



Directory of Information



Leadership Team

Director:

Tanner Erwin
319.533.0397
director@garnettplace.net

Assistant Director:

Lindsey Graber
319.533.0441
assistantdirector@garnettplace.net

Health Care Coordinator:

Becca Kimm, RN
319.538.6862
nurse@garnettplace.net

Assistant Health Care Coordinator:

Andrea Mundell
319.206.4956
nurse2@garnettplace.net

Community Relations Coordinator:

Courtney Barksdale
319.533.5050
marketing@garnettplace.net

Life Enrichment Coordinator:

Daniel Sanford
319.929.6894
enrichlife@garnettplace.net

Memory Care Coordinator:

Tahlia Hauptly
memorycare@garnettplace.net

Culinary Coordinator:

Jeremy Curl
319.533.0409
kitchen@garnettplace.net

Maintenance Coordinator:

Jeff Steadman
319.929.6890
maintenance@garnettplace.net

Transportation Information:

319.540.3630

Please inform transportation at least 48 hours in advance of drive needs.

Appointment hours:
8:30 a.m. to 3:00 p.m.
Monday, Wednesday,
Thursday, Friday.

No transportation on Tuesdays

Tuesdays are reserved for activity.

Dining Room Hours of Operation:

Breakfast:

7:00 a.m. to 9:00 a.m.

Dinner (Lunch):

11:00 a.m. to 1:00 p.m.

Supper:

4:00 p.m. to 6:00 p.m.

Times will vary per dining room.
Please check with your server.

Guest meals are \$5 per person, per meal.
(No visitors at this time)

We ask that you notify us if a guest is eating with you 24 hours in advance.

Additional snacks and beverages available 24/7.

Community Programs

Games, Puzzles and Books

Feel free to borrow these items and take them back to your apartment. When done return to Daniel so he can sanitize them.

Live 2B Healthy

MWF

10:00 am

Live 2B Healthy is led by an exercise instructor in the 202 Activity Room. The class is always looking for more members to join!

Music Therapy

Wednesday, 2:15PM

This group requires registration, as therapy group sizes are small.

Contact Daniel at 316-929-6894 if you are interested in joining.

Garnett Gazette,
December 2021



Volume 21,
Issue 12

Happy Birthday!

December 4th

Erwin E.

December 9th

Mary H.

December 15th

Margaret R.

December 17th

Gene M.



Join the resident card game group and be a part of the weekly traditions with this group of ladies!



Professionally Managed by
Jaybird Senior Living



202 35th St. Dr. S.E.
Cedar Rapids, IA



319.362.3630
GarnettPlace.net

Community Reminders

December Highlights

November 28th-

December 6th

Hanukkah

December 3rd

Sweater Day

December 7th

Pearl Harbor Day of
Remembrance

December 15th

Cupcake Day

December 25th

Christmas

December 26th

Kwanzaa

December 28th

Call a Friend Day

Upcoming Meetings in the Community:

♦ Townhouse Council Meeting:
December 7th @ 9:30am

in 202 Front Lobby

♦ Resident Council Meeting:
December 28th @ 3:00pm

in 202 Front Lobby

♦ Resident Meeting:
December 29th @ 3:00pm
in 208 Lobby

Community Activities & Outings:

Many activities throughout the community have resumed and will be shown on the monthly activity calendars.

Keep a look out for the weekly activity hand outs for updates and changes to the activity schedule as the month unfolds!



Visit us at GarnettPlace.Net or
Facebook.com/GarnettPlace

Visiting Policy Update



New Visitation Guidelines

In response to successful vaccine distribution and falling numbers of COVID-19 cases, we have updated our visitation and resident outing guidelines to reflect recommendations provided by the Centers for Disease Control (CDC) and the Centers for Medicare and Medicaid Services (CMS).

- ♦ Visitors no longer need to schedule visits.
- ♦ Visits can happen at any time a resident desires visitors. Visits can take place within a residents' apartment regardless of vaccination status.
- ♦ The apartments are the only area you can visit unless you make reservations for areas such as a private dining room or parlor.
- ♦ All visitors are required to screen in as well as use good hand hygiene and wear masks in public areas. You will be asked to leave if you cannot comply with these two safety measures.
- ♦ Please do not come in to visit if you are feeling ill.

