



Methodist Homes of Alabama &
Northwest Florida
1520 Cooper Hill Road
Birmingham, AL 35210
(205) 951-2442

www.methodisthomes.org

Methodist Homes News

A Publication of Methodist Homes of Alabama & Northwest Florida

Methodist Homes Communities

Housing & Health Services

Fair Haven

Birmingham, AL (205) 956-4150

Wesley Place on Honeysuckle

Dothan, AL (334) 792-0921

Wesley Gardens

Montgomery, AL (334) 272-7917

Mathison Retirement Community

Panama City, FL (850) 215-4663

Wesley Haven Villa

Pensacola, FL (850) 434-1035

Haven Our Lady of Peace*

Pensacola, FL (850) 436-5900

Affordable Housing

(Section 8 / Tax Credit)

Wesley Acres & Wesley Acres II

Decatur, AL (256) 355-8281

Wesley Apartments

Anniston, AL (256) 237-4371

The Epworth House

Selma, AL (334) 875-6450

Wesley Glen

Decatur, AL (256) 355-8281

Wesley Park Apartments

Anniston, AL (256) 741-8666

Wesley Scott Place

Pensacola, FL (850) 437-1400

*Joint venture operated by Sacred Heart Health System / Ascension Health.

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[Facebook.com/FairHavenBirmingham](https://www.facebook.com/FairHavenBirmingham)

[Facebook.com/WesleyPlaceDothan](https://www.facebook.com/WesleyPlaceDothan)

[Facebook.com/WesleyHavenVilla](https://www.facebook.com/WesleyHavenVilla)

[Facebook.com/Wesley-Gardens-Retirement-Community](https://www.facebook.com/Wesley-Gardens-Retirement-Community)

[Facebook.com/MathisonPanamaCity](https://www.facebook.com/MathisonPanamaCity)

MONTGOMERY

Former TV Personality Joins Team

Wesley Gardens Welcomes New Marketing Director

The Wesley Gardens (Montgomery) family is very excited to welcome former local TV personality and influencer **Tonya Terry** to our team! Since leaving WSFA, Tonya Terry was a highly sought after individual and we are happy that she accepted our offer to become our new Director of Marketing. She made the statement, "My next move will be my best move!" She was absolutely right. We know our future residents and guests will love Tonya as much as our residents and associates already do.



DOTHAN

Senior Living Dining Gets A Big Boost



Dining just got a big boost at Wesley Place on Honeysuckle (Dothan). Meet Arkansas native **Karen McGill**, Registered Dietitian (RD), and Dothan local **Gregory Lynn**, Certified Dietary Manager (CDM). Together they bring 31 years of expertise in dining and nutrition to the table. Literally.

The dining duo is initially undertaking a focus on three things as they create a happy and healthy dining experience for all residents and guests at Wesley Place on Honeysuckle: Good ole' southern cooking, the Honeysuckle Shake, and nutrition education.

When it comes to southern cooking, Gregory has a lifetime of experience. "I grew up in this area and I kind of know some of the classics. We are going to

(continued on Page 2)

**Senior Living Dining Boost (continued from Page 1)**

focus on traditional southern food and present it with class," he said. "I will be conducting interviews with residents to discover more of what they want in our menu offerings."

Karen plans to meet with the staff homemakers and review the seasonal menus to get a pulse on the residents' and likes and dislikes. Resident council meetings with representatives of residents and family members from each Wesley Place household and neighborhood can provide additional input into the menu.

The second focus is the introduction of the Honeysuckle Shake. It is a special invention you'll only find at Wesley Place. Karen explains, "The Honeysuckle Shake is packed with lots of nutrients and calories. Many elderly people get to the point where they lose their sense of taste and smell, and some face weight loss issues because of that. Sugar takes on a higher value. The sugar is appealing, and then we get other nutrients in the shake."

At the core of most of the Honeysuckle Shakes is Carnation instant breakfast and Ensure, but they are customized for each resident according to their dietary

requirements and taste preferences. For residents with diabetes or diabetic tendencies, Glucerna makes a great shake base.

The third area of initial focus is a direct product of culture change -- that in honoring the choices and preferences of residents, it can happen occasionally that the choices and preferences of a resident may not line up with their actual dietary needs or medical recommendations. That sets up a counseling opportunity. Karen wants to ensure that residents are given all the information that will help them to make the best decisions about their health in the long run.

