


2022 January

Find us on 

 **SERENITY** a Randall Residence
Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	This month we are learning about CUBA. Cuba is located just 90 miles off the coast of Key West, FL. We are going to watch a video to see the varied geography, taste a Cuban	beverage, learn about their Rumba music, watch Desi Arnaz, Jr. in the <i>I Love Lucy Show</i> , who was from Cuba and listen to songs by Gloria Estefan a Cuban-American singer.	Happy Birthday! January Residents: Julie D.—Jan.28 Ruth—Jan.29 			1 New Year's Day 9:30 Morning Music 1:30 Coloring 3:30 Watching Football Citrus Bowl and Rose Bowl
2 9:30 Joel Osteen Sermon 10:30 Favorite Hymns 3:30 Nail Care 6:00 Movie	3 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Tour of Alaska 2:30 Animals of Alaska 3:30 List State Capitals	4 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Craft Time 3:30 Peanut butter, pine cones and bird seed	5 9:00 Morning Exercise 10:00 Nail Care 1:30 Stories from <i>Good Old Days</i> 3:00 IL Winter of 1979	6 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Making Trail Mix 3:30 Penguins 6:00 Hallmark Movie	7 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Paint Time 3:30 Elvis & PB & Ban Sandwiches	8 Elvis Presley's B-Day 9:30 Morning Music 1:30 Coloring 3:30 Music- 6:00 Hallmark Channel
9 9:30 Joel Osteen Sermon 10:30 Favorite Hymns 3:30 Nail Care 6:00 Movie 	10 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Tour of Cuba 3:30 Gloria Estefan music 6:00 Game Show Channel	11 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Lucinda Martin-Piano 3:30 Kindness Stories	12 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Stories from <i>Good Old Days</i> 3:00 Hand Massages	13 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Strawberry Daiquiris 3:00 Finish the Lines 6:00 Hallmark Channel	14 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Paint Time 3:30 Western Movie 6:30 Wheel of Fortune	15 9:30 Morning Music 1:30 Coloring 3:30 Music- 6:00 Hallmark Channel
16 9:30 Joel Osteen Sermon 10:30 Favorite Hymns 3:30 Nail Care 6:00 Movie	17 MLK JR DAY 9:00 Morning Exercise 10:00 History of MLK JR. 1:30 Let's Play Jenga 3:30 Finish the Line 6:00 Southern Gospel	18 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Craft Time 3:00 <i>I Love Lucy</i> 6:00 Movie	19 9:00 Morning Exercise 10:00 Nail Care 1:30 Stories from <i>Good Old Days</i> 3:00 Hand Massages	20 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Making Cookies 3:00 Show & Tell  6:00 Movie	21 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Paint Time 3:00 Winston D.-Piano 6:00 Movie	22 9:30 Morning Music 1:30 Coloring 3:30 Music- 6:00 Hallmark Channel
23 9:30 Joyce Meyer 10:30 Favorite Hymns 3:30 Nail Care	24 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Let's Play Dominoes	25 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Accordion Concert 3:30 Do you know the Road Signs? 	26 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Stories from <i>Good Old Days</i> 3:00 Hand Massages 6:00 Game Show Channel	27 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Resident B-Day Party 3:30 Have You Ever? 6:00 Netflix Channel	28 9:00 Morning Exercise 10:00 Brain Teasers 1:30 Paint Time 3:00 Favorite Poems 6:00 Netflix Movie	29 9:30 Morning Music 1:30 Coloring 3:30 Music- 6:00 Hallmark Channel
30 9:30 Joyce Meyer 10:30 Favorite Hymns	31 9:00 Morning Exercise 10:00 Brain Teasers					