



Celebrating the Holidays

'Tis the season! With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. Here are a few ways you and your loved ones can celebrate the season of giving together!

Create a holiday book. Ask your loved one to bring in pictures of past holiday celebrations so that you can create a festive scrapbook together.

Light up the room. Talk to your loved one about bringing decorations and ornaments with them the next time that they visit so that you can transform your suite into the North Pole!

Make holiday cards together.

Sending cards to family members can bring an extra loving touch to the holidays of those that you both care about.



Play Santa Claus. Assist your loved one in coming up with gift ideas you for family members! Whether you're shopping online or browsing through a magazine, they'll appreciate that you're there to help. They might even come up with some gift ideas for you!

Trim a tree. Join your loved one in the fun of decorating the campus Christmas Trees!

Sing carols. Buddy the Elf said it best – "The best way to spread Christmas cheer is singing loud for all to hear." Ask your loved one to bring lyric sheets over the next time that they visit so that you can both sing along to some of your favorite Christmas carols. It's a great way to celebrate, and a great way to create lasting memories!

Plan a festive movie night.

Whether it's How the Grinch Stole Christmas or It's a Wonderful Life, Christmas movies have the power of making the holidays even more enchanting than they already are. Ask your loved one to bring a flick over that you'll both enjoy.

Happy Birthday!

Residents

Robert B.	December 05
Marie T.	December 07
Esther C.	December 20
Gregory W.	December 24
Lloyd S.	December 30
Staff	
Jennifer F.	December 06
Dachia S.	December 07
David B.	December 14
Kassidy B.	December 17
Gina J.	December 21
Mary P.	December 23
Wendy B.	December 29

Photo Highlights

Executive Director Corner

Welcome to December!

This time last year at our campus, we were getting ready for the all the joy that 2021 would bring. News that a life-saving vaccine was just around the corner meant that better times were ahead, and that the next year would see us brought back together in ways that we only could have hoped for in the early days on the pandemic. After all that we've experienced together in the past 12 months, I'm happy to report that this was absolutely the case.

Whether we were telling stories by makeshift bonfires, celebrating Oktoberfest with some of the best German cuisines, or simply enjoying the comfort of having a loved one in the dining room with us, 2021 has been an incredible blessing for those of us who know and love the Trilogy lifestyle. Even so, it hasn't been without its hardships – and we know that we couldn't have done it without your love, patience, and support throughout this time. Thank you for always entrusting us with your care.

Have a wonderful holiday and a Happy New Year!

Yours in Service, \mathcal{O}

Andrew Kamplain Executive Director



Bingo Prizes

More Photo Highlights



The Fellows!!



Look At Bob!!!



HEALTH CAMPUS A Trilogy Senior Living Community

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> > Andrew Kamplain Executive Director

Kassidy Byers Health Services Director

Korbin Williams Assistant of Health Services

Julie Robbins Customer Service Representative

> David Bolin Legacy Lane Coordinator

Sarah Bogan Business Office Manager Holly Chittenden Director of Environm<u>ental Services</u>

> DiAnna Ligon Director of Food Services

Stay in the Loop 🕑 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Who sang "I'm Dreaming of a White Christmas"?

Question 2: *How many reindeer in total help pull Santa's sleigh?*

Question 3: *What country does* eggnog originate from?

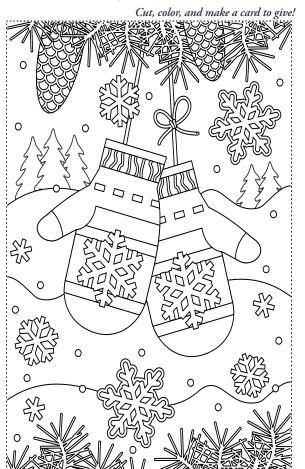
Question 4: What is another name for a Christmas tree?

Question 5: Over 360 million glasses of _____ are consumed across the world on New Years Eve.

Flip the page for last month's trivia answers:

held? Oslo Q4: What is a group of rubales called? A pod Q5: What does the color rubite represent on the American flag? Purity and innocence

QL: The first US harvest least of Manufactured where? Plymouth Q2: How many sides do snowflakes have? 6 Q2: Where were the 122 Winter Olyneics Q3: Whete were the 122 Winter Olyneics





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BOOK FESTIVE							MITTENS					SING						
CARDS GRINCH							MOVIE					SNOWFLAKE						
CAROLS HOLIDAY							SANTA					TRADITION						
CHRISTMAS LIGHT							SEASON					TREE						