
3:30 Rummikub- CS
4:30 Grab a friend and go for a walk!

9:15 Live 2B Healthy- DR
10:00 Walmart Trip
1:00 Phase 10 Dice- L
2:00 Make your own Push Pop Desserts- DR
3:30- Dice BINGO- L

9:15 Live 2B- DR
10:30 Poker with Beth- L
1:00 Sandra Sykes Piano- EW
1:00 Library Day- L
2:00 Bible Study- TR
3:00 Popcorn- CS

9:00 Coffee Social-CR
9:30 Chair Exercise-CR
10:30 SingFit-CR
1:00 Wheel of Fortune- TR
2:00 Bowling at Corner Lanes!
3:00 Snack & Social- DR

9:00 Coffee-CR
9:30- Chair Exercise-CR
10:30 Manicures- L
1:00 General Store- L
2:00 BINGO- DR
3:00 Popcorn- CS

9:15 Live 2B Healthy- DR
10:00 Catholic Chapel- TR
10:30 This Day in History- L
11:00 Methodist Chapel-TR
1:00 Dollar Tree Trip
2:00 500 Cards-CS
3:30 Happy Hour- DR

10:00 Sunday Trivia- L
2:00 BINGO- DR
3:30 Rummikub- CS
4:30 Grab a friend and go for a walk!

9:15 Live 2B Healthy
10:30 Phase 10 Dice- L
1:00 MLK Day- TR
2:00 Jeff Buege Concert- EW
3:30 Card BINGO- L
6:00 Betty White Documentary & Popcorn- TR
Tammie Timm Birthday!

9:15 Live 2B- DR
10:30 Scrabble- L
11:00 Presbyterian Chapel-TR
1:00 Nature Center Program- L
2:00 Bob Floss Piano Concert- EW
3:00 Bible Study-TR
3:00 Popcorn-CS

9:00 Spencer Trip!
9:00 Coffee Social-CR
9:30 Chair Exercise-CR
10:30 SingFit-CR
1:00 Family Feud- TR
2:00 Billiards- L
3:00 New Resident Snack & Social- DR

9:00 Coffee-CR
9:30- Chair Exercise-CR
10:30 Manicures- L
1:00 General Store- L
2:00 BINGO- DR
3:00 Popcorn- CS
4:30 Resident Dine Out

9:15 Live 2B Healthy- DR
10:30 This Day in History- L
1:00 Bomgaars Trip
2:00 500 Cards-CS
3:30 Happy Hour- DR

10:00 Sunday Trivia- L
2:00 BINGO- DR
3:30 Rummikub- CS
4:30 Grab a friend and go for a walk!

9:15 Live 2B Healthy
10:30 Phase 10 Dice- L
1:00 Walmart Trip
2:30 Vinyl Record Spinning- L
3:30 Dice BINGO- L
Dwight Jacobs Birthday!

9:15 Live 2B- DR
10:30 Scrabble- L
1:00 Library Day- L
2:00 Bible Study- TR
3:00 Armchair Travel to Spain- TR
3:00 Popcorn- CS

9:00 Coffee Social-CR
9:30 Chair Exercise-CR
10:30 SingFit-CR
1:00 Millionaire- TR
2:00 Rhythm Band with Julie Jones- EW
3:00 Snack & Social- DR

9:00 Coffee-CR
9:30- Chair Exercise-CR
10:30 Manicures- L
1:30 BINGO- DR
3:00 Resident Council- DR
3:00 Popcorn- CS

9:15 Live 2B Healthy- DR
10:30 This Day in History- L
1:00 HyVee Trip
2:00 500 Cards-CS
2:30 Universal Yums- DR
3:30 Happy Hour- DR

10:00 Sunday Trivia- L
2:00 BINGO- DR
3:30 Rummikub- CS
4:30 Grab a friend and go for a walk!

9:15 Live 2B Healthy
10:30 Phase 10 Dice- L
1:00 Jeopardy- L
2:00 Valentine's Day Craft- L
3:30 Card BINGO- L



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Memory Care ACTIVITY CALENDAR

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Passport to
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Adventure Awaits!

