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 <h1>January 2022</h1> <p>The Hearth at Gardenside - Keepsake Village</p>				<p><u>LIVE MORE MANAGER</u> Robin Sellati</p> <p><u>LIVE MORE COORDINATORS</u> Ellie, Jackie, Mackenzie, Sharon, and Tulie</p> <p><u>CHAUFFEUR</u> Robert Hohman</p>		
<p><u>Snacks Served Every Day:</u></p> <p>Sunday, Monday, Tuesday, Wednesday, Thursday, and Saturday 2:00 pm and 7:00 pm</p> <p>Friday - 3:00 pm and 7 pm</p> <p>Activity Calendar is Subject to change</p>	<p>www.facebook.com/TheHearth/</p>  <p>LIKE US ON facebook</p>	<p><i>Live More</i></p>				<p>1 New Year's Day</p> <p>9:30-11:30 Morning Programs 1:00 Bumpy Balls 1:30 New Year's Day Word Puzzle 2:00 Snack and Lucy Episodes 3:00 Finishing the Lines 3:30 Bingo 5:30 Shopping List 6:00 Sit and Be Fit 6:30 Motion Pictures</p> 
<p>2</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Move & Groove Exercise 1:30 Toy Search Word Puzzle 2:00 Snack and Celtic Women 3:00 Art & Crafts 4:00 Addition Cards 5:30 Finishing the Lines 6:00 Beach Ball Toss 6:30 Disney - Invincible</p> 	<p>3</p> <p>9:30-11:30 Morning Programs 1:00 Bounce and Catch 1:30 Mind Joggers 2:00 Baking Cookies and Neil Diamond Concert 3:00 Person, Place, or Thing 3:30 Bingo 5:30 Conversation Cards 6:00 Music and Motion 6:30 Musical - Oliver</p> 	<p>4 Live Entertainment</p> <p>9:30-11:30 Morning Programs 1:00 Stretch Bands Exercise 1:30 Remembering Danny Kaye 2:00 Snack and Riverdance 2:00 Ralph DeLucia Performs 3:00 Think More Group/Art 5:30 Table Topics 6:00 Chair Exercises 6:30 The Silver Screen</p> 	<p>5 Happy Birthday Elizabeth</p> <p>9:30-11:30 Morning Programs 1:00 Hoop the Hoop Exercise 1:30 Twelfth Night Detective 2:00 Baking Cookies and Andre Rieu 3:00 Missing Letters 3:30 Bingo 5:30 Finishing the Lines 6:00 Beach Ball Toss 6:30 Western - True Grit</p>	<p>6</p> <p>9:30-11:30 Morning Programs 1:00 Priority One Chair Exercise 1:30 The Old General Store 2:00 Snack and Sarah Brightman 3:00 Think More Group/Art 5:30 Great Pairs Crossword 6:00 Hoop the Hoops Exercise 6:30 Movie Billboard</p> 	<p>7</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass/Eucharist) 1:00 Stars & Stripes Fitnessize 1:30 Sing Along with Susie Q 2:00 Scenic Van Ride: Branford 2:00 Missing Letters 3:00 Happy Hour and Dean Martin 4:00 Reminiscing Stories 5:30 January IQ 6:00 Exercise to the 60's 6:30 Movie Night</p> 	<p>8</p> <p>9:30-11:30 Morning Programs 1:00 Noodle Balloon Exercise 1:30 Remembering Slumber Parties 2:00 Snack and Elvis Presley 1977 CBS Concert 3:00 Conversation Cards 3:30 Bingo 5:30 Random Trivia 6:00 Paper Plate Exercise 6:30 The Silver Screen</p> 
<p>9</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Paper Plate Exercise 1:30 Can You Picture This? 2:00 Snack and Lucy Episodes 3:00 Bounce and Catch 3:30 Sing Along w/Susie Q 5:30 Missing Letters 6:00 Music and Motion 6:30 Disney - Soul</p> 	<p>10</p> <p>9:30-11:30 Morning Programs 1:00 Fly Swatter Exercises 1:30 January Trivia 2:00 Baking Cookies and Frank Sinatra 3:00 Mining for Words 3:30 Bingo 5:30 Shopping List 6:00 Chair Zumba 6:30 Musical - Hairspray</p> 	<p>11</p> <p>9:30-11:30 Morning Programs 1:00 Move 'n Groove Exercise 1:30 Winter Vacation 2:00 Snack & Lawrence Welk 3:00 Think More Group/Art 5:30 Sing Along with Susie Q 6:00 Paddle Toss 6:30 Tuesday Movie</p> 	<p>12</p> <p>9:30-11:30 Morning Programs 1:00 Stretch Bands Exercise 1:30 Sing along with Brad Ryan 2:00 Baking Cookies and Dean Martin 3:00 Addition Cards 3:30 Bingo 5:30 Random Trivia 6:00 Movin' to the 50's 6:30 Western - Blue Steel</p> 	<p>13 Happy Birthday Hugh</p> <p>9:30-11:30 Morning Programs 1:00 Hoop the Hoop Exercises 1:30 My Fancy Sled 2:00 Snack and Celtic Women 3:00 Think More Group/Art 5:30 Searching for Z Words 6:00 Music 'n Motion 6:30 Movie Magic</p> 	<p>14</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Music, Memories & Motion 1:30 Reminiscing Stories 2:00 Scenic Van Ride: Madison 2:00 Shake Loose a Memory 3:00 Happy Hour and Riverdance 4:00 Shopping List 5:30 Compound Words 6:00 Priority One Chair Exercise 6:30 Friday Flick Night</p> 	<p>15</p> <p>9:30-11:30 Morning Programs 1:00 Fly Swatter Exercises 1:30 Happy Endings Missing Vowels 2:00 Snack and Andre Rieu 3:00 Would You Ever 3:30 Bingo 5:30 Reminiscing Stories 6:00 Bounce and Catch 6:30 Saturday Movie Night</p> 
