



WOODED GLEN
A Trilogy Senior Living Community

Gazette

January 2022

New Year's Resolutions in 2022

Inspired by healthinaging.org, these simple but effective New Years resolutions are sure to help anyone who is looking to make the most out of 2022. Here are just a few ways that you can better yourself as we begin the new year:

Stay sharp! – Being mentally active is a sure-fire way to help your brain stay healthy and alert. Whether it's getting lost in a good book, playing a board game with a loved one, or simply sharing a childhood story with a close friend, the benefits of keeping our minds engaged is just as beneficial to the brain as it is to opening our hearts. Need a place to start? Talk to any member of our team about our *Artisans* program, where you'll be engaged by creating arts and crafts up to twice weekly!

Keep Active! – Equally as important to our mental health is our physical health. Even as we age,



keeping physically active can not only be safe and healthy, but it can help us stay happy and healthy for years to come. Talk to any member of our team about our *Vitality* program, where we provide opportunities for physical movement up to three times a week. We'll be more than happy to talk to you about your comfort level, what you can do, and how we can help you get started!

Explore a New Passion! – As a resident of our campus, there's never been a better time to pick up a new skill or hobby. With our *Lifelong Learning* program, we're

proud to teach courses in topics including art, computers, history, humanities, international studies, languages, music and performing arts, psychology, social studies, recreation, science, health, and math. Talk to any member of our team about what interests you today!

Whether you're looking to make a change or already love the life you're living, we're here to support you every step of the way. For more information about any of these resolutions, talk to our Life Enrichment Director today. Happy New Year from our family to yours!

Happy Birthday!

Residents

Patty G.	January 07
Kenneth B.	January 09
Vicki E.	January 15
Helen B.	January 26

Staff

Texana L.	January 02
Misty F.	January 08
Mekel P.	January 10
Kendall G.	January 11
Shane S.	January 13
Madelin L.	January 17
Donald M.	January 18
India D.	January 19
Garrett H.	January 28



Executive Director Corner

Welcome to 2022!

I hope that everyone had

a wonderful holiday and New Year. Being able to celebrate the end of 2021 with so many familiar faces not only was a perfect sendoff for the year that we just had, but perfectly captured the spirit of the year that we look forward to having here in 2022.

As we continue to stay warm, I want to give a huge "thank you" to everyone who participated in our 2021 Hope for the Holidays campaign. Driven by the kindness of our friends, families, and residents, our campus was proud to make a meaningful contribution to our local charities this

past holiday season. Stay tuned for additional updates on how much of an impact we were able to make!

In the coming weeks, we'll have more to share about everything that we have planned for 2022 – from Theme Dinners, community outings, retreats, and more. And if there's anything in particular that you want to see happen at our campus, be sure to talk to our Life Enrichment Director. They'll be happy to hear from you!

Let's have a great 2022, everyone!

Yours in Service,

Stacie Ward

Executive Director

Did You Know...?

You can keep up to date with the happenings at Wooded Glen by liking our Facebook page.

That Happy Hour is served weekly on Friday night from 4p-5p in Assisted Living Dining Room completed with music entertainment and appetizers for all.

Independence From Hunger

Independence from Hunger Food Drive/Fundraiser is in full swing and accepting donations please call our campus for more info at (937) 342-1460

Sunday Holiday Brunch

January 9th from 12pm-1pm

Smile of the Month

Thank you to some of our wonderful nurses who stopped by for a cup of hot chocolate and cookies. We appreciate and love you all!!!



COMMUNITY CONNECTIONS

Thanks to Kindred Hospice for the wonderful thoughts on Veterans Day with beautiful certificates, flag pins and delicious cupcakes for all to enjoy together as we honored our Veterans and the music provided by the talented David Moligan.



Gathering Around the Table

Thanks to our amazing Culinary and Life Enrichment teams who provided our residents and families with a delicious holiday meal together in our beautifully decorated dining room.



Outings

Continuing the fun weekly with our fun outings off campus please see a Life Enrichment staff member for details or your room activity calendar.

Save the Date

February 24th at 5pm Snowflake Ball Themed Dinner

Upcoming Events

Family Night will be hosted on January 21st from 4pm-6pm in our Healthcare dining room as we enjoy the family time, good food and wonderful music provided by Bill Perk.

Taste of Town

January 25th Rudy's BBQ

Volunteers Needed

Do you have any spare time you would like to fill in your day if so please see or call our Life Enrichment Director Libby for details in how you could become a volunteer at our campus.

Entertainment

January 7th at 4pm David Moligan

January 21st at 4pm Bill Perk

January 26th at 3:30pm Mark Snow

Theme Dinner

Please join us the week of February 20th – 26th 2022 for our Snowflake Ball Theme Week...look for future details or see a member of Life Enrichment with any questions.



