

# JANUARY



## Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Passport to  
*Exceptional Care.  
Extraordinary Living.*

*Adventure Awaits!*

9:30 Walking Club  
10:00 Sip & Social  
1:00 Dominoes  
3:00 New Years Party

1

<p>9:30 Walking Club 10:00 Sip &amp; Social 1:00 Coloring &amp; Music 3:00 Phase 10</p> <p><b>2</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Bean Bag Toss 2:00 Bingo &amp; Happy Hour</p> <p><b>3</b></p>	<p>9:30 Walking Club 10:00 Crosswords 11:00 Church w/ 11:30 Table Talk <b>12:30 Movie Trip (sign up in activity Room)</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Manicures &amp; Lotion 3:00 Uno</p> <p><b>5</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Ring Toss 11:30 Table Talk 1:00 Card Club 3:00 Craft</p> <p><b>6</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Bingo 2:00 Country Store</p> <p><b>7</b></p>	<p>9:30 Walking Club 10:00 Sip &amp; Social 1:00 Dominoes 3:00 Cards</p> <p><b>8</b></p>	
<p>9:30 Walking Club 10:00 Sip &amp; Social 1:00 Coloring &amp; Music 3:00 Uno</p> <p><b>9</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy <b>11:30 Chicago Speakeasy</b> 1:00 Ring Toss 2:00 Bingo &amp; Happy Hour</p> <p><b>10</b></p>	<p>9:30 Walking Club 10:00 Crosswords 11:00 Church w/ 11:30 Table Talk 1:00 Baking w/ Jody 3:00 Wii Bowling</p> <p><b>11</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Manicures &amp; Lotion 3:00 Phase 10</p> <p><b>12</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Ring Toss 11:30 Table Talk 1:00 Card Club 3:00 Coffee Bar and Muffins</p> <p><b>13</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Bingo 2:00 Country Store</p> <p><b>14</b></p>	<p>9:30 Walking Club 10:00 Sip &amp; Social 1:00 Dominoes 3:00 Cards</p> <p><b>15</b></p>	
<p>9:30 Walking Club 10:00 Sip &amp; Social 1:00 Coloring &amp; Music 3:00 Yahtzee</p> <p><b>16</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Bean Bag Toss 2:00 Bingo &amp; Happy Hour</p> <p><b>17</b></p>	<p>9:30 Walking Club 10:00 Crosswords 11:00 Church w/ 11:30 Table Talk 1:00 Baking w/ Jody 3:00 Wii Bowling</p> <p><b>18</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Manicures 3:00 Rummy</p> <p><b>19</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Ring Toss 11:30 Table Talk <b>1:00 Prairie Meadows</b> 3:00 Craft</p> <p><b>20</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Bingo 2:00 Country Store</p> <p><b>21</b></p>	<p>9:30 Walking Club 10:00 Sip &amp; Social 1:00 Dominoes 3:00 Cards</p> <p><b>22</b></p>	
<p>9:30 Walking Club 10:00 Sip &amp; Social 1:00 Coloring &amp; Music 3:00 Phase 10</p> <p><b>23</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Ring Toss 2:00 Bingo &amp; Happy Hour</p> <p><b>24</b></p>	<p>9:30 Walking Club 10:00 Crosswords 11:00 Church w/ 11:30 Table Talk <b>1:00 Hy-Vee Shopping Trip (sign up in activities)</b></p> <p><b>25</b></p>	<p>9:30 Walking Club 10:30 Live 2 Be Healthy 11:30 Table Talk 12:30 Manicures &amp; lotion 1:30 Resident Council 3:00 Yahtzee</p> <p><b>26</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Ring Toss 11:30 Table Talk 1:00 Tuscany Travels 3:00 Chex Mix and Punch</p> <p><b>27</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Bingo 2:00 Country Store</p> <p><b>28</b></p>	<p>9:30 Walking Club 10:00 Sip &amp; Social 1:00 Dominoes 3:00 Cards</p> <p><b>29</b></p>	
<p>9:30 Walking Club 10:00 Sip &amp; Social 1:00 Coloring &amp; Music 3:00 Uno</p> <p><b>30</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Bean Bag Toss 2:00 Bingo &amp; Happy Hour</p> <p><b>31</b></p>						

<p>9:30 Walking Club 10:00 Sip &amp; Social 1:00 Coloring &amp; Music 3:00 Uno</p> <p><b>30</b></p>	<p>9:30 Walking Club 10:00 Crosswords 10:30 Live 2 Be Healthy 11:30 Table Talk 1:00 Bean Bag Toss 2:00 Bingo &amp; Happy Hour</p> <p><b>31</b></p>
---	--



# JANUARY



## Memory Care ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Passport to  
*Exceptional Care.  
Extraordinary Living.*

