

ready to move to a residential care community, could receive a customized plan of care services within the comfort of their home.

“Many times, we meet families in a state of crisis, and they don’t know where to turn to get help,” said Barndt. “We pride ourselves in connecting our clients with reliable caregivers to help reduce the pressure on families, so they can get back to enjoying each other.”

Chestnut Knoll also serves as one of the larger employers in the borough. Like Assistant Executive Director and Certified Senior Advisor Jodie Daniels, caregiver Kathy Flicker, Barndt, and Detwiler, many have longstanding employment with Chestnut Knoll, dedicating their careers to serving its residents and clients for two decades.

Besides providing stable and rewarding employment and volunteer opportunities, Chestnut Knoll focuses on driving its roots deeper by integrating into local fundraising efforts and community-based initiatives, and has proudly raised over \$200,000 for the Alzheimer’s Association.

“Our approach to senior care is developing thoughtful, compassionate, and personal interactions. We’ve dedicated our careers to serving seniors, so our bond is deeper than a typical patient-caregiver relationship—we are neighbors helping neighbors,” said Barndt.



The Chestnut Knoll / Fox Optimal living Leadership Team!

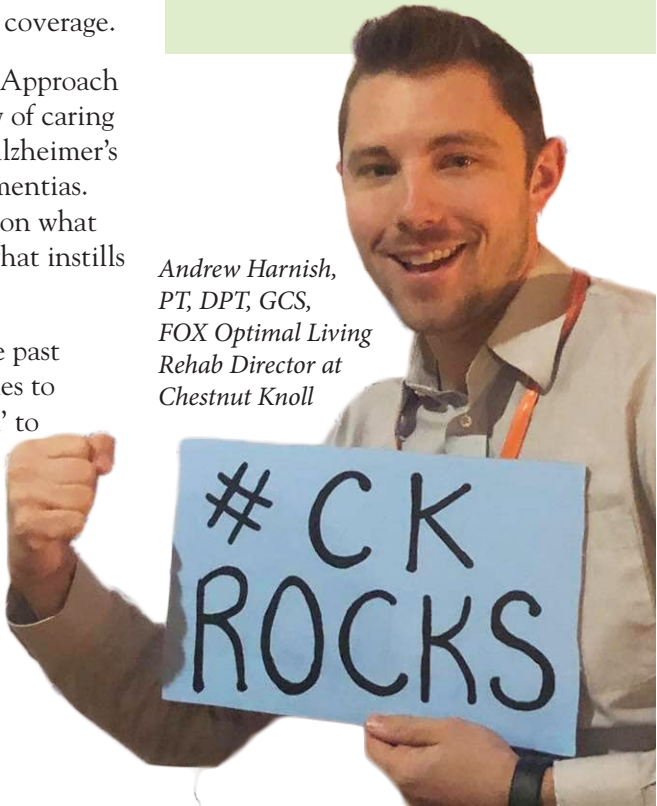
Chestnut Knoll is always open to implementing new tactics and ongoing staff training to enhance the well-being of its residents. Two most notable achievements were the introduction of the FOX Optimal Living program in 2013, and Teepa Snow’s Positive Approach to Care in 2018.

“(We) help reduce the pressure on families, so they can get back to enjoying each other.”

With the FOX Optimal Living program, all Chestnut Knoll residents can receive rehabilitation to help improve their overall physical wellness regardless of insurance coverage.

Teepa Snow’s Positive Approach to Care is a philosophy of caring for those living with Alzheimer’s disease and related dementias. This approach focuses on what residents can do and what instills fulfillment.

Looking back over the past 20 years, Chestnut Knoll wishes to extend a heartfelt ‘Thank You’ to the Boyertown community for allowing the care team to be a part of multiple generations of your family!



Andrew Harnish,
PT, DPT, GCS,
FOX Optimal Living
Rehab Director at
Chestnut Knoll

Straight Talk with Jodie Daniels, Certified Senior Advisor

A medical crisis situation for your aging family member can arise when you least expect it – I am here to help!



I have helped seniors and their families make the best decisions for their unique situations for over 25 years.

As a Certified Senior Advisor, I offer free and confidential advice about the care options available, financial concerns, caregiver support and more!

