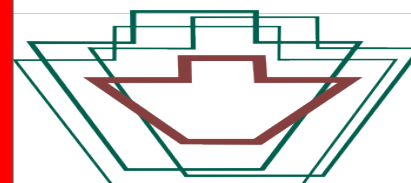




INDEPENDENT LIVING DECEMBER 2021



Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Monthly Theme</p> 	<p style="text-align: center;">*Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com</p>	<p style="text-align: center;">Wrapping Workshop Bring your gifts to our wrapping station in the activity room. We will supply paper, bows, name tags and help with your holiday wrapping. Please sign up with Activities</p> 	<p style="text-align: center;">1</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Meditation with Rob-3A 12:30- Rosary-3A 1:30- Cocoa and Cookies and Decorating the Tree for Christmas-3A 3:30- Wii Bowling-Theater 3:45- 1st Floor Exercises- 1st Floor 6:30- Rummikub-Pub</p>	<p style="text-align: center;">2</p> <p>9:30- News and Views-3A 10:00- Coffee House-3A 10:30- Willie Ninger Performs-3A 1pm- Manicures-3A 1pm- Pitch- Billiards Room 2:00- Gingerbread Men Races-3A 3:00- Meditation and Relaxation-3A 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">3</p> <p>9:30- Billiards 10:30- Zumba Gold Fitness-3A 12:30- Rosary-3A 1pm- Amazing Animals-3A 2:00- Pokeno-3A 3pm- Mexican Train Dominos 4pm- Happy Hour- Spiked Egg Nog-Pub</p>	<p style="text-align: center;">4</p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:00- Dime Bingo-3A</p>
<p style="text-align: center;">5</p> <p>Mass at St Elizabeth's 1:15- Bus Leaves for Exit 7 "Christmas Carol" 2pm- Rummikub-Pub</p> <p style="text-align: center;">Day of Rest and Face Timing with Families</p>	<p style="text-align: center;">6 Hanukkah Ends</p> <p>9:30- Shopping- Ludlow 10:30- Communion w/Deacon Tom IL Dining Room 12:30- Scrabble-3A 12:30- Cribbage- Billiards Room 2pm- Balloon Volleyball-3A 3:15- Wii Bowling-Theater 3:30- Cycling Class- Winter Wonderland-3A 6:30- Pitch- Pub</p>	<p style="text-align: center;">7</p> <p>9:15- Pet Therapy w/Winter- Vestibule 9:30- Billiards 10:30- Showbiz Showdown-3A 10:30- Knitting Corner- 1st Floor 1:00- Chorus w/ Don-3A 1:00- Canasta- Billiards Room 2:00- Painting Wooden Gingerbread Door Hanging- 3A- Sign up with Activities 3:30- Blackjack "GOLD"- 25.00 pot 6:30- Popcorn Club-Theater</p>	<p style="text-align: center;">8</p> <p>9:30- Hubbard Coffee Chat-3A 10:00- Outing to Festival of Trees Mass Mutual Center 12:30- Rosary- 3A 2:00- Table for 2 Performs-3A 3:30- Wii Bowling- Theater 3:45 1st Floor Exercises 6:30- Rummikub-Pub</p>	<p style="text-align: center;">9</p> <p>10:30- Drumming Class-3A 1pm- Manicures-3A 1pm- Poker- Billiards Room 2pm- Making Pop Up Holiday Cards 3:30pm- Nutcracker Ballet with Diabolo Ballet-3A 6:30- Popcorn Club- Theater 4:30- Bus Leaves for Steaming Tender for Dinner</p>	<p style="text-align: center;">10</p> <p>9:30- Billiards 10:30- Zumba Gold Fitness-3A 12:30- Rosary-3A 1pm- Jukebox Jackpot-3A 2pm- Bubble Talk- Gingerbread-3A 3:00- Pokeno-3A 4pm- Happy Hour-Pub 6:30- Scrabble- Billiards</p>	<p style="text-align: center;">11</p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:00- Dime Bingo-3A</p>
<p style="text-align: center;">12</p> <p>Mass at St Elizabeth's 2pm- Rummikub- Pub</p> <p style="text-align: center;">Day of Rest and Face Timing with Families</p>	<p style="text-align: center;">13</p> <p>10:30- Communion w/Deacon Tom- IL Dining Room 12:30- Scrabble- 3rd Floor Act Room 12:30- Cribbage- Billiards Room 1pm- Chorus w/Don-3A 1pm- Scenic Ride- Winter Wonderland 2:00- Balloon Volleyball- 3A 3:15- Wii Bowling- Theater 3:30- Cycling Class-3A 6:30- Pitch-Pub</p>	<p style="text-align: center;">14</p> <p>9:15- Pet Therapy w/Winter-Vestibule 9:30- Billiards 10:30- Chef's Club-3A Gingerbread Men Pizzas 11:30- Family Style Luncheon-3A 1:30- Mike Tourville and Dan-3A 3:30- Blackjack (dollar buy-in)-3A 6:30- Mexican Train Dominos- Pub 6:30- Popcorn Club-Theater</p>	<p style="text-align: center;">15</p> <p>Passport to Fun: Christmas Around the World 9:30- Hubbard Coffee Chat-3A 10:30- Christmas Treasures: The History & Origins of the Season's Greatest Traditions 12:30- Rosary-3A 1pm- Line Dancing w/Jennifer-3A 2pm- Christmas