



Jennifer & Madelyn with staff from Seymour Dual Language Academy. Thank you to all who donated warm winter clothing to our holiday gift drive for children at the school!

Staff Birthdays

- Victoria Gakdut – January 1st
Emily Estrada – January 7th
Michelle Randazzo – January 10th
Errin Chilson – January 12th

The Hearth on James

830 James Street | Syracuse, NY | (P) 315-422-2173 | (F) 315-426-7583



A Note From Our Executive Director

Dear Residents,

Goodbye 2021, hello to 2022! We're so glad you're here!

It has been one variant of a year for all of us! Covid-19, Delta, and Omicron! We are all looking forward to a day where we will no longer fear a virus! 2022 will be our year! I want to take this time to thank our staff who, for the past two years, have put in hours of dedication to ensure our community and residents are well cared for and kept healthy during this continued pandemic.

Thank you to those who donated to the employee holiday fund! The staff received their appreciation gift the week of Christmas. It has been a very trying few years for all and the little bit of spirit we were able to display this holiday season with the staff and resident participation was comforting.

At the Hearth we value our dedication to the health, safety, and wellbeing of all our residents, staff, and guests. As a reminder, please follow the safety rules that are in place:

Items that are prohibited: candles (only battery operated are permitted); the storage or use of a weapon; portable space heaters; extension cords (surge protectors are permitted – only three items plugged in at any time).

Safety awareness:
-Oxygen must be stored in an upright position in a holder and pull cords must be hanging freely

-Never place paper or any other combustible material on a stovetop

-Apartment should be free of clutter and trip hazards

-Apartment doors are never to be propped open

-Absolutely NO smoking in apartments

Winter months: residents may be at risk from cold-related conditions. Elderly residents and those with chronic medical conditions such as diabetes, circulatory, or thyroid diseases are at increased risk for hypothermia and frostbite. Please ensure that you are dressed appropriately if leaving the community. As a reminder, portable space heaters are strictly prohibited. If at any time the heat in your room needs attention, please contact the front desk and a member of the team will investigate the issue.

Happy New Year!

Jennifer Mellone

Executive Director

Celebrating January

January 1st
New Year's Day

January 17th
Martin Luther King Jr.
Day

Meet Your New Neighbor

Ken Martin
Apt. T07

Don Holtsbery
Apt. 105

Doreen Carista
Apt. 127

Elouise Corker
Apt. 220

Do you know someone who could benefit from moving to The Hearth on James? If so, you could earn up to **\$1,000** through our referral program! Contact us at **315-422-2173** to learn more!



the **hearth**
premier senior living

Highlights

See what fun events we have coming up in January!

- **January 4th:** Women Writers Day – introducing our new Reminisce Writing Group! Join us as we come together to reflect and remember past events and times in our lives and share with the group your memories if you feel so inclined!
- **January 5th:** Music with Jilissa
- **January 6th:** Men’s Club outings are back! Take a ride for donuts, coffee, and conversation!
- **January 7th:** Celebrate Elvis Presley’s birthday (a day early!) with grilled peanut butter & banana sandwiches, music, and a movie!
- **January 13th:** NEW At-Home Wine Tour: Tastes of Cayuga Lake
- **January 14th & 18th:** Fly Swatter Tennis! Join us for a new activity similar to volleyball, except with balloons and fly swatters. It’s sure to be a hit (no pun intended!)
- **January 19th:** Songs with Jeneane
- **January 20th:** Casablanca Day! Learn about Casablanca, Morocco, taste Moroccan food, and watch the classic movie!

Check your January activity calendar for times and locations of all events.

January Outings

January 6th, 11:00: Men’s Club Outing – Donuts & Coffee

January 7th, 11:00: del Lago Casino

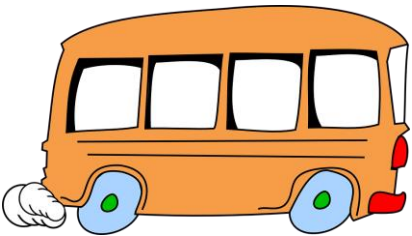
January 14th, 11:00: Lunch Bunch: Cracker Barrel

January 21st, 1:00: Sauder’s Store

January 28th, 11:00: Lunch Bunch: Olive Garden



Mary Ann F. with Santa Claus at our holiday party!



Transportation

Please contact the Nursing Department to arrange. Appointments are limited to eight per day.

Monday 8:30-3:30
East

Manlius, Fayetteville, DeWitt, Widewaters, Brittonfield
North & West
Community Hospital, Camillus, Liverpool, North Medical, Route 11, Baldwinsville

Wednesday 9:30-3:30
Downtown

James Street, East Genesee Street, VA Hospital, Irving Avenue, Erie Boulevard, St. Joseph’s Hospital

Fridays are reserved for 9:30am Wegmans trips and outings as noted on the monthly calendar.

Directors

Executive Director
Jennifer Mellone

Business Office Manager
Errin Chilson

Wellness Director
Crystal Blakeman

Food & Beverage Director
Bob Henning

Live More Director
Madelyn Niver

Environmental Services Director
Angel Santana

Senior Living Advisor
TBA



Sharon G., Angel, and Pattye H. were great sports and dressed up as Christmas trees at our holiday party!