

December 2021

Weekly Menu

Sunday	Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3	Saturday 4
			<p>Breakfast fresh fruit, Toast, Choice of cereal/ Oatmeal</p> <p>Lunch Ruben Sandwich, sweet potato, fries, cake</p> <p>Supper Tacos w/ lettuce, cheese, tomato salsa, refried beans, Jell-O</p>	<p>Breakfast Waffles, sausage fresh fruit, Toast, Choice of cereal/ Oatmeal</p> <p>Lunch Salisbury steak w/ mashed potatoes, gravy, peas, cookie</p> <p>Supper Sausage and Cheese Pizza, salad, Angle food cake, w/ topping</p>	<p>Breakfast Pancakes, bacon, fresh fruit, Toast, Choice of cereal/ Oatmeal</p> <p>Lunch Fish Sandwich, fries, coleslaw, chocolate muffin</p> <p>Supper Vegetable Soup, crackers, Jell-O with fruit</p>	<p>Breakfast French Toast, sausage, Fruit, Toast, Choice of Cereal/ Oatmeal</p> <p>Lunch Chicken and dumplings, biscuit, Pie</p> <p>Supper Cheeseburger w/ lettuce, tomato, pickle, onion, chips, cookie</p>

Alternates are always available- Grilled Cheese, Soup and Sandwich, Salad, Hotdog, Hamburger

December 2021

Weekly Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
<p>Breakfast</p> <p>Sausage gravy and biscuits, Fruit, Choice of cereal/ oatmeal</p> <p>Lunch</p> <p>Baked Chicken, three bean salad, rice, cake</p> <p>Supper</p> <p>Grilled Cheese, tomato soup, crackers, Jell-O</p>	<p>Breakfast</p> <p>Omelet, sausage, Fruit Choice of cereal/ oatmeal</p> <p>Lunch</p> <p>Spaghetti and meatballs, garlic bread, Salad, Pie</p> <p>Supper</p> <p>Salad, Potato Soup w/ crackers, cake</p>	<p>Breakfast</p> <p>Country Skillet, Fruit, Toast, Choice of cereal/ oatmeal</p> <p>Lunch</p> <p>Pot Roast w/ biscuits, Pumpkin Pie</p> <p>Supper</p> <p>Chili w/ cheese, corn bread, muffin</p>	<p>Breakfast</p> <p>French toast, bacon, Fruit, Toast, Choice of cereal/ oatmeal</p> <p>Lunch</p> <p>Chicken Alfredo, Salad, garlic bread, cookie</p> <p>Supper</p> <p>BLT, chips with salsa, Ice cream</p>	<p>Breakfast</p> <p>Fried eggs, Corn beef hash, Fruit, Toast, Choice of cereal/ oatmeal</p> <p>Lunch</p> <p>Beef and Noodles, mixed veggies, Roll, Ice cream</p> <p>Supper</p> <p>Italian sub, sour cream and onion chips, brownie</p>	<p>Breakfast</p> <p>Pancakes, Bacon, Fruit, Toast, Choice of cereal/ oatmeal</p> <p>Lunch</p> <p>Tuna Melt, cucumber salad, Jell-O</p> <p>Supper</p> <p>Pork chop, fried potatoes , green beans, Ice cream cookie sandwich</p>	<p>Breakfast</p> <p>Breakfast Sandwich, Fruit, Toast Choice of cereal/ oatmeal</p> <p>Lunch</p> <p>Fried Chicken, baked potato, corn, Brownie</p> <p>Supper</p> <p>Pizza, Salad, Jell-O</p>

Alternates are always available- Grilled Cheese, Soup and Sandwich, Salad, Hotdog, Hamburger

December 2021

Weekly Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
<p>Breakfast</p> <p>Egg Bake w/ Sausage, Fruit, Toast, Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>Scalloped Potatoes w/ ham, carrots, Pie</p> <p>Supper</p> <p>Chicken wraps, cottage cheese w/ peaches, muffin</p>	<p>Breakfast</p> <p>Fried Egg, Bacon, Fruit, Toast Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>Beef Stroganoff over noodles, corn bread, Pudding</p> <p>Supper</p> <p>Cheese Pizza, salad, cookie</p>	<p>Breakfast</p> <p>Omelet, Sausage, Fruit, Toast Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>Chop suey, rice, tapioca pudding</p> <p>Supper</p> <p>Split pea soup w/ ham and croutons, chef's choice</p>	<p>Breakfast</p> <p>Breakfast Sandwich, Fruit, Toast Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>BBQ Ribs, French fries, fruit</p> <p>Supper</p> <p>Chicken and rice soup, grilled cheese, cake</p>	<p>Breakfast</p> <p>Poached egg, bacon, Fruit, Toast Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>Cheeseburger, seasoned fries, muffin</p> <p>Supper</p> <p>Egg salad on a croissant, Fresh fruit, Ice cream</p>	<p>Breakfast</p> <p>Breakfast Pizza, Fruit, Toast, Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>Fish Pattie, rice, mixed Veggie, cheddar biscuits, Pie</p> <p>Supper</p> <p>Turkey sandwich, cream of potato soup, cookie</p>	<p>Breakfast</p> <p>Scrambled eggs, Sausage, Fruit, Toast Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>Meatball Sub, cucumber salad, fruit</p> <p>Supper</p> <p>Chicken salad w/ fruit, Ice cream</p>
<p>Alternates are always available- Grilled Cheese, Soup and Sandwich, Salad, Hotdog, Hamburger</p>						