WOODED GLEN

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937-342-1460
woodedglensl.com |

Stacie Ward
Executive Director

Tina Motter, RN
Director of Health Services

Tana Conley
Business Office Manager

Libby Johnson
Life Enrichment Director

Vince Moncrief
Social Service Director

Shane Spriggs
Director of Plant Operations

Paula Cain
Environmental Services Director

Amanda Evans, RN
MDS Coordinator

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What was the first year there were fireworks for the New Year's Eve celebration in New York?

Question 2: What is the state called when animals sleep during the winter?

Question 3: What was Walt Disney's middle name?

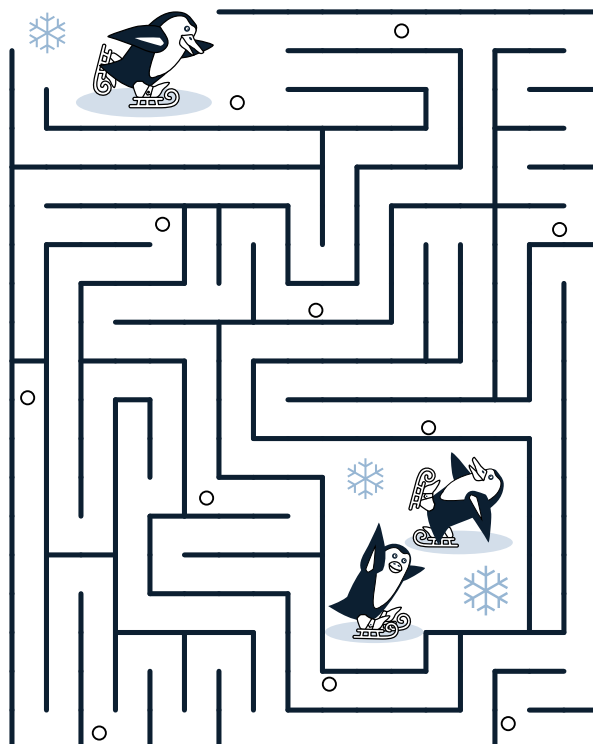
Question 4: What was the first toy to be advertised on TV?

Question 5: What is the total number of dots on a pair of dice?

*Flip the page for last month's
trivia answers:*

Q1: Who sang "I'm Dreaming of a White
Christmas"? Bing Crosby
Q2: How many reindeer in total help pull
Santa's sleigh? 9
Q3: What country does eggnog originate
from? Britain
Q4: What is another name for a Christmas
tree? Pine tree
Q5: Over 360 million glasses of _____ are
consumed across the world on New Years
Eve. Champagne

Help the penguin join his friends for a skating party!



Word Search

U	L	S	M	G	I	F	L	Z	K	U	G	B	R	D	X	V	K	D
P	R	B	O	Y	J	Z	C	N	N	X	E	I	O	X	Z	W	F	I
B	K	E	V	V	C	X	B	H	P	Z	H	L	I	O	S	B	F	T
E	F	W	E	G	G	R	K	L	F	R	R	S	J	O	K	C	M	T
U	E	B	M	I	N	T	E	R	E	S	T	S	S	A	O	C	H	X
C	K	Z	E	E	Y	S	H	J	O	O	A	S	H	E	B	O	O	N
O	D	O	N	V	G	I	H	H	K	I	N	H	A	O	I	M	C	A
M	H	P	T	G	A	M	E	O	K	O	Q	D	R	P	B	P	Z	B
F	R	L	A	N	K	L	O	M	I	N	Z	B	P	I	T	U	Y	E
O	E	Y	L	O	H	S	I	T	C	F	G	I	H	C	T	T	C	C
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P	N	B	O	S	R	P	R	M	A	U	P	I	S	D	F	C	Z	O
J	T	H	E	A	T	R	E	C	J	L	D	M	V	I	F	F	M	Y
K	H	R	I	S	T	D	T	M	B	I	T	W	P	E	O	P	R	P
V	V	Z	P	S	V	X	X	A	D	Y	X	H	B	L	B	N	Z	E
Q	B	T	F	J	K	X	K	X	A	P	X	I	Y	I	P	W	V	C
G	L	W	I	T	H	O	B	B	Y	G	J	S	V	B	Y	B	W	L

ACTIVE

AGE

ALERT

ART

BOOK

COMFORT

COMPUTER

GAME

HEALTHY

HOBBY

INTERESTS

MOVEMENT

PASSION

RESOLUTIONS

SHARP

THEATRE