9:30 Morning Walk
10:30 Matching Game
11:00 Prayer & Wash Hands
1:00 Sing Along
2:00 Walking Group
3:00 Snack
3:30 Trivia
4:30 Puzzles
5:00 Dinner
6:00 Coloring

1

9:00 Church on TV
10:00 Hymn Sing Along
11:00 Prayer & Wash Hands
1:00 Balloon Volleyball
2:00 Activity Bins
3:00 Snack
3:30 Walking Group
5:00 Dinner
6:00 Sunday Movie

2

9:30 Morning Walk
10:00 Live 2B Healthy
11:00 Prayer & Wash Hands
12:30 Gameshow Network
1:00 Music Therapy
1:00 Manicures
2:30 Guess The Silhouette Game
3:00 Snack
3:30 SingFit
4:45 Prayer & Wash Hands
6:00 Aromatherapy/Hand Massages
7:00 Story Time

3

9:15 Devotions
9:30 On This Day in History
10:15 Live 2B Healthy
11:00 Prayer & Wash Hands
12:30 I Love Lucy
1:00 Musical Drawing
2:00 Card BINGO
3:00 Snack
3:30 SingFit
6:00 Coloring

4

9:30 Morning Walk
10:00 Chair Yoga
10:30 Can you Name 5?
11:00 Prayer & Wash Hands
12:30 Gameshow Network
1:30 SingFit
2:30 Hangman
3:00 Snack
3:30 Bus Ride!
4:45 Prayer & Wash Hands
5:00 Dinner

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9:15 Devotions
9:30 The Price Is Right
10:00 Morning Walk
10:30 Playdoh
11:00 Prayer & Wash Hands
1:00 Mittens Memory Game
2:30 Chair Yoga
3:00 Snack
3:30 SingFit
5:00 Dinner

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9:15 Devotions
9:30 Morning Walk
10:15 Live 2B Healthy
11:00 Prayer & Wash Hands
12:30 I Love Lucy
1:30 SingFit
2:30 Tidying Up
3:00 Snack/Happy Hour
3:30 Walking Group
3:45 Manicures
4:45 Prayer & Wash Hands

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9:30 Morning Walk
10:30 Matching Game
11:00 Prayer & Wash Hands
1:00 Elvis's Birthday Celebration!
2:00 Walking Group
3:00 Snack
3:30 Trivia
4:30 Puzzles
5:00 Dinner
6:00 Coloring

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9:00 Church on TV
10:00 Hymn Sing Along
11:00 Prayer & Wash Hands
1:00 Balloon Volleyball
2:00 Activity Bins
3:00 Snack
3:30 Walking Group
5:00 Dinner
6:00 Sunday Movie

9

9:30 Morning Walk
10:00 Live 2B Healthy
11:00 Prayer & Wash Hands
12:30 Gameshow Network
1:00 Music Therapy
1:00 Manicures
2:00 Parachute Game
3:00 Snack
3:30 SingFit
4:45 Prayer & Wash Hands
6:00 Aromatherapy/Hand Massages
7:00 Story Time

10

9:15 Devotions
9:30 On This Day in History
10:15 Live 2B Healthy
12:30 I Love Lucy
1:00 Penny Pass Game
2:00 Sandra Sykes Piano
3:00 Snack
3:30 SingFit
6:00 Coloring

11

9:30 Morning Walk
10:00 Chair Yoga
10:30 Can you Name 5?
11:00 Prayer & Wash Hands
12:30 Gameshow Network
1:30 SingFit
2:00 What's In The Bag Game
3:00 Snack
3:30 Bus Ride!
4:45 Prayer & Wash Hands
5:00 Dinner

12

9:30 The Price Is Right
10:00 Morning Walk
11:00 Prayer & Wash Hands
1:00 Chair Yoga
1:30 Bowling at Corner Lanes!!
5:00 Dinner
6:00 Coloring

13

9:15 Devotions
9:30 Morning Walk
10:15 Live 2B Healthy
11:00 Prayer & Wash Hands
12:30 I Love Lucy
1:30 SingFit
2:30 Tidying Up
3:00 Snack/Happy Hour
3:30 Walking Group
3:45 Manicures
4:45 Prayer & Wash Hands

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9:30 Morning Walk
10:30 Matching Game
11:00 Prayer & Wash Hands
1:00 Sing Along
2:00 Walking Group
3:00 Snack
3:30 Cruise Ship Games!
4:30 Puzzles
5:00 Dinner
6:00 Coloring

15

9:00 Church on TV
10:00 Hymn Sing Along
11:00 Prayer & Wash Hands
1:00 Balloon Volleyball
2:00 Activity Bins
3:00 Snack
3:30 Walking Group
5:00 Dinner
6:00 Sunday Movie