Please contact the community if you have any questions.



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Community News

Team Member Recognition

Happy Birthday

Cheyenne M.—December 13th

Andrea M.—December 14th

Kathy L.— December 22nd

Happy Work Anniversary

Steve V.—December 2nd

Theresa V.— December 28th

Pet Care

Winter weather brings new challenges for our dog owners.

Please be careful when going out.

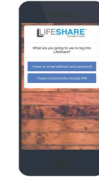

Look for slick spots, keep your emergency pendant on,
and wear a warm coat.


We put salt on the sidewalk, which can irritate paws.
Make sure to have them (or help them) wipe their feet when
they come in to reduce any issues.

Please make sure you are cleaning up after your pet.
We have doggie bags available at the front entrance and in
the courtyard.

LIFESHARE[™] FAMILY
powered by spectrio TECHNOLOGIES MOBILE APP

**How to Access Community Information
on the LifeShare Family Mobile App for**





1. Download the LifeShare Mobile App by searching "LifeShare Family" in the App Store. Click "Download" and then "Open" when the App has finished downloading.
2. Click the "I have a Community Access Pin" button.
3. Enter "0202" and click "Sign In."
4. Stay informed of the campus activities, menus, announcements, and pictures!

Garnett Place
202 35th Street Drive SE, Cedar Rapids, IA 52403
(319) 362-3630

Stay connected with
our activities and
events on the
LifeShare mobile
app!

Your Resident Council Representatives

We're here to represent you.

Elayne G. Carol S. Bernadean S.

Visit us at GarnettPlace.Net or
Facebook.com/GarnettPlace



Director Greeting

Welcome to December

Happy Holidays to all residents and families of Garnett Place! We are excited that this holiday season is hoped to be more normal than it was last year. We are excited that everyone is able to see family when able. With this being said, if you are going to be taking your loved one out of the community for the holidays, please let myself or Lindsey Graber know so we can communicate that information with the nursing and culinary staff.

We ask that when taking your loved ones home for the holidays, do so safely so we can continue to keep everyone else safe and healthy. We are continuing to work diligently to keep all of our residents and staff safe through our screening and testing throughout the community, especially with the emergence of the Omicron Variant of COVID-19.

Have a Happy Holiday!

Tanner Erwin,
Director



Welcome Home!

DeVota K.

Henry G.

Irma C.



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Maintenance Department

Hello Garnett Place!

My first month as the Maintenance Coordinator has been busy! You may have noticed several changes throughout the community. The interiors and exteriors of windows have been cleaned, as well as the screens. Please let me know if you notice any concerns with your windows before Winter sets in. On another note, there are many places where brighter lighting has been installed throughout the community in many common spaces. This has really brightened up the spaces so I hope everyone has been able to enjoy this lighting thus far.

New heating elements have been installed in the connecting hallway between 202 & 208 buildings. These will help keep the hallways warm during the cooler months ahead. Majority of the furnace filters have been changed and replaced throughout the community. This should help with the efficiency of the furnaces during the Winter. For those that utilize the lower level dining area, you will notice that the painting has been completed. This really brightened up the dining area and hope everyone enjoys this space to gather and enjoy meals.

A few future plans in place include continuing finish painting in all hallways and common spaces throughout the community. There will be more lighting in the hallways installed for safety during evening hours. Tree removal along the property line is in place so we can move forward with a privacy fence next to the apartment complex.

Thank you for all of the wonderful, and positive comments I have received since the beginning of my service to you this past month! May you all be blessed this Christmas season with your friends and families.



Jeff Steadman,
Maintenance Coordinator

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Coordinator Greetings

Hello Garnett Place, December has arrived! There will be a few new additions to the menus to enjoy. With the cooler weather setting in, there are soups offered on the menu. The salad bar has returned so please feel free to enjoy soup and salad as often as you please. If there are any soups you would like to be offered, please let me know! I hope everyone had a blessed Thanksgiving, it was great to see many smiling faces throughout the Holiday week.

