




# Amira Choice Roseville at Lexington - November 2021 (Assisted Living, Independent Living)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:00</b> Active Minds Presentation, <b>CR</b> <b>6:00</b> Movie Night, <b>T</b> <b>6:00</b> Pool in the Pub, <b>LP</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Chair Fitness W/ Michele, <b>CR</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>1:00</b> Pool (Billiards), <b>LP</b> <b>2:00</b> BINGO, <b>CR</b> <b>2:00</b> Hand & Foot Card Game, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:30</b> Parkinson's Support Group, <b>CR</b> <b>6:30</b> Bridge Club, <b>LC</b>	<b>9:00</b> Pool W/ Applewood, <b>LP</b> <b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:30</b> Chaplain Chris Beckman Church Service, <b>CR</b> <b>2:00</b> BINGO, <b>CR</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:15</b> Lisa Murphy Cowgirl Music Performance, <b>CR</b> <b>6:00</b> Evening Movie, <b>T</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Chair Fitness W/ Michele, <b>CR</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>1:00</b> Pool (Billiards), <b>LP</b> <b>2:00</b> Hand & Foot Card Game, <b>LP</b> <b>2:00</b> Yahtzee Dice Game, <b>CR</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:00</b> Joey C. Music Performance & Sing Along, <b>CR</b>	<b>9:30</b> Pool in the Pub, <b>LP</b> <b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Chaplain Chris Beckman Recorded Service, <b>RM</b> <b>10:30</b> Virtual Chair Yoga Video, <b>RM</b> <b>2:00</b> Hand & Foot Card Game, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>2:20</b> Joey C Music Appreciation Class, <b>CR</b> <b>3:20</b> Crafty Club, <b>CR</b>	<b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>2:00</b> Matinee Movie, <b>T</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>4:00</b> Wild-Life Documentary, <b>RM</b> <b>5:00</b> Brooks Falls: Bear live stream, <b>RM</b>
	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>12:00</b> Minnesota Vikings VS. Baltimore Ravens, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>2:00</b> Rick Steve Exploring Europe Show, <b>RM</b> <b>3:15</b> John S. Travelogue Presentation, <b>CR</b> <b>5:00</b> Panda Bear Live Stream, <b>RM</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:30</b> Alyssa Drawing Class, <b>CR</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>2:00</b> Book Club, <b>CR</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>6:00</b> Movie Night, <b>T</b> <b>6:00</b> Pool in the Pub, <b>LP</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Virtual Pre Recorded Chair Fitness W/ Michele, <b>CR</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>1:00</b> Pool (Billiards), <b>LP</b> <b>2:00</b> BINGO, <b>CR</b> <b>2:00</b> Hand & Foot Card Game, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:00</b> Social HR & B-Day Treats, <b>CR</b> <b>4:00</b> Rebranding Meeting, <b>CR</b> <b>6:30</b> Bridge Club, <b>LC</b>	<b>9:00</b> Pool W/ Applewood, <b>LP</b> <b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:30</b> Virtual Pre Recorded Chris Beckman Church Service, <b>CR/RM</b> <b>2:00</b> BINGO, <b>CR</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:00</b> Social HR & B-Day Treats, <b>CR</b> <b>6:00</b> Evening Movie, <b>T</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Virtual Pre Recorded Chair Fitness W/ Michele, <b>CR</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>11:00</b> Catholic Communion, <b>T</b> <b>12:30</b> Bus Loop Shopping Outing, <b>L</b> <b>1:00</b> Pool (Billiards), <b>LP</b> <b>2:00</b> Hand & Foot Card Game, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>2:00</b> Fred G. Highwater Band, <b>CR</b>	<b>9:30</b> Pool in the Pub, <b>LP</b> <b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Chaplain