


January 2022

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January cont'd 30 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 10:30 SS Catholic Communion Service [AL AR] 11:30 CC Lunch [DR] 1:30 SS Christian Worship Service [SOC] 2:00 PE Walk & Roll Club! [AL AR] 2:30 CE On This Day in History [AL AR] 4:30 CC Dinner [DR]	31 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 10:30 AE Coloring & Puzzle Activity [AL AR] 11:30 CC Lunch [DR] 1:30 LL Cocoa & Cookies! [AL AR] 2:30 On This Day in History 4:30 CC Dinner [DR] 6:00 LL Movie Night! "Groundhog Day" [AL AR]		AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Location Keys AL Activity Room AL AR AL Dining Room DR AL Library AL Lib Social Room SOC	New Year's Day 1 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 CE Word Search Competition! [AL AR] 11:30 CC Lunch [DR] 1:30 CE Music Therapy: Latin America [AL AR] 2:30 PE Walk & Roll Club! [AL AR] 4:30 CC Dinner [DR] 6:00 LL Movie Night!- "When Harry Met Sally" [AL AR]	
2 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 10:30 SS Catholic Communion Service [AL AR] 11:30 CC Lunch [DR] 1:30 SS Christian Worship Service [SOC] 2:00 PE Walk & Roll Club! [AL AR] 2:30 CE On This Day in History [AL AR] 4:30 CC Dinner [DR]	3 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 10:30 AE Coloring & Puzzle Activity [AL AR] 11:30 CC Lunch [DR] 1:30 LL Cocoa & Cookies! [AL AR] 2:30 On This Day in History 4:30 CC Dinner [DR] 6:00 LL Movie Night!- "Midnight in Paris" [AL AR]	4 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 LL Men's Coffee & Snack Hour! [AL Lib] 11:30 CC Lunch [DR] 1:30 AE Busy Hands Crochet Club! [AL AR] 2:30 LL The Avid Reader Book Club [AL AR] 4:30 CC Dinner [DR]	5 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 11:30 CC Lunch [DR] 1:30 LL Pet Therapy w/ Bodhi! [AL AR] 2:30 LL BINGO! [AL AR] 3:30 PE Walk & Roll Club! [AL AR] 4:30 CC Dinner [DR]	6 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 CE Current Events [AL AR] 11:30 CC Lunch [DR] 1:30 CC Tea Social! [AL AR] 2:30 LL Ladies Manicures! [AL AR] 4:30 CC Dinner [DR] 6:00 LL BP Movie Club [SOC]	7 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 LL Ladies Get Together! [AL Lib] 11:30 CC Lunch [DR] 1:30 CE Happy Hour & Trivia! [AL AR] 3:00 PE Afternoon Stretches [AL AR] 4:30 CC Dinner [DR]	8 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:00 CC Roost Coffee Outing! 11:30 CC Lunch [DR] 1:30 CE How It's Made: Hearing Aides, 3-D Puzzles, & Toilets! [AL AR] 2:30 PE Walk & Roll Club! [AL AR] 4:30 CC Dinner [DR] 6:00 LL Movie Night!- "West Side Story" [AL AR]
Happy Birthday Donna! 9 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 10:30 SS Catholic Communion Service [AL AR] 11:30 CC Lunch [DR] 1:30 SS Christian Worship Service [SOC] 2:00 PE Walk & Roll Club! [AL AR] 2:30 CE On This Day in History [AL AR] 4:30 CC Dinner [DR]	10 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 10:30 AE Coloring & Puzzle Activity [AL AR] 11:30 CC Lunch [DR] 1:30 LL Cocoa & Cookies! [AL AR] 2:30 On This Day in History 4:30 CC Dinner [DR] 6:00 LL Movie Night!- "Doc Hollywood" [AL AR]	11 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 LL Men's Coffee & Snack Hour! [AL Lib] 11:30 CC Lunch [DR] 1:30 AE Busy Hands Crochet Club! [AL AR] 2:30 LL The Avid Reader Book Club [AL AR] 4:30 CC Dinner [DR]	12 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 CE Current Events [AL Lib] 11:30 CC Lunch [DR] 1:30 LL Pet Therapy w/ Bodhi! [AL AR] 2:30 LL BINGO! [AL AR] 3:30 PE Walk & Roll Club! [AL AR] 4:30 CC Dinner [DR]	13 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 LL Baking w/ Briy!- Simple Cinnamon Bread [AL AR] 11:30 CC Lunch [DR] 1:30 CC Tea Social! [AL AR] 2:30 LL Ladies Manicures! [AL AR] 4:30 CC Dinner [DR] 6:00 LL BP Movie Club [SOC]	14 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 LL Ladies Get Together! [AL Lib] 11:30 CC Lunch [DR] 1:30 CE Happy Hour & Trivia! [AL AR] 3:00 PE Afternoon Stretches [AL AR] 4:30 CC Dinner [DR]	15 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 CE Word Search Competition! [AL AR] 11:00 CC Moscow Co-Op Lunch Outing 11:30 CC Lunch [DR] 1:30 CE How It's Made: Toothpicks, Helicopters, & Beer! [AL AR] 2:30 PE Walk & Roll Club! [AL AR] 4:30 CC Dinner [DR] 6:00 LL Movie Night!- "Little Women" [AL AR]
