

January 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1 <i>Rose Bowl Day</i></p> <p>10:00 Morning Activities 12:00 Music & Meditation 12:15 Saturday Stretching 1:00 Balloon Volley 1:30 Magnetic Darts 2:00 Snack and Chat 2:30 Memory Streets Trivia 3:00 Saturday Matinee</p>
<p>2</p> <p>10:00 Gospel Hymns 12:00 Music & Meditation 12:15 Active Exercise 1:00 Picture This Discussion 2:00 Balloon Volleyball 2:30 Card Matching Game 3:00 Snack and Chat 3:30 Word Games</p>	<p>3</p> <p>9:00 Morning Activities 12:00 Meditation 12:30 Balloon Toss 1:00 Short Story Corner 1:30 Ring Toss 2:00 Snack and Chat 2:30 Exercise</p>	<p>4</p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Move More 12:30 Parachute Games 1:00 Ray Newman Sings 2:00 Snack and Chat 3:00 Name 5 foods Happy Birthday Kathryn Ewing</p>	<p>5</p> <p>10:00 Bill Sleeter Sings 12:00 Rockin to the Music 1:00 Music and Coloring 2:00 Snack and Chat 2:30 Finish the Phrase 3:00 Beach ball toss 3:30 Think More</p>	<p>6 <i>Happy birthday Ella</i></p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Move More 1:00 Rick Sings 2:00 Ice Cream Social 2:30 Fall Facts 3:00 Spa day 3:30 Trivia</p>	<p>7</p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Scarf Dancing 12:30 Stretch time 2:00 Snack and Chat 2:30 Exercise 3:00 Bingo 3:30 Think More</p>	<p>8 <i>Happy Birthday Ron</i></p> <p>10:00 Morning Activities 12:00 Music & Meditation 12:15 Saturday Stretching 1:00 Balloon Volley 1:30 Magnetic Darts 2:00 Snack and Chat 2:30 Memory Streets Trivia 3:00 Saturday Matinee</p>
<p>9</p> <p>10:00 Gospel Hymns 12:00 Music & Meditation 12:15 Active Exercise 1:00 Picture This Discussion 2:00 Balloon Volleyball 2:30 Card Matching Game 3:00 Snack and Chat 3:30 Word Games</p>	<p>10</p> <p>9:00 Morning Activities 12:00 Meditation 12:30 Bowling 1:00 Short Story Corner 1:30 Ring Toss 2:00 Snack and Chat 2:30 Exercise 3:00 Dick Van Dyke show</p>	<p>11</p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Move More 12:30 Balloon Volley 1:00 Ray Newman Sings 2:00 Snack and Chat 3:00 Name 5 foods</p>	<p>12</p> <p>9:00 Morning Activities 12:00 Rockin to the Music 1:00 Music and Coloring 2:00 Snack and Chat 2:30 Finish the Phrase 3:00 Beach ball toss 3:30 Think More</p>	<p>13</p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Move More 1:00 Beach Ball Toss 2:00 Ice Cream Social 2:30 Wild Facts 3:00 Spa day 3:30 Trivia</p>	<p>14</p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Scarf Dancing 12:30 Stretch time 2:00 Snack and Chat 2:30 Exercise 3:00 Bingo 3:30 Think More</p>	<p>15</p> <p>10:00 Morning Activities 12:00 Music & Meditation 12:15 Saturday Stretching 1:00 Balloon Volley 1:30 Magnetic Darts 2:00 Snack and Chat 2:30 Memory Streets Trivia 3:00 Saturday Matinee</p>
<p>16</p> <p>10:00 Gospel Hymns 12:00 Music & Meditation 12:15 Active Exercise 1:00 Picture This Discussion 2:00 Balloon Volleyball 2:30 Card Matching Game 3:00 Snack and Chat 3:30 Word Games</p>	<p>17 <i>Happy 100th Betty White</i></p> <p>9:00 Morning Activities 12:00 Meditation 12:30 Walking Club 1:00 Short Story Corner 1:30 Ring Toss 2:00 Snack and Chat 2:30 Exercise</p>	<p>18</p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Move More 12:30 Parachute Games 1:00 Ray Newman Sings 2:00 Snack and Chat 3:00 Name 5 foods</p>	<p>19 <i>Happy birthday Dolly Parton</i></p> <p>10:00 Pam Weston Sings 12:00 Rockin to the Music 12:30 Dolly Parton Trivia 1:00 Dolly Parton Music 2:00 Snack and Chat 2:30 Finish the Phrase 3:00 Beach ball toss 3:30 Think More</p>	<p>20 <i>Cheese lovers Day</i></p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Move More 12:30 Cheese Tasting 1:00 Rick Sings 2:00 Ice Cream Social 2:30 Cheese Facts 3:00 Spa day</p>	<p>21 National Hug Day</p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Scarf Dancing 12:30 Stretch time 2:00 Snack and Chat 2:30 Exercise 3:00 Bingo 3:30 Think More</p>	<p>22</p> <p>10:00 Morning Activities 12:00 Music & Meditation 12:15 Saturday Stretching 1:00 Balloon Volley 1:30 Magnetic Darts 2:00 Snack and Chat 2:30 Memory Streets Trivia 3:00 Saturday Matinee</p>
<p>23</p> <p>10:00 Gospel Hymns 12:00 Music & Meditation 12:15 Active Exercise 1:00 Picture This Discussion 2:00 Balloon Volleyball 2:30 Card Matching Game 3:00 Snack and Chat 3:30 Word Games</p>	<p>24</p> <p>9:00 Morning Activities 12:00 Meditation 12:30 Corn Hole 1:00 Short Story Corner 1:30 Ring Toss 2:00 Snack and Chat 2:30 Exercise</p>	<p>25</p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Move More 12:30 Parachute Games 1:00 Ray Newman Sings 2:00 Snack and Chat 3:00 Name 5 foods</p>	<p>26</p> <p>9:00 Morning Activities 12:00 Rockin to the Music 1:00 Music and Coloring 2:00 Snack and Chat 2:30 Finish the Phrase 3:00 Beach ball toss 3:30 Think More</p>	<p>27</p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Move More 12:30 Walking Club 1:00 Beach Ball Toss 2:00 Ice Cream Social 2:30 Ring Toss 3:00 Spa day</p>	<p>28</p> <p>9:00 Morning Activities 12:00 Music & Meditation 12:15 Scarf Dancing 12:30 Stretch time 2:00 Snack and Chat 2:30 Exercise 3:00 Bingo 3:30 Think More</p>	<p>29</p> <p>10:00 Morning Activities 12:00 Music & Meditation 12:15 Saturday Stretching 1:00 Balloon Volley 1:30 Magnetic Darts 2:00 Snack and Chat 2:30 Memory Streets Trivia 3:00 Saturday Matinee</p>
<p>30</p> <p>10:00 Morning Activities 10:00 Gospel Hymns 12:00 Music & Meditation 12:15 Active Exercise 1:00 Picture This Discussion 2:00 Balloon Volleyball 2:30 Card Matching Game 3:00 Snack and Chat</p>	<p>31</p> <p>9:00 Morning Activities 12:00 Meditation 12:30 Move More 1:00 Short Story Corner 1:30 Ring Toss 2:00 Snack and Chat 2:30 Exercise</p>		<p><u>Morning Activities</u> 1:1 Greetings and Chat Day and Weather Report Inspirational Reading Snacks and Hydration Stretching, Chair Exercises and Balloon Volley</p>		<p><u>KSV Activity Director</u> Heather Allen <u>Activities Assistants</u> Catherine Riddell Barbara Lewis Ann Marie Worthington Jessica Johnson</p>	