

Live More



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>JANUARY</h1> <h2>The Hearth at Gardenside Senior Living</h2>				<p>LIVE MORE DIRECTOR Linda Capaubo</p> <p>LIVE MORE COORDINATORS Catherine, Ellie, Jackie, Mackenzie, Sharon, and Tulie</p> <p>CHAUFFEUR Robert Hohman</p>		
					<p>SHOPPING DAY (MONDAY)</p> <p>10:00 A.M. DEPARTURE TO DOLLAR TREE, BIG Y & CVS</p> <p>2:00 P.M. DEPARTURE TO WALMART</p>	<p>1 NEW YEAR'S DAY</p> <p>9:45 Small Words in the Big Word - GR</p> <p>10:30 Music 'n Motion - GR</p> <p>11:15 Everyday Life Trivia - GR</p> <p>1:00 Wii Bowling - GR</p> <p>2:00 Who Wants to be a Millionaire on the White Board - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>
<p>2</p> <p>10:00 Televised Mass - (Channel 11) - GR</p> <p>10:45 FitXpress Yoga Stretch - GR</p> <p>11:15 Reverse Dictionary - GR</p> <p>1:00 Art Project with Catherine - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>3 SHOPPING DAY</p> <p>9:45 Alaska on YouTube - (Alaska Day - Anniversary of when Alaska became the 49th State in 1959) - GR</p> <p>10:15 Stars and Stripes Fitnessize - GR</p> <p>11:00 Animals A through Z - GR</p> <p>1:00 Indoor Walk - (Steps will be Counted) - Meet in the Game Room</p> <p>2:00 Coffee Break - GR</p> <p>2:15 Bingo - GR</p> <p>3:30 Mingle Monday Social - GR</p> <p>6:15 Movie - GR</p>	<p>4</p> <p>10:00 Utah on YouTube - (The Territory of Utah was Admitted into the Union as the 45th State on this Date in 1896) - GR</p> <p>10:15 Audio Book Club - (The Return) - 3rd Floor</p> <p>1:00 Balloon Volleyball - GR</p> <p>2:00 Ralph DeLucia Performs in the Main Dining Room</p> <p>3:15 High Stakes Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>5</p> <p>9:45 Rendever Virtual Reality - (Elvis Presley) - GR</p> <p>10:30 Music, Memories 'n Motion - GR</p> <p>11:00 Bird Cams from All Over the World on YouTube - (National Bird Day) plus Flock Categories - GR</p> <p>1:00 Wellness through the Ages with One Pound Weights - GR</p> <p>2:00 Van Ride to Milford Marketplace</p> <p>2:00 Chess - GR</p> <p>2:30 Small Words in the Big Word - GR</p> <p>3:00 Kings in the Corner - GR</p> <p>3:30 Social / 6:15 Movie - GR</p>	<p>6 EPIPHANY / KOHLS</p> <p>9:45 Church Services for Epiphany on YouTube - GR</p> <p>10:30 Balloon Volleyball - GR</p> <p>1:00 Linkee and Kwizniac - GR</p> <p>1:45 Wii Wheel of Fortune - (Premiered on this Date in 1975) - GR</p> <p>2:00 Scenic Ride to North Guilford</p> <p>2:30 Kings in the Corner - GR</p> <p>3:00 High Stakes Bingo - GR</p> <p>4:00 Wii Bowling - GR</p> <p>6:15 Movie - GR</p>	<p>7</p> <p>9:45 Hymns with Tulie - GR</p> <p>10:00 Televised Mass - (Channel 11) - GR</p> <p>10:45 Rocks Categories - GR</p> <p>1:00 Double Card Bingo - GR</p> <p>2:30 Farkle Dice Game - GR</p> <p>3:15 Kings in the Corner - GR</p> <p>3:30 Fantastic Friday Social - GR</p> <p>6:15 Movie - GR</p>	<p>8</p> <p>9:45 Familiar Faces Bingo - GR</p> <p>10:45 Move & Groove with Susie Q - GR</p> <p>1:00 Wii Bowling - GR</p> <p>2:00 Strengthen Your Brain - GR</p> <p>2:30 Elvis Presley on YouTube - (Born in Tupelo, Mississippi on this Date in 1935) - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>