Chris Beckman Recorded Service, <b>RM</b> <b>10:30</b> Virtual Chair Yoga Video, <b>RM</b> <b>11:30</b> Ladies Lunch, <b>L</b> <b>2:00</b> Cribbage Club, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>2:20</b> Joey C Music Appreciation Class, <b>CR</b> <b>3:20</b> Crafty Club, <b>CR</b>	<b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>2:00</b> Matinee Movie, <b>T</b> <b>2:00</b> Mary Hall Music Performance, <b>CR</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>4:00</b> Wild-Life Documentary, <b>RM</b> <b>5:00</b> Brooks Falls: Bear live stream, <b>RM</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>2:00</b> Rick Steve Exploring Europe Show, <b>RM</b> <b>3:05</b> Minnesota Vikings VS. LA Chargers, <b>LP</b> <b>5:00</b> Panda Bear Live Stream, <b>RM</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>2:00</b> Resident Community Update and Information, <b>CR</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:00</b> Active Minds Presentation, <b>CR</b> <b>5:00</b> Men's Dinner, <b>L</b> <b>6:00</b> Movie Night, <b>T</b> <b>6:00</b> Pool in the Pub, <b>LP</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Chair Fitness W/ Michele, <b>CR</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>1:00</b> Pool (Billiards), <b>LP</b> <b>2:00</b> BINGO, <b>CR</b> <b>2:00</b> Hand & Foot Card Game, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:30</b> Parkinson's Support Group, <b>CR</b> <b>6:30</b> Bridge Club, <b>LC</b>	<b>9:00</b> Pool W/ Applewood, <b>LP</b> <b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:30</b> Virtual Pre Recorded Chris Beckman Church Service, <b>CR/RM</b> <b>2:00</b> BINGO, <b>CR</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:15</b> Sequence Board/Card Game, <b>CR</b> <b>5:00</b> Ladies Dinner, <b>L</b> <b>6:00</b> Evening Movie, <b>T</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Chair Fitness W/ Michele, <b>CR</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>12:30</b> Bus Loop Shopping Outing, <b>L</b> <b>1:00</b> Pool (Billiards), <b>LP</b> <b>2:00</b> Hand & Foot Card Game, <b>LP</b> <b>2:00</b> Low Vision Support Group, <b>CR</b> <b>2:00</b> Cookies & Coffee, <b>LC</b>	<b>9:30</b> Pool in the Pub, <b>LP</b> <b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Chaplain Chris Beckman Recorded Service, <b>RM</b> <b>10:30</b> Virtual Chair Yoga Video, <b>RM</b> <b>12:30</b> Bell Museum & Minnesota Night Sky Planetarium, <b>L</b> <b>2:00</b> Hand & Foot Card Game, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>2:20</b> Joey C Music Appreciation Class, <b>CR</b> <b>3:20</b> Crafty Club, <b>CR</b>	<b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>2:00</b> Matinee Movie, <b>T</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>4:00</b> Wild-Life Documentary, <b>RM</b> <b>5:00</b> Brooks Falls: Bear live stream, <b>RM</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>12:00</b> Minnesota Vikings VS. Green Bay Packers, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>2:00</b> Rick Steve Exploring Europe Show, <b>RM</b> <b>3:15</b> John S. Travelogue Presentation, <b>CR</b> <b>5:00</b> Panda Bear Live Stream, <b>RM</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:30</b> Alyssa Drawing Class, <b>CR</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>2:00</b> Universal Yum's Sweet Treats, <b>CR</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:00</b> Bill Mann Music, <b>CR</b> <b>6:00</b> Movie Night, <b>T</b> <b>6:00</b> Pool in the Pub, <b>LP</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Chair Fitness W/ Michele, <b>CR</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>1:00</b> Pool (Billiards), <b>LP</b> <b>2:00</b> BINGO, <b>CR</b> <b>2:00</b> Hand & Foot