

JANUARY



Assisted Living ACTIVITY CALENDAR

SUNDAYMONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAYSATURDAY

 Passport to <i>Exceptional Care.</i> <i>Extraordinary Living.</i> <i>Adventure Awaits!</i>						New Years Day 1 9:30 Morning Stretch 1:00 Watch football00Wii Bowling 6: Watch Lawrence Welk 7: 7:00 Evening Movie
Cheese Lover's Day 2 9:00 Early Morning Stretch 1:00 Virtual Church Service 3:00 Wii Bowling 5:30 Movie	Chocolate Covered Cherry Day 3 10:00 Movers & Groovers 10:30 Crockpot Club 1:00 Crafting Corner 2:00 Bingo 3:00 Armchair Travel-Australia	Trivia Day 4 10:00 Movers & Groovers 10:30 Railroad Spelling 1:00 Wii Bowling 2:00 Tuesday Trivia 3:00 Dice game	10:00 Movers & Groovers 5 10:30 Wheel of Fortune 1:00 Bus Trip 3:00 Book Club	National Technology Day 6 10:00 Movers & Groovers 10:30 Brain games 1:00 Wii Bowling 2:00 Nail Spa 3:00 Bible Study	10:00 Movers & Groovers 7 10:30 Brain Games 11:00 Bank Run 1:00 Wii Bowling 2:00 Bingo 3:00 Happy Hour	8 :30 Morning Stretch 1:00 Watch football00Wii Bowling 6:00 Watch Lawrence Welk 7:00 Evening Movie
Law Enforcement Appreciation Day 9 9:00 Early Morning Stretch 1:00 Virtual Church Service 3:00 Wii Bowling 5:30 Movie	10:00 Movers & Groovers 10 10:30 Crockpot Club 1:00 Crafting Corner 2:00 Bingo 3:00 Armchair Travel- France	10:00 Movers & Groovers 11 10:30 Railroad Spelling 1:00 Wii Bowling 2:00 Tuesday Trivia 3:00 Dice game	National Hot Tea Day 12 10:00 Movers & Groovers 10:30 Wheel of Fortune 1:00 Bus Trip 3:00 Book Club	Make Your Dream Come True Day 13 10:00 Movers & Groovers 10:30 Brain Games 1:00 Wii Bowling 2:00 Nail Spa 3:00 Bible Study	10:00 Movers & Groovers 14 10:30 Railroad Spelling 11:00 Bank Run 1:00 Wii Bowling 2: 00 Bingo 3:00 Happy Hour	Strawberry Ice Cream Day 15 :30 Morning Stretch 1:00 Watch football00Wii Bowling 6:00 Watch Lawrence Welk 7:00 Evening Movie
16 9:00 Early Morning Stretch 1:00 Virtual Church Service 3:00 Wii Bowling 5:30 Movie	10:00 Movers & Groovers 17 10:30 Crockpot Club 1:00 Crafting Corner 2:00 Bingo 3:00 Armchair Travel-Europe	10:00 Movers & Groovers 18 10:30 Railroad Spelling 1:00 Wii Bowling 2:00 Tuesday Trivia 3:00 Dice game	Popcorn Day 19 10:00 Movers & Groovers 10:30 Wheel of Fortune 1:00 Bus Trip 3:00 Book Club	Penguin Awareness Day 20 10:00 Movers & Groovers 10:30 Brain games 1:00 Wii Bowling 2:00 Nail Spa 3:00 Bible Study 3:00 Bible Study	Hugging Day 21 10:00 Movers & Groovers 10:30 Brain Games 11:00 Bank Run 1:00 Wii Bowling 2:00 Bingo 3:00 Happy Hour	:9:30 Morning Stretch 22 1:00 Watch football 3:00Wii Bowling 6:00 Watch Lawrence Welk 7:00 Evening Movie
9:00 Early Morning Stretch 23 1:00 Virtual Church Service 3:00 Wii Bowling 5:30 Movie	Peanut Butter Day 24 10:00 Movers & Groovers 10:30 Crockpot Club 1:00 Crafting Corner 2:00 Bingo 3:00 Armchair Travel -Germany	Opposite Day 25 10:00 Movers & Groovers 10:30 Railroad Spelling 1:00 Wii Bowling 2:00 Tuesday Trivia 3:00 Dice game	10:00 Movers & Groovers 26 10:30 Wheel of Fortune 1:00 Bus Trip 3:00 Book Club	Chocolate Cake Day 27 10:00 Movers & Groovers 10:30 Brain games 1:00 Wii Bowling 2:00 Nail Spa 3:00 Bible Study	Puzzle Day 28 10:00 Movers & Groovers 10:30 Railroad Spelling 11:00 Bank Run 1:00 Wii Bowling 2:00 Bingo 3::00 Happy Hour	:30 Morning Stretch 29 1:00 Watch football00Wii Bowling 3:00 Wii Bowling 6:00 Watch Lawrence Welk 7:00 Evening Movie
9:00 Early Morning Stretch 30 1:00 Virtual Church Service 3:00 Wii Bowling 5:30 Movie	Backwards Day 31 10:00 Movers & Groovers 10:30 Crockpot Club 1:00 Crafting Corner 2:00 Bingo 3:00 Arm Chair Travel-Hawaii					

