



Bridgeside (Taylorsville)

At Home

News and Tips for Residents of Cowboy
Properties Communities
January 15, 2021

Out With the Old

Although many of us have used our pandemic downtime to declutter, a new year is always a good time to evaluate and organize the things in our space as well as make room for gifts given to us over the holidays. Here are a few tips we like for helping you along:

- Use the six month rule. If you haven't used or worn it in six months, donate it.
- Use the three-box method. Everything you own goes into one of three boxes: keep, toss, donate.
- Pick one item in your house to give away each day. This would remove 365 items from your home over a year.
- Make a list of areas or items to be decluttered. [This list may help you get started](#). Split big jobs into smaller tasks, like sorting through your shoes one day and your shirts the next instead of your whole closet at once.
- If you have items that you are unsure about, put them in a box out of sight and go through it every few months. If you haven't thought about the item in those several months, donate or toss it.

Apartment Therapy is running a free [January Cure](#) program, promising to help reset your home in 20 simple yet effective daily assignments.

Looking for some additional inspiration? In addition to the popular [Tidying Up with Marie Kondo](#), [these shows](#) also discuss decluttering and living a minimalist lifestyle.

Quick Dinner Ideas

Looking for something new for dinner tonight? Try one of these simple (and kid friendly!) recipes to have a meal on the table quickly.

[Taco Casserole](#)

Crescent roll dough, ground beef, taco seasoning, salsa, cheese and your favorite toppings baked in a casserole dish.

[Ravioli Casserole](#)

Refrigerated or frozen ravioli helps this casserole come together quickly and reminds us of lasagna with less work.

[Turkey Sloppy Joes](#)

Turkey is a great healthy alternative to beef. Pair with vegetables, fries or a salad.

How Can We Help?

We know that many of you continue to struggle during these unprecedented times. Please come talk to us to find out how we can offer you assistance before we send you a legal notice. A wide variety of programs are available to help you ranging from rent assistance, food assistance and job assistance, and in addition to the links listed to the right we can help you apply for programs tailored to your needs. We appreciate that you have chosen to live in a Cowboy Properties community and want to know how we can help you continue to stay in our community.

Covid-19 Update

It was announced this week that Utahns age 70 or older will be eligible to get the Covid-19 vaccine beginning on Monday, Jan. 18. Visit coronavirus.utah.gov for information on how to contact your local health department and schedule your vaccination. The goal is to fully immunize all health care providers, long-term care facility staff and residents, first responders, public and tribal health frontline workers, K-12 teachers and school staff, and adults older than 70 [by the end of February](#).

The state published information on [potential side effects](#) from the vaccine.

Housing, Utilities, and Food Assistance

utahca.org/housing-case-management/ or call (801) 359-2444

211utah.org/ or call 211 residentrelieffoundation.org/our-programs/ or info@residentrelief.org rentrelief.utah.gov

Utah Department of Workforce Services Resources

jobs.utah.gov/covid19/
jobs.utah.gov/docs/hotjobs.html

Food Resources, and Mobile Food Pantry Dates and Locations

slc.gov/sustainability/food-covid/
utahfoodbank.org/programs/mobile-pantry/