JANUARY

Arcadian Cove

Assisted Living ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Kdss|#Qhz#\hdu# <=63#Qdwkuh#hryhu#rq#Wkh#Sdyhg#Sdwk# 43=33#Vdwkugd|#Vwuwfkhuv##H{huflvh,# 43<63#Fuhdwlyh#Frorulj#q#Wkh#Glqlqj#Urrp# 6=33#Elqjr# 9=33#Hyhqlqj#Pryh#rq#Wkh#Elj#Vfuhhq#
P lgg#Vwhqjwkhqlqj#Zrug#Ilggv# 43=33#qQUrrp#Ghyrwlrqv# 44=33#Ylwkdd#Fkxufk#rq#Wkh#EljOVfuhhq#Fkxufk#rq#Wkh#Urfn,# 6=33#Elqjr# #	**2** Fuklvlqj#rq#Wkh#Wlwdqlf# 43=33#Fryh#Frugkrdn# 44<63#Sldqr#Wlp h#z lwk#Druhwd# 4=33#P dnlqj#Wkdqjv#rq#P rqgd|Ð#Slqhfrqh#Z lqwu#Rzov# 6=33#Elqjr#	**3** <=33#Shdyhu|#ri#Urfhulnv# <=63#H{huflvh#z lwk#Mhdqqd# 43=33#Z donlqj#Foxe# 4=33#P dqlfxuhv# 6=33#Elqjr# #	**4** Fuklvlqj#Edfn#Bq#Wlp h# 43=33#Fryh#Frugkrdn# 44=33#Z d|#Edfn#z khq#Wulyld# 4=33#Z ruvkls#Z hgqhvgd|Ð#Z ulqj#Wr#cxu#Shq#Sdov#lw#Uylqh#Khdok# 6=33#Elqjr#	**5** <=63#H{huflvh#z lwk#Mhdqqd# 43=33#Z donlqj#Foxe# 4=33##Frrnlqj#Z lwk#MhdqqdÐ#Wlwdqlf#Ohp rq#Wduw# 5=33#Shuvrq#wr#Shuvrq#OH# 6=33#Elqjr# 9=33#Hyhqlqj#Pryh#Ð#Wkh#Wlwdqlf#	**6** 43=33#Fryh#Frugkrdn# 4=33#Vflhqfh#Iulgd|Ð#Z lqwu#Vflhqfh#Vqrz0vwrp# 5=63#Gduw# 6=33#Elqjr#	**7** <=63#Qdwkuh#hryhu#rq#Wkh#Sdyhg#Sdwk# 43=33#Vdwkugd|#Vwuwfkhuv##H{huflvh,# 43<63#Fuhdwlyh#Frorulj#q#Wkh#Glqlqj#Urrp# 6=33#Elqjr# 9=33#Hyhqlqj#Pryh#rq#Wkh#Elj#Vfuhhq# #

#
P lgg#Vwhqjwkhqlqj#Zrug#Ilggv#
43=33#qQUrrp#Ghyrwlrqv#
44=33#Ylwkdd#Fkxufk#rq#Wkh#EljÐ#Vfuhhq#Fkxufk#rq#Wkh#Urfn,#
6=33#Elqjr#
#
	9
	Fuklvlqj#Wkurxjk#Glvqh|#Gd|#
	43=33#Fryh#Frugkrdn#
	44=33#Glvqh|#Sluwh#Qhfnwlfh#
	4=33#P lfnh|Ã#lfh#Fuhdp #Edu#P djqhw#
	6=33#Elqjr#
	#
		10
		Irrw#Fdqlf#Gd|#
		<=33#Shdyhu|#ri#Urfhulnv#
		<=63##H{huflvh#z lwk#Mhdqqd#
		43=33#Z donlqj#Foxe#
		4=33#P dqlfxuhv#
		6=33#Elqjr#
		#
			11
			Fuklvlqj#wkh#gd|#q#Dcwvnd#
			43=33#Fryh#Frugkrdn#
			44=33#Furvv#Vwwfk#Foxe#
			45=33#Fdswdlqv#Oxqfk##
			4=33##Z ruvkls#Z hgqhvgd|0#Dqfkru#Fudiw#
			6=33#Elqjr#
				12
				<=63#H{huflvh#z lwk#Mhdqqd#
				43=33##Z donlqj#Foxe#
				4=33#Frrnlqj#z lwk#MhdqqdOHvnlp r#lfh#Fuhdp #
				5=33#Shuvrq#wr#Shuvrq#OH#
				6=33#Elqjr#
				9=33#Hyhqlqj#Pryh#Rq#Wkh#Elj#Vfuhhq#Wkh#Sursrvdd#
					13
					43=33#Fryh#Frugkrdn#
					44<63#Sldqr#wlp h#z lwk#Druhwd#
					4=33#Erzdqj#
					5=33##Z khhd#R i#Iruwqh#
					6=33#Elqjr#
					#
						14
						<=63#Qdwkuh#hryhu#rq#Wkh#Sdyhg#Sdwk#
						43=33#Vdwkugd|#Vwuwfkhuv##H{huflvh,#
						43<63#Fuhdwlyh#Frorulj#q#Wkh#Glqlqj#Urrp#
						6=33#Elqjr#
						9=33#Hyhqlqj#Pryh#rq#Wkh#Elj#Vfuhhq#
						#