In addition to resident education, Gregory is developing a plan for educating household and neighborhood staff members concerning food safety, presentation, and service excellence.

Gregory has worked in food service for 17 years. Karen has been a Registered Dietitian since 2007 and has worked in the Long Term Care Area as a Consultant for 10 years. She holds a Master's of Science in Dietetics and is a Licensed Registered Dietitian/Nutritionist.

PENSACOLA

Wesley Haven Villa (Pensacola) was so blessed welcome our family members to join us for our Family Thanksgiving Dinner this year. It's a special event we missed being able to hold last year. Here are a few of our smiling faces!

**PANAMA CITY**

Residents at Mathison (Panama City) enjoyed a very special Honor Guard presentation on Veterans Day by service men and women from **Tyndall Air Force Base**. Thank you to all of our veterans.

**DECATUR**

Wesley Acres (Decatur) associates **Ronald Roberts** and **Robert Murphy** payed their respects to our service men and women by putting up a fresh new flag outside for Veterans Day.



DOTHAN

Fall Festival Extravaganza



Wesley Place on Honeysuckle (Dothan) residents had a blast playing games, visiting the fall “photo booth”, and more during our Fall Festival Extravaganza. Staff, residents, and family members attended the event and enjoyed fresh boiled peanuts from **Kindred at Home**, popcorn, hair painting by **Covenant Care**, and games such as fishing, ring toss, and bean bag toss. Earlier in the week, each household’s staff and residents decorated a pumpkin, and the one submitted by Assisted Living (pictured above) was voted the winner for Best Decorated Pumpkin. Also pictured above are **Joan Lamb** (top left), **Ella Moore** (middle) and associates **Suzy McDonald**, RN, **Dan March**, Executive Director (dressed as Johnny Cash – the man in black), and **Nicki Sims**, Household Leader.

MONTGOMERY

Yabba Dabba Doo!

Meet the Flintstones from Wesley Gardens (Montgomery)! Our big costume reveal for the popular Fall Festival was so much fun. Wesley Gardens is definitely the Yabba Dabba Place To Be! Many of the residents and staff dressed up for the day. It’s always a mystery which costumes our management team will wear, and we revealed them to everyone at lunchtime. See more on our Facebook page at facebook.com/Wesley-Gardens-Retirement-Community.



BIRMINGHAM

And the Winner Is...



One assisted living household at Fair Haven (Birmingham) featured a costume contest judged by professionals from **Motion Industries**. **Ted Taylor** was one among many winners! See more winning costumes on our facebook page.



Our heartfelt thanks to all
of our donors and friends.
***Gifts through
Dec. 8, 2021***

NORTH ALABAMA CONFERENCE

North Alabama Conference
Canterbury UMC *Birmingham*
Central UMC *Decatur*
Covenant Class - *Canterbury UMC*
Trinity UMC *Birmingham*
Vestavia Hills UMW *Vestavia Hills*

ALABAMA-WEST FLORIDA CONF.

Alabama-West Florida Conference
Alabama-West Florida Foundation
Barrett Road UMC *Selma*
Century UMC *Century*
Frazer Memorial UMC *Montgomery*
Hopewell UMC *Laurel Hill*
Marianna UMC *Marianna*
Morgans Chapel UMW *Foley*
Pollard UMC *Flomaton*
Stewart UMC *Moundville*
Texasville UMC *Clayton*

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Tribute Gifts IN HONOR OF

Rice Jacobs
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Robert L. McKee, III
By Frances Huber
Wesley Place on Honeysuckle Staff
By Steve & Terri Francis

Tribute Gifts IN MEMORY OF

Frances Agee
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James "Jim" Anders
By Barbara Anders
Merle Bare
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By Gail Fox
Peggy Francis
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& the Methodist Homes Board of
Trustees
By Jacque & Joe Schenk
A. Wray Tomlin
By Steve & Terri Francis

YEAR-END GIVING

Please make Methodist Homes a part of your year-end giving plan. Mail gifts to [Methodist Home for the Aging, 1520 Cooper Hill Rd, Birmingham, AL 35210](#). Or scan the QR CODE to give securely online. Thank you!