<p>16</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Bean Bag Toss 1:30 Winter Word Search 2:00 Snack and Riverdance 3:00 Arts & Crafts 4:00 Shopping List 5:30 Short Stories 6:00 Chair Zumba 6:30 Disney - Glory Road</p> 	<p>17 Martin Luther King Jr Day</p> <p>9:30-11:30 Morning Programs 1:00 Stretch Bands Exercise 1:30 Remembering MLK 2:00 Baking Cookies and Lucy 3:00 Balloon Toss 3:30 Bingo 5:30 Dream of Equality - MLK 6:00 Sit and Be Fit Exercise 6:30 Musical - State Fair</p> 	<p>18 Live Entertainment</p> <p>9:30-11:30 Morning Programs 1:00 Bounce and Catch 1:30 Choices in a Jar 2:00 Snack & Neil Diamond Concert 2:00 Jim Sheehan Performs 3:00 Think More Group/Art 5:30 Reminiscing Stories 6:00 Simple Stretches 6:30 Tuesday Cinematics</p>  	<p>19</p> <p>9:30-11:30 Morning Programs 1:00 Stars & Stripes Exercise 1:30 Over and Over Again 2:00 Baking Cookies and Tony Bennett 3:00 Spelling Bee 3:30 Bingo 5:30 Random Trivia 6:00 Bounce and Catch 6:30 Western - The Lucky Texan</p> 	<p>20</p> <p>9:30-11:30 Morning Programs 1:00 Chair Zumba 1:30 Sing Along with Susie Q 2:00 Snack and Frank Sinatra 3:00 Think More Group/Art 5:30 Can You Picture This? 6:00 Stretch Band Exercises 6:30 Featured Film</p> 	<p>21</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass/Eucharist) 1:00 Move 'n Groove Exercise 1:30 Everyday Trivia 2:00 People In My Life 2:00 Scenic Van Ride: Guilford 3:00 Snack and Lawrence Welk 4:00 This and That 5:30 Isaac Asimov 6:00 Chair Yoga 6:30 Motion Picture</p> 	<p>22</p> <p>9:30-11:30 Morning Programs 1:00 Hoop the Hoop Exercise 1:30 Surprise Birthday Detective 2:00 Snack and Dean Martin 3:00 Missing Letters 3:30 Sing Along w/Susie Q 5:30 This or That 6:00 Paper Plate Exercise 6:30 Movie Billboard</p> 
<p>23/30</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Bumpy Balls 1:30 Random Trivia 2:00 Snack & Lucy Episodes 3:00 Sing Along w/Susie Q 3:30 Pictionary 5:30 Shake Loose a Memory 6:00 Fly Swatter Exercises 6:30 Disney - Black Beauty</p> 	<p>24/31*</p> <p>9:30-11:30 Morning Programs 1:00 Music, Memories & Motion 1:30 Remembering Elvis Songs 1:30 Rhymes with Box* 2:00 Baking Cookies & Elvis 3:00 This and That 3:30 Bingo 5:30 Conversation Cards 6:00 Move & Groove Exercise 6:30 Musical - Wizard of Oz</p> 	<p>25</p> <p>9:30-11:30 Morning Programs 1:00 Chair Zumba 1:30 Sing Along w/Liz Mitchel 2:00 Snack & Tony Bennett 3:00 Think More Group/Art 5:30 Table Talk Tidbits 6:00 Balloon Toss 6:30 Feature Film</p> 	<p>26</p> <p>9:30-11:30 Morning Programs 1:00 Hoop the Hoop Exercises 1:30 Would You Ever? 2:00 Baking Cookies and 3 Tenors 3:00 Missing Letters 3:30 Bingo 5:30 Searching for Pasta 6:00 Chair Zumba 6:30 Western - Shane</p> 	<p>27</p> <p>9:30-11:30 Morning Programs 1:00 Balloon Toss 1:30 Shake Loose a Memory 2:00 Snack and Lawrence Welk 3:00 Think More Group/Art 5:30 Conversation Cards 6:00 Simple Stretches 6:30 Motion Picture</p> 	<p>28</p> <p>9:30-11:30 Morning Programs (10:00 Televised Mass) 1:00 Stretch Bands Exercise 1:30 It's All About Pie 2:00 Scenic Van Ride: Branford 2:00 Reminiscing Stories 3:00 Ice Cream Social and Frank Sinatra 4:00 Music Trivia 5:30 Pie Fixin' Word Scramble 6:00 Music, Memories & Motion 6:30 Cinema Night</p> 	<p>29</p> <p>9:30-11:30 Morning Programs 1:00 Stars & Stripes Fitnessize 1:30 Sing Along with Brad Ryan 2:00 Snack and Andre Rieu 3:00 Shopping List 3:30 Bingo 5:30 Conversation Cards 6:00 Noodle Balloon Exercise 6:30 Motion Picture</p> 