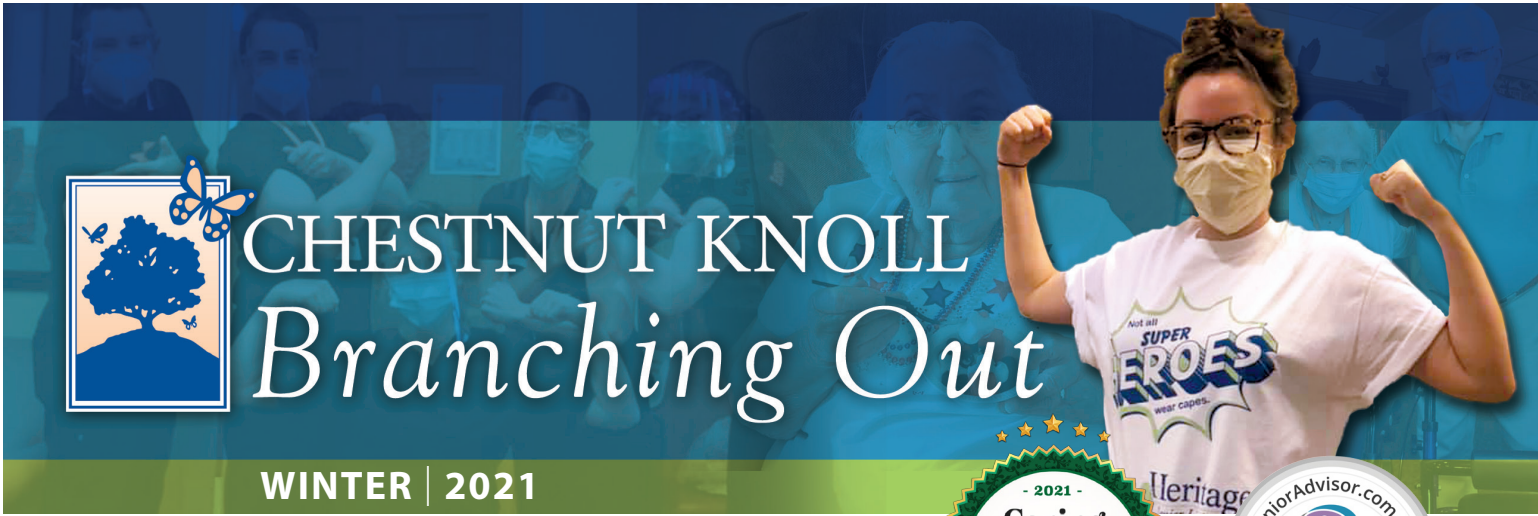
Call me today and let me help you!

Jodie Daniels
NHA, CSA

CALL or TEXT JODIE
610-310-8238

EMAIL
jdaniels@chestnutknoll.com

FREE and
CONFIDENTIAL
ADVICE



Awarded the “2021 Caring Super Star” and “Best of Senior Living”! SEE PAGE 2 ►



Life at Chestnut Knoll during COVID-19

Staff and caregivers at Chestnut Knoll continue to provide superior, award-winning care throughout the pandemic.

We worked hard to create some unique ways that would keep our resilient residents engaged, healthy and happy. Everyone was determined to make the best of each day!

Though mealtimes and activities were delivered door-to-door to help mitigate any chances of spreading COVID-19, our residents were not alone. We used this one-on-one time to greet and chat with them.

FOX Rehabilitation clinicians also provided FOX Optimal Living and other therapy services to keep residents active and to maintain independence during quarantine.

Our care team scheduled window visits and using innovative tools like Skype, Zoom and Facebook for video chats, so residents and families could stay connected.

And when it was safe to do so, residents enjoyed small socially distanced group activities like bingo, happy hours, birthday and anniversary celebrations, and holiday festivities.

Now that Chestnut Knoll has completed its COVID-19 vaccine clinics, we’re excited and eagerly awaiting a return to normalcy.

Until then, our caregivers and staff members will be here to provide the care your loved ones deserve. “We’ll continue to go above and beyond for them every day of the week!” Executive Director Shawn Barndt said.



ATTENTION SENIORS 65+

BOYERTOWN COMMUNITY VACCINATION PROJECT

Chestnut Knoll is teaming up with The Medicine Shoppe, Boyertown Area School District and other community organizations to vaccinate our area seniors against COVID-19.

WHO IS ELIGIBLE?

Seniors 65+ that reside in Boyertown School District.

TO GET VACCINATED

Contact Chestnut Knoll
at 610-473-8066 to
register for a future clinic.





Chestnut Knoll Honored Among Top Senior Living Communities in the Nation

Chestnut Knoll Personal Care and Memory Care is pleased to announce it has been selected as Caring.com’s 2021 Caring Super Star and for the SeniorAdvisor.com’s annual Best of Senior Living 2021 Award! This marks the sixth year Chestnut Knoll has received these awards for providing outstanding senior living, which is determined by online reviews written by seniors and their families.