Around the World Bingo-Pub 3:30- Wii Bowling- Theater 6:30- Rummikub-Pub</p>	<p style="text-align: center;">16</p> <p>10:30- Making Salt Dough Ornaments-3A 12pm- Christmas Journey- Springfield Museum Zoom and Pizza Luncheon- Sign up Activities 3:00- Meditation and Relaxation-3A 3:30- Book Club-Pub 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">17</p> <p>9:30- Billiards 10:30- Chair Zumba w/Daisy-3A 12:30- Rosary-3A 2pm- Cookie Swap-3A- For those who signed up 2pm- Wrapping Station-3A 4pm- Happy Hour -Pub- "Gingerbread White Russians" 6:30- Scrabble-Billiards</p>	<p style="text-align: center;">18</p> <p>12:30- Wii Bowling for Newbies 1:45- Documentary- Lynn's Choice-T 3:00- Dime Bingo-3A</p>
<p style="text-align: center;">19</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Pub</p> <p style="text-align: center;">Day of Rest and Face Timing with Families</p>	<p style="text-align: center;">20</p> <p>9:30- Shopping- Chicopee 10:30- Communion w/Deacon Tom- IL Dining Room 12:30- Cribbage- Billiards Room 12:30- Scrabble- 3rd Floor Act Room 2pm- Dave Colucci Performs-3A 3:15- Wii Bowling- Theater- 3:30- Cycling Class-3A 4:15- Wilbraham Country Club Chicken Parm Dinner-\$6.00 6:30- Pitch- Pub</p>	<p style="text-align: center;">21 Massage Therapist- 1-4</p> <p>9:15- Pet Therapy w/Winter- Vestibule 10:30- Knitting Corner- 1st Floor Holiday Party for Staff Only Activity Room 1pm- Holiday Classic- Theater 3:30- Blackjack-(dollar buy-in)- Pub 6:30- Mexican Train Dominos-Pub 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">22</p> <p>9:30- Hubbard Coffee Chat 10:30- Meditation and Yoga w/Rob 10:30- Secret Santa Swap- See Activities to sign Up-3A 12:30- Rosary- 3rd Floor 2:00- Dime Bingo-Pub 3:00- Food Committee Meeting-P 3:45- 1st Floor Exercise 5:30- Bright Nights Trip- Sign up with Activities</p>	<p style="text-align: center;">23 Resident Holiday Party</p> <p>10:30- Holiday Drumming-3A 1pm- Holiday Trivia-3A 2pm- Gingerbread Village Viewing IL Lobby 3pm- Gingerbread Happy Hour- Martinis and Merriment- IL LOBBY 5:15- Gingerbread Dinner IL Dining Room 6:45- Richie Mitnik Holiday Spectacular-3A</p>	<p style="text-align: center;">24</p> <p>9:30- Billiards 10:30- Story Behind the Carols-3A 1pm- Christmas Service with Lessons and Hymns-3A-(R) 2:30- Michael Goodwin Christmas Eve Special -3A 6:30- Scrabble- Billiards</p>	<p style="text-align: center;">25</p> <p style="text-align: center;">A VERY MERRY CHRISTMAS and Happy New Year!</p>
<p style="text-align: center;">26</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Pub</p> <p style="text-align: center;">Day of Rest and Face Timing with Families</p>	<p style="text-align: center;">27</p> <p>10:30- Communion w/ Deacon Tom- IL Dining Room 12:30- Cribbage- Billiards Room 12:30- Scrabble- 3rd Floor 2:30 pm Balloon Volleyball Competition- 3rd Floor Activity Room 3:30- Wii Bowling- Theater</p>	<p style="text-align: center;">28 Spa Pedicures 1-4</p> <p>9:30- Billiards 10:30- Knitting Corner- 1st Floor 10:30- Where in the World-3A 1:00- Manicures-3A 1:00- Canasta- Billiards Room 2:00- Painting Class- 3A 3:30- Blackjack- (Dollar Buy-in)- 3A 6:30- Mexican Train Dominos-Pub 6:30- Popcorn Club-Theater</p>	<p style="text-align: center;">29</p> <p>9:30- Hubbard Coffee Chat 10:00- Outing to see Gingerbread Exhibit Springfield Museums 12:30- Rosary- 3rd Floor 2:30pm- Dime Bingo-Pub 3:45- 1st Floor Exercise-1st Floor 6:30- Rummikub-Pub 6:30- Bright Nights overflow Trip</p>	<p style="text-align: center;">30</p> <p>10:30- Drumming Class-3A 11:30- Monthly Birthday Luncheon- 1pm- Manicures-3A 1pm- Hollywood Card Game-3A 2pm- The Brain Game-3A 3:00- Meditation and Massage-3A 6:30- Popcorn Club- Theater</p>	<p style="text-align: center;">31</p> <p>9:30- Billiards 10:30- Arthritis Exercises-3A 12:30- Rosary-3A 2pm- Pokeno-3A 3pm- New Year's Celebration with Patrick Tobin-3A 6:30- Scrabble- Billiards</p>	<p style="text-align: center;">Monthly Birthdays</p> <p>12/2- Cruz Roman 12/9- Paul Blanton 12/9- Peg Fontaine 12/17- Berneal Williams 12/24- Jeanette Williams</p>