My family and I went to Florida on vacation at the beginning of November. We drove in a 12-passenger van. We drove 12–13-hour days one way through seven states. We took the kids to two Disney parks and Sea World. We also went to the beach one day and to a spring where manatees migrate to. There were hundreds of manatees to see. Our kids enjoyed their time away from the cool weather! We got to see the space station launch at nighttime from outside the house we were staying in. It was difficult to come back to the cool weather, but I am glad to be home and enjoy seeing everyone during my week!



Jeremy Curl,
Culinary Coordinator

Happy December Everyone!

November has come to close, and it was a busy month for move-ins! Several new residents joined us both in the 202 and 208 buildings. I'm so glad I could bring a few new neighbors into our already incredible community. You can expect to see even more new faces in the coming weeks!

As we move into the last month of the year, we will be shifting our community and marketing focus to "Nostalgic Family Traditions". Expect to see lots of fun activities around this theme, and hopefully we'll get to create some new traditions together that will carry on for years to come. I know many of you may still be wondering about our television commercial. At this time, we have cancelled plans to do a reshoot. Instead, you will start to hear some new Garnett Place radio advertising on KHAK and KDAT. These are both very popular stations around the holidays, and we have some great messaging to go with it.

Well, that's all I have to wrap up 2021. Don't forget, you can still earn a \$1,500 discount on your rent if you help a friend make Garnett Place their new home. I want to give out lots of credits on January and February invoices, so please come see me if you know someone who would make a great addition to our family!

Courtney Barksdale,
Community Relations Coordinator



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Nursing Department Greetings

Welcome to December! I hope everyone had a great Thanksgiving and was able to enjoy their time with family as much as possible. My fiancé and I have been busy planning for our wedding next December. We are getting very anxious awaiting for our big day to arrive.... Just a year away! My favorite time of the year has come, the time where Christmas music is on the radio! I love Christmas music, it means Christmas is getting SO much closer! I enjoy hearing holiday traditions, so if there are any special traditions you would like to tell about, please find me!

With the Holiday season upon us, please be sure everyone is utilizing healthy measures to ensure everyone stays well during this busy and magical time of year. We strive and work our hardest to keep everyone healthy all of the time, so please be sure to do your part as well as you may be visiting from near or afar this holiday season. I hope everyone has a safe and warm December!

Becca Kimm,
Healthcare Coordinator



Happy December Garnett Place! What a crazy busy month behind us, we are so thrilled to have our community doors open to the public and visitors again. Thank you all for your patience and support during the past couple of months, we are ready to move forward with the final month of the year and ready for a new and healthy year ahead!

I am excited to travel to Jamaica over the week of Christmas later this month. I enjoy traveling and try to do so when I am able! Spending a part of the holiday season with family and while doing something I love and enjoy will be a great end to this cold month! I hope you all are able to enjoy the holiday season as well, spend time with your loved ones and have a Merry Christmas!

Andrea Mundell,
Assistant Healthcare Coordinator



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Facebook.com/GarnettPlace



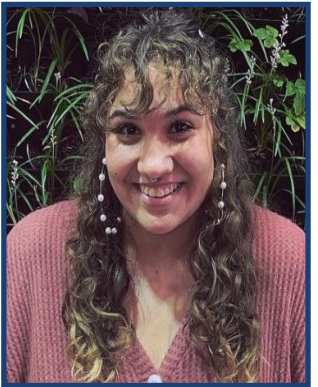
Activity Department Greetings

Happy December!

I am so excited to be able to spend the holidays here at Garnett Place! This month in Memory Care and Closer Care, we will be celebrating all month long-- and after the past couple of years for all of us, I'd say it's very much needed and well deserved!

I look forward to us sharing with one another our family traditions for this time of year, while also creating new ones together. We will be busy with constant crafts, decorating, music, recipes, movies, and so much more! I ensure you with every visit to our two floors this month, you'll be quick to find something new and festive as we celebrate the most magical time of the year!

Tahlia Hauptly,
Memory Care Coordinator



Greetings from the world of Garnett Place Activities! I have survived: Family Thanksgiving, Black Friday, and Cyber Monday. December first is my official day to start listening to Christmas music (though my wife starts in October). I look forward to a wonderful month with all of you as we navigate the Holidays, together.

