



THE SPRINGS  
OF LIMA

*A Trilogy Senior Living Community*

News

December 2021

## Celebrating the Holidays

'Tis the season! With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. Here are a few ways you and your loved ones can celebrate the season of giving together!



**Create a holiday book.** Ask your loved one to bring in pictures of past holiday celebrations so that you can create a festive scrapbook together.

**Light up the room.** Talk to your loved one about bringing decorations and ornaments with them the next time that they visit so that you can transform your suite into the North Pole!

**Make holiday cards together.** Sending cards to family members can bring an extra loving touch to the holidays of those that you both care about.

**Play Santa Claus.** Assist your loved one in coming up with gift ideas you for family members! Whether you're shopping online or browsing through a magazine, they'll appreciate that you're there to help. They might even come up with some gift ideas for you!

**Trim a tree.** Join your loved one in the fun of decorating the campus Christmas Trees!

**Sing carols.** Buddy the Elf said it best – "The best way to spread Christmas cheer is singing loud

for all to hear." Ask your loved one to bring lyric sheets over the next time that they visit so that you can both sing along to some of your favorite Christmas carols. It's a great way to celebrate, and a great way to create lasting memories!

**Plan a festive movie night.** Whether it's *How the Grinch Stole Christmas* or *It's a Wonderful Life*, Christmas movies have the power of making the holidays even more enchanting than they already are. Ask your loved one to bring a flick over that you'll both enjoy.

# Happy Birthday!

## Residents

Jewell M. 12/16

Joyce R. 12/16

Louise I. 12/26

## Staff

Megan S. 12/12

Alexis R. 12/19

Ebony G. 12/20

Lashelle M. 12/31

## Artisan Program

The Legacy Lane residents put their creativity to work making coasters using sharpies, ceramic tiles, and rubbing alcohol.



*Jean B. and John F. work on their coaster projects.*

## Departmental Discussions

Welcome to December!

This time last year at our campus, we were getting ready for the all the joy that 2021 would bring. News that a life-saving vaccine was just around the corner meant that better times were ahead, and that the next year would see us brought back together in ways that we only could have hoped for in the early days on the pandemic. After all that we've experienced together in the past 12 months, we are happy to report that this was absolutely the case.

Whether we were telling stories by makeshift bonfires, celebrating Oktoberfest with some of the best German

cuisines, or simply enjoying the comfort of having a loved one in the dining room with us, 2021 has been an incredible blessing for those of us who know and love the Trilogy lifestyle. Even so, it hasn't been without its hardships – and we know that we couldn't have done it without your love, patience, and support throughout this time. Thank you for always entrusting us with your care.

Have a wonderful holiday and a Happy New Year!

Yours in Service,

*Leslie H. Jenkins, CTRS*

Life Enrichment Director

## LIVE A DREAM

Tony F. mentioned in passing one day that he would like to see the Oakridge Boys in concert someday. So, when Donna P., LEA, heard that the Oakridge Boys were coming to Lima she quickly told her Life Enrichment Director about the concert and that she would be willing to accompany him. Needless to say, they both attended the concert and had a great time. They went out to eat afterwards and both are still talking about what a wonderful concert it was and how they had a fun time.



*Tony F. and Donna ready to head out for their concert.*



*Tony F. and Donna enjoying dinner after The Oakridge Boys Concert.*



# Theme Dinner: Oktoberfest

October was our last Theme Dinner of the year. The theme was Oktoberfest and residents spent the week learning about and enjoying a week filled with Oktoberfest fun!! We made fresh noodles. We went on virtual tours of the tourists attractions of Germany. We made yummy apple strudel and soft pretzels. We learned tried our hand at German paper cutting called Scherenschnitte. The residents had fun and we finished off the week with a lovely German inspired meal made by our own Dietary Team. Looking forward to our next Theme Dinner in February of 2022.



*Leslie, Ada B., and Barb during the Oktoberfest Theme Dinner.*



*Alice C. and Barb pose for the camera during theme dinner.*



*Barb and Marilyn W. flash a smile for the camera during theme dinner.*



*Dorothy D. tries on the pretzel glasses.*



*Laura and Jone enjoy the Oktoberfest Theme Dinner*



*Leslie, Laura, Lois W., Donna, and Barb*

## Smile of the Month

Marlene L. tries on the witches' hat we were using to make a Halloween Wreath and gave the group a big laugh.



