

*Jan M Gallwitz*

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast	
Egg of Choice Bacon Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Scrambled Egg Sausage Link Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Scrambled Egg Breakfast Meat Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Sausage & Gravy Cereal of Choice Biscuit Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Bacon Cereal of Choice French Toast Coffee Milk of Choice, 8oz Juice of Choice Syrup	Scrambled Egg Bacon Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Fried Egg Cereal of Choice Banana Toast Coffee Milk of Choice, 8oz Juice of Choice							
Lunch		Lunch		Lunch		Lunch		Lunch		Lunch		Lunch	
Pork Loin w/ Herbs Meatballs/Mushroom Gravy Candied Yams Buttered Noodles Buttered Broccoli Buttered Carrots Dinner Roll Baker's Choice Pie	Pot Roast w/Gravy Bologna Fried Sandwich Parsley Egg Noodles Rings, Onion Winter Squash Three Bean Salad Biscuit Assorted Fruit Cup	Chicken w/ Lemon Pepper Meatloaf/Homestyle Fluffy Steamed Rice Oven Browned Potatoes Peas & Carrots Winter Blend Vegetables Dinner Roll Fruit Jello & Topping	Ravioli Baked Pork BBQ Riblette Tater Tots Tossed Salad w/ Dressing Coleslaw Bread Sticks Vanilla Pudding	Ham Baked Salisbury Steak Sweet Potatoes Buttered Noodles Seasoned Green Beans Wax Beans Dinner Roll Gingerbread Cake w/ Whipped Topping	Fish Battered Pork Cutlet Macaroni & Cheese Cornbread Dressing Coleslaw Cup of Fruit Hushpuppies Yellow Cake	Chicken Oven Fried Reuben Sandwich Mashed Potatoes w/ Gravy Potato Wedges Seasoned Zucchini Pasta Vegetable Salad Dinner Roll Ice Cream							
Supper		Supper		Supper		Supper		Supper		Supper		Supper	
Country Fried Steak w/ Gravy Tuna Salad Sandwich Mashed Potatoes Soup of the Day Mixed Vegetables Cup of Fruit Biscuit Applesauce	Grilled Cheese Sandwich Egg Salad Sandwich Tomato Soup Macaroni Salad Chips Potato Vegetable Plate Crackers Frosted Carrot Cake	Pork Pulled Sandwich Fish Nuggets Baked Beans Savory Noodles Creamy Coleslaw Buttered Green Beans Baked Apple	Deli Sandwich Turkey Melt Grilled Sandwich Chicken Noodle Soup Mustard Potato Salad Cottage Cheese Applesauce Crackers Assorted Cookies	Beef Noodle Casserole Chicken Patty Sandwich French Fries Tossed Salad w/ Dressing Seasoned Beets Biscuit Pears	Spaghetti Sauce w/Meat Hot Dog with Bun Spaghetti Noodles Rings, Onion Italian Green Beans Mixed Vegetables Garlic Bread Brownie	Tuna Salad Sandwich Cheeseburger Soup of the Day French Fries Three Bean Salad Baked Beans Crackers Seasonal Fresh Fruit							

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Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast	
Scrambled Egg Bacon Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Egg of Choice Breakfast Meat Cereal of Choice Toast Milk of Choice, 8oz Coffee Juice of Choice Jelly / Margarine	Scrambled Egg Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Sausage Patty Cereal of Choice French Toast Coffee Milk of Choice, 8oz Juice of Choice Syrup	Sausage Link Cereal of Choice Pancakes Coffee Milk of Choice, 8oz Juice of Choice Syrup	Scrambled Egg Breakfast Ham Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Sausage Link Cereal of Choice Pancakes Coffee Milk of Choice, 8oz Juice of Choice