


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>January cont'd 30</p> <p>3:00 SS Pretty Patio-Gardening</p> <p>6:00 SS Sunday Night Bible Study and Fellowship [AR]</p>	<p>10:00 PE Let's Move it! Seated Exercise [AR] 31</p> <p>10:30 LL Play Pool with Roger [FL]</p> <p>1:00 LL Black Jack [AR]</p> <p>2:00 CE Food, Fun, and Friends-Veggies with Dip [AR]</p> <p>3:00 LL Fred Meyer Trip- Sign Up at the Front Desk</p>	<p> Bridgeport Place Assisted Living & Memory Care</p>	<p>AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p>	<p>Location Keys</p> <p>Activity Room AR Dining Room DR Fireside Lounge FL Lobby LOB Media Room MR</p>		<p>Happy New Year 1 Spirit Day! - Wear something Blue</p>
<p>3:00 SS Pretty Patio-Gardening 2</p> <p>6:00 SS Sunday Night Bible Study and Fellowship [AR]</p>	<p>10:00 PE Let's Move it! Seated Exercise [AR] 3</p> <p>10:30 LL Play Pool with Roger [FL]</p> <p>1:00 LL Black Jack [AR]</p> <p>2:00 CE Food, Fun, and Friends-Birthday Celebration [AR]</p> <p>3:00 LL Fred Meyer Trip- Sign Up at the Front Desk</p>	<p>New Menus Available in the Lobby 4</p> <p>10:00 PE Let's Move it! Seated Exercise [AR]</p> <p>1:00 AE Diamond Painting [AR]</p> <p>3:00 CE Trivia Tuesday! [AR]</p> <p>6:00 LL Golf Card Game [AR]</p>	<p>Happy Birthday Emiko W. Happy Birthday Hime B. 5</p> <p>10:00 PE Let's Move it! Seated Exercise [AR]</p> <p>1:00 CC Resident Meeting [AR]</p> <p>2:00 AE Music With Larry [DR]</p> <p>3:00 PE Wednesday Walkers [LOB]</p>	<p>10:00 PE Let's Move it! Seated Yoga [AR] 6</p> <p>1:00 CC Activity Planning Meeting [AR]</p> <p>2:00 LL Dining Room BINGO [DR]</p> <p>3:00 CE "The Last Days" a Holocaust Documentary [AR]</p>	<p>10:00 PE Let's Move it! Seated Exercise [AR] 7</p> <p>1:00 SS Colorful Meditation [AR]</p> <p>2:00 LL Happy Hour- Cafe latte Surprise [LOB]</p> <p>3:00 LL Learn how to Play Mahjong [AR]</p> <p>5:30 LL Friday Night Movie- My Octopus Teacher [MR]</p>	<p>Spirit Day! -Wear a Hat Day 8</p> <p>10:00 LL Meaningful Mingling and Munchies [FL]</p> <p>1:00 SS Nail Care with Amy- Sign Up at the Front Desk</p> <p>3:00 LL Skip-Bo [AR]</p>
<p>3:00 SS Pretty Patio-Gardening 9</p> <p>6:00 SS Sunday Night Bible Study and Fellowship [AR]</p>	<p>10:00 PE Let's Move it! Seated Exercise [AR] 10</p> <p>10:30 LL Play Pool with Roger [FL]</p> <p>1:00 LL Black Jack [AR]</p> <p>2:00 CE Food, Fun, and Friends-Roger's Recipe [AR]</p> <p>3:00 LL Dollar Tree Outing- Sign Up at the Front Desk</p>	<p>New Menus Available in the Lobby 11</p> <p>10:00 PE Let's Move it! Seated Exercise [AR]</p> <p>1:00 AE Diamond Painting [AR]</p> <p>2:00 LL Christmas Tree Take Down [FL]</p> <p>3:00 CE Trivia Tuesday! [AR]</p> <p>6:00 LL Golf Card Game [AR]</p>	<p>Happy Birthday Bud G. 12</p> <p>10:00 PE Let's Move it! Seated Exercise [AR]</p> <p>1:00 CC Chat with the Chef [AR]</p> <p>2:00 LL Christmas Tree Take Down [AR]</p> <p>3:00 PE Wednesday Walkers [LOB]</p>	<p>10:00 PE Let's Move it! Seated Yoga [AR] 13</p> <p>1:00 PE Cardio Drumming [AR]</p> <p>2:00 LL Dining Room BINGO [DR]</p> <p>3:00 CE "400 Feet Down" a Narrows Bridge Documentary [AR]</p> <p>4:00 LL Christmas Tree Take Down [DR]</p>	<p>Happy Birthday Connie Z. 14</p> <p>10:00 PE Let's Move it! Seated Exercise [AR]</p> <p>1:00 SS Colorful Meditation [AR]</p> <p>2:00 LL Boggle [MR]</p> <p>3:00 LL Christmas Tree Take Down [MR]</p> <p>5:30 LL Friday Night Movie- I Am Sam [MR]</p>	<p>Spirit Day! - Wear Winter Wear 15</p> <p>10:00 LL Meaningful Mingling and Munchies [FL]</p> <p>1:00 LL Christmas Tree Take Down [LOB]</p> <p>2:00 LL A Hunting We Will Go! [LOB]</p> <p>3:00 LL UNO- Small Groups [AR]</p>
