



960 Boone Road SE  
Salem, OR 97306

Stamp



#### Administrative Team:

Executive Director: Jessica Penland  
Business Office Director: Shelly Kesterson  
Community Relations Director: Brandon Moglia  
Wellness Dir.: Mark N./ Megan M./Nicole O.  
Wellness Coordinator: Dawn J. / Alora M.  
Wellness Nurse: Diana Armouch  
Dining Services Director: Antonios Salama  
Maintenance Director: George Curtis  
Life Enrichment Director: Amanda Bell

Our mission is to create and sustain comfortable, caring environments for those who depend on us.

#### Connect:

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# Farmington Square Salem News

December 2021 Newsletter



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3 Team & Resident Spotlight  
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6 Highlights, Notes, In Our Words  
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## Cold Weather Safety & Wellness Tips

We've all heard—and many agree, it's "the most wonderful time of the year!" With the changing weather in mind, here are a few ways to keep as safe and merry as possible!

### Dress for Warmth

Stay toasty throughout winter with appropriate clothing for your surroundings. Outdoors, if it's very cold, be sure to wear warm socks, gloves, a heavy coat, a scarf, and a hat or ear muffs, and make sure exposed skin is covered. Indoors, if cold, dress in layers and keep feet covered. One's body temperature should never dip below 95 degrees.

### Avoid Falling

In the winter, falls may occur due to slips on icy sidewalks and roads or wet indoor spaces. Avoid injury by wearing shoes with good traction and non-skid soles. Stay inside when at all possible, and wait to walk on sidewalks until you know that they have been treated for ice. It is also smart to have a walking buddy or two if you do head outdoors. If you have been outside and are returning to an indoor space, take off your shoes to avoid slipping due to wet soles.

### Ward off Wintertime Blues

In the winter, there are fewer opportunities for people to get regular exercise and sunshine. There are also some stressors that come along with the holidays. These changes in routine may lead to feelings of loneliness, isolation, and sadness. Help fight off the winter blues by getting regular



exercise, participating in social activities, and eating a varied diet of Vitamin D fortified foods.

### Avoid Fire Hazards & Carbon Monoxide Poisoning

It's lovely to enjoy the warmth of the fireplace or a scented candle in winter, but be prepared to avoid fire dangers. Heaters, fireplaces, stoves, candles, and holiday decorations can pose fire risks. Avoid possible fires and carbon monoxide poisoning by following fire safety rules, abiding by device manufacturer instructions, and making sure all alarms are functional. Also, practice routine fireplace maintenance, make sure electrical sockets are operating properly, and keep holiday decorations neat and in good repair. There's no shame in reaching out to a friend or loved one for help tending to these tasks.

We wish everyone a safe, warm, and fun-filled winter season this year! Let us know if you've found this information helpful in the comments section when we post our newsletter on the 1st!

## Special Moments



## Happy Birthday!



Raymond W: Dec. 2

James H: Dec. 4

William B: Dec. 7

Bernadette B: Dec. 8

Donald G: Dec. 11

Mary F: Dec. 14

Doris S: Dec. 20

Eveleth H: Dec. 21

David L: Dec. 28

Jeannine D: Dec. 30

Fred O: Dec. 30

Those born in December are Sagittarius (Nov. 22-Dec 21) or Capricorn (Dec. 22-Jan. 19). Their birthstone is Turquoise, zircon, or tanzanite. Their birth flower is Narcissus or Holly. Narcissus symbolizes rebirth and respect.



# December 2021 Highlights

December observes human rights, handwashing awareness, older driver's safety awareness, spiritual literacy, learning languages, and food service safety! December celebrates writing to friends, being neighborly, root vegetables, pears, bingo, tropical fruits, eggnog, and art and architecture!

