# Celebrating the Holidays

'Tis the season! With Christmas just around the corner, many of our residents look forward to the traditions of the holiday season and the sense of togetherness that it brings. Here are a few ways you and your loved ones can celebrate the season of giving together!

**Create a holiday book.** Ask your loved one to bring in pictures of past holiday celebrations so that you can create a festive scrapbook together.

**Light up the room.** Talk to your loved one about bringing decorations and ornaments with them the next time that they visit so that you can transform your suite into the North Pole!

#### Make holiday cards together.

Sending cards to family members can bring an extra loving touch to the holidays of those that you both care about.



Play Santa Claus. Assist your loved one in coming up with gift ideas you for family members! Whether you're shopping online or browsing through a magazine, they'll appreciate that you're there to help. They might even come up with some gift ideas for you!

**Trim a tree.** Join your loved one in the fun of decorating the campus Christmas Trees!

Sing carols. Buddy the Elf said it best - "The best way to spread Christmas cheer is singing loud

for all to hear." Ask your loved one to bring lyric sheets over the next time that they visit so that you can both sing along to some of your favorite Christmas carols. It's a great way to celebrate, and a great way to create lasting memories!

#### Plan a festive movie night.

Whether it's How the Grinch Stole Christmas or It's a Wonderful Life. Christmas movies have the power of making the holidays even more enchanting than they already are. Ask your loved one to bring a flick over that you'll both enjoy.

## Happy Birthday!

Residents	
Camilla S.	12/9
Delores S.	12/11
Ron W.	12/13
Phyllis L.	12/15
Lisa S.	12/15
Sherry R.	12/21
Philip B.	12/23
Floy E.	12/25
Staff	
Wendi G.	12/2
Silvano G.	12/3
Mary M.	12/5
Kaliyah A.	12/6
Shukria A.	12/8
Dalayni W.	12/8
Bryanne H.	12/13
Zella F.	12/18
Shanika H.	12/18
Amanda C.	12/19
Sharon Y.	12/21



# Executive Director Corner

Welcome to December!

This time last year at our

campus, we were getting ready for the all the joy that 2021 would bring. News that a lifesaving vaccine was just around the corner meant that better times were ahead, and that the next year would see us brought back together in ways that we only could have hoped for in the early days on the pandemic. After all that we've experienced together in the past 12 months, I'm happy to report that this was absolutely the case.

Whether we were telling stories by makeshift bonfires,

celebrating Oktoberfest with some of the best German cuisines, or simply enjoying the comfort of having a loved one in the dining room with us, 2021 has been an incredible blessing for those of us who know and love the Trilogy lifestyle. Even so, it hasn't been without its hardships – and we know that we couldn't have done it without your love, patience, and support throughout this time. Thank you for always entrusting us with your care.

Have a wonderful holiday and a Happy New Year!

Yours in Service,

Alicia Lambert
Executive Director

# **Photo Highlights**



Creative cooking is a highlight of the week!



Chef Brandon created a tasty beer cheese for a recent Happy Hour.

## More Photo Highlights



We used a stein for morning exercises.



Sharon enjoying mixing it up!

### Volunteers Needed

We're always looking for special people to join our campus and assist during the variety of activities happening daily. Do you have a special niche you would like to share with our residents? Please contact Wendi the Life Enrichment Director for more details!

### Sunday Brunch

Brunch is back! Each resident will receive two complimentary passes for families to dine with us during Brunch Sunday.
Brunch occurs on the 3rd Sunday of the month. We will be mailing information regarding upcoming meals and hope to see you soon.

### **Creative Cooking**

Do you have a favorite recipe you would like to see added to an upcoming Creative Cooking calendar? Please see any Life Enrichment team member and let us hear your ideas!

#### Activities Corner

There will be decorating, singing, music, shopping and more! The Life Enrichment team is planning a December to Remember!



HEALTH CAMPUS

A Trilogy Senior Living Community

1707 Bethany Road Anderson, IN 46012 765-622-1211

bethanypointehc.com | 🛩 f

Alicia Lambert Executive Director

Amanda Crabill Administrator in Training

Alexa Troutman Assistant Director of Health Services

> Ashley Miller MDS Coordinator

Jennifer Edgecomb Business Office Manager

Brandon Reynolds Director of Food Service

Scott Noel Legacy Neighborhood Director

Wendi Goens Life Enrichment Director

Kelly Enlow Community Service Representative Terrance Hazard

Terrance Hazard Villa Lifestyle Director

#### Stay in the Loop 💆 f

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents. Our Department Leaders are here to solve any concerns you may have. In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

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## Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: Who sang "Im Dreaming of a White Christmas"?

Question 2: How many reindeer in total help pull Santa's sleigh?

Question 3: What country does eggnog originate from?

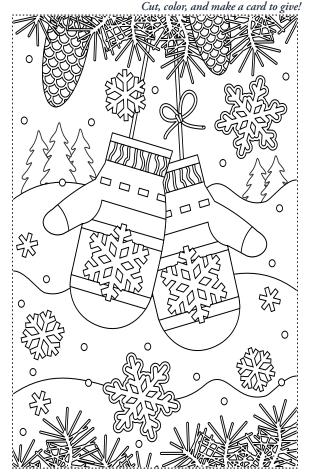
Question 4: What is another name for a Christmas tree?

Question 5: Over 360 million glasses of \_\_\_\_ are consumed across the world on New Years Eve.

Flip the page for last month's trivia answers:

44: What is a group of whales called? A pod Q5: What does the color white represent on the American Itag? Purity and innocence

QI: The first US harvest feast of Thanksgrving occurred where? Plymouth Q2: How many sides do snowflakes have? 6 Q3: Where were the 1952 Winter Olympics



# Word Gearch

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воок **FESTIVE MITTENS** SING **CARDS GRINCH SNOWFLAKE MOVIE CAROLS HOLIDAY SANTA TRADITION CHRISTMAS** LIGHT **SEASON** TREE