

January 2022

AS Art Studio	L Lounge	FD Fiore Dining
IP Indoor Pool	C Chapel	GR Game Room
57 1957 Bar and Tavern	CH Clubhouse	CC Café Caterina
MS Movement Studio	CR Club Room	P Petals Spa
TS Tech Studio and Library	BN Breakfast Nook	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Beaumont Physical Therapy Open by Appointment: Tuesday 8-4:30PM Thursday 8-4:30PM P:(248) 650-1515	Petals Salon and Spa Open by Appointment: Tuesday 10-6PM Thursday 10-6PM P:(248) 266-7979	Transportation Scheduled Appointments: Monday/Wednesday 9-4PM Shopping Shuttle Tuesday/Thursday 10-2PM	IT Resident Help Wednesday and Friday by Afternoon Appointment Call Lori for an appointment, on the days listed above, to be seen by Rene	HAPPY New Year!! 2022		1 Saturday Social 10:00 Exercise DVD 11:00 Brain Games 11:00 Cribbage Club 1:00 Bingo! 2:30 Saturday Social Tavern 57
2 Sunday Meal 10:00-2pm Sunday Meal 11:00 Exercise DVD 1:00 Board Games/Puzzles (your Choice) 3:00 Sunday Matinee	3 10:00 Water therapy Class 10:00 Exercise DVD 11:00 Great Courses: Territories/Agrarian Republic 1:30 Rosary & Eucharist 2:30 Casino Blackjack	4 Afternoon Movie 10:00 Strength: SydFit 11:00 BINGO! 12:30 Knitting & Crocheting 2:30 Tuesday Tea 2:30 Euchre 3:30 Afternoon Movie: The King and I	5 Standing Yoga 10:00 Seated Yoga/Balance 1:00 Studio Arts 2:00 Mexican Train 2:00 Standing Yoga 3:00 Incredible Facts	6 Entertainment 10:00 Drum for Fun: SydFit 11:00 Niagara Falls 1:00 Twelve Day of Christmas By: Bea Bailey 2:00 Rummikub/Euchre 2:00 Balance in Motion	7 Musical Friday 10:00 Strength:Sydfit 11:00 Bio: Marilyn Monroe 1:00 Brain Games. 2:00 Line Dancing w/ Donna 2:00 Rummikub 3:00 Musical Friday:	8 Saturday Social 10:00 Exercise DVD 11:00 Brain Games 11:00 Cribbage Club 1:00 Bingo! 2:30 Saturday Social Tavern 57
9 Sunday Meal 10:00-2pm Sunday Meal 11:00 Exercise DVD 1:00 Board Games/Puzzles (Your choice) 3:00 Sunday Matinee	10 10:00 Water Therapy Class 10:00 Exercise DVD 11:00 Great Courses: War Of 1812 1:30 Rosary & Eucharist 2:30 Casino Blackjack	11 Afternoon Movie 10:00 Strength: SydFit 11:00 BINGO! 12:30 Knitting and Crocheting 2:30 Tea Time 2:30 Euchre 3:30 Afternoon Movie: Dream Girls	12 Standing Yoga 10:00 Seated Yoga/Balance 1:00 Studio Arts 2:00 Mexican Train 2:00 Standing Yoga 3:00 Old Maid Card Game	13 January Birthdays 10:00 Drum for Fun: SydFit 11:00 Book Club 11:00 Adirondacks 1:00 Village Book Club 1:00 Ted Talk 2:00 Rummikub 2:00 Balance in Motion 3:30 Live Entertainment Celebrate January Birthdays	14 Musical Friday 10:00 Strength: Sydfit 11:00 Bio: Martin Luther King 1:00 Brain Games 2:00 Line Dancing w/Donna 2:00 Rummikub 3:00 Musical Friday: West Side Story	15 Saturday Social 10:00 Exercise DVD 11:00 Brain Games 11:00 Cribbage Club 1:00 Bingo! 2:30 Saturday Social Tavern 57
16 Sunday Meal 10:00-2pm Sunday Meal 11:00 Exercise DVD 1:00 Board Games/Puzzles (Your Choice) 3:00 Sunday Matinee	17 10:00 Water Therapy Class 10:00 Exercise DVD 11:00 Great Courses: Nation Announced 1:30 Rosary & Eucharist 2:30 Casino Blackjack	18 Chip Redemption Sale 10:00 Strength: SydFit 11am-3pm Chip Redemption Sale 11:00 BINGO! 12:30 Knitting and Crocheting 2:30 Tea Time/Euchre 3:30 Afternoon Movie: The Blindside	19 "Nana Does Vegas" @ Meadowbrook Theatre RSVP 10:00 Seated Yoga/Balance 1:00 Studio Arts 1:30 Leave for Meadowbrook 2:00 Mexican Train 2:00 Standing Yoga 3:00 Incredible Facts	20 "Let it Snow" Dinner Party 10:00 Drum for Fun: SydFit 11:00 Yankee Coast 1:00 Ted Talk 2:00 Rummikub 2:00 Euchre 2:00 Balance in Motion 3:30 Live Entertainment & Let it Snow Dinner Party	21 Musical Friday 10:00 Strength: SydFit 11:00 Bio: Henry Ford 1:00 Miracle Ear Visit 1:00 Brain Games 2:00 Line Dancing w/Donna 2:00 Rummikub 3:00 Musical Friday: An American in Paris	22 Saturday Social 10:00 Exercise DVD 11:00 Brain Games 11:00 Cribbage Club 1:00 Bingo! 2:30 Saturday Social Tavern 57
23/30 Sunday Meal 10:00-2pm Sunday Meal 11:00 Exercise DVD 1:00 Board Games/Puzzles (Your Choice) 3:00 Sunday Matinee	24/31 10:00 Water Therapy Class 10:00 Exercise DVD 11:00 Great Courses: The 2nd Great Awakening (1/31 Chieftain) 1:30 Rosary & Eucharist 2:30 Casino Blackjack	25 New Resident Social Village and Residence 10:00 Strength:SydFit 11:00 New Resident Social 12:30 Knitting & Crocheting 12:30 BINGO! 2:30 Tuesday Tea/ Euchre 3:30 Movie: Remember the Titans	26 Standing Yoga 10:00 Seated Yoga/Balance 1:00 Studio Arts 2:00 Mexican Train 2:00 Standing Yoga 3:00 Go Fish Card Game	27 Entertainment 10:00 Drum for Fun 11:00 America's State Parks: Virginia, Maryland, Georgia 1:00 Ted Talk 2:00 Euchre 2:00 Balance in Motion 3:30 Live Entertainment	28 Musical Friday 10:00 Strength: Sydfit 11:00 Bio: Van Gough 1:00 Brain Games 2:00 Line Dancing with Donna 2:00 Rummikub 3:00 Musical Friday: My Fair Lady	29 Saturday Social 10:00 Exercise DVD 11:00 Brain Games 11:00 Cribbage 1:00 Bingo! 2:30 Saturday Social Tavern 57