

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1
9:45 Workout with the Y - CR2
10:30 Smoothie Social Hour - B1
1:30 Bridge Club - GR2

2
9:45 Exercise with Mary- CR2
1:00 David Jones - CR2
1:00-3:30 Ellen's Massages - MR2
3:30 Bingo - CR2

3
9:45 Workout with the Y - CR2
10:30 Smoothie Social Hour - B1
1:30 Crumbl Cookies & Caribou Coffee Outing*
3:00 Tim Patrick - ML1

4
9:45 Exercise with Mary - CR2
11:00 Chaplain Visits with Chris Beckman - CR2
12:00 Birthday Lunch* - D1
1:00 Lutheran Worship Service - CR2
3:30 Bingo - CR2

5
9:45 Workout with the Y - CR2
10:30 Smoothie Social - B1
1:15 Movie Matinee: *Tommy Boy* (1h37m) - T2
3:00 Social Hour - DR1

6
10:00 HASfit Chair Exercise - CH1-2
2:00 500 Card Club - AR3

7
10:00 Saint Bartholomew's Catholic Service - CR2
11:00 St. Philip the Deacon Lutheran Service - CR2
2:00 Movie Matinee: *Jumanji* (1h44m) - T2

8
9:45 Workout with the Y - CR2
10:30 Smoothie Social Hour - B1
1:30 Bridge Club - GR2
2:00 James Shaw - ML1

9
9:45 HASfit Chair Exercise- CR2
1:00-3:30 Ellen's Massages - MR2
2:30 Book Club - PDR1
3:30 Bingo - CR2

10
9:45 Workout with the Y - CR2
10:30 Smoothies with Mike- B1
1:30 Outing: General Store*
3:00 Vibraphone with Steve - ML1

11 Veterans Day
9:45 Exercise with Mary - CR2
12:00 Veteran's Day Lunch* -D1
1:30 Bible Study - CR2
3:30 Bingo - CR2

12
9:45 Workout with the Y - CR2
10:30 Smoothie Social - B1
10:45 Target*
1:15 Movie Matinee: *Mile 22* (1h34m) - T2
3:00 Veteran's Social Hour with Hamel VFW- DR1

14
10:00 Saint Bartholomew's Catholic Service - CR2
11:00 St. Philip the Deacon Lutheran Service - CR2
2:00 Movie Matinee: *August Rush* (1h53m) - T2

15
9:45 Workout with the Y - CR2
10:30 Smoothie Social Hour - B1
10:30 Lucky the Therapy Dog Visits - CR2
1:30 Bridge Club - GR2

16
9:45 Exercise with Mary- CR2
1:00-3:30 Ellen's Massages - MR2
1:30 Activity Meeting - CR2
3:30 Bingo - CR2

17
9:45 Workout with the Y - CR2
10:30 Smoothie Social Hour - B1
11:00 Lunch Outing: Olive Garden*
3:00 Charley Wyser - ML1

18
9:45 Exercise with Mary - CR2
11:00 Catholic Mass - CR2
1:00 Ecumenical Service - CR2
2:30 John Bury - ML1
3:30 Bingo - CR2

19
9:45 Workout with the Y - CR2
10:30 Smoothie Social - B1
1:30 Resident Council - CR2
3:00 Social Hour - DR1

21
10:00 Saint Bartholomew's Catholic Service - CR2
11:00 St. Philip the Deacon Lutheran Service - CR2
2:00 Movie Matinee: *A Knight's Tale* (2h12m) - T2

22
9:45 Workout with the Y - CR2
10:30 Smoothie Social Hour - B1
1:30 Bridge Club - GR2

23
9:45 HASfit Chair Exercise - CR2
11:00 Environmental Services Meeting - CR2
1:00-3:30 Ellen's Massages - MR2
1:30 Chat with the Chef - CR2
3:30 Bingo - CR2

24
9:45 Workout with the Y - CR2
10:30 Smoothie Social Hour - B1
11:00 Community Project Meeting - CR2
2:00 Craft Group: DIY Holiday Countdown Calendars* - CR2

25 Thanksgiving
8:00-11:00 Macy's Thanksgiving Day Parade - NBC
9:45 HASfit Chair Exercise - MyChannel, CH1-2
2:30 John Bury - ML1

26
9:45 Workout with the Y - CR2
10:30 Smoothie Social - B1
10:45 Trader Joes*
1:00 Movie Matinee: *Hairspray* (1h56m) - T2
3:00 Social Hour- DR1

28
10:00 Saint Bartholomew's Catholic Service - CR2
11:00 St. Philip the Deacon Lutheran Service - CR2
2:00 Movie Matinee: *Seven Pounds* (2h3m) - T2

29 First Day of Hanukkah
9:45 Workout with the Y - CR2
10:30 Smoothies with Raquel - B1
1:30 Bridge Club- GR2

30
9:45 Exercise with Mary - CR2
1:00-3:30 Ellen's Massages - MR2
1:30 Resident Town Hall (Council) - CR2
3:30 Bingo - CR2

Room Names

First Floor:	Second Floor:	Third Floor:
B1- Bistro	CR2- Community Room	AR3- Activity Room
DR1 - Dining Room	MR2- Massage Room	
ML1- Main Lobby	T2- Theater	
PD1 - Private Dining Room	GR2- Game Room	

