


January Activity Calendar

Memory Care

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Resident Birthdays: Barb 18th</p>						<p>1</p> <p>10a Brain Game: Crossword 1p New Year's Movie 3p Coffee & Chat 6p Cards</p> <p>NEW YEARS DAY</p>
2	3	4	5	6	7	8
<p>3p Coffee & Chat 6p Cards 7:20p Vikings vs Packers Game</p>	<p>10:30a Essential Oil Relaxation 1:30p Craft 2:30p Well-Fit 3p Coffee & Chat</p>	<p>11a Music Speaks 1p Catholic Communion 2p Pastor Laurie CR 3p Coffee & Chat</p>	<p>10a Well-Fit LUNCH: Wine Wednesday 1:30p Yahtzee 3p Coffee & Chat</p>	<p>11a Music Speaks 1p BINGO 2p Comedy Movie 3p Coffee & Chat</p>	<p>10a Well-Fit LUNCH: Floats Friday 2p Cards 3p Coffee & Chat **Tie-Die Day *Hairdresser Sue is here</p>	<p>1:30p Volunteer Activity 3p Coffee & Chat 6p Cards</p>
9	10	11	12	13	14	15
<p>12p Vikings vs Bears Game 12p Packers vs Detroit Lions Game 3p Coffee & Chat 6p Cards</p>	<p>10:30a Essential Oil Relaxation 1p Pastor Volrath 2DR 2:30p Well-Fit 3p Coffee & Chat</p>	<p>11a Music Speaks 1p Catholic Communion 1:30p Foot & Hand Spa Day 3p Coffee & Chat **Animal Shirt Day</p>	<p>10a Well-Fit LUNCH: Wine Wednesday 2:30p Spinning Prize Wheel Game 3p Coffee & Chat</p>	<p>11a Music Speaks 1p BINGO 2p Drama Movie 3p Coffee & Chat</p>	<p>10a Well-Fit 11a Reverend Boese CR LUNCH: Floats Friday 2p Cards 3p Coffee & Chat *Hairdresser Sue is here</p>	<p>1:30p Volunteer Activity 3p Coffee & Chat 4:35-8:15p NFL Wild-Card Games 6p Cards</p>
16	17	18	19	20	21	22
<p>1:05-8:15p NFL Wild-Card Games 3p Coffee & Chat 6p Cards</p>	<p>10:30a Essential Oil Relaxation 1:30p Craft 2:30p Well-Fit 3p Coffee & Chat 8:15p NFL Wild-Card Game MARTIN LUTHER KING DAY</p>	<p> 11a Music Speaks 1p Catholic Mass 2p Pastor Laurie CR 3p Coffee & Chat</p>	<p>10a Well-Fit 1:30p Mad Libs 3p Coffee & Chat</p>	<p>11a Music Speaks 1p BINGO 2p Animated Movie 3p Coffee & Chat</p>	<p>10a Well-Fit LUNCH: Floats Friday 2p Cards 3p Coffee & Chat **Crazy Hair Day *Hairdresser Sue is here</p>	<p>TBD NFL Divisional Playoffs 1:30p Volunteer Activity 3p Coffee & Chat 6p Cards</p>
23	24	25	26	27	28	29
<p>TBD NFL Divisional Playoffs 3p Coffee & Chat 6p Cards</p>	<p>10:30a Essential Oil Relaxation 1:30p Craft 2:30p Well-Fit 3p Coffee & Chat</p>	<p>11a Music Speaks 1p Catholic Communion 1:30p Manicures 3p Coffee & Chat **Pajama Day</p>	<p>10a Well-Fit WR LUNCH: Wine Wednesday 2:30p Spinning Prize Wheel Game 3p Coffee & Chat</p>	<p>11a Music Speaks 1p BINGO 2p Action Movie 3p Coffee & Chat</p>	<p>10a Well-Fit LUNCH: Floats Friday 2p Cards 3p Coffee & Chat *Hairdresser Sue is here</p>	<p>1:30p Volunteer Activity 3p Coffee & Chat 6p Cards</p>
30	31	<p>Notes: *Please note that "Cards" are independently lead. *Brain games are provided on the dining room counter upstairs. **Please participate in the "wacky days" located in red.</p> <p>(Key: 1DR = 1st floor dining room, 2DR = 2nd floor dining room, WR = workout room, CR = community room)</p>				