- |  |   |
|--|---|
| 01 Red Apple Day; Pie Day; Rosa Park Day     | 17 Syrup Day; Ugly Holiday Sweater Day                |
| 02 Mutt Day; Special Ed. Day; Fritter Day    | 18 Twin Day; Roast Suckling Pig Day                   |
| 03 Persons w/ Disabilities Day; Faux Fir Day | 19 Oatmeal Muffin Day; Hard Candy Day                 |
| 04 Team Appreciation Day; Sock Day           | 20 Sangria Day  |
| 05 Sacher Torte Day; Intl. Volunteers' Day   | 21 Winter Begins; Crossword Puzzle Day                |
| 06 Gazpacho Day; Microwave Day               | 22 Date Nut Bread Day; Forefathers' Day               |
| 07 Remember Pearl Harbor Day; Illinois Day   | 23 Pfeffernusse Cookies Day                           |
| 08 Be a Time Traveler Day; Brownie Day       | 24 Christmas Eve; Eggnog Day                          |
| 09 Pastry Day; Christmas Card Day            | 25 Christmas Day; Pumpkin Pie Day                     |
| 10 Chanukah Begins; Nobel Prize Day          | 26 Kwanzaa Begins; Candy Cane Day; Thank You Note Day |
| 11 Noodle Ring Day; App Day; Indiana Day     | 27 Fruitcake Day                                      |
| 12 Gingerbread House Day; Ambrosia Day       | 28 Chocolate Day; Cards Day; Short Film Day           |
| 13 Cocoa Day; Violin Day; Horse Day          | 29 Pepper Pot Day                                     |
| 14 Alabama Day; Monkey Day                   | 30 Bacon Day  |
| 15 Cupcake Day; Wear Pearls Day; Tea Day     | 31 New Year's Eve; Champagne Day                      |
| 16 Chocolate Covered Anything Day            |   |

## Regarding Covid-19:

Resident and staff safety and comfort remains our number one priority. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. All activities are subject to cancellation per those current guidelines. To read our measures taken, and our current visitor policy, please visit our website.

## Winter Begins December 21st!

**Our residents and staff shared what they love most about the season!**

**"The Christmas Spirit!" - Amanda**

**"Skiing in homeland of Austria" - Stefany**

**"Christmas Movies - "Home Alone" - Gloria**

**"Reuniting wih Family " - Blanca**

**"Winter Sports - Snow Boarding " - Dawn**

**"Falling Snow" - Jessica**

**" Christmas " - Greg & Vicki**



## Staff Spotlight: Miguel E.

We at Farmington Square are happy to shine a light on Miguel! Miguel has been a caregiver in our Memory Care Cottage for just a few months now, but he has truly made a huge difference in the residents' lives. They even ask for him by name when he is not here! Miguel shared that he loves each resident and works hard to make sure that they are well taken care of, the same way he would take care of his own parents or grandparents! We are grateful to have such a compassionate and dedicated team member and hope he knows how much we appreciate him!



## Resident Spotlight: Mary M.


We want to shine a light on our sweet resident Mary! Mary has been part of our Farmington Square family for almost a year now and she is a true delight to be around! Mary was born in Oklahoma, had 5 children and owned a medical staffing business with her husband, which she says she loved. She also enjoys visiting with others, singing karaoke, balloon bat, and baking group! Mary is always letting us know how much she loves and appreciates us and we are so honored to be able to give her the care she deserves!



