

December 2021

SUNNYBROOK OF CARROLL

Service Times Noon
Meal 11:30-1:30 pm
Evening Meal 4:30-

SunnyBrook of Carroll
1214 E 18th St, Carroll, IA 51401.

December is National Eggnog Month: Celebrate the holidays with friends and a glass of eggnog! This festive beverage can help you get in the holiday spirits and help you meet your hydration needs as well!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<p>5</p> <p>ROAST BEEF MASHED POTATOES, BEEF GRAVY SEASONED PEAS, ROLL/MARG CREAM PIE</p> <p>CHEESE OMELET FRIED POTATOES, SAUSAGE APPLESAUCE</p>	<p>6</p> <p>SPAGHETTI/ MEATSAUCE RIVIERA VEGETABLES GARLIC TOAST, PUMPKIN BAR</p> <p>DELI SANDWICH POTATO CHIPS, PEARS CHEF'S CHOICE DESSERT</p>	<p>7</p> <p>GLAZED HAM BAKED POTATO/MARG SOUR CREAM, FRIED CABBAGE BREAD/MARG, PUMPKIN BLONDIE</p> <p>POT PIE OVER BISCUIT FRUIT CUP COOKIE</p>	<p>1</p> <p>MAPLE PORK LOIN SCALLOPED POTATOES VEGETABLES, BREAD/MARG PUMPKIN CRISP</p> <p>AUTUMN CHICKEN SALAD ROLL/MARG, FRUITED GELATIN</p>	<p>2</p> <p>MEATLOAF MACARONI AND CHEESE PARSLIED CARROTS CARAMEL APPLE BAR</p> <p>GLAZED HOT HAM & CHEESE FRENCH FRIES, MIXED FRUIT</p>	<p>3</p> <p>BAKED FISH RICE PILAF, BROCCOLI BREAD/MARG, FROSTED CAKE</p> <p>HOMEMADE CHILI CRACKERS, CINNAMON ROLL PEACHES</p>	<p>4</p> <p>COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY, VEGETABLES FRUIT CRISP</p> <p>TURKEY & SWISS CHEESE SANDWICH MARINATED CUCUMBERS APPLESAUCE</p>
<p>5</p> <p>ROAST BEEF MASHED POTATOES, BEEF GRAVY SEASONED PEAS, ROLL/MARG CREAM PIE</p> <p>CHEESE OMELET FRIED POTATOES, SAUSAGE APPLESAUCE</p>	<p>6</p> <p>SPAGHETTI/ MEATSAUCE RIVIERA VEGETABLES GARLIC TOAST, PUMPKIN BAR</p> <p>DELI SANDWICH POTATO CHIPS, PEARS CHEF'S CHOICE DESSERT</p>	<p>7</p> <p>GLAZED HAM BAKED POTATO/MARG SOUR CREAM, FRIED CABBAGE BREAD/MARG, PUMPKIN BLONDIE</p> <p>POT PIE OVER BISCUIT FRUIT CUP COOKIE</p>	<p>8</p> <p>ROTISSERIE CHICKEN BROCCOLI, STUFFING, SPICE CAKE W/ BROWN BUTTER FROSTING</p> <p>RASPBERRY MEATBALLS STEAMED RICE, COUNTRY TRIO VEGS, PEACHES</p>	<p>9</p> <p>CHEESEBURGER ON BUN ASSORTED CONDIMENTS POTATO WEDGES PUDDING W/ TOPPING</p> <p>HAM AND BEAN SOUP, CRACKERS CORNBREAD, MIXED FRUIT</p>	<p>10</p> <p>SEASONED TILAPIA MIXED VEGETABLE PARSLEY POTATOES LEMON BAR</p> <p>PULLED PORK/BUN BAKED BEANS, POTATO CHIPS PEARS</p>	<p>11</p> <p>FRIED CHICKEN MASHED POTATOES, GRAVY, GLAZED CARROTS, BREAD/MARG, ICE CREAM</p> <p>TACO SALAD CORNBREAD RICE KRISPIE SQUARE</p>
