

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021



1:00 Mexican Train-AC **3**
 6:30 Movie-L/T: **POMS PG-13** 2019
 After moving to a retirement community, loner Martha befriends a fun-loving neighbor and forms a cheerleading club for young-at-heart seniors. 1h 30m

9:00 Stretch & Balance **4**
 w/Tom-CL
 10:00 Grocery Shopping: Save Mart
 12:30 Shopping: Bed, Bath & Beyond
 1:00 Knit Pickers-AC
 1:30 Rummikub-GR
 2:30 Wii Bowling-AC

9:00 Music in Motion **5**
 w/Rowena-CL
 10:00 Blank Slate-GR
 1:00 Cornhole-AC
 6:30 Book Reading
 w/Linda-L/T

9:15 Physical Therapy **6**
 w/Brody-CL
 1:00 Bingo w/Paige-AC
 2:30 Wii Bowling-AC

9:00 Weights & Balance **7**
 w/Tonya-CL
 1:00 Shuffleboard-AC
 2:00 Encore w/Pat-GR
2:30 Alpha One Presentation on POLST & VOL-CL
 6:30 Theatre Thursday-L/T: The Man from Snowy River 1982 1h 44m

9:00-11:00-Banks **8**
 9:00 Chair Yoga
 w/Diane-CL
 1:00 Trivia w/Lorraine-AC
2:15-3:30 Happy Hour w/Lincoln Highway-CL



1:00 Mexican Train-AC **10**
 6:30 Movie-L/T: **The Last Letter from your Lover** 2021 TV-MA
 After finding a trove of love letters from 1965, a reporter sets out to solve the mystery of a secret affair – while embarking on a romance of her own. 1h 50m

9:00 Stretch & Balance **11**
 w/Tom-CL
 10:00 Grocery Shopping: Safeway
 12:30 Shopping: Kohl's
 1:00 Knit Pickers-AC
 2:30 Wii Bowling-AC
Columbus Day (US)
 Indigenous Peoples' Day
 Thanksgiving (Canada)

9:00 Music in Motion **12**
 w/Rowena-CL
 10:00 Blank Slate-GR
 1:00 Beanbag Baseball-AC
2:00 Bookmobile-PL
 2:30 Sing Along-CL

9:15 Weights & Balance **13**
 w/Christa-CL
11:00 October Birthday Celebration – Dining Room
 1:00 Bingo w/Paige-AC
 2:30 Wii Bowling-AC

9:00 Weights & Balance **14**
 w/Tonya-CL
 1:00 Shuffleboard-AC
 1:30 Rummikub-GR
 6:30 Theatre Thursday-L/T: Tsinandali Festival 2019 1h 35min

9:00-11:00-Banks **15**
 9:00 Weights & Balance
 w/Tonya-CL
 1:00 Wii Bowling-AC
2:15-3:30 Karaoke Happy Hour-CL



1:00 Mexican Train-AC **17**
 6:30 Movie-L/T: **Bob Ross - Happy Accidents, Betrayal & Greed** 2021 TV-14
 Bob Ross brought joy to millions as the world's most famous art instructor. But a battle for his business empire cast a shadow over his happy trees. 1h 33m

9:00 Stretch & Balance **18**
 w/Tom-CL
 10:00 Grocery Shopping: Save Mart
 12:30 Shopping: Target
 1:00 Knit Pickers-AC
 1:30 Rummikub-GR
 2:30 Wii Bowling-AC

9:00 Music in Motion **19**
 w/Rowena-CL
 10:00 Blank Slate-GR
 1:00 Cornhole-AC
 6:30 Book Reading
 w/Linda-L/T

9:15 Physical Therapy **20**
 w/Brody-CL
 1:00 Bingo w/Paige-AC
2:30 Paint & Sip w/Theresa-AC
 7:00 Bookworms-L/T

9:00 Weights & Balance **21**
 w/Tonya-CL
 1:00 Shuffleboard-AC
 2:00 Encore w/Pat-GR
2:30 Skin Integrity-CL
 6:30 Theatre Thursday-L/T: The Glenn Miller Story 1954 1h 56m

9:00-11:00-Banks **22**
 9:00 Chair Yoga
 w/Diane-CL
 1:00 Trivia w/Lorraine-AC
2:15-3:30 Happy Hour w/Moon Glow-CL



1:00 Mexican Train-AC **24**
 6:30 Movie-L/T: **Murder Mystery** 2019 PG-13
 On a long-awaited trip to Europe, a New York City cop and his hairdresser wife scramble to solve a baffling murder aboard a billionaire's yacht. 1h 37m

9:00 Stretch & Balance **25**
 w/Tom-CL
 10:00 Grocery Shopping: Safeway
 12:30 Shopping: Dollar Tree
 1:00 Knit Pickers-AC
 2:30 Wii Bowling-AC

9:00 Music in Motion **26**
 w/Rowena-CL
 10:00 Blank Slate-GR
 1:00 Beanbag Baseball-AC
 2:30 Sing Along-CL

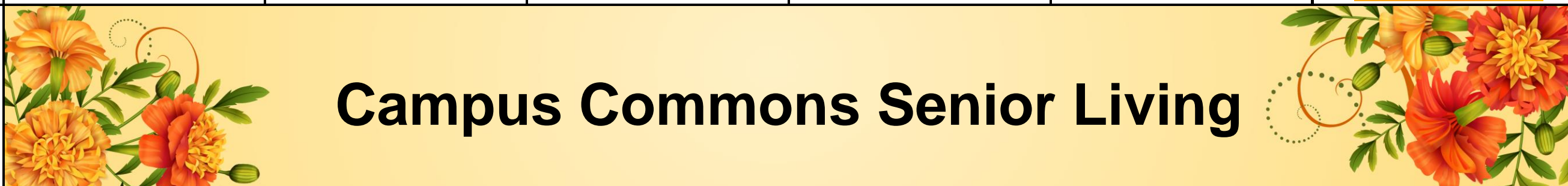
9:15 Weights & Balance **27**
 w/Tonya-CL
10:30 Ceramic Class w/Claudia-AC
 1:00 Bingo w/Paige-AC
 2:30 Wii Bowling-AC

9:00 Weights & Balance **28**
 w/Tonya-CL
 1:00 Shuffleboard-AC
 1:30 Rummikub-GR
 6:30 Theatre Thursday-L/T: Daddy Longlegs 1955 2h 6m

9:00-11:00-Banks **29**
 9:00 Chair Yoga
 w/Diane-CL
 1:00 Wii Bowling-AC
2:15-3:30 Halloween Happy Hour w/Happy Trails Duo



1:00 Mexican Train-AC **31**
 6:30 Movie-L/T: **The Impossible** 2012 PG-13
 Tracking one family's harrowing experiences, this gripping drama depicts the chaos generated by the massive 2004 tsunami in Southeast Asia. 1h 53m
Halloween



Campus Commons Senior Living