Card Game, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:00</b> Social HR & B-Day Treats, <b>CR</b> <b>6:30</b> Bridge Club, <b>LC</b>	<b>9:00</b> Pool W/ Applewood, <b>LP</b> <b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:30</b> Virtual Pre-Recorded Chaplain Chris Beckman Church Service, <b>cr/rm</b> <b>11:00</b> Catholic Communion, <b>T</b> <b>2:00</b> BINGO, <b>CR</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:00</b> Social HR & B-Day Treats, <b>CR</b> <b>6:00</b> Evening Movie, <b>T</b>	<b>Happy Thanksgiving</b> <b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>1:00</b> Pool (Billiards), <b>LP</b> <b>2:00</b> Hand & Foot Card Game, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:00</b> Turkey Coasters, <b>CR</b>	<b>9:30</b> Pool in the Pub, <b>LP</b> <b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Chaplain Chris Beckman Recorded Service, <b>RM</b> <b>10:30</b> Virtual Chair Yoga Video, <b>RM</b> <b>2:00</b> Cribbage Club, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:20</b> Crafty Club, <b>CR</b>	<b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>2:00</b> Matinee Movie, <b>T</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>4:00</b> Wild-Life Documentary, <b>RM</b> <b>5:00</b> Brooks Falls: Bear live stream, <b>RM</b>
<b>28</b>	<b>29</b>	<b>30</b>				<b>MEETING PLACES</b>
<b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>2:00</b> Rick Steve Exploring Europe Show, <b>RM</b> <b>3:25</b> Minnesota Vikings VS. San Francisco 49ers, <b>LP</b> <b>5:00</b> Panda Bear Live Stream, <b>RM</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>2:00</b> Dale M. Music Performance, <b>CR</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>3:15</b> Mixology Class, <b>CR</b> <b>6:00</b> Movie Night, <b>T</b> <b>6:00</b> Pool in the Pub, <b>LP</b>	<b>9:30</b> Daily Virtual Catholic Mass, <b>RM</b> <b>10:00</b> Chair Fitness W/ Michele, <b>CR</b> <b>10:30</b> Virtual Seated Exercise Video, <b>RM</b> <b>1:00</b> Pool (Billiards), <b>LP</b> <b>2:00</b> BINGO, <b>CR</b> <b>2:00</b> Hand & Foot Card Game, <b>LP</b> <b>2:00</b> Cookies & Coffee, <b>LC</b> <b>6:30</b> Bridge Club, <b>LC</b>				<b>RM</b> - In own room <b>LC</b> - Lex Cafe <b>CR</b> - Community Room <b>T</b> - Theater <b>LP</b> - Lex Pub <b>L</b> - The Lobby



AMIRA CHOICE ROSEVILLE AT LEXINGTON  
**NOVEMBER 2021 MEMORY CARE ACTIVITY CALENDAR**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 10:00 -Sit N' Fit 10:30 -Balloon Ball 1:30 -Trivia Time 2:00 -Snack, Sip, & Social 2:30 -Fun & Games 4:00 -Coffee Social 5:30 -Colorful Creations	2 10:00 -Sit N' Fit 10:30 -Music & Movement 1:00 -Word Games 2:00 - <b>Music w/ Dale Martel</b> 3:00 -Snack, Sip, & Social 3:30 -Sing Along 5:30 -Movie Night	3 10:00 -Let's Bake! 11:00 - <i>Daily Devotion</i> 1:00 - <b>Worship w/ Chaplain</b> 2:00 -Snack, Sip, & Social 2:30 -Art with Heart 3:30 -Fun & Games 5:30 - <i>Sing Along: Hymnals</i>	4 10:00 -Sit N' Fit 10:30 -Balloon Ball 1:00 -Word Games 2:00 - <b>Music w/ Bill Mann</b> 3:00 -Snack, Sip, & Social 3:30 -Flower Arranging 5:30 -Movie Night	5 10:00 -Sit N' Fit 10:30 -Music & Movement 1:00 - <b>Music for Life w/ Joey C.</b> 2:00 -Snack, Sip, & Social 2:30 -Manicures 4:00 -Coffee Social 5:30 -Colorful Creations	6 10:00 -Saturday Stretch 10:30 -Coffee & News 1:00 -Fun & Games 2:00 -Happy Hour 2:30 -Matinee Movie 4:00 -Coffee Social 5:30 -Sing Along	
7 <b>Daylight Savings Ends</b> 10:00 - <i>Virtual Worship Service</i> 11:00 - <i>Daily Devotion</i> 1:30 -Sing & Stretch 2:00 -Sunday Sundaes 2:30 -Poetry Session 3:30 - <i>Sing Along: Hymnals</i> 5:30 -1 on 1's	8 10:00 -Sit N' Fit 10:30 -Balloon Ball 1:30 -Trivia Time 2:00 -Snack, Sip, & Social 2:30 -Fun & Games 4:00 -Coffee Social 5:30 -Colorful Creations	9 10:00 -Sit