<p>12</p> <p>ROAST TURKEY CRANBERRY SAUCE, STUFFING, BROCCOLI PUMPKIN PIE</p> <p>MAID-RITE ON BUN, FRENCH FRIES TOSSED GREENS W/ DRSG COOKIE</p>	<p>13</p> <p>BAKED PORK CHOP PARSLIED POTATOES, VEGETABLES BREAD/MARG CREAM PIE</p> <p>CHICKEN NOODLE SOUP ½ DELI SANDWICES, PEARS</p>	<p>14</p> <p>COUNTRY FRIED STEAK MASHED POTATOES, COUNTRY GRAVY, GLAZED CARROTS CHOCOLATE CHIP BARS</p> <p>SCRAMBLED EGG WITH HAM & CHEESE, FRIED POTATOES DONUT</p>	<p>15</p> <p>CHICKEN LO MEIN GREEN BEANS W/ SOY, EGG ROLL SHERBET CUP</p> <p>TATER TOT CASEROLE BREAD/MARG MANDARIN ORANGES</p>	<p>16</p> <p>HERBED PORK LOIN ROASTED POTATOES/CARROTS/ONIONS BREAD/MARG, CHERRY CRISP</p> <p>Wisconsin Cheese Soup HERED CHEESESTICKS, MIXED FRUIT NO BAKE PEANUT BUTTER BAR</p>	<p>17</p> <p>BREADED COD CHEESY MASHED POTATOES CAULIFLOWER FROSTED CAKE</p> <p>GRILLED CHICKEN SALAD ROLL/ MARG FRUITED GELATIN</p>	<p>18</p> <p>POLISH SAUSAGE ON BUN POTATO SALAD TAPIOCA PUDDING W/ TOPPING</p> <p>MAC & CHEESE TOSSED GREENS W/ DRSG BREAD/MARG PEACHES</p>
<p>19</p> <p>ROAST PORK MASHED POTATOES, GRAVY VEGETABLE, ROLL/MARG PIE</p> <p>BISCUIT SAUSAGE GRAVY MIXED FRIUT, HONEY BUN</p>	<p>20</p> <p>GOULASH RIVIERA VEGETABLES GARLIC TOAST CHOCOLATE PUDDING</p> <p>VEGETABLE SOUP, CRACKERS MIXED FRUIT CHEF'S CHOICE DESSERT</p>	<p>21</p> <p>HERB BAKED CHICKEN AU GRATIN POTATOES GREEN BEANS, BREAD/MARG FROSTED CAKE</p> <p>BEEF STROGANOFF PEAS, BREAD/MARG, PEACHES</p>	<p>22</p> <p>ROAST BEEF ONION ROASTED POTATOES BROCCOLI CARAMEL APPLE CRISP</p> <p>CREAM OF TOMATO SOUP GRILLED CHEESE SANDWICH CREAM PIE</p>	<p>23</p> <p>HALL BALLS HASHBROWN CASSEROLE, CORN ICE CREAM OF THE MONTH</p> <p>SLOPPY JOE ON BUN FRENCH FRIES, BAKED BEANS CHERRY BARS</p>	<p>24</p> <p>LASAGNA CAULIFLOWER, GARLIC TOAST CHEESECAKE BROWNIE</p> <p>EGG SALAD SANDWICHES TOSSED GREENS W/ DRSG CINNAMON BAKED APPLES</p>	<p>25</p> <p>TANGY GLAZED HAM SCALLOPED POTATOES CREAMED PEAS, BREAD/MARG CHOCOLATE PEANUT BUTTER CAKE</p> <p>CHICKEN POT PIE FRUIT CUP, COOKIE</p>
<p>26</p> <p>SALISBURY STEAK MASHED POTATOES COUNTRY TRIO VEGS, BREAD/MARG CAKE</p> <p>CREAMED CHIPPED BEEF OVER BISUIT, CORN COOKIE</p>	<p>27</p> <p>CHICKEN CORDON BLEU GREEN BEAN, GARLIC TOAST PUDDING W/ TOPPING</p> <p>PIZZA TOSSED GREENS W/ DRSG BREADSTICK, FRUIT</p>	<p>28</p> <p>SWISS STEAK W/ TOMATOES MASHED POTATOES CORN / FRESH BAKED BREAD DESSERT</p> <p>BLT CREAMY CUCUMBER SALAD MANDARIN ORANGE GELATIN</p>	<p>29</p> <p>SHRIMP TENDERS BOILED POTATOES, BROCCOLI BREAD / MARG FRUITED GELATIN</p> <p>BEEF TIPS OVER NOODLES CREAMED CORN PEARS</p>	<p>30</p> <p>SWEET & SOUR CHICKEN STEAMED RICE PEARS</p> <p>BREADED PORK TENDERLOIN / BUN LETTUCE/TOMATO POTATO WEDGES, FRUIT CUP</p>	<p>31</p> 	