

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
			1	2	3	4
			9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:00 ■ Shopping Trip-Sign up! 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Craft Corner - AL Activity Room 4:00 ■ Happy Hour Trivia- IL Pub	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 4:00 ■ Bingo-IL Pub 6:30 ■ Midweek Movie Night	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Group Games! 4:00 ■ Happy Hour-Independent Pub 6:30 ■ Trivia - IL Pub	9:00 ■ Daily Chronicles 10:00 ■ Yogalates 10:30 ■ Chair Strength-AL AR 2:00 ■ Creative Corner AL AR 3:00 ■ Puzzles AL AR 3:30 ■ Front patio chat 4:00 ■ Games with Friends Resident's Choice
5	6	7	8	9	10	11
9:00 ■ Walk the Building with Friends! 10:00 ■ Virtual Church of Your Choice! 2:00 ■ Bible Study in IL Library 3:00 ■ Enjoy a Good Book or a Game with Friends! 4:00 ■ Creative Coloring AL AR	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Craft Corner - AL Activity Room 3:00 ■ Bingo in AL Bistro 4:00 ■ Uno - AL Activity Room	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 4:00 ■ Travel Tuesday- Movie Theater 6:30 ■ Poker night-IL Game Room	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:00 ■ Shopping Trip-Sign up! 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Craft Corner - AL Activity Room 4:00 ■ Happy Hour Trivia- IL Pub	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 3:30 ■ Comedy in IL Pub 4:00 ■ Bingo-IL Pub 6:30 ■ Midweek Movie Night	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Group Games! 4:00 ■ Happy Hour-Independent Pub 6:30 ■ Trivia - IL Pub	10:00 ■ Yogalates 10:30 ■ Chair Strength-AL AR 2:00 ■ Creative Corner AL AR 3:00 ■ Puzzles AL AR 4:00 ■ Games with Friends Resident's Choice
12	13	14	15	16	17	18
9:00 ■ Walk the Building with Friends! 10:00 ■ Virtual Church of Your Choice! 2:00 ■ Bible Study in IL Library 3:00 ■ Enjoy a Good Book or a Game with Friends! 4:00 ■ Creative Coloring AL AR	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Craft Corner - AL Activity Room 3:00 ■ Bingo in AL Bistro 4:00 ■ Uno - AL Activity Room	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 4:00 ■ Travel Tuesday- Movie Theater 6:30 ■ Poker night-IL Game Room	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:00 ■ Shopping Trip-Sign up! 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Craft Corner - AL Activity Room 4:00 ■ Happy Hour Trivia- IL Pub	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 4:00 ■ Bingo-IL Pub 6:30 ■ Midweek Movie Night	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Group Games! 4:00 ■ Happy Hour-Independent Pub 6:30 ■ Trivia - IL Pub	10:00 ■ Yogalates 10:30 ■ Chair Strength-AL AR 2:00 ■ Creative Corner AL AR 3:00 ■ Puzzles AL AR 4:00 ■ Games with Friends Resident's Choice
19	20	21	22	23	24	25
9:00 ■ Walk the Building with Friends! 10:00 ■ Virtual Church of Your Choice! 2:00 ■ Bible Study in IL Library 3:00 ■ Enjoy a Good Book or a Game with Friends! 4:00 ■ Creative Coloring AL AR	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Craft Corner - AL Activity Room 3:00 ■ Bingo in AL Bistro 4:00 ■ Uno - AL Activity Room	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 4:00 ■ Travel Tuesday- Movie Theater 6:30 ■ Poker night-IL Game Room	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:00 ■ Shopping Trip-Sign up! 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Craft Corner - AL Activity Room 4:00 ■ Happy Hour Trivia- IL Pub	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 4:00 ■ Bingo-IL Pub 6:30 ■ Midweek Movie Night	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Group Games! 4:00 ■ Happy Hour-Independent Pub 6:30 ■ Trivia - IL Pub	Christmas 10:00 ■ Yogalates 10:30 ■ Chair Strength-AL AR 2:00 ■ Creative Corner AL AR 3:00 ■ Puzzles AL AR 4:00 ■ Games with Friends Resident's Choice
26	27	28	29	30	31	
9:00 ■ Walk the Building with Friends! 10:00 ■ Virtual Church of Your Choice! 2:00 ■ Bible Study in IL Library 3:00 ■ Enjoy a Good Book or a Game with Friends! 4:00 ■ Creative Coloring AL AR	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Craft Corner - AL Activity Room 3:00 ■ Bingo in AL Bistro 4:00 ■ Uno - AL Activity Room	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 4:00 ■ Travel Tuesday- Movie Theater 6:30 ■ Poker night-IL Game Room	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:00 ■ Shopping Trip-Sign up! 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Craft Corner - AL Activity Room 4:00 ■ Happy Hour Trivia- IL Pub	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 4:00 ■ Bingo-IL Pub 6:30 ■ Midweek Movie Night	9:00 ■ Daily Chronicles discuss at Breakfast 10:00 ■ Morning Yogalates-AL AR 10:30 ■ Seated Strength Exercise-AL AR 11:30 ■ Encouraging Word of the Day - AL DR 2:00 ■ Group Games! 4:00 ■ Happy Hour-Independent Pub 6:30 ■ Trivia - IL Pub	All calendars subject to change. Special events will be posted separately at all resident information areas.