 = Bus outing

*Sign up required

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

10:00 Morning Stretch
11:00 Positive News
1:15 Art Therapy with Baylee
2:30 1:1 Art Visits

2

10:00 Morning Stretch
11:00 Positive News
1:30 MacPhail Music for Life Sing Along
2:30 Snack Social
3:45 Ellen's Chair Massages

3

10:00 Morning Stretch
11:00 Bible Study
1:00 Bingo
2:30 Word Games
4:00 Entertainment: Tim Patrick

4

10:00 Morning Stretch
11:00 Positive News
1:30 Craft Group: Bird Seed Ornaments
3:30 1:1 Visits

5

10:00 Morning Stretch
10:45 Gratitude Circle
1:30 Table Games & Trivia
2:30 Movie Matinee: The Pink Panther
3:45 1:1 Visits

6

10:30 Manicures with Volunteers
11:00 Morning TV Shows
1:15 Music with Melissa
2:30 Ice Cream Social
3:00 Coloring Club

7

10:00 Saint Bartholomew's Catholic Service - MyChannel
11:00 St. Philip the Deacon Lutheran Service - MyChannel
1:30 Afternoon Stretch
2:15 Ice Cream Social
3:30 1:1 Visits

8

10:00 Morning Stretch
11:00 Positive News
1:15 Art Therapy with Baylee
2:30 1:1 Art Visits

9

10:00 Morning Stretch
11:00 Positive News
1:30 MacPhail Music for Life Sing Along
2:30 Snack Social
3:45 Ellen's Chair Massages

10

10:00 Morning Stretch
11:00 Bible Study
1:00 Bingo
2:45 Entertainment: Wes "Squeezy" Miller
3:45 1:1 Visits

11 Veterans Day

10:00 Morning Stretch
11:00 Positive News
1:30 Floral Arrangements
3:30 Veteran's Day Sing Along & Recognitions
4:00 1:1 Visits

12

10:00 Morning Stretch
10:45 Gratitude Circle
1:30 Table Games & Trivia
2:15 Veteran's Program with VFW
3:45 1:1 Visits

13

10:30 Manicures with volunteers
10:45 Morning Stretch
11:00 Positive News
3:30 Afternoon Movie

14

10:00 Saint Bartholomew's Catholic Service - MyChannel
11:00 St. Philip the Deacon Lutheran Service - MyChannel
1:30 Afternoon Stretch
2:15 Ice Cream Social
3:30 Coloring Club

15

10:00 Morning Stretch
10:45 Lucky the Therapy Dog Visits
1:15 Art Therapy with Baylee
2:30 1:1 Art Visits

16

10:00 Morning Stretch
11:00 Positive News
1:30 MacPhail Music for Life Sing Along
2:30 Snack Social
3:45 Ellen's Chair Massages

17

10:00 Morning Stretch
11:00 Bible Study
1:00 Bingo
2:30 Jelly Belly Taste Testing
3:45 Entertainment: Charley Wyser

18 Happy Birthday Mike B!

10:00 Morning Stretch
11:00 Positive News
1:30 Floral Arrangements
3:30 Travelogue: Costa Rica
4:00 1:1 Visits

19

10:00 Positive News
10:45 Gratitude Circle
1:30 Table Games & Trivia
2:30 Movie Matinee: My Big Fat Greek Wedding
3:45 1:1 Visits

20

10:30 Manicures with Volunteers
11:00 Morning TV Shows
1:15 Music with Melissa
2:30 Ice Cream Social
3:00 Coloring Club

21

10:00 Saint Bartholomew's Catholic Service - MyChannel
11:00 St. Philip the Deacon Lutheran Service - MyChannel
1:30 Afternoon Stretch
2:15 Ice Cream Social
3:30 1:1 Visits

22

10:00 Morning Stretch
11:00 Positive News
1:15 Art Therapy with Baylee
2:30 1:1 Art Visits
3:30 Music Memories with Barbara Lee

23

10:00 Morning Stretch
11:00 Positive News
1:30 Active Game: Turkey Bowling
2:30 Snack Social
3:45 Ellen's Chair Massages

24 Happy Birthday Pat T!

10:00 Morning Stretch
11:00 Bible Study
1:00 Bingo
2:30 Thanksgiving Reminisce
3:00 Entertainment: Mark Milner

25 Thanksgiving Day

8:00-11:00 Macy's Thanksgiving Day Parade

26

10:00 Positive News
10:45 Gratitude Circle
1:30 Black Friday/Thanksgiving Trivia
2:30 Movie Matinee: Superman
3:45 1:1 Visits

27 Happy Birthday Jerry B!

10:30 Manicures with Volunteers
10:45 Morning Stretch
11:00 Positive News
1:15 Music with Mary
2:30 Ice Cream Social
3:30 Puzzles & Chat
4:30 Sensory 1:1's

28

10:00 Saint Bartholomew's Catholic Service - MyChannel
11:00 St. Philip the Deacon Lutheran Service - MyChannel
1:30 Afternoon Stretch
2:15 Ice Cream Social
3:30 Coloring Club

29

10:00 Morning Stretch
11:00 Positive News
1:15 Art Therapy with Adler University Student Baylee
2:30 1:1 Art Visits

30

10:00 Morning Stretch
11:00 Positive News
1:30 Active Game
2:30 Snack Social
3:45 Ellen's Chair Massages

Please note: Calendar is subject to change - refer to Caremerge for updates