

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2021

Country Manor Memory Care

				8:00 Breakfast <b>1</b> 9:00 All Dolled Up 10:00 Yoga Ball Time 12:00 Lunch ~ Helping Hands 1:00 Walk Outside and Frisbee Golf 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV <small>Canada Day</small>	8:00 Breakfast <b>2</b> 9:00 All Dolled Up 10:00 Live 2 B Healthy Back Building 10:30 craft 12:00 Lunch- Helping hands 1:00 4 <sup>th</sup> of July Bingo!! 3:00 Hydration Station Train 5:00 Dinner ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>National Superman Day</b> <b>3</b> 8:00 Breakfast ~ Helping Hands 10:00 Sing-along time 12:00 Lunch ~ Helping Hands 1:00 Superman Coloring Competition 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV
<b>Independence Day</b> <b>4</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Hymns 12:00 Lunch ~ Helping Hands 1:00 Laundry! 3:00 Red White Blue Bomb Pops, Yummy! 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV <small>Independence Day (US)</small>	<b>National Bikini Day</b> <b>5</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Back Building 10:30 Bikini Craft 12:00 Lunch ~ Helping Hands 1:00 Walk Outside and Water Gun Fun 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>6</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Yoga Ball Time 12:00 Lunch ~ Helping Hands 1:00 Walk Outside and gardening 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>7</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Front Building 10:30 Craft 12:00 Lunch ~ Helping Hands 1:00 Music and dancing 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>8</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Yoga Ball Time 12:00 Lunch ~ Helping Hands 1:00 Movie time 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>Collector Car Appreciation Day</b> <b>9</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Back Building/Classic car discussion 12:00 Lunch- Helping hands 1:00-3:00 Nail Care. 3:00 Hydration Station Train 5:00 Dinner ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>10</b> 8:00 Breakfast ~ Helping Hands 10:00 Sing-along time 12:00 Lunch ~ Helping Hands 1:00 Coloring 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV
<b>11</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Hymns 12:00 Lunch ~ Helping Hands 1:00 Laundry! 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>12</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Back Building 10:30 Craft 12:00 Lunch ~ Helping Hands 1:00 Walk Outside and Water Gun Fun 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>National French Fries Day</b> <b>13</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Yoga Ball Time 12:00 Lunch ~ Helping Hands 1:00 French Fries and Toppings! 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>14</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Front Building 10:30 Craft 12:00 Lunch ~ Helping Hands 1:00 Music and dancing 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>Gummy Worm Day</b> <b>15</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Yoga Ball Time 12:00 Lunch ~ Helping Hands 1:00 Walk Outside and Gummy Worm Treats 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>16</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Back Building 10:30 Craft 12:00 Lunch- Helping hands 1:00-3:00 Nail Care. 3:00 Hydration Station Train 5:00 Dinner ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>17</b> 8:00 Breakfast ~ Helping Hands 10:00 Sing-along time 12:00 Lunch ~ Helping Hands 1:00 Coloring 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV
<b>National Ice Cream Day</b> <b>18</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Back Building 10:30 Craft 12:00 Lunch ~ Helping Hands 1:00 Walk Outside and Water Gun Fun 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>19</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Back Building 10:30 Craft 12:00 Lunch ~ Helping Hands 1:00 Walk Outside and Water Gun Fun 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>National Lollipop Day</b> <b>20</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Yoga Ball Time 12:00 Lunch ~ Helping Hands 1:00 Walk Outside and gardening 3:00 Lollipops and Lemonade! 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>21</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Front Building 10:30 Craft 12:00 Lunch ~ Helping Hands 1:00 Music and dancing 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>22</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Yoga Ball Time 12:00 Lunch ~ Helping Hands 1:00 Movie time 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>Gorgeous Grandma Day</b> <b>23</b> 8:00 Breakfast 9:00 All Dolled Up Ladies Photoshoot 10:00 Live 2 B Healthy Back Building 12:00 Lunch- Helping hands 1:00-3:00 Nail Care. 3:00 Hydration Station Train 5:00 Dinner ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>24</b> 8:00 Breakfast ~ Helping Hands 10:00 Sing-along time 12:00 Lunch ~ Helping Hands 1:00 Coloring 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV
<b>25</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Hymns 12:00 Lunch ~ Helping Hands 1:00 Laundry! 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>26</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Back Building 10:30 Craft 12:00 Lunch ~ Helping Hands 1:00 Walk Outside and Water Gun Fun 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>27</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Yoga Ball Time 12:00 Lunch ~ Helping Hands 1:00 Walk Outside and gardening 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>28</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Front Building 10:30 Craft 12:00 Lunch ~ Helping Hands 1:00 Music and dancing 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>National Chili Dog Day</b> <b>29</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Yoga Ball Time 12:00 Chili Dog Lunch! 1:00 Walk Outside and Frisbee Golf 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>National Friendship Day</b> <b>30</b> 8:00 Breakfast 9:00 All Dolled Up 10:00 Live 2 B Healthy Back Building 10:30 Friendship building activity 12:00 Lunch- Helping hands 1:00-3:00 Nail Care. 3:00 Hydration Station Train 5:00 Dinner ~ Helping Hands 6:00-8:00 Quiet Time/TV	<b>31</b> 8:00 Breakfast ~ Helping Hands 10:00 Sing-along time 12:00 Lunch ~ Helping Hands 1:00 Coloring 3:00 Hydration Station Train 5:00 Supper ~ Helping Hands 6:00-8:00 Quiet Time/TV