Syrup	Scrambled Egg Breakfast Ham Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Sausage Link Cereal of Choice Pancakes Coffee Milk of Choice, 8oz Juice of Choice Syrup	Scrambled Egg Breakfast Ham Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Sausage Link Cereal of Choice Pancakes Coffee Milk of Choice, 8oz Juice of Choice Syrup	Scrambled Egg Breakfast Ham Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Chesy Scrambled Egg Bacon Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Chesy Scrambled Egg Bacon Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine
Lunch		Lunch		Lunch		Lunch		Lunch		Lunch		Lunch	
Roast Beef Macaroni/Ham/Cheese Casserole Baked Potato Broccoli w/ Cheese Stewed Tomatoes Dinner Roll Fruit Pie	Turkey Tetrazzini Hamburger w/ Cheese, Mushroom, Swiss Rings, Onion Buttered Peas Buttered Green Beans Dinner Roll Pineapple Upside Down Cake	Beef Chopped Steak w/Mushrooms Ham & Cheese Grilled Sandwich Mashed Potatoes w/ Gravy Chicken Noodle Soup Buttered Carrots Tossed Salad w/ Dressing Dinner Roll Vanilla Pudding	Chicken BBQ Fish Oven Fried Macaroni & Cheese Rings, Onion Baked Beans Cup of Fruit Cornbread Peanut Butter Bar	Ziti Baked Turkey Open Faced Sandwich Sweet Potato Cubes Diced Beets Mixed Vegetables Garlic Bread Fruit Salad	Fish Crumb Topped Chicken Monterey Sandwich Rice Pilaf Rings, Onion Buttered Corn Tossed Salad Hushpuppies Lemon Bar	Fish Crumb Topped Chicken Monterey Sandwich Rice Pilaf Rings, Onion Buttered Corn Tossed Salad Hushpuppies Lemon Bar	Fish Crumb Topped Chicken Monterey Sandwich Rice Pilaf Rings, Onion Buttered Corn Tossed Salad Hushpuppies Lemon Bar	Fish Crumb Topped Chicken Monterey Sandwich Rice Pilaf Rings, Onion Buttered Corn Tossed Salad Hushpuppies Lemon Bar	Fish Crumb Topped Chicken Monterey Sandwich Rice Pilaf Rings, Onion Buttered Corn Tossed Salad Hushpuppies Lemon Bar	Fish Crumb Topped Chicken Monterey Sandwich Rice Pilaf Rings, Onion Buttered Corn Tossed Salad Hushpuppies Lemon Bar	Fish Crumb Topped Chicken Monterey Sandwich Rice Pilaf Rings, Onion Buttered Corn Tossed Salad Hushpuppies Lemon Bar	Pork Pot Roast Tater Tot Casserole Carrots/Potatoes Brussels Sprouts Biscuit Angel Food Cake	Pork Pot Roast Tater Tot Casserole Carrots/Potatoes Brussels Sprouts Biscuit Angel Food Cake
Supper		Supper		Supper		Supper		Supper		Supper		Supper	
Chicken Tenders Pimento Cheese Sandwich Vegetable Soup Cucumber Tomato Salad Biscuit Peaches	Ham Loaf Chef Salad Hashbrown Casserole Vegetable Blend Creamy Cucumbers Dinner Roll Cake/Icing	Polish Sausage Fish Baked Pierogies Buttered Noodles Sauerkraut Buttered Corn Dinner Roll Assorted Fruit Cup	Grilled Cheese Sandwich Manicotti w/Sauce Tomato Soup Tossed Salad w/ Dressing Italian Green Beans Crackers Cream Pie	Pork BBQ Riblette Tuna Macaroni Plate Creamed Corn Soup of the Day Squash Medley Cottage Cheese w/Fruit Plate Dinner Roll Sherbet	Cheeseburger Stuffed Peppers French Fries Pasta Salad Soup of the Day Creamy Coleslaw Bun Fruit Cocktail	Cheeseburger Stuffed Peppers French Fries Pasta Salad Soup of the Day Creamy Coleslaw Bun Fruit Cocktail	Cheeseburger Stuffed Peppers French Fries Pasta Salad Soup of the Day Creamy Coleslaw Bun Fruit Cocktail	Cheeseburger Stuffed Peppers French Fries Pasta Salad Soup