








# 2022 January

Find us on 

 **RANDALL RESIDENCE of McHenry**  
Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> 10:00 Coloring Cart 1:00 Music Therapy 3:00 Games & Puzzles 6:00 Rest & Relaxation	<b>31</b> 9:30 Walking Club 10:00 Scrapbooking 1:00 Mad Lips 2:00 Jeopardy 3:00 Dominoes	Our one-on-one's are set up to give the residents individualized time with the activities staff. 	Our taste will involve the residents engaging in making their own "taste the best". 	<b>January Birthdays</b> Marilyn R. 1/3 Arlette T. 1/14 Charlotte Z. 1/22		<b>1 New Years Day</b> 10:00 The Price is Right 10:30 Communion 1:00 Craft Cart 6:00 Movie Time w/ Snack & Hydration Cart
<b>2</b> 10:00 Coloring Cart 1:00 Music Therapy 3:00 Games & Puzzles 6:00 Rest & Relaxation	<b>3</b> 9:30 Morning Stretches 10:00 Project Centers 12:30 Pasta Necklace 1:00 Let's go to Cuba— Randall U 2:00 Pictionary 3:00 Ring Toss	<b>4</b> 9:30 Parachute Exercise 10:00 Manicure Time 1:00 Cuba 's Wall Mural 2:00 One on One's 6:00 Movie Time w/ Popcorn 	<b>5</b> 9:30 Walking Club 10:00 Centers— Marble Painting 1:00 Table Tennis 2:00 Bingo Time! 3:00 Sing-A-Long	<b>6</b> 9:30 Fitness Fun 10:00 Group Activities 1:00 Sensory Sensation 2:00 Taste the Best—Nacho Bar 3:00 Art Therapy 5:30 Pet Therapy	<b>7</b> 9:30 Elastic Band Exercise 10:00 Crafty Corner 12:00 Cuban Cuisine—Ropa Vieja 1:00 Reminiscing w/ Tea & Coffee 2:00 Person, Place, or Thing 3:00 Bowling 	<b>8</b> 10:00 The Price is Right 10:30 Communion 1:00 Craft Cart 6:00 Movie Time w/ Snack & Hydration Cart
<b>9</b> 10:00 Coloring Cart 1:00 Music Therapy 3:00 Games & Puzzles 5:00 The Mamba Kings— Movie 6:00 Rest & Relaxation	<b>10</b> 9:30 Walking Club 10:00 Clay Making 12:30 Story Time 2:00 Let's make Strawberry Daiquiris 3:00 Card Games	<b>11</b> 9:30 Fitness Fun 10:00 Games & Puzzles 12:30 Volcano Science Experiment 2:00 One on One's 6:00 Movie Time w/ Popcorn	<b>12</b> 9:30 Chair Exercise 10:00 Centers— Thankful Tree 1:00 Table Tennis 2:00 Bingo Time! 3:00 Sing-A-Long 	<b>13</b> 9:30 Parachute Exercise 10:00 Group Activities 1:00 Sensory Sensation 2:00 Taste the Best—Caramel Apple Bites 3:00 Art Therapy 5:30 Pet Therapy	<b>14</b> 9:30 Morning Stretches 10:00 Crafty Corner 1:00 Name that Tune 2:00 Let's Dance 3:00 Bean Bag Toss	<b>15</b> 10:00 The Price is Right 10:30 Communion 1:00 Craft Cart 6:00 Movie Time w/ Snack & Hydration Cart
<b>16</b> 10:00 Coloring Cart 1:00 Music Therapy 3:00 Games & Puzzles 6:00 Rest & Relaxation	<b>17</b> 9:30 Elastic Bands Exercise 10:00 Project Centers 12:30 Cuban Cuisine—Pecadillo 2:00 Jeopardy 3:00 Bowling 	<b>18</b> 9:30 Walking Club 10:00 Manicure Time 1:00 Reminiscing w/ Tea & Coffee 2:00 One on One's 6:00 Movie Time w/ Popcorn	<b>19</b> 9:30 Fitness Fun 10:00 Centers—Rock Painting 1:00 Table Tennis 2:00 Bingo Time! 3:00 Sing-A-Long	<b>20</b> 9:30 Chair Exercise 10:00 Group Activities 1:00 Sensory Sensation 2:00 Taste the Best—Fruit Kabob 3:00 Art Therapy 5:30 Pet Therapy	<b>21</b> 9:30 Parachute Exercise 10:00 Crafty Corner 1:00 Reminiscing w/ Tea & Coffee 2:00 Canvas Painting 3:00 Board Games & Cards	<b>22</b> 10:00 The Price is Right 10:30 Communion 1:00 Craft Cart 6:00 Movie Time w/ Snack & Hydration Cart
<b>23</b> 10:00 Coloring Cart 1:00 Music Therapy 3:00 Games & Puzzles 5:00 Havana—Movie 6:00 Rest & Relaxation	<b>24</b> 9:30 Chair Exercises 10:00 Slime Making 1:00 Story Time/Read Aloud 2:00 Guess What's in the Box? 3:00 Yahtzee!	<b>25</b> 9:30 Balloon Toss 10:00 Games & Puzzles 1:00 Board Games 2:00 One on One's 6:00 Movie Time w/ Popcorn	<b>26</b> 9:30 Parachute Exercise 10:00 Centers—Sand Art 1:00 Table Tennis 2:00 Bingo Time! 3:00 Sing-A-Long	<b>27</b> 9:30 Morning Stretches 10:00 Group Activities 1:00 Sensory Sensation 2:00 Taste the Best—Let's Make Chex Mix 3:00 Art Therapy 5:30 Pet Therapy	<b>28</b> 9:30 Elastic Band Exercise 10:00 Crafty Corner 1:00 Name that Tune 2:00 Let's Dance! 3:00 Bean Bag Toss	<b>29</b> 10:00 The Price is Right 10:30 Communion 1:00 Craft Cart 6:00 Movie Time w/ Snack & Hydration Cart