


January 2022

Independent Living Lifestyle & Leisure

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																											
January cont'd 30 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:30 SS Catholic Communion [AL AR] 11:30 CC Lunch [DR] 1:30 SS Christian Worship Service [SOC] 2:00 AE Art Therapy! [IL Lib] 3:30 PE Walking Club 4:30 CC Dinner [DR]	31 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:00 PE DIY Exercises 11:30 CC Lunch [DR] 12:30 AE Puzzle Time! [GR] 1:30 LL Cocoa and Cookies! [AL AR] 2:30 CE On This Day in History [AL AR] 3:00 LL Scrabble [GR] 4:30 CC Dinner [DR] 6:00 LL Movie Night! [AL AR]	 815 SE Klemgard Pullman, WA 99163 509-334-9488	815 SE Klemgard Pullman, WA 99163 509-334-9488	Location Keys AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support AL Activity Room AL Dining Room AL Library Activity Room Game Room IL Library IL Lobby Pool Social Room AL AR DR AL Lib AR GR IL Lib IL Lob PL SOC	New Year's Day 1 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 9:30 LL Scrabble [GR] 10:50 PE Walking Club-Museums Around the World [SOC] 11:30 CC Lunch [DR] 2:00 LL Watching The Crown! [SOC] 3:30 PE Water Aerobics! [PL] 4:30 CC Dinner [DR]	2 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:30 SS Catholic Communion [AL AR] 11:30 CC Lunch [DR] 1:30 SS Christian Worship Service [SOC] 2:00 AE Art Therapy! [IL Lib] 3:30 PE Walking Club 4:30 CC Dinner [DR]	3 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:00 PE DIY Exercises 11:30 CC Lunch [DR] 12:30 AE Puzzle Time! 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[SOC]	7 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:00 PE Strength & Balance [SOC] 11:30 CC Lunch [DR] 12:30 LL Bridge [GR] 2:00 CE Education Hour! (Film History) [SOC] 3:00 LL Cocoa and Cookies! [SOC] 4:30 CC Dinner [DR]	8 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 9:30 LL Scrabble [GR] 10:50 PE Walking Club-Museums Around the World [SOC] 11:30 CC Lunch [DR] 2:00 LL Watching The Crown! [SOC] 3:30 PE Water Aerobics! [PL] 4:30 CC Dinner [DR]	9 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:30 SS Catholic Communion [AL AR] 11:30 CC Lunch [DR] 1:30 SS Christian Worship Service [SOC] 2:00 AE Art Therapy! [IL Lib] 3:30 PE Walking Club 4:30 CC Dinner [DR]	10 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:00 PE DIY Exercises 11:30 CC Lunch [DR] 12:30 AE Puzzle Time! [GR] 1:30 LL Cocoa and Cookies! [AL AR] 2:30 CE On This Day in History [AL AR] 3:00 LL Scrabble [GR] 4:30 CC Dinner [DR] 6:00 LL Movie Night! 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[SOC]	14 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:00 PE Strength & Balance [SOC] 11:30 CC Lunch [DR] 12:30 LL Bridge [GR] 2:00 CE Education Hour! (Historical Figures) [SOC] 3:00 LL Cocoa and Cookies! [SOC] 4:30 CC Dinner [DR]	15 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 9:30 LL Scrabble [GR] 11:30 CC Lunch [DR] 11:30 LL Out to Lunch! (Rancho Viejo) [IL Lob] 2:00 LL Watching The Crown! [SOC] 3:30 PE Water Aerobics! [PL] 4:30 CC Dinner [DR]	16 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:30 SS Catholic Communion [AL AR] 11:30 CC Lunch [DR] 1:30 SS Christian Worship Service [SOC] 2:00 AE Art Therapy! [IL Lib] 3:30 PE Walking Club 4:30 CC Dinner [DR]	Martin Luther King, Jr. Day 17 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:00 PE DIY Exercises 11:30 CC Lunch [DR] 12:30 AE Puzzle Time! [GR] 1:30 LL Cocoa and Cookies! [AL AR] 2:30 CE On This Day in History [AL AR] 3:00 LL Scrabble [GR] 4:30 CC Dinner [DR] 6:00 LL Movie Night! 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[SOC]	21 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 9:45 CE Trip to Palouse Science Center [IL Lob] 10:00 PE Strength & Balance [SOC] 11:30 CC Lunch [DR] 12:30 LL Bridge [GR] 2:00 CE Education Hour! (Famous Inventions) [SOC] 3:00 LL Cocoa and Cookies! [SOC] 4:30 CC Dinner [DR]	22 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 9:30 LL Scrabble [GR] 10:45 AE Trip to WSU Museum of Art! [IL Lob] 11:30 CC Lunch [DR] 2:00 LL Watching The Crown! [SOC] 3:30 PE Water Aerobics! [PL] 4:30 CC Dinner [DR]	23 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:30 SS Catholic Communion [AL AR] 11:30 CC Lunch [DR] 1:30 SS Christian Worship Service [SOC] 2:00 AE Art Therapy! [IL Lib] 3:30 PE Walking Club 4:30 CC Dinner [DR]	24 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:00 PE DIY Exercises 11:30 CC Lunch [DR] 12:30 AE Puzzle Time! [GR] 1:30 LL Cocoa and Cookies! [AL AR] 2:30 CE On This Day in History [AL AR] 3:00 LL Scrabble [GR] 4:30 CC Dinner [DR] 6:00 LL Movie Night! 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[SOC]	28 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 10:00 PE Strength & Balance [SOC] 11:30 CC Lunch [DR] 12:30 LL Bridge [GR] 2:00 CE Education Hour! (The Industrial Revolution) [SOC] 3:00 LL Cocoa and Cookies! [SOC] 4:30 CC Dinner [DR]	29 7:45 CC Breakfast [AR] 8:30 CE Newspaper Delivery 9:30 LL Scrabble [GR] 10:50 PE Walking Club-Museums Around the World [SOC] 11:30 CC Lunch [DR] 2:00 LL Watching The Crown! [SOC] 3:30 PE Water Aerobics! [PL] 4:30 CC Dinner [DR]

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