



COMMUNITY COMMUNICATION

RESIDENT BIRTHDAYS

Phyllis S.	12/9
Roy H.	12/10
Fred H.	12/23

ASSOCIATE BIRTHDAYS

Ronnetta H.	12/5
Luz D.	12/13
Rahel M.	12/16
Cynthia M.	12/19
Ilva W.	12/19
Tina F.	12/20
Heartwill K.	12/21
Retha S.	12/23
Deborah C.	12/28
Dionna D.	12/29
Sheila C.	12/30
Lamond R.	12/30

ASSOCIATE ANNIVERSARIES

Kaitlyn D.	12/7/20
Lori A.	12/8/20
Willie D.	12/16/10
Peggy B.	12/17/13
Tamara H.	12/19/17

There is so much to be merry about this season so let me let you in on a few updates:

-We have a new Environmental Services Manager, Jon. He has years of experience and comes to us with a big smile and a can-do attitude. Welcome Jon to the Waltonwood Family.

-There will be a supprt group starting December 15th called “Living While Healing” for the residents of Waltonwood experiencing loss of cheer due to a variety of reasons. This group will be led by our very own, Karen, Life Enrichment Assistant! She has a passion for helping others in their time of need, and what better time to begin this needed support group than now.

-Last, but not least a BIG shout out to our very own Resident Care team member Dionna. She has been inquiring about Christmas preparations , and offered her services. Well, she has went above and beyond with making Main Street look like it belongs in a magazine. She has spent hours trying to wow the residents and her efforts have not gone unnoticed Thank you for caring about the residents and going above and beyond in your efforts!



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CARY PARKWAY CONNECT

DECEMBER 2021



750 SE Cary Parkway, Cary, NC 27511
www.waltonwood.com | 919-460-7330
Facebook: /WaltonwoodCaryParkway



DECEMBER: LET’S CELEBRATE THE SEASON

It’s beginning to look a lot like Christmas!

Everywhere you go, there are Christmas trees, ornaments, Santa Claus’, nativity scenes, gifts and more. It Is no different her at Waltonwood; stroll down Mainstreet and marvel at all of the beautiful décor achieved by residents and staff alike!

The Christmas cheer doesn’t stop there though because we have many joyous holiday themed activities soon to come. These activities include classics like caroling, gingerbread house making, hot cocoa tasting, pictures with Santa Clause, holiday bazaars and much, much more.

COMMUNITY MANAGEMENT

- Jeff Sylvester
Executive Director
- Tina Forsythe
Business Office Manager
- Jon Koppe
Environmental Services Manager
- Andy Fetzer
Culinary Services Manager
- Kaitlyn Duffy
MC Life Enrichment Manager
- Shantel Carr
AL Life Enrichment Manager
- Kathy Burroughs
IL Life Enrichment Manager
- Mercedes Atkins
Independent Living Manager
- Niya Hooks
Marketing Manager
- Nick Long
Marketing Manager
- Nadia Awah
Associate Executive Director
- Juanita McArtan
Resident Care Manager
- ReRe Artis
Special Care Coordinator



TRANSPORTATION INFORMATION

Assisted Living outings never have a dull moment. We have been to bakeries, fed goats on historic farmland, drank silly named specialty sodas, watched skateboarders do tricks, tasted vinegar/oil combinations, gawked over fashion, ate at a retro diner, indulged in icecream and shopped til we dropped (figuratively haha). And of course there is way more Christmas themed fun coming our way to include what you see below.

Upcoming planned trips:

- Bath and Body Works/ La Farm Bakery
- Bass Pro Shop/ Christmas Lights Bus Tour
- Gingerbread House Display/ Garden Supply Company
- Vintage Vogue/ Ashworth Icecream Soda Fountain



NOVEMBER HIGHLIGHTS

01

Historic Oakview
County Park-

Walking tour and fed
the goats

11

Veteran Pinning Ceremony-

Honored our Veterans with
Cadet presenting of colors
and patriotic music!



15

Downton Abbey Display-

Walked the halls of the NC
Museum of History
learning of antique attire.

18

Turkey Shoot
Thanksgiving Social-

Shot at the human turkey
and ate traditional
homeade pies!



DECEMBER SPECIAL EVENTS

08

Holiday Open House-

Come and see what
Waltonwood has to offer.

09

Holiday Bazaar-

So much talent under one
roof!

23

Jolly Jamboree-

The American Caroling Company
and Santa will grace us with their
presence!

31

NYE Party-

1920s themed party with
mocktails and live music!



FOREVER FIT

The Gift of Health

No matter the time of year the gift of health is always one that tends to be near the top of our list. It's also one of the few gifts that you and only you can give to yourself making it even more personal and special. The foods we eat, the exercise we get, the rest we take and the stress we manage all directly impact our health and wellness. During this holiday season as our days fill with parties and gatherings and our extra time seems to fade, be sure to take some time each day for yourself. Whether it's a daily walk, an afternoon exercise class or just a few quiet minutes reflecting on what we're thankful for, setting aside some "me time" this holiday season can be the best defense against that holiday burnout. From our family to yours wishing you a healthy, happy holiday season!

EXECUTIVE DIRECTOR CORNER

Happy December Everyone!

The Holiday season is upon us and I hope we all find time to enjoy the meanings of the season as well as accomplishing all of our year end goals. One of the main goals we have here at Waltonwood at Cary Parkway is to continue to keep us looking fresh and new. We have two large scale projects planned beginning this month that will do that! While I'd like to say it a year end goal, these goals will take us over into the new year.

First on the to do list is our landscaping make over. We will be trimming and pulling and shaping all throughout the winter to get our community ready to bloom in the spring. While I know that we will need to get a little dirty in the process, I believe the end result will make all of you happy and proud to call Waltonwood of Cary Parkway home!

The second large scale project will begin at the beginning of the new year and this will be the complete renovation of our common areas through out the property. This will be a large operation but we hope to be done before the weather turns for the better.

03 I thank you in advance for pardoning our dust!

-Jeff