<p>9</p> <p>10:00 Televised Mass - (Channel 11) - GR</p> <p>10:45 Whoga Chair Exercise - GR</p> <p>11:15 Alphabetics - GR</p> <p>1:00 Art Project with Catherine - GR</p> <p>3:00 Wintertime Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>10 SHOPPING DAY</p> <p>9:45 This and That Trivia - GR</p> <p>10:15 Simply Stretch - GR</p> <p>10:30 Cooking w/Tulie - 2nd Flr. Kitchen</p> <p>11:00 Ray Bolger on YouTube - (Ray Bolger Day - He was Born on this Date in 1904) - GR</p> <p>1:00 Indoor Walk - (Steps will be Counted) - Meet in the Game Room</p> <p>1:30 Rendever Virtual Reality - (History of Winter Sports) - GR</p> <p>2:15 Bingo and Hot Cocoa with Marshmallows - GR</p> <p>3:30 Mingle Monday Social - GR</p> <p>6:15 Movie - GR</p>	<p>11</p> <p>10:00 Sentimental Sing-along - (Serenades and Sweetheart Songs) - GR</p> <p>10:15 Audio Book Club - (The Return) - 3rd Floor</p> <p>1:00 Balloon Volleyball - GR</p> <p>2:15 Giant Crossword Puzzle - GR</p> <p>3:15 High Stakes Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>12</p> <p>9:45 Rendever Virtual Reality - (Under the Sea) - GR</p> <p>10:30 FitXpress Stars & Stripes - GR</p> <p>11:00 History of Tea on YouTube - Hot Tea Search-a-Word - (National Hot Tea Day) - GR</p> <p>1:00 FitXpress Easy Tai Chi - GR</p> <p>2:00 Van Ride to Dollar General in North Branford</p> <p>2:00 Wacky Wordies - GR</p> <p>3:00 Kings in the Corner - GR</p> <p>3:30 Wine Wednesday Social - GR</p> <p>6:15 Movie - GR</p>	<p>13</p> <p>9:45 Wellness through the Ages with One Pound Weights - GR</p> <p>10:30 Balloon Volleyball - GR</p> <p>1:00 ElderSong Bingo - GR</p> <p>2:00 Who Wants to be a Millionaire on the White Board - GR</p> <p>2:00 Scenic Ride along the Madison Shoreline</p> <p>2:30 Kings in the Corner - GR</p> <p>3:00 High Stakes Bingo - GR</p> <p>4:00 Wii Bowling - GR</p> <p>6:15 Movie - GR</p>	<p>14 DINING SERVICES MEETING</p> <p>9:45 Hymns with Tulie - GR</p> <p>10:00 Televised Mass - (Channel 11) and Eucharist with Sheila - GR</p> <p>10:45 Dining Services Meeting with Alberto - GR</p> <p>1:00 Zebra Bingo - GR</p> <p>2:30 Yahtzee Dice Game - GR</p> <p>3:15 Kings in the Corner - GR</p> <p>3:30 Fantastic Friday Social - GR</p> <p>6:15 Movie - GR</p>	<p>15</p> <p>9:45 Pokemo - GR</p> <p>10:45 FitXpress Yoga Stretch - GR</p> <p>1:00 Wii Bowling - GR</p> <p>2:00 Small Words in the Big Word - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>
<p>16 TU B'SHEVAT BEGINS AT SUNDOWN</p> <p>10:00 Televised Mass - (Channel 11) - GR</p> <p>10:45 Music 'n Motion - GR</p> <p>11:15 Corny Jokes Crossword - GR</p> <p>1:00 Art Project with Catherine - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>17 MARTIN LUTHER KING JR. DAY SHOPPING DAY</p> <p>9:45 Betty White on YouTube - (100th Birthday!) - GR</p> <p>10:15 FitXpress Music in Motion - GR</p> <p>11:00 "I Have a Dream" Speech - GR</p> <p>1:00 Indoor Walk - (Steps will be Counted) - Meet in the Game Room</p> <p>1:30 Rendever Virtual Reality - (Martin Luther King, Jr.) - GR</p> <p>2:00 Coffee Break - GR</p> <p>2:15 Bingo - GR</p> <p>3:30 Social / 6:15 Movie - GR</p>	<p>18</p> <p>10:00 America's Great Road Trips and Scenic Drives - (From Maine to Key West) - GR</p> <p>10:15 Audio Book Club - (The Return) - 3rd Floor</p> <p>1:00 Balloon Volleyball - GR</p> <p>2:00 Jim Sheehan Performs in the Main Dining Room</p> <p>3:15 High Stakes Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>19</p> <p>9:45 Rendever Virtual Reality - (Dolly Parton) - (Dolly Parton's 76th Birthday - Born in 1946) - GR</p> <p>10:30 Move & Groove with Susie Q - GR</p> <p>11:15 Alphabetics - GR</p> <p>1:00 Whoga Chair Exercise - GR</p> <p>2:00 Van Ride to Trader Joes and Julia's Bakery in Orange</p> <p>2:00 Chess - GR</p> <p>2:30 Small Words in the Big Word - GR</p> <p>3:00 Kings in the Corner - GR</p> <p>3:30 Wine Wednesday Social - GR</p> <p>6:15 Movie - GR</p>	<p>20</p> <p>9:45 Random Trivia - GR</p> <p>10:30 Balloon Volleyball - GR</p> <p>1:00 Linkee and Everybody Knows! - GR</p> <p>2:00 Keep Your Brain Young - GR</p> <p>2:00 Scenic Ride on Rt. 146</p> <p>2:30 Kings in the Corner - GR</p> <p>3:00 High Stakes Bingo - GR</p> <p>4:00 Wii Bowling - GR</p> <p>6:15 Movie - GR</p>	<p>21 RECREATION MEETING</p> <p>9:45 Hymns with Tulie - GR</p> <p>10:00 Televised Mass - (Channel 11) and Eucharist with Sheila - GR</p> <p>10:45 Recreation Meeting with Linda - GR</p> <p>1:00 Bingo - GR</p> <p>2:30 Checkers - GR</p> <p>2:30 Billiards with Linda - 3rd Floor</p> <p>3:15 Kings in the Corner - GR</p> <p>3:30 Fantastic Friday Social - GR</p> <p>6:15 Movie - GR</p>	<p>22</p> <p>9:45 Card Bingo - GR</p> <p>10:45 Stars and Stripes Fitnessize - GR</p> <p>1:00 Wii Bowling - GR</p> <p>2:00 Name that . . . ! Person, Place or Thing - GR</p> <p>2:30 This and That Trivia - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>
<p>23 30</p> <p>10:00 Televised Mass - (Channel 11) - GR</p> <p>10:45 FitXpress Chair Pilates - GR</p> <p>11:15 From A to Z Trivia - GR</p> <p>1:00 Art Project with Catherine - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>	<p>24 31 SHOPPING DAY</p> <p>9:45 Mixed-Up Gold Rush - GR</p> <p>10:15 Wellness through the Ages with One Pound Weights - GR</p> <p>11:00 Wii Wheel of Fortune - GR</p> <p>1:00 Indoor Walk - Meet in Game Room</p> <p>1:30 Rendever Virtual Reality - (South Africa) - GR</p> <p>2:15 Bingo and Hot Cocoa with Marshmallows - GR</p> <p>3:30 Monday Social / 6:15 Movie - GR</p>	<p>25</p> <p>10:00 The 1940's (DVD) - GR</p> <p>10:15 Audio Book Club - (The Return) - 3rd Floor</p> <p>1:00 Balloon Volleyball - GR</p> <p>2:15 Left Center Right Game - GR</p> <p>3:30 FOX Rehabilitation Presentation - GR</p> <p>6:15 Movie - GR</p>	<p>26</p> <p>9:45 Rendever Virtual Reality - (Australia) - GR</p> <p>10:30 Timeless Trivia (DVD) - (Stars, Stripes and Apple Pie) - GR</p> <p>1:00 Floor Bowling - GR</p> <p>2:00 Van Ride to Ocean State Job Lot in Clinton</p> <p>2:15 Giant Crossword Puzzle - GR</p> <p>3:00 Kings in the Corner - GR</p> <p>3:30 Wine Wednesday Social - GR</p> <p>6:15 Movie - GR</p>	<p>27</p> <p>9:45 Movement Made Simple - GR</p> <p>10:30 Balloon Volleyball - GR</p> <p>1:00 Kitchen Utensil Bingo - GR</p> <p>2:00 Scenic Ride along the West Haven Shoreline</p> <p>2:30 Kings in the Corner - GR</p> <p>3:00 High Stakes Bingo - GR</p> <p>4:00 Wii Bowling - GR</p> <p>6:15 Movie - GR</p>	<p>28</p> <p>9:45 Hymns with Tulie - GR</p> <p>10:00 Televised Mass - (Channel 11) and Eucharist with Sheila - GR</p> <p>10:45 The Eiffel Tower on YouTube - (Work Began at the site in 1887) - GR</p> <p>1:00 Bingo - GR</p> <p>2:30 Farkle Dice Game - GR</p> <p>3:15 Kings in the Corner - GR</p> <p>3:30 Fantastic Friday Social - GR</p> <p>6:15 Movie - GR</p>	<p>29</p> <p>9:45 Small Words in the Big Word - GR</p> <p>10:45 Music 'n Motion - GR</p> <p>11:15 Alphabetics - GR</p> <p>1:00 Wii Bowling - GR</p> <p>2:00 Table Topics - GR</p> <p>2:30 Think Fast - GR</p> <p>3:00 Bingo - GR</p> <p>6:15 Movie - GR</p>