<p>3:00 SS Pretty Patio-Gardening 16</p> <p>6:00 SS Sunday Night Bible Study and Fellowship [AR]</p>	<p>Happy Birthday John F. 17</p> <p>10:00 PE Let's Move it! Seated Exercise [AR]</p> <p>10:30 LL Play Pool with Roger [FL]</p> <p>1:00 LL Black Jack [AR]</p> <p>2:00 CE Food, Fun, and Friends-Soft Pretzels [AR]</p> <p>3:00 LL Fred Meyer Trip- Sign Up at the Front Desk</p>	<p>New Menus Available in the Lobby 18</p> <p>10:00 PE Let's Move it! Seated Exercise [AR]</p> <p>1:00 AE Diamond Painting [AR]</p> <p>3:00 CE Trivia Tuesday! [AR]</p> <p>6:00 LL Golf Card Game [AR]</p>	<p>10:00 PE Let's Move it! Seated Exercise [AR] 19</p> <p>1:00 AE Paint and Sip-Snowman [AR]</p> <p>2:00 CC Chat with Pat (ED) [DR]</p> <p>3:00 PE Wednesday Walkers [LOB]</p>	<p>10:00 PE Let's Move it! Seated Yoga [AR] 20</p> <p>1:00 PE Cardio Drumming [AR]</p> <p>2:00 LL Dining Room BINGO [DR]</p> <p>3:00 CE "RBG" a Documentary about Ruth Bader Ginsburg [AR]</p>	<p>10:00 PE Let's Move it! Seated Exercise [AR] 21</p> <p>1:00 SS Colorful Meditation [AR]</p> <p>2:00 LL Happy Hour [LOB]</p> <p>3:00 LL Learn How to play Mahjong [AR]</p> <p>5:30 LL Friday Night Movie-As Good as it Gets [MR]</p>	<p>Spirit Day! - Wear Silly Socks! 22</p> <p>10:00 LL Meaningful Mingling and Munchies [FL]</p> <p>1:00 SS Nail Care with Amy- Sign Up at the Front Desk</p> <p>3:00 LL Skip-Bo [AR]</p>
<p>3:00 SS Pretty Patio-Gardening 23</p> <p>6:00 SS Sunday Night Bible Study and Fellowship [AR]</p>	<p>10:00 PE Let's Move it! Seated Exercise [AR] 24</p> <p>10:30 LL Play Pool with Roger [FL]</p> <p>1:00 LL Black Jack [AR]</p> <p>2:00 CE Food, Fun, and Friends-Fruit and Cheese [AR]</p> <p>3:00 LL Wal-Mart Trip- Sign Up at the Front Desk</p>	<p>New Menus Available in the Lobby 25</p> <p>10:00 PE Let's Move it! Seated Exercise [AR]</p> <p>1:00 AE Diamond Painting [AR]</p> <p>3:00 CE Trivia Tuesday! [AR]</p> <p>6:00 LL Golf Card Game [AR]</p>	<p>10:00 PE Let's Move it! Seated Exercise [AR] 26</p> <p>1:00 AE Craft Hour-Coloring Book Creations [AR]</p> <p>2:00 LL Rocking in the 50s with Terry [DR]</p> <p>3:00 PE Wednesday Walkers [LOB]</p>	<p>10:00 PE Let's Move it! Seated Yoga [AR] 27</p> <p>1:00 PE Cardio Drumming [AR]</p> <p>2:00 LL Dining Room BINGO [DR]</p> <p>3:00 CE "Being Elmo" a Documentary on the Human Behind the Elmo Puppet [AR]</p>	<p>10:00 PE Let's Move it! Seated Exercise [AR] 28</p> <p>12:00 LL Out to Lunch- Clover Leaf Pizza</p> <p>1:00 SS Colorful Meditation [AR]</p> <p>2:00 LL Music with Lynne [DR]</p> <p>3:00 CE Scategories- Word Recall game [AR]</p> <p>5:30 LL Friday Night Movie- Red Notice [MR]</p>	<p>Spirit Day! - Wear Plaid or Stripes! 29</p> <p>10:00 LL Meaningful Mingling and Munchies [FL]</p> <p>1:00 SS Nail Care with Amy- Sign Up at the Front Desk</p> <p>3:00 LL UNO- Small Groups [AR]</p>