Happy Birthday Janice! 16 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 10:30 SS Catholic Communion Service [AL AR] 11:30 CC Lunch [DR] 1:30 SS Christian Worship Service [SOC] 2:00 PE Walk & Roll Club! [AL AR] 2:30 CE On This Day in History [AL AR] 4:30 CC Dinner [DR]	Martin Luther King, Jr. Day 17 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 10:30 AE Coloring & Puzzle Activity [AL AR] 11:30 CC Lunch [DR] 1:30 LL Cocoa & Cookies! [AL AR] 2:30 On This Day in History 4:30 CC Dinner [DR] 6:00 LL Movie Night!- "Stranger than Fiction" [AL AR]	Happy Birthday Ben & Herb! 18 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 LL Men's Coffee & Snack Hour! [AL Lib] 11:30 CC Lunch [DR] 1:30 AE Busy Hands Crochet Club! [AL AR] 2:30 LL The Avid Reader Book Club [AL AR] 4:30 CC Dinner [DR]	19 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 CE Current Events [AL Lib] 11:30 CC Lunch [DR] 1:30 LL Pet Therapy w/ Bodhi! [AL AR] 2:30 LL BINGO! [AL AR] 3:30 PE Walk & Roll Club! [AL AR] 4:30 CC Dinner [DR]	20 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 11:30 CC Lunch [DR] 1:30 CC Tea Social! [AL AR] 2:30 LL Ladies Manicures! [AL AR] 4:30 CC Dinner [DR] 6:00 LL BP Movie Club [SOC]	21 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 LL Ladies Get Together! [AL Lib] 11:30 CC Lunch [DR] 1:30 CE Happy Hour & Trivia! [AL AR] 3:00 PE Afternoon Stretches [AL AR] 4:30 CC Dinner [DR]	22 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 11:00 CC WSU Museum of Art Outing 11:30 CC Lunch [DR] 1:30 CE How It's Made: Aluminum Foil, Snowboards, & Contact Lenses! [AL AR] 2:30 PE Walk & Roll Club! [AL AR] 4:30 CC Dinner [DR] 6:00 LL Movie Night!- "Flushed Away" [AL AR]
23 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 10:30 SS Catholic Communion Service [AL AR] 11:30 CC Lunch [DR] 1:30 SS Christian Worship Service [SOC] 2:00 PE Walk & Roll Club! [AL AR] 2:30 CE On This Day in History [AL AR] 4:30 CC Dinner [DR]	24 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 10:30 AE Coloring & Puzzle Activity [AL AR] 11:30 CC Lunch [DR] 1:30 LL Cocoa & Cookies! [AL AR] 2:30 On This Day in History 4:30 CC Dinner [DR] 6:00 LL Movie Night!- "Gifted Hands" [AL AR]	Happy Birthday Edie A! 25 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 LL Men's Coffee & Snack Hour! [AL Lib] 11:30 CC Lunch [DR] 1:30 AE Busy Hands Crochet Club! [AL AR] 2:30 LL The Avid Reader Book Club [AL AR] 4:30 CC Dinner [DR]	26 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 CE Current Events [AL Lib] 11:30 CC Lunch [DR] 1:30 LL Pet Therapy w/ Bodhi! [AL AR] 2:30 LL BINGO! [AL AR] 3:30 PE Walk & Roll Club! [AL AR] 4:30 CC Dinner [DR]	27 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 LL Baking w/ Briy! [AL AR] 11:30 CC Lunch [DR] 1:30 CC Tea Social! [AL AR] 2:30 LL Ladies Manicures! [AL AR] 4:30 CC Dinner [DR] 6:00 LL BP Movie Club [SOC]	28 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 LL Ladies Get Together! [AL Lib] 11:30 CC Lunch [DR] 1:30 CE Happy Hour & Trivia! [AL AR] 3:00 PE Afternoon Stretches [AL AR] 4:30 CC Dinner [DR]	29 7:30 CC Breakfast [DR] 8:30 LL Newspaper Delivery 9:30 PE Sit & Be Fit [AL AR] 10:00 CE On This Day in History [AL AR] 10:15 CE Word Search Competition! [AL AR] 11:30 CC Lunch [DR] 1:30 LL Birthday Party! [AL AR] 2:30 CE How It's Made: CDs, Mozzarella Cheese, & Pantyhose [AL AR] 4:30 CC Dinner [DR] 6:00 LL Movie Night!- Indiana Jones & The Temple of Doom" [AL AR]

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