



Celebrating the Holidays

'Tis the season! With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. Here are a few ways you and your loved ones can celebrate the season of giving together!

Create a holiday book. Ask your loved one to bring in pictures of past holiday celebrations so that you can create a festive scrapbook together.

Light up the room. Talk to your loved one about bringing decorations and ornaments with them the next time that they visit so that you can transform your suite into the North Pole!

Make holiday cards together. Sending cards to family members can bring an extra loving touch to the holidays of those that you both care about.



Play Santa Claus. Assist your loved one in coming up with gift ideas you for family members! Whether you're shopping online or browsing through a magazine, they'll appreciate that you're there to help. They might even come up with some gift ideas for you!

Trim a tree. Join your loved one in the fun of decorating the campus Christmas Trees!

Sing carols. Buddy the Elf said it best – "The best way to spread Christmas cheer is singing loud

for all to hear." Ask your loved one to bring lyric sheets over the next time that they visit so that you can both sing along to some of your favorite Christmas carols. It's a great way to celebrate, and a great way to create lasting memories!

Plan a festive movie night. Whether it's *How the Grinch Stole Christmas* or *It's a Wonderful Life*, Christmas movies have the power of making the holidays even more enchanting than they already are. Ask your loved one to bring a flick over that you'll both enjoy.

Happy Birthday!

Residents

Mary M.	December 01
Janet W.	December 03
Elizabeth B.	December 07
James M.	December 09
Marilyn J.	December 10
Mary K.	December 10
Betty Z.	December 24
Michelle R.	December 25
Ralph G.	December 26
Donald A.	December 27
Elizabeth P.	December 30
Linda L.	December 31

Staff

Tamara W.	December 07
Joan J.	December 08
Narissa G.	December 12
Tammy E.	December 17
Shelby P.	December 23
David C.	December 28

Family Brunch

Family Brunch is back! Please join us on Sunday November 21st from 11am-1pm.

2 family members are welcome free of charge. Please RSVP by Monday November 15th by calling 765-236-1239



Executive Director Corner

Welcome to November!

I hope you all had

a great time at our fourth and final Theme Week of the year! It was incredible celebrating Germany with so many familiar faces - and getting to try out Chef Bob's Ruben egg roll. Shoutout to our Life Enrichment and Dining teams for truly saving the best for last.

This month, we celebrate National Family Caregivers Month – a time to recognize all that family caregivers do to supporting their senior family members, and who

continue to keep us warm with their unending love and support. Talk to any member of our team about the multitude of resources we provide for family caregivers, as well as our Long-Term and Short-Term care options that can lift some of the weight from their shoulders.

With Thanksgiving just around the corner and the holiday season nearly upon us, there's never been a better time to be a part of the Trilog family. Let's have a great November!

Yours in Service,

Rachel Bishir
Executive Director

VOLUNTEERS NEEDED

We are looking for more volunteers like YOU! Our Life Enrichment team is welcoming volunteers to assist with: serving others during Sunday Brunch, helping with upcoming holiday activities, outings, sharing a hobby or talent with residents, calling bingo, leading an activity or teaching a skill you're passionate about and more! For more information, please reach out to our Life Enrichment Director at (765) 236-1239



Intergenerational Fun

We were able to make fun memories with our residents by partnering with local companies and hosting a Trunk or Treat!



The residents were eager to see all the little ones come through



We made our own pizza pumpkins!



WATERFORD PLACE

HEALTH CAMPUS

A Trilogy Senior Living Community

800 St. Joseph Drive

Kokomo, IN 46901

765-236-1239

waterfordplacehc.com |

Rachel Bishir
Executive Director

Mike Wray
Administrator

Monica Brooks
Director of Nursing

TBD

Assistant Director of Nursing

Brandy Rodabaugh
Interim Customer
Service Representative

Gabriella Pocasangre
Customer Service Specialist

Loura Harpe
Business Office Manager

Heather Moore
Life Enrichment Director

Anthony Bitner
Director of Plant Operations

Jesse Huntzinger
Director of Dining Services

Kris Meyers
Director of Environmental Services

TBD

Legacy Neighborhood Director

Carly Haines
Director of Social Services

Coy Cunningham
Villa Lifestyle Director

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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Monthly Trivia & Activity Corner

Cut, color, and make a card to give!

