


# January Activity Calendar

Assisted Living

# 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Resident Birthdays:</b> Barb 18<sup>th</sup></p>						<p>1</p> <p>10a Brain Game: Crossword 2DR 1p New Year's Movie 1DR 3p Coffee &amp; Chat 1DR 6p Cards 1DR</p> <p><b>NEW YEARS DAY</b></p>
2	3	4	5	6	7	8
<p>3p Coffee &amp; Chat 1DR 6p Cards 1DR 7:20p Vikings vs Packers Game 1DR</p>	<p>10a Essential Oil Relaxation in Sunroom 1p Craft 2DR 2:30p Live 2B Healthy WR 3p Coffee &amp; Chat 1DR</p>	<p>10a Live 2B Healthy WR 1p Catholic Communion CR 2p Pastor Laurie CR 3p Coffee &amp; Chat 1DR</p>	<p>10a Well-Fit WR LUNCH: Wine Wednesday 1:30p Yahtzee 2DR 3p Coffee &amp; Chat 1DR</p>	<p>10a Live 2B Healthy WR 1p BINGO 2DR 2p Comedy Movie WR 3p Coffee &amp; Chat 1DR</p>	<p>10a Well-Fit WR LUNCH: Floats Friday 2p Cards 1DR 3p Coffee &amp; Chat 1DR <b>**Tie-Die Day</b> <b>*Hairdresser Sue is here</b></p>	<p>1:30p Volunteer Activity 2DR 3p Coffee &amp; Chat 1DR 6p Cards 1DR</p>
9	10	11	12	13	14	15
<p>12p Vikings vs Bears Game 1DR 12p Packers vs Detroit Lions Game 1DR 3p Coffee &amp; Chat 1DR 6p Cards 1DR</p>	<p>10a Essential Oil Relaxation in Sunroom 1p Pastor Volrath 2DR 2:30p Live 2B Healthy WR 3p Coffee &amp; Chat 1DR</p>	<p>10a Live 2B Healthy WR 1p Catholic Communion CR 1:30p Foot &amp; Hand Spa Day WR 3p Coffee &amp; Chat 1DR <b>**Animal Shirt Day</b></p>	<p>10a Well-Fit WR LUNCH: Wine Wednesday 1:30p OFF TO THE RACES WR 3p Coffee &amp; Chat 1DR</p>	<p>10a Live 2B Healthy WR 1p BINGO 2DR 2p Drama Movie WR 3p Coffee &amp; Chat 1DR</p>	<p>10a Well-Fit WR 11a Reverend Boese CR LUNCH: Floats Friday 2p Cards 1DR 3p Coffee &amp; Chat 1DR  <b>*Hairdresser Sue is here</b></p>	<p>1:30p Volunteer Activity 2DR 3p Coffee &amp; Chat 1DR 4:35-8:15p NFL Wild-Card Games 1DR 6p Cards 1DR</p>
16	17	18	19	20	21	22
<p>1:05-8:15p NFL Wild-Card Games 1DR 3p Coffee &amp; Chat 1DR 6p Cards 1DR</p>	<p>10a Essential Oil Relaxation in Sunroom 1p Craft 2DR 2:30p Live 2B Healthy WR 3p Coffee &amp; Chat 1DR 8:15p NFL Wild-Card Game 1DR <b>MARTIN LUTHER KING DAY</b></p>	<p> 10a Live 2B Healthy WR 1p Catholic Mass CR 2p Pastor Laurie CR 3p Coffee &amp; Chat 1DR</p>	<p>10a Well-Fit WR LUNCH: Birthday Party 12:30p Sing-Along 2DR 1:30p Mad Libs 2DR 3p Coffee &amp; Chat 1DR</p>	<p>10a Live 2B Healthy WR 1p BINGO 2DR 2p Animated Movie WR 3p Coffee &amp; Chat 1DR</p>	<p>10a Well-Fit WR LUNCH: Floats Friday 2p Cards 1DR 3p Coffee &amp; Chat 1DR <b>**Crazy Hair Day</b>  <b>*Hairdresser Sue is here</b></p>	<p>TBD NFL Divisional Playoffs 1DR 1:30p Volunteer Activity 2DR 3p Coffee &amp; Chat 1DR 6p Cards 1DR</p>
23	24	25	26	27	28	29
<p>TBD NFL Divisional Playoffs 1DR 3p Coffee &amp; Chat 1DR 6p Cards 1DR</p>	<p>10a Essential Oil Relaxation in Sunroom 1p Craft 2DR 2:30p Live 2B Healthy WR 3p Coffee &amp; Chat 1DR</p>	<p>10a Live 2B Healthy WR 1p Catholic Communion CR 1:30p Manicures 2DR 3p Coffee &amp; Chat 1DR <b>**Pajama Day</b></p>	<p>10a Well-Fit WR LUNCH: Wine Wednesday 1:30p OFF TO THE RACES WR 3p Coffee &amp; Chat 1DR</p>	<p>10a Live 2B Healthy WR 1p BINGO 2DR 2p Action Movie WR 3p Coffee &amp; Chat 1DR</p>	<p>10a Well-Fit WR LUNCH: Floats Friday 2p Cards 1DR 3p Coffee &amp; Chat 1DR  <b>*Hairdresser Sue is here</b></p>	<p>1:30p Volunteer Activity 2DR 3p Coffee &amp; Chat 1DR 6p Cards 1DR</p>
30	31	<p><b>Notes:</b> *Please note that "Cards" are independently lead. *Brain games are provided on the dining room counter upstairs. <b>**Please participate in the "wacky days" located in red.</b></p> <p>(Key: 1DR = 1<sup>st</sup> floor dining room, 2DR = 2<sup>nd</sup> floor dining room, WR = workout room, CR = community room)</p>				

