




Memory Care Activities
 Room
 Assisted Living
 Private Dining Room
 Therapy Room
 Sun Room

MC	Theater	TH
AL	Game Room	GR
PD	MC Family	FR
TR	Room	DR
SR	AL Dining	
	Room	

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1 Happy New Year 10:30 Video Exercise 1:00 New Years Brunch 6:00 Evening Movie TR, DR, TH	2 8:00a Televised Church Service 11:00 Book Club 1:00 Matinee Movie TH, SR, TH	3 10:00 Coffee & Calendars 10:30 Chair Yoga 3:00 Musical Monday: Walk the line 4:00 Walk the line Trivia DR, MC, TH, TH	4 11:00 Chair Volleyball 1:00 Tuesday Tea Time 1:30 Therapy Dog Visit 3:00 Thumball Memory Activity Salon is Open by Appointment! TR, PD, TR, MC	5 11:00 Strength & Balance Class 1:00 New Year Resolution Game 4:00 Tender Hearts: Arts & Crafts TR, MC, MC	6 11:30 DrumFit w/SydFit 1:00 Meet the Resident Game 3:00 Painting Class TR, DR, TH	7 10:00 Seated Chair Exercises 1:00 Come Play Yahtzee 3:00 Happy Hour 6:00 The Ed Sullivan Show TR, MC, DR, TH
8 10:30 Video Exercise 1:00 Shuffle Board 6:00: Evening Movie TR, SR, TH	9 8:00a Televised Church Service 10:00 Coffee & Calendars 11:00 Book Club 1:00 Matinee Movie TH, DR, SR, TH	10 10:30 Chair Yoga 1:00 Snowflake Making 3:00 Vintage Improvisation 4:00 Musical Monday: Singing in the Rain TR, MC, TR, TH	11 11:00 Chair Volleyball 1:00 Tuesday Tea Time 1:30 Therapy Dog Visit 3:00 I got It Game! Salon is Open by Appointment! TR, PD, MC, GR	12 Pasta/ Cannoli Night!  11:00 Strength & Balance Class 1:00 All around the world Day: Italy 4:00 Tender Hearts: Arts & Crafts TR, TH, MC	13 11:30 DrumFit w/SydFit 1:00 Family Feud 3:00 Painting Class TR, DR, MC	14 10:00 Seated Chair Exercises 1:00 Matching Games 3:00 Happy Hour 6:00 The Ed Sullivan Show TR, MC, DR, TH
15 10:30 Video Exercise 1:00 BINGO 6:00 Evening Movie TR, SR, TH	16 8:00a Televised Church Service 10:00 Coffee & Calendars 11:00 Book Club 1:00 Matinee Movie TR, MC, SR, TH	17 Martin Luther King Jr. Day! 10:30 Chair Yoga 1:00 Tea light Snowmen Making 3:00 Musical Monday: The West Side Story 4:00 The West Side Story: Trivia TR, PD, TH, TH	18 National Michigan Day! 11:00 Chair Volleyball 1:00 Tuesday Tea Time 1:30 Therapy Dog Visit 3:00 Michigan Based Bingo Salon is Open by Appointment! TR, PD, MC, PD	19 11:00 Strength & Balance Class 1:00 Men's Club 4:00 Tender Hearts: Arts & Crafts TR, SR, MC	20 11:00 DrumFit w/SydFit 1:00 Name that price! 3:00 Painting Class TR, TH, MC	21 10:00 Seated Chair Exercises 1:00 Come play Boggle 3:00 Happy Hour/ January Birthday Celebrations 6:00 The Ed Sullivan Show TR, MC, DR, TH
22 Smoothie Saturday! 10:30 Video Exercise 1:00 Smoothie Making 6:00 Evening Movie TR, DR, TH	23 10:00 Coffee & Calendars 10:30 Video Exercise 1:00 Book Club 1:00 Matinee Movie DR, TR, MC, TH	24 10:30 Chair Yoga 2:00 Blanket Making 3:00 Musical Monday: The Sound of Music 4:00 The Sound of Music: Trivia TR, PD, TH	25 11:00 Chair Volleyball 1:00 Tuesday Tea Time 1:30 Therapy Dog Visit 3:00 Conversation Game Salon is Open by Appointment! TR, PD, MC, GR	26 11:00 Strength & Balance Class 2:00 Ladies' Club 4:00 Tender Hearts: Arts & Crafts TR, DR, MC	27 National Cheese Lovers Day! 10:00 DrumFit w/SydFit 1:00 Mac & Cheese Bar 3:00 Times out game! TR, DR, MC	28 10:30 Video Exercise 1:00 Shuffle Board 3:00 Happy Hour 6:00 The Ed Sullivan Show TR, SR, DR, TH
29 10:30 Video Exercise 1:00 BINGO 6:00 Evening Movie TH, SR, TH	30 10:00 Coffee & Calendars 10:30 Video Exercise 1:00 Matinee Movie DR, TR, TH	31 National Hot Cocoa Day! 10:00 Chair Yoga 1:00 Crazy Eights 3:00 Hot Cocoa Bar 6:00 Musical Monday: The Sound of Music TR, MC, PD, MC				