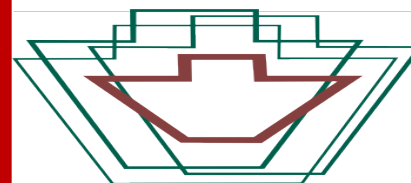




# ASSISTED LIVING DECEMBER 2021



# Keystone Commons

*A Life Fulfilling Retirement Community*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;"><u>Monthly Theme</u></p> 	<p>*Activities are Subject to Change Amy Creasia Programming Specialist <a href="mailto:ACreasia@keystonesenior.com">ACreasia@keystonesenior.com</a></p>	<p style="text-align: center;"><u>Wrapping Workshop</u> Bring your gifts to our wrapping station in the activity room. We will supply paper, bows, name tags and help with your holiday wrapping. Please sign up with Activities</p> 	<p style="text-align: center;">1</p> <p>9:00- Breakfast Outing at Jakes 10:30- Meditation w/Rob-3A 12:30- Rosary- 3A 1:30- Cocoa and Cookies and Decorating the Tree for Christmas-3A 3:30- Wii Bowling- Theater 3:45 1<sup>st</sup> Floor Exercises 6:30- Rummikub-Pub</p>	<p style="text-align: center;">2</p> <p>9:30- News and Views-3A 10:00- Coffee House-3A 10:30- Willie Ninger Performs-3A 1pm-Pitch- Billiards Room 2:00- Gingerbread Races-3A 3:00- Meditation and Relaxation-3A 3:45- Yappy Hour with Keeper-3A 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">3</p> <p>9:30-Billiards 10:30- Zumba Gold Fitness-3A 12:30- Rosary-3A 1pm-Amazing Animals-3A 2:00- Pokeno-3A 3pm- Mexican Train Dominos 6:30- Puzzle Making-L 6:30- Scrabble-Billiards</p>	<p style="text-align: center;">4</p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:00- Dime Bingo-3A</p>
<p style="text-align: center;">5</p> <p>10:30- Adult Coloring- Billiards Room 1pm- Puzzle Making Library 2pm- Billiards with Charlie- Billiards Room</p>	<p style="text-align: center;">6</p> <p>9:30- Shopping- Ludlow 10:30- Communion w/Deacon Tom- IL Dining Room 1:00- Scrabble- Billiards Room 2pm- Balloon Volleyball-3A 3:15- Wii Bowling-Theater 3:30- Cycling Class-Winter Wonderland-3A 6:30- Pitch- Pub</p>	<p style="text-align: center;">7</p> <p>9:15- Pet Therapy w/Winter-vestibule 9:30- Billiards 10:30- Showbiz Showdown-3A 10:30- Knitting Corner- 1<sup>st</sup> Floor 1:00- Chorus w/ Don-3A 1:00- Canasta- Billiards Room 2:00-Painting Wooden Gingerbread Door Hanging- 3A- Sign up with Activities 3:30- Blackjack "GOLD"- 25.00 pot 6:30-Popcorn Club-Theater</p>	<p style="text-align: center;">8</p> <p>10:00- Outing to Festival of Trees Mass Mutual Center 12:30- Rosary- 3A 2:00- Table for 2 Performs-3A 3:30- Wii Bowling- Theater 3:45 1<sup>st</sup> Floor Exercises 6:30- Rummikub-Pub</p>	<p style="text-align: center;">9</p> <p>9:30- News and Views-3A 10:30- Drumming Class-3A 1pm- Manicures-3A 1pm- Poker- Billiards Room 2pm- Making Pop-Up Holiday Cards 3:30- Nutcracker Suite with Diablo Ballet-3A 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">10</p> <p>9:30- Billiards 10:30- Zumba Gold Fitness-3A 12:30- Rosary-3A 1pm- Jukebox Jackpot-3A 2pm- Bubble Talk- Gingerbread-3A 3:00-Pokeno-3A 6:30- Puzzle Making-L 6:30- Scrabble- Billiards</p>	<p style="text-align: center;">11</p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynns Choice-T 3:00- Dime Bingo-3A</p>
<p style="text-align: center;">12</p> <p>10:30- Adult Coloring- Billiards Room 1pm- Apple Pie Sundaes- IL Dining Room to-go 2pm- Billiards with Charlie- Billiards Room</p>	<p style="text-align: center;">13</p> <p>10:30-Communion w/ Deacon Tom-IL Dining Room 1:00- Scrabble-Billiards Room 1pm- Chorus w/Don-3A 1pm- Scenic Ride- Winter Wonderland 3:15- Wii Bowling-Theater 3:30- Golf-Billiards Room 6:30- Pitch-Pub</p>	<p style="text-align: center;">14</p> <p>9:15- Pet Therapy w/Winter-Vestibule 9:30- Billiards 10:30- Chef's Club-3A Gingerbread Men Pizzas 11:30- Family Style Luncheon-3A 1:30- Mike Tourville and Dan-3A 3:30- Blackjack (dollar buy-in)-3A 6:30- Popcorn Club-Theater 5:30- Bright Nights Trip</p>	<p style="text-align: center;">15</p> <p style="text-align: center;"><b>Passport to Fun:</b> <b>Christmas Around the World</b> 9:30- Hubbard