# DECEMBER 2021 Activities 910-920

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Happy Birthday</b>  Ray W. 12/2      James H. 12/4 Bill B. 12/7      Bernadette B. 12/8 Donald G. 12/11      Mary F. 12/14 Doris S. 12/20      Eveleth H. 12/21 David L. 12/28      Fred O. 12/30 Jeannine D. 12/30	<b>Take-Out/Lunch Delivery</b>  12/7      Winco Chicken      12pm 12/14      Los Arcos      12pm 12/21      Nancy Jo's      12pm 11/30      Donatello's      12pm	<b>Shopping/ Delivery</b>  12/1      Walmart      10-12pm 12/8      Dollar Tree      10-12pm 12/15      Fred Meyer      10-12pm 12/22      Winco Food      10-12pm 12/29      Safeway      10-12pm	<b>1 Rosa Park Day!</b>  9:30      Exercise IN2L 10:00      History of Rosa Parks 10:30      Common Sayings IN2L 11:30 <b>Dominoes</b> 2:00  in 920 3:00 <b>Ladies Tea Time</b> 4:00 <b>Skip-Bo</b> 4:30      Free Rice Game IN2L	<b>2</b>  9:30      Conductorcise 10:00      Today in History 10:30      Piggy Bankers IN2L 11:00      Which Came First? 11:30 <b>Scrabble / Puzzles</b> 2:00      Colorful Creations 3:00      Snacktivity-Saltbox TV IN2L 4:30      I Love Lucy IN2L	<b>3</b>  9:30      Chair Dancing IN2L 10:00 <b>Scenic Drive</b> 11:30 <b>Colorful Creations!</b> 2:00 <b>Family Feud IN2I</b> 3:30      Balloon Burst 4:00 <b>Jokes &amp; Laughter</b> 4:30      Rock and Roll Juke Box	<b>4</b>  9:30      Sit and be Fit IN2L 10:00 <b>Good News IN2L</b> 11:30 <b>Family Feud IN2L</b> 2:00  in 910 3:00 <b>Colorful Creations</b> 4:00 <b>Skip-Bo</b> 4:30      Ted Talks-IN2L 6:00 <b>Salt Box TV IN2L</b>
<b>5</b>  9:30      Light & Lively Exercise 10:00 <b>Scenic Drive</b> 11:30      Bible Story Trivia 1:30 <b>Arm Chair Travel</b> 2:00 <b>Church Sermon IN2L</b> 3:00 <b>Happy Neuron IN2L</b> 4:30      Hymnals 6:00 <b>Sunday @ The Memories IN2L</b>	<b>6</b>  9:30      Chair Dancing 10:00 <b>Good News IN2L</b> 10:30      Balloon Burst 11:30 <b>Manicures &amp; Massages</b> 1:30      Family Feud 2:30 <b>Monday Movie Matinee</b> 4:00      Wii Bowling 920 4:30      1920's Juke Box	<b>7</b>  9:30      Sit & be Fit IN2L 10:00 <b>Book Club</b> 10:30      Today in History 11:00 <b>Price is Right IN2L</b> 11:30      Word Search 2:00 <b>Colorful Creations</b> 3:30      Skip - Bo 4:30      Jokes & Laughter	<b>8</b>  9:30      Sit and be Fit IN2L 10:00 <b>Good News IN2L</b> 10:30 <b>Price is Right IN2L</b> 11:30 <b>Scrabble / Puzzles</b> 2:00  in 920 3:00 <b>Ladies Tea Time</b> 4:30 <b>Brain Teasers IN2L</b> 6:00 <b>Salt Box TV IN2L</b>	<b>9 Christmas Card Day!