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9:30 Morning Walk
10:00 Live 2B Healthy
11:00 Prayer & Wash Hands
12:30 Gameshow Network
1:00 Music Therapy
1:00 Card BINGO
2:00 Jeff Buege Concert- AL Entry Way
3:00 Snack
3:30 SingFit
4:45 Prayer & Wash Hands
6:00 Aromatherapy/Hand Massages
7:00 Story Time

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9:15 Devotions
9:30 On This Day in History
10:15 Live 2B Healthy
11:00 Prayer & Wash Hands
1:00 Card BINGO
1:30 Nature Center Program
2:00 Baking Cookies with Chloe
3:00 Snack
3:30 SingFit
6:00 Coloring

18

9:30 Morning Walk
10:00 Chair Yoga
10:30 Can you Name 5?
11:00 Prayer & Wash Hands
12:30 Gameshow Network
1:30 SingFit
2:30 Walking Group
3:00 Snack
3:30 Bus Ride!
4:45 Prayer & Wash Hands
5:00 Dinner

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9:30 The Price Is Right
10:00 Morning Walk
10:30 Playdoh
11:00 Prayer & Wash Hands
1:00 Chair Yoga
2:00 Mittens Memory Game
3:30 SingFit
5:00 Dinner
6:00 Coloring

20

9:15 Devotions
9:30 Morning Walk
10:15 Live 2B Healthy
11:00 Prayer & Wash Hands
12:30 I Love Lucy
1:30 SingFit
2:30 Tidying Up
3:00 Snack/Happy Hour
3:30 Walking Group
3:45 Manicures
4:45 Prayer & Wash Hands

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9:30 Morning Walk
10:30 Matching Game
11:00 Prayer & Wash Hands
1:00 Sing Along
2:00 Walking Group
3:00 Pineapple Whip Dessert
3:30 Trivia
4:30 Puzzles
5:00 Dinner
6:00 Coloring

22

9:00 Church on TV
10:00 Hymn Sing Along
11:00 Prayer & Wash Hands
1:00 Balloon Volleyball
2:00 Activity Bins
3:00 Snack
3:30 Walking Group
5:00 Dinner
6:00 Sunday Movie

23

9:30 Morning Walk
10:00 Live 2B Healthy
11:00 Prayer & Wash Hands
12:30 Gameshow Network
1:00 Music Therapy
1:00 Manicures
2:00 Cartoon Match Game
3:00 Snack
3:30 SingFit
4:45 Prayer & Wash Hands
6:00 Aromatherapy/Hand Massages
7:00 Story Time

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9:15 Devotions
9:30 On This Day in History
10:15 Live 2B Healthy
11:00 Prayer & Wash Hands
12:30 I Love Lucy
1:00 Armchair Travel to Spain
2:15 BINGO
3:00 Snack
3:30 SingFit
5:00 Dinner
6:00 Coloring

25

9:30 Morning Walk
10:00 Chair Yoga
10:30 Can you Name 5?
11:00 Prayer & Wash Hands
12:30 Gameshow Network
1:30 SingFit
2:30 Walking Group
3:00 Snack
3:30 Bus Ride!
4:45 Prayer & Wash Hands
5:00 Dinner

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9:30 The Price Is Right
10:00 Morning Walk
10:45 Dr. Lucin Chapel
11:00 Prayer & Wash Hands
1:00 Chair Yoga
2:00 Valentine's Day Craft
3:30 SingFit
5:00 Dinner
6:00 Coloring

27

9:15 Devotions
9:30 Morning Walk
10:15 Live 2B Healthy
11:00 Prayer & Wash Hands
12:30 I Love Lucy
1:30 SingFit
2:30 Tidying Up
3:00 Snack/Happy Hour
3:30 Walking Group
3:45 Manicures
4:45 Prayer & Wash Hands

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9:30 Morning Walk
10:30 Matching Game
11:00 Prayer & Wash Hands
1:00 Sing Along
2:00 Walking Group
3:00 Snack
3:30 Trivia
4:30 Puzzles
5:00 Dinner
6:00 Coloring

29

9:00 Church on TV
10:00 Hymn Sing Along
11:00 Prayer & Wash Hands
1:00 Balloon Volleyball
2:00 Activity Bins
3:00 Snack
3:30 Walking Group
5:00 Dinner
6:00 Sunday Movie

30

9:30 Morning Walk
10:00 Live 2B Healthy
11:00 Prayer & Wash Hands
12:30 Gameshow Network
1:00 Music Therapy
1:00 Manicures
2:00 Valentine's Day Cards
3:00 Snack
3:30 SingFit
4:45 Prayer & Wash Hands
6:00 Aromatherapy/Hand Massages
7:00 Story Time

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