On the family front, I still await the arrival of my first grandchild, on January 20th; and always look forward to times with my family in Cedar Rapids, Des Moines, and Bella Vista, Arkansas.

The Christmas season holds special meaning to me, also, because it's filled with the word "Emmanuel," which means "God with us." Several years ago, I was able to visit Jerusalem and the Church of the Holy Nativity; standing before the actual spot where it is believed that Jesus was born. It is no longer a stable filled with animals and hay, but an ornate cathedral. I will treasure that memory, always, but recognize that one doesn't have to travel thousands of miles to experience Emmanuel. For me, this year, Garnett Place will do just fine!

Have a Merry Christmas, one and all!

Daniel Sanford,
Life Enrichment Coordinator



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Well Done!

With gracious support from the community, Garnett Place donated 260.8lbs of food and personal care products to the Linn Community Food Bank!

Thank you to everyone that supported this event!



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Facebook.com/GarnettPlace



Activity Photos



Memory Care and Closer Care residents enjoyed a fun “Alice and Wonderland” themed party.

The residents worked hard on their handmade center pieces and décor!



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Activity Photos



Memory Care and Closer Care residents have been busy decorating and building with buttons and going on many FUN scenic drives!

Thank you to our Transportation Coordinator, Steve and Memory Care Coordinator, Tahlia for the fun trips on the bus!



Activity Photos



The Mini-Pie Drive Thru event was a huge success! Our memory care residents assisted with handing out mini pies to community members.

Thank you all for the great support!



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Salon Information

Holly has almost 10 years of experience as a stylist, and five years of experience serving the senior population. Holly will be at Garnett Place on Wednesdays and Thursdays for appointments.

Please see below for her contact information and updated pricing for services. If you do not immediately get ahold of Holly when you call, please leave her a voicemail and she will get back to you as soon as she is able to.

Holly Young: (319) 431-4814

Haircut & Wash - \$18

Shampoo & Set - \$25

Haircut, Shampoo & Set - \$35

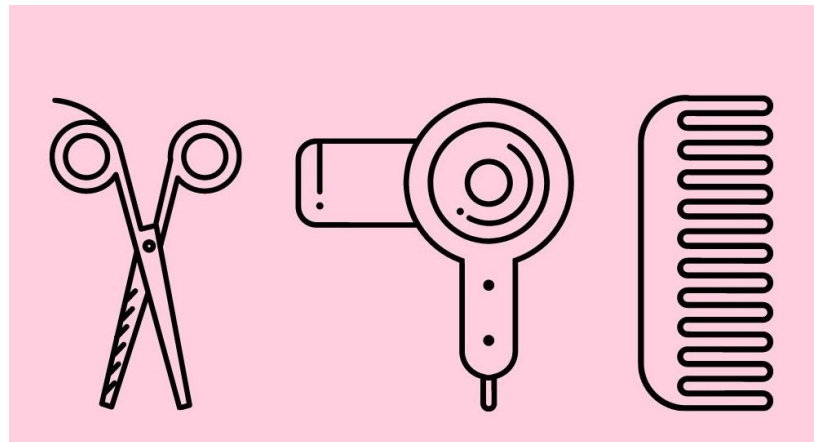
Perm - \$65

Color & Cut - \$45

Partial/Cap Highlight - \$40

Beard Trim - \$5

Facial Wax - \$10



Visit us at GarnettPlace.Net or
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HappyGram! Message



**Keep an eye out for an
announcement regarding
special holiday messages!**

Looking for a way to connect with your loved one at

Garnett Place during the Holiday season?

Why not send them a HappyGram! This program allows you to design a card, for free, on their website. You can include a specialized note and photo on the card as well!

HappyGram will send Garnett Place all of the cards the next day, we print them out and deliver them to your loved one!

All of the information filled out on the website is kept private and only used by HappyGram or Garnett Place. It's a simple way to keep your loved one in the loop during the magical season ahead!

Put a smile on your loved ones face today by visiting the website below!

HappyGram.org



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