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

PASSPORT  Jaybird Senior Living Passport to <i>Exceptional Care.</i> <i>Extraordinary Living.</i> Adventure Awaits! New Years Day 10:30 Exercise 11:00 Morning Meeting 1:00 Afternoon Meeting 3:00 Sing a long 4:00 Prep for supper 5:30 Movie							1						
Cheese Lover’s Day 10:30 Morning Meeting 11:00 Prep table for lunch 2:00 Afternoon Meeting 3:00 Finish the Phrase 4:00 Prep table for supper 5:30 Movie	2	Chocolate Covered Cherry Day 10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Bingo 3:30 Nail Spa	3	Trivia Day 10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 3:00 Trivia 3:00 Crafting Corner 4:00 Prep table for supper	4	10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Hand massages 3:30 Chicken Soup for the Soul 4:00 Prep table for supper	5	National Technology Day 10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Facials 3:30 Finish the Phrase	6	10:30 Exercise 11:00 Table prep for lunch 1:00 Bus Ride 2:00 Afternoon Meeting 2:30 Bingo 3:00 Happy Hour	7	10:30 Exercise 11:00 Morning Meeting 1:00 Afternoon Meeting 3:00 Sing a long 4:00 Prep for supper 5:30 Movie	8
Law Enforcement Appreciation Day 10:30 Morning Meeting 11:00 Prep table for lunch 2:00 Afternoon Meeting 3:00 Finish the Phrase 4:00 Prep table for supper 5:30 Movie	9	10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Bingo 3:30 Nail Spa 5:30 Movie	10	10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Crafting Corner 4:00 Prep table for supper 5:30 Movie	11	National Hot Tea Day 10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Tea Party 3:30 Balloon Toss 5:30 Movie	12	Make Your Dreams Come True Day 10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 TFrost & decorate cookies 3:30 Finish the Phrase	13	10:30 Exercise 11:00 Table prep for lunch 1:00 Bus Ride 2:00 Afternoon Meeting 2:30 Cruise videos—Reminiscing about past travels 3:00 Happy Hour	14	Strawberry Ice Cream Day 10:30 Exercise 11:00 Morning Meeting 1:00 Afternoon Meeting 3:00 Sing a long 4:00 Prep for supper	15
10:30 Morning Meeting 11:00 Prep table for lunch 2:00 Afternoon Meeting 3:00 Finish the Phrase 4:00 Prep table for supper 5:30 Movie	16	10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Bingo 3:30 Nail Spa 5:30 Movie	17	10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Crafting Corner 4:00 Prep table for supper 5:30 Movie	18	Popcorn Day 10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Hand massages 3:30 Chicken Soup for the Soul 4:00 Prep table for supper	19	Penguin Awareness Day 10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 3:00 Facials 5:30 Movie	20	10:30 Exercise 11:00 Table prep for lunch 1:00 Bus Ride 2:00 Afternoon Meeting 2:30 What’s in the Bag? Guess the object 3:00 Happy Hour	21	10:30 Exercise 11:00 Morning Meeting 1:00 Afternoon Meeting 3:00 Sing a long 4:00 Prep for supper 5:30 Movie	22
10:30 Morning Meeting 11:00 Prep table for lunch 2:00 Afternoon Meeting 3:00 Finish the Phrase 4:00 Prep table for supper 5:30 Movie	23	Peanut Butter Day 10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Bingo 3:30 Nail Spa	24	Opposite Day 0:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Crafting Corner 4:00 Prep table for supper 5:30 Movie	25	10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Hand massages 3:30 Chicken Soup for the Soul 4:00 Prep table for supper	26	Chocolate Cake Day 10:30 Exercise 11:00 Morning Meeting 2:00 Afternoon Meeting 2:30 Frost Cupcakes	27	10:30 Exercise 11:00 Table prep for lunch 1:00 Bus Ride 2:00 Afternoon Meeting 2:30 Bingo 3:00 Happy Hour	28	10:30 Exercise 11:00 Morning Meeting 1:00 Afternoon Meeting 3:00 Sing a long 4:00 Prep for supper 5:30 Movie	29
10:30 Morning Meeting 11:00 Prep table for lunch 2:00 Afternoon Meeting	30	Backwards Day 10:30 Exercise	31										