



DECEMBER

- Paula Scott
December 2
- Carolyn Shipp
December 5
- Bonnie Slagle
December 12
- Maureen Dubuque
December 18
- Ann Roger
December 20
- Betty Miller
December 21
- Annie Sullivan
December 22
- Carole Foster
December 23
- Bill Phillips
December 30

CHEF’S COOKING DEMONSTRATIONS

01

Arepas – Venezuelan Style Corn Meal Sammies



15

Amuse Bouche- French for “it amuses the mouth.”enjoy bite-sized hors d’œuvre not ordered from the menu, they are served according to the chef’s selection.



COMMUNITY



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

ASHBURN
CONNECT

DECEMBER 2021



Redefining Retirement Living

SINGH

44141 Russell Branch Parkway Ashburn, VA
www.waltonwood.com | 571-918-4854
Facebook: /WaltonwoodAshburn



UPCOMING EVENTS

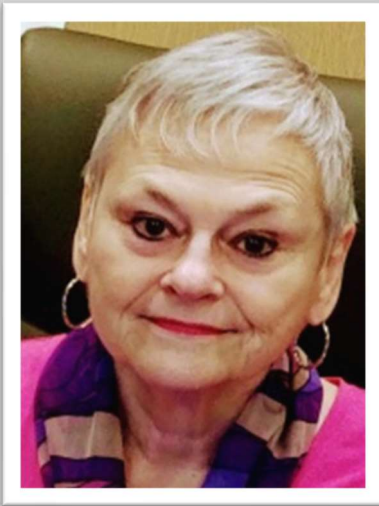
- 12/01- Loudoun County Bookmobile
- 12/02- Dredy Club
- 12/03- Lunch Bunch: Piedmont’s Lansdowne Resort (RSVP 12/01)
- 12/08- FREE Blood Pressure Checks
- 12/10- Shopping & Errands
- 12/15- Life Enrichment Committee Meeting
- 12/16- Staff Holiday Celebration
- 12/17- Sing-Along & Holiday Luncheon and Holiday Lights at Bull Run
- 12/20- Resident Association General Meeting
- 12/21- Catholic Rosary with St. Theresa Catholic Church
- 12/24- Live Entertainment with Gregory Stuart in Assisted Living
- 12/31- New Year’s Eve Movie

COMMUNITY
MANAGEMENT

- Christopher Leinauer
Executive Director
- Audrey Poore
Business Office Manager
- Eduardo Villasmil
Culinary Services Manager
- Dwayne Johnson
Environmental Services Manager
- Tiffany Ashton & Kathleen Kisiah
Marketing Managers
- Tracy Philemon
Independent Living Manager
- Robin Burke
Life Enrichment Manager
Independent Living
- Jocelyn Jackson
Life Enrichment Manager
Assisted Living
- Rachel Reed
Life Enrichment Manager
Memory Care
- Sharon Prior
Resident Care Manager
- Kesha Sampson
Wellness Coordinator
Assisted Living
- Megan Mastre
Wellness Coordinator
Memory Care

EMPLOYEE OF THE MONTH

Davina Plummer has been with Waltonwood since it opened in 2017. She has worked in healthcare for 6-8 years in administration and as a medical transcriber. Davina decided to work in healthcare because her mother was a nurse and she always admired her. She also enjoys helping people, working as a team and likes to feel like she contributes. Davina usually works the night shift at WW, and jokingly says her Native American name means “she who comes out at night.” Davina lived in Europe with her military husband and son. Among her favorite places were Sicily and the Azores. Davina holds a Bachelor Degree in Procurement and Contracts Management. She is also a Certified Federal Contracts Manager. Prior to working at WW, she helped take care of her mother and her grandchildren, then decided to return to the workforce to be give herself a purpose and be productive.



Davina Plummer
Conceirge

NOVEMBER HIGHLIGHTS



FOREVER FIT- The Gift of Health by Chris Grabowski, Senior Forever Fit Manager

No matter the time of year the gift of heath is always ones that tends to be near the top our list. It’s also one of the few gifts that you and only you can give to yourself making it even more personal and special. The foods we eat, the exercise we get, the rest we take and the stress we manage all directly impact our health and wellness. During this holiday season as our days fill with parties and gatherings and our extra time seems to fade, be sure to take some time each day for yourself. Whether it’s a daily walk, an afternoon exercise class or just a few quiet minutes reflecting on what we’re thankful for, setting aside some “me time” this holiday season can be the best defense against that holiday burnout. From our family to yours wishing you a healthy, happy holiday season!

TRANSPORTATION INFORMATION

Transportation to medical appointments is on Mondays & Wednesdays from 8:00am-3:00pm. Requests must be made 48 hours in advance using the “Transportation Request Form” located at the front desk.

Community Outings are on Tuesday for Assisted Living, Thursday for Memory Care & Friday for Independent Living. Please see the life enrichment schedule for specific locations and times.

Sunday Church Shuttle Pick up Times:

- 9:00am for the 9:30am service at Christian Fellowship Church
- 10:00am for 10:30am mass at St. Theresa Catholic Church
- 10:30am for 11:00am service at St. David’s Episcopal Church

If you have any transportation related questions, please call Elaa Elhaan at 703-853-8004.

DECEMBER SPECIAL EVENTS

03

Lunch Bunch: Piedmont’s
@ Lansdowne Resort. A fine dining restaurant overlooking the Greg Norman Golf Course and Potomac River.

06

The Art of Hanukkah
An overview of artworks related to the miracle of the oil and the re-dedication of the Holy Temple.



17

Bull Run’s Festival of Lights,
We will take the Waltonwood bus through 2.5 miles illuminated by holiday light displays! RSVP by 12/15.

25

Merry Christmas.
Wishing you a Merry Christmas and Happy New Year!



Events on the calendar are subject to change. Please check the activity screen, located on each floor, for the most up to date information.

EXECUTIVE DIRECTOR CORNER- Christopher Leinauer

The Holiday Season is upon us. The best part of the season is remembering those who make the holidays meaningful. I wish you all the love and happiness this season can bring, and may it follow you throughout the coming new year. Happy Holidays!