

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2022

## KEYSTONE PLACE AT NEWBURY BROOK INDEPENDENT LIVING COMMUNITY

HAPPY NEW YEAR & HEALTHY 2022

New Year's Day

							1 HAPPY NEW YEAR & HEALTHY 2022 New Year's Day	
2 10:00 Mass (P) 11:00 Community Visits 2:00 Mobile Bingo	3 10:15 Exercise (T) 11:00 Community Visits 1:00 Card Making with Sue M. (sign up) 1:30 Afternoon Cinema (T) 2:00	4 10:15 Exercise (T) 11:00 Community Visits 1:30 Afternoon Documentary 2:00 Bananagrams (PR) 3:00 Bowling (P) 7:00 Popcorn Night (T)	5 10:15 Exercise (T) 11:00 Community Visits 2:00 Word-in-a-Word (P) 3:00 Flavored Coffee Taste Test (P) 7:00 Sing-a-Long-er's Practice (P)	6 10:00 Mass & Communion (P) 10:00 Shopping (must sign up) 10:15 Exercise (T) 10:30 Rosary (P) 2:00 Dates in January History	7 10:00 Veteran's Coffee Hour with Sherri (P) 10:15 Exercise (T) 1 :30 Dime Bingo (P) 3:15 Happy Hour	8 10:15 Exercise (T) 11:00 Community Visits 2:00 Bowling (P)		
9 10:00 Mass (P) 10:30 Gym Equipment Review (G) 2:00 Dime Bingo (P)	10 10:15 Exercise (T) 11:00 Community Visits 1:00 Outburst Art with Fran (PR) 1:30 Afternoon Cinema (T) 2:00 Mindjoggers (P)	11 10:15 Exercise (T) 2:00 Bottom's Up (P) 2:00 Bananagrams (PR) 3:00 Bowling (P) 7:00 Popcorn Night (T)	12 10:00 Shopping (must sign up) 10:15 Exercise (T) 1:30 Afternoon Cinema (T) 2:00 Word-in-a-Word (T) 7:00 Sing-a-Long-er's Practice (P)	13 10:00 TV Mass (P) 10:15 Exercise (T) 12 :00 Lunch Trip (sign up) 2:00 Flavored Tea & Sing-a-Long	14 10:15 Exercise (T) 11 :00 Community Visits 1:30 Dime Bingo (P) 3:15 Happy Hour	15 10:15 Exercise (T) 11:00 Community Visits 2:00 Bowling (P)		
16 10:00 Mass (P) 11:00 Community Visits 1:30 Afternoon Cinema (T) 2:00 Dime Bingo (P)	17 10:15 Exercise (T) 11:00 Community Visits 2:00 Historical Storyteller John Cillo (P) 3:15 Coffee Break (P)  Martin Luther King Jr. Day	18 10:15 Exercise (T) 11:00 Community Visits 2:00 Bananagrams (PR) 3:00 Bowling (P) 7:00 Popcorn Night (T)	19 10:15 Exercise (T) 2:00 Word-in-a-Word (T) 7:00 Sing-a-Long-er's Practice (T)	20 10:00 Mass & Communion (P) 10:15 Exercise (T) 10:30 Rosary (P) 2:00 Resident Meeting (PR) 4:30/5:30 Formal Dinner 6:30 Drinks/Music	21 10:15 Exercise (T) 1:30 Dime Bingo (P) 3:15 Happy Hour	22 10:15 Exercise (T) 11:00 Community Visits 1:30 Afternoon Cinema (T) 2:00 Bowling (P) 7:00 Evening Cinema (T)		
23 10:00 Mass (P) 10:30 Gym Equipment Review (G) 2:00 Dime Bingo (P) 6:15 National Wine Day -Bring your favorite wine to share with peers (P)  Activity Professionals Week	24 10:15 Exercise (T) 11:00 Community Visits 11:00 Shopping (sign up) 2:00 Hot Cocoa & Trivia (P)	25 10:15 Exercise (T) 11:00 Community Visits 2:00 Bananagrams (PR) 3:00 Bowling (P) 8:30 Popcorn Night	26 10 :15 Exercise (T) 2:00 Word-in-a-Word (T) 7:00 Sing-a-Long-er's Practice (	27 10:00 Mass (P) 10:15 Exercise (T) 10:30 Rosary (P) 2:00 Basketball per-party	28 10 :15 Exercise (T) 1:30 Dime Bingo (P) 3:15 Happy Hour (P)	29 10:15 Exercise (T) 11:00 Community Visits 1:30 Afternoon Cinema (T) 2:00 Bowling (P) 7:00 UCONN Men's Game (T)		
30 10:00 Mass (P) 11 :00 Community Visits 2 :00 Dime Bingo (T)	31 10 :15 Exercise (T) 11 :00 Community Visits 2 :00 Crossword Challenge (P)	<b>ALL GROUPS SUBJECT TO CHANGE</b>						