</b>  9:30      Conductorcise 10:00      Today in History 10:30      Balloon Burst 11:00      Sports Trivia IN2L 11:30 <b>Puzzles</b> 2:00 <b>Christmas Card Craft</b> 3:00      Snacktivity- Saltbox TV IN2L 4:30      Leave It To Beaver IN2L	<b>10 Chanukah Begins</b>  9:30      Chair Dancing IN2L 10:00 <b>Scenic Drive</b> 11:30 <b>History of Chanukah</b> 1:30      Uno/Cards 2:00 <b>Brain Teasers IN2L</b> 3:30      Afternoon Stroll 4:00 <b>Jokes &amp; Laughter</b> 4:30      Oldies Juke Box	<b>11</b>  9:30      Sit and be Fit IN2L 10:00 <b>Good News IN2L</b> 11:30 <b>Family Feud IN2L</b> 2:00  in 910 3:00 <b>Colorful Creations</b> 4:00 <b>Skip-Bo</b> 4:30      Ted Talks-IN2L 6:00 <b>Salt Box TV IN2L</b>
<b>12 Gingerbread House Day!</b>  9:30      Light & Lively Exercise 10:00 <b>Scenic Drive</b> 11:30      Bible Story Trivia 1:30 <b>Gingerbread House Craft</b> 2:30 <b>Church Sermon IN2L</b> 3:00 <b>Happy Neuron IN2L</b> 4:30      Hymnals 6:00 <b>Sunday @ The Memories IN2L</b>	<b>13</b>  9:30      Chair Dancing IN2L 10:00 <b>Music w / Rachel in 950</b> 10:30 <b>Good News IN2L</b> 11:00 <b>Manicures &amp; Massages</b> 1:30      Family Feud 2:30 <b>Monday Movie Matinee</b> 4:00      Wii Bowling 920 4:30      1930's Juke Box	<b>14</b>  9:30      Sit & be Fit IN2L 10:00 <b>Book Club</b> 10:30      Today in History 11:00      Word Search 11:30 <b>Uno / Cards</b> 2:00 <b>Colorful Creations</b> 3:30      Skip - Bo 4:30      Jokes & Laughter	<b>15</b>  9:30      Exercise IN2L 10:00 <b>Good News IN2L</b> 10:30      Common Sayings IN2L 11:30 <b>Dominoes</b> 2:00  in 920 3:00 <b>Ladies Tea Time</b> 4:00 <b>Skip-Bo</b> 4:30      Free Rice Game IN2L	<b>16</b>  9:30      Conductorcise 10:00      Today in History 10:30      Piggy Bankers IN2L 11:00      Which Came First? 11:30 <b>Scrabble / Puzzles</b> 2:00      Colorful Creations 3:00      Snacktivity-Saltbox TV IN2L 4:30      Carol Burnett ShowIN2L	<b>17</b>  9:30      Chair Dancing IN2L 10:00 <b>Scenic Drive</b> 11:30 <b>Colorful Creations!</b> 2:00 <b>Family Feud IN2I</b> 3:30      Balloon Burst 4:00 <b>Jokes &amp; Laughter</b> 4:30      Rhythm & Blues Juke Box	<b>18</b>  9:30      Sit and be Fit IN2L 10:00 <b>Good News IN2L</b> 11:30 <b>Family Feud IN2L</b> 2:00  in 910 3:00 <b>Colorful Creations</b> 4:00 <b>Skip-Bo</b> 4:30      Ted Talks-IN2L 6:00 <b>Salt Box TV IN2L</b>
<b>19</b>  9:30      Light & Lively Exercise 10:00 <b>Scenic Drive</b> 11:30      Bible Story Trivia 1:30 <b>Arm Chair Travel</b> 2:00 <b>Church Sermon IN2L</b> 3:00 <b>Happy Neuron IN2L</b> 4:30      Hymnals 6:00 <b>Sunday @ The Memories IN2L</b>	<b>20</b>  9:30      Chair Dancing 10:00 <b>Good News IN2L</b> 10:30      Balloon Burst 11:30 <b>Manicures &amp; Massages</b> 1:30      Family Feud 2:30 <b>Monday Movie Matinee</b> 4:00      Wii Bowling 920 4:30      1940's Juke Box	<b>21 Winter Begins</b>  9:30      Exercise IN2L 10:00 <b>Book Club</b> 10:30      Winter Trivia IN2L 11:00 <b>Price is Right IN2L</b> 11:30      Word Search 2:00 <b>Resident / Food Council 920</b> 3:30      Skip - Bo 4:30      Jokes & Laughter	<b>22 Forefathers' Day!