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Weekly Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
<p>Breakfast</p> <p>Breakfast burrito, Fresh Fruit, Toast, Choice of Cereal/ Oatmeal</p> <p>Lunch</p> <p>Chicken Pot Pie, Chef's Choice</p> <p>Supper</p> <p>Pizza, three bean salad, fruit w/ cottage cheese</p>	<p>Breakfast</p> <p>Egg, Bacon, hash brown, Fresh Fruit, Choice of Cereal/ Oatmeal</p> <p>Lunch</p> <p>Salisbury steak, mashed potatoes w/ gravy, cookie bar</p> <p>Supper</p> <p>BLT, Chips, Lemon Meringue Pie</p>	<p>Breakfast</p> <p>Cream of wheat, Sausage, Fresh Fruit, Toast, Choice of Cereal/ Oatmeal</p> <p>Lunch</p> <p>Sweet and sour chicken, rice, dinner roll, Pecan pie</p> <p>Supper</p> <p>Veggie Pizza, salad, orange jello w/mandarin oranges</p>	<p>Breakfast</p> <p>Sausage biscuits and gravy, Fruit, Toast, Choice of Cereal/ Oatmeal</p> <p>Lunch</p> <p>Meatloaf, mashed potatoes w/ gravy, mixed veggies, Ice Cream</p> <p>Supper</p> <p>Italian sub, cucumber salad, fresh fruit</p>	<p>Breakfast</p> <p>Egg Bake, bacon, Fruit, Toast, Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>BBQ Ribs, Potato salad, Corn, Chef's Choice</p> <p>Supper</p> <p>Cesar salad, garlic bread, Apple Pie</p>	<p>Breakfast</p> <p>French Toast, Bacon, Fruit, Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>Shrimp fried rice, egg rolls, angel food cake</p> <p>Supper</p> <p>Egg Salad sandwich, fresh fruit, cherry pie</p>	<p>Breakfast</p> <p>Breakfast Sandwich, Fruit, Toast, Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>Ham, sweet potatoes, mashed potatoes and gravy, cranberry sauce, green bean casserole, pecan pie</p> <p>Supper</p> <p>Grilled cheese, tomato soup chef's choice</p>

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December 2021

Weekly Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	
<p>Breakfast</p> <p>Fruit, sausage Choice of Cereal/ Oatmeal, muffin/ toast</p> <p>Lunch</p> <p>Beef stew w/ biscuit, Fresh Fruit</p> <p>Supper</p> <p>Chicken Salad sandwich, Chips, Ice Cream Sandwich</p>	<p>Breakfast</p> <p>Breakfast Pizza, Fruit, Toast, Choice of Cereal/ Oatmeal</p> <p>Lunch</p> <p>Shepherd's pie, Salad, cookie bar</p> <p>Supper</p> <p>Fish sandwich w/ cheese and tartar sauce, mac salad, Pudding parfait</p>	<p>Breakfast</p> <p>Breakfast Burrito, Fruit, Toast, Choice of Cereal/ Oatmeal</p> <p>Lunch</p> <p>Baked Ravioli, Salad, Garlic bread, Fruit</p> <p>Supper</p> <p>Ham Salad sandwich, veggie soup, peaches</p>	<p>Breakfast</p> <p>fresh fruit, Toast, Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>Ruben Sandwich, sweet potato, fries, cake</p> <p>Supper</p> <p>Tacos w/ lettuce, cheese, tomato salsa, refried beans, Jell-O</p>	<p>Breakfast</p> <p>Egg Bake, Sausage, fresh fruit, Toast, Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>Roasted Turkey, mashed potatoes, gravy, corn, Pie</p> <p>Supper</p> <p>Egg Salad Sandwich, Chips, Ice Cream</p>	<p>Breakfast</p> <p>Fried Eggs, Bacon, fresh fruit, Toast, Choice of cereal/ Oatmeal</p> <p>Lunch</p> <p>Bratwurst w/ Sauerkraut, Potato Salad, Pie</p> <p>Supper</p> <p>Tuna Melts, Cucumber salad, cake</p>	

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