of the Day Creamy Coleslaw Bun Fruit Cocktail	Cheeseburger Stuffed Peppers French Fries Pasta Salad Soup of the Day Creamy Coleslaw Bun Fruit Cocktail	Cheeseburger Stuffed Peppers French Fries Pasta Salad Soup of the Day Creamy Coleslaw Bun Fruit Cocktail	Cheeseburger Stuffed Peppers French Fries Pasta Salad Soup of the Day Creamy Coleslaw Bun Fruit Cocktail	Chili Beef Steak w/ Mushrooms Baked Potato Mashed Potatoes w/ Gravy Tossed Salad w/ Dressing Vegetable Medley Crackers Assorted Cookies	Chili Beef Steak w/ Mushrooms Baked Potato Mashed Potatoes w/ Gravy Tossed Salad w/ Dressing Vegetable Medley Crackers Assorted Cookies

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Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast		Breakfast	
Omelet Sausage Link Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Scrambled Egg Bacon Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Scrambled Egg Sausage & Gravy Cereal of Choice Biscuit Coffee Milk of Choice, 8oz Juice of Choice Salt/Pepper	Scrambled Egg Hash Browns Cereal of Choice Toast Milk of Choice, 8oz Coffee Juice of Choice Salt/Pepper	Sausage Patty Cereal of Choice French Toast Coffee Milk of Choice, 8oz Juice of Choice Syrup	Fried Egg Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine	Egg Sandwich Bacon Cereal of Choice Toast Coffee Milk of Choice, 8oz Juice of Choice Jelly / Margarine							
Lunch		Lunch		Lunch		Lunch		Lunch		Lunch		Lunch	
Chicken Oven Fried Salisbury Steak Mashed Potatoes w/ Gravy Buttered Noodles Seasoned Broccoli Candied Carrots Dinner Roll Apple Pie	Beef Stroganoff Chicken Salad Sandwich Buttered Noodles Cream of Mushroom Soup Green Peas Bread Sticks Frosted Cake	Ham Glazed Fish Crumb Topped Scalloped Potatoes Brown Rice Harvard Beans Buttered Corn Dinner Roll Banana Split Dessert	Chicken and Dumplings Turkey Cutlet w/ Gravy Breaded Okra Tossed Salad w/ Dressing Buttered Green Beans Biscuit Chilled Fruit Cup	Meatloaf Baked Ham Salad on Croissant Mashed Potatoes w/ Gravy Chicken Noodle Soup Buttered Carrots Wax Beans Dinner Roll Apple Slices	Fish Crunchy Fried Grilled Cheese Sandwich Red Skin Potatoes Tomato Soup Creamy Coleslaw Seasoned Carrots Hushpuppies Orange Cake	Pork Medallions Chicken Patty Sandwich Fluffy Steamed Rice Pasta Salad Oriental Vegetables Baked Beans Dinner Roll Assorted Fruit Cup							
Supper		Supper		Supper		Supper		Supper		Supper		Supper	
Egg Salad Sandwich Crab Salad Pasta Salad Soup of the Day Chips Potato Crackers Fruit Salad	Chicken Fried Steak Beef Steak w/ Mushrooms Mashed Potatoes w/ Gravy Fried Rice Green Peas Brussels Sprouts Biscuit Diced Peas	Cool Tuna Salad on Bed of Lettuce Bratwurst on Bun Soup of the Day Macaroni Salad Cottage Cheese w/ Fruit Plate Chips Potato Crackers Chocolate Chip Cookie	Pasta w/ Meat Sauce Reuben Sandwich French Fries Italian Green Beans Garlic Bread Pudding	Deli Sandwich Spaghetti Sauce w/ Meat Potato Salad Spaghetti Noodles Vegetable Soup Italian Green Beans Assorted Cookies	Turkey Sliced w/ Gravy Pork Cutlet Baked Bread Dressing Whipped Potatoes Buttered Corn Seasoned Green Peas Dinner Roll Ice Cream	Macaroni & Cheese (Entree) Meatball Hotdog Cream of Broccoli Soup Tossed Salad w/ Dressing Buttered Green Beans Garlic Butter Biscuit Cake/Icing							

