









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are Subject to change CR-Community Room AR-Art Room YS-Yoga Studio DR-Dining Room	1 10:00 Live to be healthy-CR 1:00 Gratitude Pumpkin-CR 3:00 BINGO-CR	2 10:00 Donut Social-DR 1:00 GIN-CR 3:00 Community Meeting (Rebranding)-CR 	3 10:00 Live to be healthy-YS 2:00 Bus ride to Lunds 3:30 November Birthday Celebration-CR	4 10:00 Bus ride to Target 1:00 Outing to Sea life- Mall of America 3:00 BINGO-CR	5 10:00 Live to be healthy-YS 1:00 Turkey Wreath Making-AR 2:00 Cribbage-CR 3:00 Happy Hour-Pub	6 <u>Independent Program</u> Bridge 500 Board Games
7 <u>Independent Program</u> 10:30 Church Services-CR 12:00 Viking Game-Pub	8 10:00 Live to be healthy-YS 12:00 Lunch Outing to North Star Tavern 3:00 BINGO-CR	9 10:00 Donut Social-DR 1:00 Bonfire & Hot chocolate social Social-Courtyard 3:00 Bridge-CR	10 10:00 Live to be healthy-YS 11:30-3:30 Massage Therapy 2:00 Bus ride to Cub 3:30 Resident council Meeting Members Only -Conference Room	11 10:00 Catholic Communion-CR 10:30 Veterans Day Ceremony-DR 1:00 Bus Ride to Lunds 3:00 BINGO-CR 	12 10:00 Live to be healthy-YS 1:00 Paper Roll Turkey's-AR 2:00 Exercising to prevent dementia-CR 3:00 Happy Hour-Pub	13 <u>Independent Program</u> Bridge 500 Board Games
14 <u>Independent Program</u> 10:30 Church Service-CR 3:05 Vikings Game-Pub	15 10:00 Live to be healthy-YS 1:00 Book club-CR 3:00 BINGO-CR	16 10:00 Lutheran Communion-CR 10:00 Donut Social-DR 1:00 GIN-CR 3:00 Bridge-CR	17 10:00 Live to be healthy-YS 2:00 Bus ride to Target 3:30 Resident meeting-CR	18 10:00 Bus Ride to Cub 1:00 GIN-CR 3:00 Music Performance with Bill Mann-DR	19 10:00 Live to be healthy-YS 1:00 Jewelry Box Decorating-AR 2:00 Cribbage-CR 3:00 Happy Hour-Pub	20 <u>Independent Program</u> Bridge 500 Board Games
21 <u>Independent Program</u> 10:30 Church Service-CR 12:00 Viking Game-Pub	22 10:00 Live to be healthy-YS 12:00 Charlie Brown Thanksgiving-DR 3:00 Thanksgiving BINGO-CR	23 10:00 Donut Social-DR 1:00 GIN-CR 3:00 Bridge-CR	24 10:00 Live to be healthy-YS 2:00 Bus Ride to Lunds 6:30 Movie Night (A Christmas Story)-CR	25 	26 10:00 Live to be healthy-YS 1:00 Kick off to Christmas Craft-AR 2:00 Cribbage-CR 3:00 Happy Hour-Pub	27 <u>Independent Program</u> 10:00 Tie Blanket Making-CR 10:30 Caitlin's wedding pictures and video viewing-CR Bridge
28 <u>Independent Program</u> 10:30 Church Service-CR 3:25 Vikings Game-Pub	29 10:00 Live to be healthy-YS 12:00 Lunch Outing to Denny's 3:00 Beer & BINGO-CR	30 10:00 Donut Social-DR 1:00 GIN-CR 3:00 Bridge-CR	<div>  <div> <h1>November 2021</h1> <p>Activities Calendar</p> <p>Independent Living Assisted Living</p> </div> </div>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are Subject to change 	1 11:00 Board Games 2:00 Gratitude Pumpkin 2:30 Neighbor Social	2 10:30 Donut Social 2:00 Sensory & Puzzles 2:30 Neighbor Social 3:30 Slap Happy Hand Drummers 	3 11:00 Manicures 1:00 Music Therapy 2:30 Neighbor Social 3:30 November Birthday Celebration-CR	4 11:15 Turkey Wreath Making 2:30 Neighbor Social 3:30 Cards	5 11:00 BINGO 2:00 Phase 10 2:30 Neighbor Social	6 <u>Independent Program</u> 10:00 Coloring 1:00 Puzzles 3:00 Board Games
7 <u>Independent Program</u> 10:30 Church Services-CR 12:00 Viking Game-Activity Area	8 11:00 Board Games 2:00 Cards 2:30 Neighbor Social	9 10:30 Donut Social 1:00 Bonfire Social-Courtyard 2:30 Neighbor Social	10 11:00 Manicures 11:30-3:30 Massage Therapy 1:00 Music Therapy 2:30 Neighbor Social	11 10:00 Catholic Communion-CR 10:30 Veterans Day Ceremony-DR 2:00 Paper Roll Turkey 2:30 Neighbor Social 	12 11:00 BINGO 2:00 UNO 2:30 Neighbor Social	13 <u>Independent Program</u> 10:00 Coloring 1:00 Puzzles 3:00 Board Games
14 <u>Independent Program</u> 10:30 Church Service-CR 3:05 Vikings Game-Activity Area	15 11:00 Canvas Painting 1:00 Board Games 2:30 Neighbor Social	16 10:00 Lutheran Communion-CR 10:30 Donut Social 1:00 Hot Chocolate Social 2:00 Sensory & Puzzles 2:30 Neighbor Social	17 11:00 Manicures 1:00 Music Therapy 2:30 Neighbor Social	18 11:15 Cards 1:00 Jewelry Box Decorating 2:30 Neighbor Social 3:00 Music Performance with Bill Mann-DR	19 11:00 BINGO 2:00 Scenic Bus Ride 2:30 Neighbor Social	20 <u>Independent Program</u> 10:00 Coloring 1:00 Puzzles 3:00 Board Games
21 <u>Independent Program</u> 10:30 Church Service-CR 12:00 Viking Game-Activity Area	22 11:00 Board Games 12:00 Charlie Brown Thanksgiving-DR 2:30 Neighbor Social	23 10:30 Donut Social 2:00 Sensory & Puzzles 2:30 Neighbor Social	24 11:00 Kick off to Christmas Craft 1:00 Manicures 2:30 Neighbor Social	25 	26 11:00 Thanksgiving BINGO 2:00 Phase 10 2:30 Neighbor Social	27 <u>Independent Program</u> 10:00 Tie Blanket Making-CR 1:00 Puzzles 3:00 Board Games
28 <u>Independent Program</u> 10:30 Church Service-CR 3:25 Vikings Game-Activity Area	29 11:00 Board Games 2:00 Cards 2:30 Neighbor Social	30 10:30 Donut Social 2:00 Sensory & Puzzles 2:30 Neighbor Social	<div> <div> <div>Amira</div> <div>CHOICE</div> </div> <div> <div>November 2021</div> <div>The Meadows</div> <div>Memory Care Activities Calendar</div> </div> </div>			