</b>  9:30      Sit and be Fit IN2L 10:00 <b>Good News IN2L</b> 10:30      Forefathers in History 11:30 <b>Scrabble / Puzzles</b> 2:00  in 920 3:00 <b>Ladies Tea Time</b> 4:30 <b>Brain Teasers IN2L</b> 6:00 <b>Salt Box TV IN2L</b>	<b>23 Wear Christmas Colors!</b>  9:30      Conductorcise 10:00      Today in History 10:30      Balloon Burst 11:00      Sports Trivia IN2L 11:30 <b>Puzzles</b> 2:00 <b>Skip-Bo</b> 3:00      Snacktivity- Saltbox TV IN2L 4:30      Shirley Temple IN2L	<b>24 Christmas Eve!</b> Wear Christmas Pajamas 9:30      Chair Dancing IN2L 10:00 <b>Scenic Drive</b> 11:30 <b>Good News IN2L</b> 1:30      Uno/Cards 2:00 <b>Christmas Craft</b> 3:30      Afternoon Stroll 4:00      Christmas Trivia 4:30      Holiday Juke Box	<b>25 Christmas Day!</b> Wear Ugly Christmas Sweater 9:30      Sit and be Fit IN2L 10:00 <b>Good News IN2L</b> 11:30 <b>Family Feud IN2L</b> 2:00  in 910 3:00 <b>Visit from Santa!</b> 4:00 <b>Skip-Bo</b> 4:30      Christmas Trivia 6:00 <b>Christmas Juke Box</b>
<b>26 Candy Cane Day!</b>  9:30      Light & Lively Exercise 10:00 <b>Scenic Drive</b> 11:30      Bible Story Trivia 1:30 <b>Candy Cane Craft</b> 2:30 <b>Church Sermon IN2L</b> 3:00 <b>Happy Neuron IN2L</b> 4:30      Hymnals 6:00 <b>Sunday @ The Memories IN2L</b>	<b>27</b>  9:30      Chair Dancing IN2L 10:00 <b>Good News IN2L</b> 10:30      Balloon Burst 11:00 <b>Manicures &amp; Massages</b> 1:30      Family Feud 2:30 <b>Monday Movie Matinee</b> 4:00      Wii Bowling 920 4:30      1950's Juke Box	<b>28</b>  9:30      Sit & be Fit IN2L 10:00 <b>Book Club</b> 10:30      Today in History 11:00      Word Search 11:30 <b>Uno / Cards</b> 2:00 <b>Colorful Creations</b> 3:30      Skip - Bo 4:30      Jokes & Laughter	<b>29</b>  9:30      Exercise IN2L 10:00 <b>Good News IN2L</b> 10:30      Common Sayings IN2L 11:30 <b>Dominoes</b> 2:00  in 920 3:00 <b>Ladies Tea Time</b> 4:00 <b>Skip-Bo</b> 4:30      Free Rice Game IN2L	<b>30</b>  9:30      Conductorcise 10:00      Today in History 10:30      Piggy Bankers IN2L 11:00      Which Came First? 11:30 <b>Scrabble / Puzzles</b> 2:00      Colorful Creations 3:00      Snacktivity-Saltbox TV IN2L 4:30      Western Movie IN2L	<b>31 New Years Eve!</b>  9:30      Chair Dancing IN2L 10:00 <b>Scenic Drive</b> 11-12 <b>Noon Years Countdown w/ Chris &amp; Band in 950</b> 2:00 <b>Family Feud IN2</b> 3:30      Balloon Burst 4:00 <b>Jokes &amp; Laughter</b> 4:30      Country Juke Box	<div>           All activities            subject to change            per mandated            health guidelines.         </div> 