Coffee 10:30-Christmas Treasures: The History &amp; Origins of the Season's Greatest Traditions 12:30- Rosary-3A 1pm- Line Dancing w/Jennifer-3A 2pm- Christmas Around the World Bingo-3A</p>	<p style="text-align: center;">16</p> <p>9:30- News and Views-3A 10:30- Making Salt Dough Ornaments-3A 12pm- Christmas Journey- Springfield Museum Zoom and Pizza Luncheon- Sign up Activities 3:00- Meditation and Massage-3A 3:45- Yappy Hour with Keeper-3A 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">17</p> <p>9:30- Billiards 10:30-Chair Zumba w/Daisy-3A 12:30- Rosary-3A 2pm- Cookie Swap-3A- For those who signed up 2pm- Wrapping Station-3A 6:30- Puzzle Making-L 6:30- Scrabble- Billiards</p>	<p style="text-align: center;">18</p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:30- Dime Bingo-3A</p>
<p style="text-align: center;">19</p> <p>10:30- Adult Coloring- Billiards Room 1pm- Puzzle Making Library 2pm- Billiards with Charlie- Billiards Room</p>	<p style="text-align: center;">20</p> <p>9:30- Shopping- Chicopee 10:30- Communion w/Deacon Tom- IL Dining Room 1:00- Scrabble-Billiards Room 2pm- Dave Colucci Performs-3A 3:15-Wii Bowling- Theater- 3:30- Cycling Class-3A 6:30-Pitch- Pub</p>	<p style="text-align: center;">21 Massage Therapist- 1-4</p> <p>9:15- Pet Therapy w/Winter- Vestibule 10:30- Knitting Corner- 1<sup>st</sup> Floor Holiday Party for Staff Only Activity Room 1pm-Holiday Classic- Theater 3:30- Blackjack- (Dollar Buy-in)- 3A 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">22</p> <p>9:30- Coffee Chat-3A 10:30- Meditation and Yoga w/Rob 12:30- Rosary- 3<sup>rd</sup> Floor 2:00- Dime Bingo-3A 3:30- Wii Bowling-Theater 3:45- 1<sup>st</sup> Floor Exercises 6:30- Rummikub-Pub</p>	<p style="text-align: center;">23 Resident Holiday Party</p> <p>10:30- Holiday Drumming-3A 1pm- Holiday Trivia-3A 2pm- Gingerbread Village Viewing IL Lobby 3pm- Gingerbread Happy Hour- Martinis and Merriment- IL LOBBY 5:15- Gingerbread Dinner IL Dining Room 6:45- Richie Mitnik Holiday Spectacular-3A</p>	<p style="text-align: center;">24</p> <p>9:30- Billiards 10:30- Story Behind the Carols-3A 1pm- Christmas Service with Lessons and Hymns-3A-(R) 2:30- Michael Goodwin Christmas Eve Special -3A 6:30- Scrabble- Billiards</p>	<p style="text-align: center;">25</p> 
<p style="text-align: center;">26</p> <p>10:30- Adult Coloring - Billiards Room 1pm- Puzzle Making Library 2pm- Billiards</p>	<p style="text-align: center;">27</p> <p>10:30- Communion w/ Deacon Tom- IL Dining Room 1:00- Scrabble- Billiards Room 2:30 pm Balloon Volleyball Competition- 3<sup>rd</sup> Floor Activity Room 3:30-Wii Bowling- Theater 3:30- Golf- Billiards Room 6:30- Pitch-Pub</p>	<p style="text-align: center;">28 Spa Pedicures 1-4</p> <p>9:30- Billiards 10:30- Where in the World-3A 10:30- Knitting Corner-1<sup>st</sup> Floor 1:00- Manicures-3A 1:00- Canasta- Billiards Room 2:00- Painting Class- 3A 3:30- Blackjack- (Dollar Buy-in)- 3A 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">29</p> <p>9:30- Hubbard Coffee Chat 10:00- Outing to see Gingerbread Exhibit Springfield Museums 12:30- Rosary- 3<sup>rd</sup> Floor 2:30pm- Dime Bingo-3A 3:45- 1<sup>st</sup> Floor Exercise-1<sup>st</sup> Floor 6:30- Rummikub-Pub 6:30- Bright Nights overflow Trip</p>	<p style="text-align: center;">30</p> <p>10:30- Drumming Class-3A 11:30- Monthly Birthday Luncheon 1pm- Manicures-3A 1pm- Pitch- Billiards Room 2pm- The Brain Game-3A 3:00- Meditation and Massage-3A 3:45- Yappy Hour with Keeper-3A 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">31</p> <p>9:30- Billiards 10:30- Arthritis Exercises-3A 12:30- Rosary-3A 1pm- Rummikub- Billiards Room 3pm- New Year's Celebration with Patrick Tobin-3A 6:30- Scrabble- Billiards</p>	<p style="text-align: center;"><u>Monthly Birthdays</u></p> <p>12/2-Cruz Roman 12/9- Paul Blanton 12/9- Peg Fontaine 12/17- Berneal Williams 12/24- Jeanette Williams</p>