“Our team does not take this recognition for granted. Thank you for the positive reviews, and to our families for their continued support and allowing us to care for their loved ones,” Executive Director, Shawn Barndt said. “We are neighbors helping neighbors, and it has been an honor to serve our community and seniors these past 20 years.”

A Trip Down Memory Lane

In September 2000, doors opened at Chestnut Knoll—a brand new opportunity for the area’s aging seniors to receive the care they needed without leaving their beloved hometown.

Built on the site of the former Boyertown Casket Company, this 30,000-square-foot residential community boasts 76 apartments with round-the-clock assistance so seniors can age gracefully in a healthy and supportive home-like environment; and a secured memory care neighborhood with specialized care for those living with Alzheimer’s disease and related dementias.

Previously, Boyertown-area residents needed to seek senior care homes further away when they got to a point on their aging journey where it was unsafe for them to continue living without daily care assistance.

After three years of establishing familiarity within the community there became an apparent need for care services to be provided directly within seniors’ homes. Executive Director Shawn Barndt and



Linda Detwiler, LPN—both Boyertown natives—spearheaded the development of Chestnut Knoll At Home Services.

Through these expanded services, seniors who needed extra assistance, yet not

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Support Groups

Parkinson’s Learn & Share

Monthly, third Thursday
2:00pm

- Discussions to support the health and wellness of those with Parkinson’s disease and their family
- Led by Andrew Harnish, PT, DPT, GCS, FOX Optimal Living Rehab Director at Chestnut Knoll
- Includes exercise therapy session

Alzheimer’s Support Group

Monthly, third Thursday
6:30-8:00pm

- Ongoing support system and education forum for family caregivers
- Different topics discussed monthly
- A program of the Alzheimer’s Association

RSVP by calling Jodie at 610-473-8066 or email jdaniels@chestnutknoll.com

Chestnut Knoll is the Tie that Binds a Community Together

Is it a family affair or community affair? At Chestnut Knoll, it’s hard to tell the difference. The personal care and memory care has deep roots within the Boyertown community as it’s built on the foundation of the town’s former flourishing business—the Boyertown Casket Company.

Since it’s inception in 2000, Chestnut Knoll has provided jobs and care to locals and their families. Like many others, Shannon Hoffman-Sminkey began her career at Chestnut Knoll working for At Home Services, which provides non-medical caregivers to assist seniors with everyday tasks in their homes.

Following high school, she enrolled in the physician assistant studies program at King’s College in Wilkes-Barre, where she graduated with a master’s degree. She then returned to Chestnut Knoll to care for residents, as well as working in internal medicine at Pottstown Medical Group.

“We truly are one big family.”

Chestnut Knoll is well-known for it’s impeccable care or what staff members like to call “neighbors helping neighbors.” This is one of the reasons Shannon’s mother Denise, a former employee, entrusted the care of her parents to Chestnut Knoll.

“A pandemic doesn’t change the needs’ of our residents. Many staff and residents have lived, worked or worshiped side-by-side one another, so it’s in our nature to go the extra mile for them,” Executive Director, Shawn Barndt said. “We truly are one big family.”

When Shannon’s wedding plans we’re hindered by COVID-19, Chestnut Knoll went a step above. To ensure her grandparents wouldn’t miss her big day, the senior living community provided a complimentary shuttle bus, and, although quarantined, her grandparents were able to safely enjoy the ceremony.

“It was a dream come true to be able to have my grandparents be a part of my wedding day, especially during this trying time,” said Shannon.



Perfect Attendance



(L-R) Kelly Rowley, Shirley Harkins, Amanda Garvey, Gussie Garvey, Anders Miller, Amy Hansen, Sam Gaugler, Kayla Grebe, Kathy Flicker, and Alexis Moyer.

Congratulations to the following employees for achieving perfect attendance in 2020:

- 18 years:** Kathy Flicker
- 4 years:** Cindy Mehlman and Alexis Moyer
- 3 years:** Samuel Gaugler and Shirley Harkins
- 2 year:** Kayla Grebe
- 1 year:** Kelly Rowley, Amanda Garvey, Gussie Garvey, Anders Miller and Amy Hansen

We have care plans to fit your needs!

- Personal Care
- Memory Care
- Home Care
- Respite
- Rehab Services

SCHEDULE A TOUR

Call Jodie at 610-473-8066 or email jdaniels@chestnutknoll.com