# DECEMBER 2021 Activities 940-950

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Happy Birthday</b>  Ray W. 12/2      James H. 12/4 Bill B. 12/7      Bernadette B. 12/8 Donald G. 12/11      Mary F. 12/14 Doris S. 12/20      Eveleth H. 12/21 David L. 12/28      Fred O. 12/30 Jeannine D. 12/30	<b>Take-Out/Lunch Delivery</b>  12/7      Winco Chicken      12pm 12/14      Los Arcos      12pm 12/21      Nancy Jo's      12pm 11/30      Donatello's      12pm	<b>Shopping/ Delivery</b>  12/1      Walmart      10-12pm 12/8      Dollar Tree      10-12pm 12/15      Fred Meyer      10-12pm 12/22      Winco Food      10-12pm 12/29      Safeway      10-12pm	<b>1 Rosa Park Day!</b>  9:30      Exercise IN2L 10:00      History of Rosa Parks 10:30      Nursery Rhymes IN2L 11:30 <b>Dominoes/ Match Game In2L</b> 2:00  in 920 3:00 <b>Ladies Tea Time</b> 4:00 <b>Balloon Bat</b> 4:30      Sing a long IN2L	<b>2</b>  9:30      Conductorcise 10:00      Today in History 10:30      Piggy Bankers IN2L 11:00      Which Came First? 11:30 <b>Pictionary</b> 2:00      Colorful Creations 3:00      Snacktivity-Saltbox TV IN2L 4:30      I Love Lucy IN2L	<b>3</b>  9:30      Chair Dancing IN2L 10:00 <b>Good News IN2L</b> 11:30 <b>Colorful Creations!</b> 2:00 <b>Family Feud IN2L</b> 3:30      Snack & Chat 4:00 <b>Jokes &amp; Laughter</b> 4:30      Rock and Roll Juke Box	<b>4</b>  9:30      Sit and be Fit IN2L 10:00 <b>Scenic Drive 950</b> 11:30 <b>Family Feud IN2L</b> 2:00  in 910 3:00 <b>Colorful Creations</b> 3:30 <b>Sit and Sip</b> 4:30      Bean Bag Toss 6:00 <b>Jeopardy Game Show</b>
<b>5</b>  9:30      Light & Lively Exercise 10:00 <b>Balloon Bat</b> 11:30      Bible Story Trivia 1:30 <b>Arm Chair Travel</b> 2:00 <b>Church Sermon IN2L</b> 3:00      Sit & Sip 4:30      Hymnals 6:00 <b>Sunday @ The Memories IN2L</b>	<b>6</b>  9:30      Chair Dancing 10:00 <b>Scenic Drive 940</b> 10:30      Balloon Bat 11:30 <b>Manicures &amp; Massages</b> 1:30      Family Feud 2:30 <b>Monday Movie Matinee</b> 3:30      Snack & Chat 4:00      Bowling 4:30      1920's Juke Box	<b>7</b>  9:30      Sit & be Fit IN2L 10:00 <b>Book Club</b> 10:30      Today in History 11:00 <b>Price is Right IN2L</b> 11:30      Word Search 2:00 <b>Colorful Creations</b> 3:30      Sit & Sip 4:30      Jokes & Laughter 6:00 <b>Christmas Movies!</b>	<b>8</b>  9:30      Sit and be Fit IN2L 10:00 <b>Good News IN2L</b> 10:30 <b>Price is Right IN2L</b> 11:30 <b>Scrabble / Puzzles</b> 2:00  in 920 3:00 <b>Ladies Tea Time</b> 4:00 <b>Balloon Bat</b> 4:30 <b>Brain Teasers IN2L</b> 6:00 <b>Jeopardy Game Show</b>	<b>9 Christmas Card Day!