*Adventure Awaits!*

9:30 Life Skills  
10:00 Walking Club  
1:00 Card Games  
3:00 New Year's Party

1

<p>9:30 Life Skills 10:00 Walking Club 1:00 Ring Toss 3:00 Coloring &amp; Music</p> <p><b>2</b></p>	<p>9:30 Life Skills 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:00 Pool Noodle Ball 2:00 Puzzle Time 3:00 Music Speaks</p> <p><b>3</b></p>	<p>9:30 Life Skills 10:30 Walking Club 11:00 Church W/ Lisa 11:30 Hydration Break 1:30 Alphabet Bingo 3:00 Cookies &amp; Milk</p> <p><b>4</b></p>	<p>9:30 Life Skills 10:00 Walking Club 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:30 Sticky Catch Game 3:00 Movie &amp; Popcorn</p> <p><b>5</b></p>	<p>9:30 Life Skills 10:00 Walking Club 11:30 Hydration Break 1:00 Coloring &amp; Music 2:00 Puzzle Time 3:00 Cards</p> <p><b>6</b></p>	<p>9:30 Life Skills 10:00 Walking Club 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:30 Music Speaks 2:00 Dancing</p> <p><b>7</b></p>	<p>9:30 Life Skills 10:00 Walking Club 1:00 Card Games 3:00 Puzzle Time</p> <p><b>8</b></p>
<p>9:30 Life Skills 10:00 Walking Club 1:00 Ring Toss 3:00 Coloring &amp; Music</p> <p><b>9</b></p>	<p>9:30 Life Skills 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:00 Bean Bag Toss 2:00 Uno 3:00 Music Speaks</p> <p><b>10</b></p>	<p>9:30 Life Skills 10:30 Walking Club 11:00 Church w/ Barron 11:30 Hydration Break 1:30 Alphabet Bingo 3:00 Bowling</p> <p><b>11</b></p>	<p>9:30 Life Skills 10:00 Walking Club 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:30 Coloring 3:00 Movie &amp; Popcorn</p> <p><b>12</b></p>	<p>9:30 Life Skills 10:00 Walking Club 11:30 Hydration Break 1:00 Bowling 2:00 Pool Noodle Ball 3:00 Music and Dancing</p> <p><b>13</b></p>	<p>9:30 Life Skills 10:00 Walking Club 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:30 Music Speaks 2:00 Cards</p> <p><b>14</b></p>	<p>9:30 Life Skills 10:00 Walking Club 1:00 Card Games 3:00 Puzzle Time</p> <p><b>15</b></p>
<p>9:30 Life Skills 10:00 Walking Club 1:00 Ring Toss 3:00 Coloring &amp; Music</p> <p><b>16</b></p>	<p>9:30 Life Skills 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:00 Pool Noodle Ball 2:00 Puzzle Time 3:00 Music Speaks</p> <p><b>17</b></p>	<p>9:30 Life Skills 10:30 Walking Club 11:00 Church w/ Lisa 11:30 Hydration Break 1:30 Alphabet Bingo 3:00 Cards</p> <p><b>18</b></p>	<p>9:30 Life Skills 10:00 Walking Club 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:30 Balloon Ball 3:00 Movie &amp; Popcorn</p> <p><b>19</b></p>	<p>9:30 Life Skills 10:00 Walking Club 11:30 Hydration Break 1:00 Coloring &amp; Music 2:00 Bowling 3:00 Uno</p> <p><b>20</b></p>	<p>9:30 Life Skills 10:00 Walking Club 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:30 Music Speaks 2:00 Sticky Catch Game</p> <p><b>21</b></p>	<p>9:30 Life Skills 10:00 Walking Club 1:00 Card Games 3:00 Puzzle Time</p> <p><b>22</b></p>
<p>9:30 Life Skills 10:00 Walking Club 1:00 Ring Toss 3:00 Coloring &amp; Music</p> <p><b>23</b></p>	<p>9:30 Life Skills 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:00 Bean Bag Toss 2:00 Uno 3:00 Music Speaks</p> <p><b>24</b></p>	<p>9:30 Life Skills 10:30 Walking Club 11:00 Church w/ Barron 11:30 Hydration Break 1:30 Alphabet Bingo 3:00 Bowling</p> <p><b>25</b></p>	<p>9:30 Life Skills 10:00 Walking Club 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:30 Pool Noodle Ball 3:00 Movie &amp; Popcorn</p> <p><b>26</b></p>	<p>9:30 Life Skills 10:00 Walking Club 11:30 Hydration Break 1:00 Painting 2:00 Ring Toss 3:00 Coloring &amp; Music</p> <p><b>27</b></p>	<p>9:30 Life Skills 10:00 Walking Club 10:30 Live 2 Be Healthy 11:30 Hydration Break 1:30 Music Speaks 2:00 Cards</p> <p><b>28</b></p>	<p>9:30 Life Skills 10:00 Walking Club 1:00 Card Games 3:00 Puzzle Time</p> <p><b>29</b></p>

9:30 Life Skills  
10:00 Walking Club  
1:00 Ring Toss  
3:00 Coloring & Music

**30**

9:30 Life Skills  
10:30 Live 2 Be Healthy  
11:30 Hydration Break  
1:00 Movie  
2:00 Popcorn  
3:00 Music Speaks

**31**