LEGACY GIVING

In addition to the valuable support of our donors to the *Fountain of Love*, and to other projects and programs at Methodist Homes, Legacy Giving is another way to make a significant difference. [Let your estate planner know how much you would like to give, and direct that the gift will be made to Methodist Home for the Aging, 1520 Cooper Hill Rd, Birmingham, AL 35210](#). For more info, call Sherri, Director of PR at 205-951-2442.



ANNUAL REPORT

Certainty In Uncertain Times

Christopher W. Tomlin, President & CEO

It has been an educational 22 months as Methodist Homes, along with other healthcare providers, has been learning about COVID-19 and all things associated with caring for older adults during a worldwide pandemic. But where we were once in a mode of learning to operate in spite of COVID-19, we are now learning how to operate in co-existence with COVID-19, possibly THE disease of our lifetime. This virus is likely to challenge us in one way or another for the foreseeable future. So as we now attempt to turn our thoughts toward some sense of normalcy that reflects the life we had known before the pandemic, our primary goals and objectives are simple:

#1 - Continue to stabilize our workforce in a COVID world, so that we can provide the best care possible for the older adults entrusted to us. We want to utilize industry best practices in the employment landscape to create a rewarding organizational work culture for attracting and retaining mission-minded people.

#2 - Execute strategic and tactical plans to grow and maintain occupancy for continued sustainability, as are all healthcare organizations. The Methodist Homes advantage is in a solid 60-year history and a Board of Trustees known

for an emphasis on financial stability.

#3 - Return to an organizational focus on the cultural work that we had undertaken to shift our care away from an institutional model toward the household and neighborhood model. The new culture we are building is dependent on the values of personal relationships, personal choice, and personal closeness, all of which came under threat by the early unknowns of the virus. However, now we can and are making adjustments that accomplish the same worthy goals.

As we look back over our last 60 years of history and care, we know without question that the last two years have been the most difficult in that entire period. Yet we remain optimistic and steadfast in our commitment to build upon the legacy that was envisioned by the Methodist Homes leaders who came before us. We intend to leave behind us an organization that is stronger and even more united in providing residential living, long-term care and affordable housing for older adults "where the touch of God's love is ever-present and ageless."

Fountain of Love Receipts Fiscal Year 2020-2021

Fair Haven \$50,564.24

Mathison \$1,395.00

Wesley Gardens \$53,388.10

Wesley Haven Villa \$15,505.38

Wesley Place on Honeysuckle \$44,720.58



Number of People Served & Total Assistance Provided

Fair Haven - 12 people - \$195,036.81

Wesley Gardens - 7 people - \$130,458.47

Wesley Haven Villa - 3 people - \$59,625.89

Wesley Place on Honeysuckle - 13 people - \$90,237.94

Gift Sources & Amount Given

Alabama-West Florida Conf. Apportionment \$57,118.06

North Alabama Conference Apportionment \$12,251.99

Churches \$36,774.39

Church Affiliates \$2,350.00

Other Sources (memorials, donations, etc.) \$57,078.86

Jewell D. Dennison FOL Endowment Fund \$171,105.25

TOTAL Fountain of Love Gifts FY 20-21: \$336,678.55

YES - I WANT TO HELP YOUR MINISTRY

\$ _____ General Contribution (undesignated)

\$ _____ Redefining Home (capital fund raising campaign)

For: Fair Haven (B'ham) / Wesley Place on Honeysuckle (Dothan)

\$ _____ The *Fountain of Love* (provides help to residents)

Designate for: Where most needed / Fair Haven (B'ham)

Wesley Gardens (Mtg) / Wesley Place on Honeysuckle (Dothan)

Mathison Center (PC, FL) / Wesley Haven Villa (Pns, FL)

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METHODIST HOMES

of Alabama & Northwest Florida

Methodist Home for the Aging Corp.
1520 Cooper Hill Road
Birmingham, AL 35210-2303
(205) 951-2442
www.methodisthomes.org

OUR MISSION

To enrich the lives of older adults and all those who serve them in faith-based communities, where life is celebrated, relationships are valued, teamwork is embraced, service excellence is expected, and the touch of God's love is ever-present and ageless.

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*Merry
Christmas
and Happy New Year*

Santa with Carolyn Ballard at Wesley Gardens.

From Your Friends at Methodist Homes