</b>  9:30      Conductorcise 10:00      Today in History 10:30      Balloon Burst 11:00      Sports Trivia IN2L 11:30 <b>Puzzles/ Match Game IN2L</b> 2:00 <b>Christmas Card Craft</b> 3:00      Snacktivity- Saltbox TV IN2L 4:30      Leave It To Beaver IN2L	<b>10 Chanukah Begins</b>  9:30      Chair Dancing IN2L 10:00 <b>Good News IN2L</b> 11:30 <b>History of Chanukah</b> 1:30      Uno/Cards 2:00 <b>Brain Teasers IN2L</b> 3:30      Snack & Chat 4:00 <b>Jokes &amp; Laughter</b> 4:30      Oldies Juke Box	<b>11</b>  9:30      Sit and be Fit IN2L 10:00 <b>Scenic Drive 950</b> 11:30 <b>Family Feud IN2L</b> 2:00  in 910 3:00 <b>Colorful Creations</b> 3:30 <b>Sit and Sip</b> 4:30      Bean Bag Toss 6:00 <b>Wheel of Fortune</b>
<b>12 Gingerbread House Day!</b>  9:30      Light & Lively Exercise 10:00 <b>Balloon Bat</b> 11:30      Bible Story Trivia 1:30 <b>Gingerbread House Craft</b> 2:30 <b>Church Sermon IN2L</b> 3:00      Sit & Sip 4:30      Hymnals 6:00 <b>Sunday @ The Memories IN2L</b>	<b>13</b>  9:30      Chair Dancing IN2L 10:30 <b>Music w / Rachel in 950</b> 11:30 <b>Manicures &amp; Massages</b> 1:30      Family Feud 2:30 <b>Monday Movie Matinee</b> 3:30      Snack & Chat 4:00      Bowling 4:30      1930's Juke Box	<b>14</b>  9:30      Sit & be Fit IN2L 10:00 <b>Book Club</b> 10:30      Today in History 11:00      Word Search 11:30 <b>Common Sayings In2L</b> 2:00 <b>Colorful Creations</b> 3:30      Sit & Sip 4:30      Jokes & Laughter	<b>15</b>  9:30      Exercise IN2L 10:00 <b>Good News IN2L</b> 10:30      Nursery Rhymes IN2L 11:30 <b>Dominoes/ Match Game In2L</b> 2:00  in 920 3:00 <b>Ladies Tea Time</b> 4:00 <b>Balloon Bat</b> 4:30      Sing a long IN2L	<b>16</b>  9:30      Conductorcise 10:00      Today in History 10:30      Piggy Bankers IN2L 11:00      Which Came First? 11:30 <b>Pictionary</b> 2:00      Colorful Creations 3:00      Snacktivity-Saltbox TV IN2L 4:30      Carol Burnett ShowIN2L	<b>17</b>  9:30      Chair Dancing IN2L 10:00 <b>Good News IN2L</b> 11:30 <b>Colorful Creations!</b> 2:00 <b>Family Feud IN2L</b> 3:30      Snack & Chat 4:00 <b>Jokes &amp; Laughter</b> 4:30      Rhythm & Blues Juke Box	<b>18</b>  9:30      Sit and be Fit IN2L 10:00 <b>Scenic Drive 950</b> 11:30 <b>Family Feud IN2L</b> 2:00  in 910 3:00 <b>Colorful Creations</b> 4:00 <b>Sit and Sip</b> 4:30      Bean Bag Toss 6:00 <b>Jeopardy Game Show</b>
<b>19</b>  9:30      Light & Lively Exercise 10:00 <b>Balloon Bat</b> 11:30      Bible Story Trivia 1:30 <b>Arm Chair Travel</b> 2:00 <b>Church Sermon IN2L</b> 3:00      Sit & Sip 4:30      Hymnals 6:00 <b>Sunday @ The Memories IN2L</b>	<b>20</b>  9:30      Chair Dancing 10:00 <b>Scenic Drive 940</b> 10:30      Balloon Bat 11:30 <b>Manicures &amp; Massages</b> 1:30      Family Feud 2:30 <b>Monday Movie Matinee</b> 3:30      Snack & Chat 4:00      Bowling	<b>21 Winter Begins</b>  9:30      Exercise IN2L 10:00 <b>Book Club</b> 10:30      Winter Trivia IN2L 11:00 <b>Price is Right IN2L</b> 11:30      Word Search 2:00 <b>Resident / Food Council 920</b> 3:30      Sit & Sip 4:30      Jokes & Laughter 6:00 <b>Christmas Movies!