*Marlene L. gives the crafting group a giggle.*

## Did You Know...?

If you are interested in volunteering opportunities at The Springs of Lima please contact Leslie Jenkins LED at 419-221-6051.

That your family member can sign up for The Lima Public Library and have books delivered to the facility every month? Contact Leslie Jenkins, LED for details.





# THE SPRINGS OF LIMA

*A Trilogy Senior Living Community*

370 N. Eastown Rd

Lima, OH 45807

419-221-6051

springsoflima.com | [Twitter](#) [Facebook](#)

TBD

*Executive Director*

*Nicole Garee*

*Director of Health Services*

*Michael Hessling*

*Assistant Director of Health Services*

*Alexis Rapp*

*Customer Service Representative*

TBD

*Customer Service Specialist*

*Alexis Rayl*

*Business Office Manager*

*Leslie Jenkins*

*Life Enrichment Director*

TBD

*Director of Social Services*

*Tony Teman*

*Director of Plant Operations*

*Justin Daley*

*Director of Food Services*

*Terri Williamson*

*Environmental Services Supervisor*

*Heidi Von Stein*

*MDS Coordinator*

## Stay in the Loop [Twitter](#) [Facebook](#)

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# Monthly Trivia & Activity Corner

*Cut, color, and make a card to give!*

*All trivia answers will be printed in  
our upcoming month's newsletter!*

**Question 1:** Who sang "I'm  
Dreaming of a White Christmas"?

**Question 2:** How many reindeer  
in total help pull Santa's sleigh?

**Question 3:** What country does  
eggnog originate from?

**Question 4:** What is another  
name for a Christmas tree?

**Question 5:** Over 360 million  
glasses of \_\_\_\_ are consumed  
across the world on New Years Eve.

*Flip the page for last month's  
trivia answers:*

*Q1: The first US harvest feast of  
Thanksgiving occurred where? Plymouth  
Q2: How many sides do snowflakes have? 6  
Q3: Where were the 1952 Winter Olympics  
held? Oslo  
Q4: What is a group of robbers called? A pod  
Q5: What does the color white represent on  
the American flag? Purity and innocence*



## Word Search

K	O	Z	T	N	S	E	O	K	S	X	J	O	B	M	C	Q	T	L
V	T	J	D	Y	M	Z	Z	H	W	W	D	M	P	C	A	I	M	P
Z	I	F	W	F	S	D	G	R	I	N	C	H	T	D	R	P	F	P
B	D	Q	L	S	X	S	V	W	M	L	R	Y	B	O	O	K	C	N
Z	B	Z	X	D	V	P	W	L	C	M	P	H	S	U	L	O	O	M
T	X	G	C	C	X	Q	V	A	V	O	V	G	I	B	S	S	E	W
B	H	K	J	O	X	Z	E	R	U	V	U	E	N	N	A	W	K	J
G	B	O	C	N	R	Z	B	G	Q	I	M	T	G	E	M	N	Y	J
I	R	E	L	D	O	O	J	K	U	E	Y	I	S	F	E	C	C	Z
L	C	H	R	I	S	T	M	A	S	V	D	Y	T	Z	B	Y	M	Z
A	A	D	Y	F	D	S	Z	W	Z	I	W	Y	S	T	B	S	X	P
F	R	I	U	C	K	A	N	L	H	P	U	V	N	R	E	P	R	H
Q	D	M	Q	A	F	B	Y	L	K	W	T	A	O	A	G	N	Z	Q
X	S	P	T	V	E	W	Q	X	C	H	D	J	W	D	X	Y	S	X
M	X	N	Y	J	S	Q	B	B	G	H	U	Q	F	I	S	M	Z	G
U	A	L	T	C	T	J	I	I	K	T	Y	F	L	T	R	L	E	I
S	X	K	H	F	I	R	L	P	R	X	R	U	A	I	D	T	K	G
B	X	E	O	J	V	I	O	K	I	M	R	E	K	O	D	C	J	K
K	C	U	N	L	E	I	O	C	T	D	C	P	E	N	E	R	A	D

BOOK  
CARDS  
CAROLS  
CHRISTMAS

FESTIVE  
GRINCH  
HOLIDAY  
LIGHT

MITTENS  
MOVIE  
SANTA  
SEASON

SING  
SNOWFLAKE  
TRADITION  
TREE