

# Pacifica Tidings



**PACIFICA**  
SENIOR LIVING

MENIFEE

Independent Living  
Assisted Living • Memory Care

November & December



## *A Note from the Executive Director*

I can't believe I'm sending out a letter for November and December, this year has gone by so fast. The good news is, we have some nice events coming up. Veterans Day is Nov. 11th, we will be grilling out and recognizing all Veterans. Thanksgiving is November 25 and hopefully we can do a buffet like in the old days, but only time will tell. Christmas and New Years will offer buffet style dining and hopefully families can attend, but again, we will have to wait and see. We are still seeing many cases of the Delta Variant in our area, and ask that you not visit if you are having any cold, flu, or Covid like symptoms. Resident safety is our number one priority, and we need everyone's help to keep it out of our Community.

As always stay safe, feedback is always welcomed.

Rance Leth

## *Who am I?*

We are here to help,  
answer questions,  
show you around,  
or just simply sit & Chat.

We will always give you a  
warm welcoming smile &  
hope you will join us for  
our Welcome Luncheon.

## *Welcome to Our Community*

Feel free to stop by and give them a

warm welcome

Sharon 3054

Bridget 2035

Ken 2066

Lee 3021

Helen 2065

Gail 3067

Vernon & Laura aka "Nan" 3079

William aka "Bill" 2075

Suzanne 3012

Rudolph aka Rudy 3037

Nancy 2028

Betty 2014

Welcome, we hope you will join us  
for our Welcome Luncheon

## Special Events & Memorable Moments



## Upcoming Events

All of November is Military Family Month & Warrior Care Month

Veterans Day November 11th

Thanksgiving Day November 25th

Christmas Eve & Christmas Day December 24th & 25th

New Years Eve December 31st

You're welcome to pick up a copy of our  
calendar of activities at front desk.

You can also find it posted on our Facebook page



## *Health & Fitness by*

Be a part of our daily activities

Health & Fitness programs

### Monday

Music & Movement

9:15AM

### Tuesday

Namaste Chair Yoga

9:15AM

### Wednesday

Weights, Balls & Bands

9:15AM

### Thursday

Tai Chi

9:15AM

### Friday

Chair Cardio

9:15AM

### Saturday

Morning Stroll w Steff

9:15AM

Exercise can help you live a longer, healthier life & is an important part of nearly everyone's everyday health.

## *Birthdays*

### November

Margaret C. 11/5  
Arlene W. 11/5  
Elsie D. 11/5  
Penelope J. 11/6  
Thomas M. 11/7  
Frances L. 11/12  
Karen B. 11/13  
Kenneth L. 11/14  
Arlene O. 11/16  
Sue J. 11/19  
Eithel K. 11/21  
Joe C. 11/23  
Patricia R. 11/23  
Marie H. 11/24  
Lois G. 11/24  
Dora L. 11/27  
Charles W. 11/28

### December

Jeff C. 12/1  
Erika M. 12/5  
Nan M. 12/6  
JoAnne S. 12/12  
Joyce M. 12/15  
Nancy M. 12/15  
Joyce L. 12/17  
Kathy C. 12/19  
Joyce P. 12/20  
Charmaine T. 12/24  
Jacquelyn H 12/24  
Bep V. 12/27  
Gordon P. 12/28  
Howard E. 12/28  
Julie H. 12/29

## *Spiritual Activities*

### Tuesday

Catholic Communion

with Lee

10:00AM

### Wednesday

Devotional

with Pastor Rex

10:00AM

### Friday

Rosary Group

with Bep

10:00AM

### Sunday

Bible Study Group

2:00PM

## *Who Am I?*

*(answer)*

If your guess was our Resident Ambassador's then you got it right!

Wesley H. 1003 North  
Jo Anne S. 1037 South  
Bonnie J. 2016 North  
Shirley J. 2017 North  
Bep V. 2018 North  
Dolly C. 2054 North  
Rosie B. 2057 North  
Suzanne P. 3004 North  
Will C. 3007 North  
Dora L. 3027 North  
Ronnie R. 3031 North  
Maggie B. 3033 North

Our Resident Ambassadors help with welcoming new residents to our community with open arms.

**Thanks to all of our Ambassadors for all you do!**

## *Management Team*

Rance Leth  
Executive Director

Leyla Navarro  
Sales Director

Nicole Nason  
Activity Director

Steve Gomez  
Maintenance Director

Rachelle Wheaton  
Residential Care Director

Vanessa Escalona  
Business Office Manager

Rayna Torres  
Memory Care Director



## *Our Mission*

*Privately owned, Pacifica Senior Living strives to create a lifestyle of independence and peace of mind for each individual and their family.*

*We do what we love and what we truly believe in – providing compassionate, personalized care services with dignity and respect.*

*Our dedicated, professional team supports each resident and goes above and beyond to help them feel at home.*



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*28333 Valley Boulevard  
Sun City, CA 92586  
951.679.8811  
License #331881073  
PacificaSeniorLivingMenifee.com*

*Welcome Home!*