</b>	<b>22 Forefathers' Day!</b>  9:30      Sit and be Fit IN2L 10:00 <b>Good News IN2L</b> 10:30      Forefathers in History 11:30 <b>Scrabble / Puzzles</b> 2:00  in 920 3:00 <b>Ladies Tea Time</b> 4:30 <b>Brain Teasers IN2L</b> 6:00 <b>Jeopardy Game Show</b>	<b>23 Wear Christmas Colors!</b>  9:30      Conductorcise 10:00      Today in History 10:30      Balloon Burst 11:00      Sports Trivia IN2L 11:30 <b>Puzzles/ Match Game IN2L</b> 2:00 <b>Common Sayings In2L</b> 3:00      Snacktivity- Saltbox TV IN2L 4:30      Shirley Temple IN2L	<b>24 Christmas Eve!</b> Wear Christmas Pajamas 9:30      Chair Dancing IN2L 10:00 <b>Good News IN2L</b> 11:30 <b>Good News IN2L</b> 1:30      Uno/Cards 2:00 <b>Christmas Craft</b> 3:30      Snack & Chat 4:00 <b>Christmas Trivia</b> 4:30      Holiday Juke Box	<b>25 Christmas Day!</b> Wear Ugly Christmas Sweater 9:30      Sit and be Fit IN2L 10:00 <b>Scenic Drive 950</b> 11:30 <b>Family Feud IN2L</b> 2:00  in 910 3:00 <b>Visit from Santa!</b> 3:30 <b>Christmas Cookies!</b> 4:30      Christmas Trivia 6:00 <b>Christmas Movies</b>
<b>26 Candy Cane Day!</b>  9:30      Light & Lively Exercise 10:00 <b>Balloon Bat</b> 11:30      Bible Story Trivia 1:30 <b>Candy Cane Craft</b> 2:30 <b>Church Sermon IN2L</b> 3:00 <b>Cocoa &amp; Candy Canes</b> 4:30      Hymnals 6:00 <b>Sunday @ The Memories IN2L</b>	<b>27</b>  9:30      Chair Dancing IN2L 10:00 <b>Scenic Drive 940</b> 10:30      Balloon Burst 11:00 <b>Manicures &amp; Massages</b> 1:30      Family Feud 2:30 <b>Monday Movie Matinee</b> 3:30      Snack & Chat 4:00      Bowling 4:30      1950's Juke Box	<b>28</b>  9:30      Sit & be Fit IN2L 10:00 <b>Book Club</b> 10:30      Today in History 11:00      Word Search 11:30 <b>Common Sayings IN2L</b> 2:00 <b>Colorful Creations</b> 3:30      Sit & Sip 4:30      Jokes & Laughter 6:00 <b>Christmas Movies!</b>	<b>29</b>  9:30      Exercise IN2L 10:00 <b>Good News IN2L</b> 10:30      Nursery Rhymes IN2L 11:30 <b>Dominoes/ Match Game In2L</b> 2:00  in 920 3:00 <b>Ladies Tea Time</b> 4:00 <b>Balloon Bat</b> 4:30      Sing a long IN2L	<b>30</b>  9:30      Conductorcise 10:00      Today in History 10:30      Piggy Bankers IN2L 11:00      Which Came First? 11:30 <b>Scrabble / Puzzles</b> 2:00      Colorful Creations 3:00      Snacktivity-Saltbox TV IN2L 4:30      Western Movie IN2L	<b>31 New Years Eve!</b>  9:30      Chair Dancing IN2L 10:00 <b>Good News IN2L</b> 11-12 <b>Noon Years Countdown w/ Chris &amp; Band in 950</b> 2:00 <b>Family Feud IN2</b> 3:30      Snack & Chat 4:00 <b>Jokes &amp; Laughter</b> 4:30      Country Juke Box	<div> <p><b>All activities subject to change per mandated health guidelines.</b></p>  </div>