N' Fit 10:30 -Music & Movement 1:00 - <b>Educational Presentation: Family Photos USA</b> 2:00 - <b>Music w/ Darlin Jesse</b> 3:00 -Snack, Sip, & Social 3:30 -Sing Along 5:30 -Movie Night	10 10:00 -Let's Bake! 11:00 - <i>Daily Devotion</i> 1:00 - <b>Virtual Worship Service</b> 2:00 -Snack, Sip, & Social 2:30 -Art with Heart 3:30 -Fun & Games 5:30 - <i>Sing Along: Hymnals</i>	11 <b>Veteran's Day</b> 10:00 -Sit N' Fit 10:30 -Balloon Ball 1:00 - <b>Veteran's Day Dedication</b> 2:00 -Snack, Sip, & Social 2:30 -Flower Arranging 4:00 -Coffee Social 5:30 -Movie Night	12 10:00 -Sit N' Fit 10:30 -Music & Movement 1:00 - <b>Music for Life w/ Joey C.</b> 2:00 -Snack, Sip, & Social 2:30 -Manicures 4:00 -Coffee Social 5:30 -Colorful Creations	13 10:00 -Saturday Stretch 10:30 -Coffee & News 1:00 -Fun & Games 2:00 -Happy Hour 2:30 -Matinee Movie 4:00 -Coffee Social 5:30 -Sing Along	
14 10:00 - <i>Virtual Worship Service</i> 11:00 - <i>Daily Devotion</i> 1:30 -Sing & Stretch 2:00 -Sunday Sundaes 2:30 -Poetry Session 3:30 - <i>Sing Along: Hymnals</i> 5:30 -1 on 1's	15 10:00 -Sit N' Fit 10:30 -Balloon Ball 1:30 -Trivia Time 2:00 -Snack, Sip, & Social 2:30 -Fun & Games 4:00 -Coffee Social 5:30 -Colorful Creations	16 10:00 -Sit N' Fit 10:30 -Music & Movement 1:00 - <b>Educational Presentation: Hemingway Pt. 1</b> 2:00 -Snack, Sip, & Social 2:30 -Word Games 3:30 -Sing Along 5:30 -Movie Night	17 10:00 -Let's Bake! 11:00 - <i>Daily Devotion</i> 1:00 - <b>Virtual Worship Service</b> 2:00 -Snack, Sip, & Social 2:30 -Art with Heart 3:30 -Fun & Games 5:30 - <i>Sing Along: Hymnals</i>	18 10:00 -Sit N' Fit 10:30 -Balloon Ball 1:00 -Word Games 2:00 -Snack, Sip, & Social 2:30 -Flower Arranging 4:00 -Coffee Social 5:30 -Movie Night	19 10:00 -Sit N' Fit 10:30 -Music & Movement 1:00 - <b>Music for Life w/ Joey C.</b> 2:00 -Snack, Sip, & Social 2:30 -Manicures 4:00 -Coffee Social 5:30 -Colorful Creations	20 <b>Happy Birthday Joan!</b> 10:00 -Saturday Stretch 10:30 -Coffee & News 1:00 -Fun & Games 2:00 -Happy Hour 2:30 -Matinee Movie 4:00 -Coffee Social 5:30 -Sing Along	
21 10:00 - <i>Virtual Worship Service</i> 11:00 - <i>Daily Devotion</i> 1:30 -Sing & Stretch 2:00 -Sunday Sundaes 2:30 -Poetry Session 3:30 - <i>Sing Along: Hymnals</i> 5:30 -1 on 1's	22 10:00 -Sit N' Fit 10:30 -Balloon Ball 1:30 -Trivia Time 2:00 -Snack, Sip, & Social 2:30 -Fun & Games 4:00 -Coffee Social 5:30 -Colorful Creations	23 10:00 -Sit N' Fit 10:30 -Music & Movement 1:00 - <b>Educational Presentation: Hemingway Pt. 2</b> 2:00 -Snack, Sip, & Social 2:30 -Word Games 3:30 -Sing Along 5:30 -Movie Night	24 10:00 -Let's Bake! 11:00 - <i>Daily Devotion</i> 1:00 - <b>Virtual Worship Service</b> 2:00 - <b>November Birthday Celebration</b> 2:30 -Art with Heart 3:30 -Fun & Games 5:30 - <i>Sing Along: Hymnals</i>	25 <b>Thanksgiving Day</b> 10:00 -Sit N' Fit 10:30 -Coffee & News 1:00 -Word Games 2:00 -Snack, Sip, & Social 2:30 -Flower Arranging 4:00 -Coffee Social 5:30 -Movie Night	26 10:00 -Sit N' Fit 10:30 -Music & Movement 1:00 -Sing Along 2:00 -Snack, Sip, & Social 2:30 -Manicures 4:00 -Coffee Social 5:30 -Colorful Creations	27 10:00 -Saturday Stretch 10:30 -Coffee & News 1:00 -Fun & Games 2:00 -Happy Hour 2:30 -Matinee Movie 4:00 -Coffee Social 5:30 -Sing Along	
28 10:00 - <i>Virtual Worship Service</i> 11:00 - <i>Daily Devotion</i> 1:30 -Sing & Stretch 2:00 -Sunday Sundaes 2:30 -Poetry Session 3:30 - <i>Sing Along: Hymnals</i> 5:30 -1 on 1's	29 10:00 -Sit N' Fit 10:30 -Balloon Ball 1:30 -Trivia Time 2:00 - <b>Music w/ Mary Hall</b> 3:00 -Snack, Sip, & Social 3:30 -Fun & Games 5:30 -Colorful Creations	30 10:00 -Sit N' Fit 10:30 -Music & Movement 1:00 - <b>Travelogue by J. Sweeney: Norway Presentation</b> 2:00 -Snack, Sip, & Social 2:30 -Word Games 3:30 -Sing Along 5:30 -Movie Night	