P lgg#Vwhqjwkhqlqj#Zrug#Ilggv# 43=33#qQUrrp#Ghyrwlrqv# 44=33#Ylwkdd#Fkxufk#rq#Wkh#EljOVfuhhq#Fkxufk#rq#Wkh#Urfn,# 6=33#Elqjr# # #	**16** Fuklvlqj#wr#JlqqhjdqÃ#Vwdqg# 44<63#Sldqr#Wlp h#z lwk#Druhwd# 43=33#Fryh#Frugkrdn# 4=33#JlqqhjdqÃ#Wuhdvxuh#kxqw# 6=33#Elqjr#	**17** <=33#Shdyhu|#ri#Urfhulnv# <=63#H{huflvh#z lwk#Mhdqqd# 43=33#Z donlqj#Foxe# 4=33#P dqlfxuhv# 6=33#Elqjr# #	**18** 43=33#Fryh#Frugkrdn# 45=33#Irrg#Durxqg#wkh#Z rug#Oxqfk# 4=33#Z ruvkls#Z hgqhvgd|Ð#Vqrz ixnh#Elug0ihhghu# 5=33#Uhvlghqw#Frxqfld# 6=33#Elqjr#	**19** <=63#H{huflvh#z lwk#Mhdqqd# 43=33#Z donlqj#Foxe# 44=33#Shuvrq#wr#Shuvrq#OH# 4=33##Z dvhu#Frorr#Fwvv# 6=33#Elqjr## 9=33#Hyhqlqj#PryhÐ#JlqqhjdqÃ#Vwdqg#	**20** 43=33#Fryh#Frugkrdn# 45=33#Irrg#Durxqg#wkh#z rug#Oxqfk# 4=33#Vflhqfh#Iulgd|Ð#Ddyd#Ddp sv# 6=33#Elqjr#	**21** <=63#Qdwkuh#Dryhu#rq#Wkh#Sdyhg#Sdwk# 43=33#Vdwkugd|#Vwuwfkhuv##H{huflvh,# 43<63#Fuhdwlyh#Frorulj#q#Wkh#Glqlqj#Urrp# 6=33#Elqjr# 9=33#Hyhqlqj#Pryh#rq#Wkh#Elj#Vfuhhq# #
P lgg#Vwhqjwkhqlqj#Zrug#Ilggv# 43=33#qQUrrp#Ghyrwlrqv# 44=33#Ylwkdd#Fkxufk#rq#Wkh#EljÐ#Vfuhhq#Fkxufk#rq#Wkh#Urfn,# 6=33#Elqjr# # #	**23** Fuklvlqj#rq#Wkh#Dryh#Erdw# 43=33#Fryh#Frugkrdn# 4=33#P dnlqj#Wkdqjv#rq#P rqgd|0#Gulhg#Fudq0ehuu|#Khdu# 6=33#Elqjr# 9=33#Eledu#Vwxg|#z lwk#Ud|#Frdn#	**24** <=33#Shdyhu|#ri#Urfhulnv# <=63#H{huflvh#z lwk#Mhdqqd# 43=33#Z donlqj#Foxe# 4=33#P dqlfxuhv# 6=33#Elqjr#	**25** 43=33#Fryh#Frugkrdn# <=33#Furvv#Vwwfk#Foxe# 45=33#Fdswdlqv#Oxqfk# 4=33#Z ruvkls#Z hgqhvgd|Ð#Nlggqhvv#Urfnv# 6=33#Elqjr#	**26** <=63#H{huflvh#z lwk#Mhdqqd# 43=33#Z donlqj#Foxe# 4=33#Frrnlqj#z lwk#MhdqqdOFkhhvh#Edcw# 5=33#Shuvrq#wr#Shuvrq#OH# 6=33#Elqjr# 9=33#Hyhqlqj#Pryh#rq#Wkh#Elj#VfuhhqÐ#Wkh#Oryh#Erdw#	**27** 43=33#Fryh#Frugkrdn# 44<63#Sldqr#wlp h#z lwk#Druhwd# 4=33#Erzdqj# 5=33#Gduw# 6=33#Elqjr#	**28** # <=63#Qdwkuh#Dryhu#rq#Wkh#Sdyhg#Sdwk# 43=33#Vdwkugd|#Vwuwfkhuv##H{huflvh,# 43<63#Fuhdwlyh#Frorulj#q#Wkh#Glqlqj#Urrp# 6=33#Elqjr# 9=33#Hyhqlqj#Pryh#rq#Wkh#Elj#Vfuhhq#	**29**
# P lgg#Vwhqjwkhqlqj#Zrug#Ilggv# 43=33#qQUrrp#Ghyrwlrqv# 44=33#Ylwkdd#Fkxufk#rq#Wkh#EljOVfuhhq#Fkxufk#rq#Wkh#Urfn,# 6=33#Elqjr# #	**30** 43=33#Fryh#Frugkrdn## 44<63#Sldqr#Wlp h#z lwk#Druhwd# 4=33#P dnlqj#Wkdqjv#rq#P rqgd|Ð#Vddqwlqh#Krrs#Z uhdwk# 6=33#Elqjr#	**31**				

Passport to
Exceptional Care,
Extraordinary Living.

Adventure Awaits!