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: *Who sang "I'm Dreaming of a White Christmas"?*

Question 2: *How many reindeer in total help pull Santa's sleigh?*

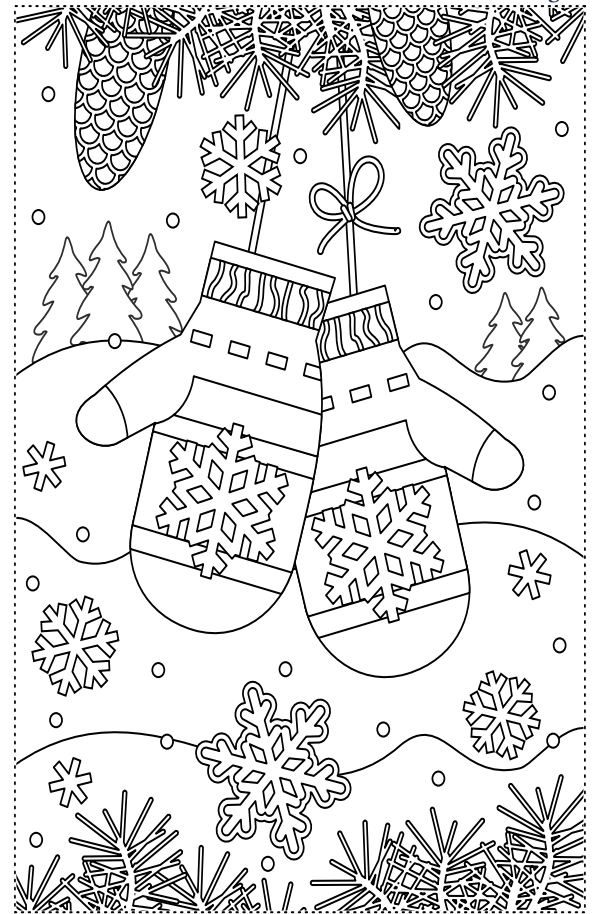
Question 3: *What country does eggnog originate from?*

Question 4: *What is another name for a Christmas tree?*

Question 5: *Over 360 million glasses of ____ are consumed across the world on New Years Eve.*

Flip the page for last month's trivia answers:

- Q1: The first US harvest feast of Thanksgiving occurred where? Plymouth*
- Q2: How many sides do snowflakes have? 6*
- Q3: Where were the 1952 Winter Olympics held? Oslo*
- Q4: What is a group of robats called? A pod*
- Q5: What does the color white represent on the American flag? Purity and innocence*



Word Search

K	O	Z	T	N	S	E	O	K	S	X	J	O	B	M	C	Q	T	L
V	T	J	D	Y	M	Z	Z	H	W	W	D	M	P	C	A	I	M	P
Z	I	F	W	F	S	D	G	R	I	N	C	H	T	D	R	P	F	P
B	D	Q	L	S	X	S	V	W	M	L	R	Y	B	O	O	K	C	N
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T	X	G	C	C	X	Q	V	A	V	O	V	G	I	B	S	S	E	W
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I	R	E	L	D	O	O	J	K	U	E	Y	I	S	F	E	C	C	Z
L	C	H	R	I	S	T	M	A	S	V	D	Y	T	Z	B	Y	M	Z
A	A	D	Y	F	D	S	Z	W	Z	I	W	Y	S	T	B	S	X	P
F	R	I	U	C	K	A	N	L	H	P	U	V	N	R	E	P	R	H
Q	D	M	Q	A	F	B	Y	L	K	W	T	A	O	A	G	N	Z	Q
X	S	P	T	V	E	W	Q	X	C	H	D	J	W	D	X	Y	S	X
M	X	N	Y	J	S	Q	B	B	G	H	U	Q	F	I	S	M	Z	G
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K	C	U	N	L	E	I	O	C	T	D	C	P	E	N	E	R	A	D

BOOK
CARDS
CAROLS
CHRISTMAS

FESTIVE
GRINCH
HOLIDAY
LIGHT

MITTENS
MOVIE
SANTA
SEASON

SING
SNOWFLAKE
TRADITION
TREE