



Dear Residents, Families, and Friends,

November has arrived and with it...Fall! It's tough to get into this season when the temperatures are in the 80s and 90s so what a relief when the cooler weather arrived. Mom and I took a quick trip to the mountains and though the leaves weren't the vivid splash of color that many talk about—they were pretty. We enjoyed the Craftsmen's Festival where we met so many truly talented people who were showcasing their talents! And there's nothing like a buttery pancake on a cold mountain morning! So yes, it's Fall and we're all happy that's it here.

We will be having our Thanksgiving Family Dinner on Sunday November 21st. We will have to limit the number of guests and may have to have two seatings. We'll be sharing more about this real soon.

Turkey and Cornbread Dressing, Sweet Potatoes w/ Praline Topping, Fresh Creamed Corn, and all of those other dishes that we love so much will be on the menu! We look forward to being with family once again.

Please note that this is the one time a year where we allow residents and families to give to our staff. The Employee Holiday Fund is now open for donations. This past year has been extremely difficult for our staff and though they've faced adversity, they've been faithful to be here every day to assist you and offer a caring hand to those who need it. We encourage you to express your gratitude by giving to the fund. And we thank you in advance for your generousity.

We will be having our Christmas Family Night and look forward to our annual "Twelve Days of Christmas" Singing Contest!

May the Lord continue to bless and keep us all here at Wesley Haven Villa!

Happy Thanksgiving!
Jennifer Colley

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Activity Highlights: 11/10/21 Magic Show! 11/12 Della on the Cello

November Birthdays!

Marian Guthrie 11/2

Mary Joe Robertson 11/22

Erin Kanning 11/2

Mindy Drye 11/3

Dasia Washington 11/6

Jaelen Moorer 11/9

A Culinary Funny!



I don't mean to brag but I just finished my 14 day diet in 3 hours and 12 minutes!

DINING SERVICES WITH CHARLES REESE

Dear Residents,

Thanksgiving is coming and we've already ordered the turkeys! We look forward to once again preparing our traditional holiday meal for you and your families. Jennifer will be in the kitchen making her Cornbread Dressing and Sweet Potatoes with Praline Topping and of course no Thanksgiving dinner is complete without deviled eggs and a congealed salad. Pumpkin Pie, Pecan Pie and Apple Pie will be served for desert! We look forward to serving you a meal that will fill your tummies and provide you with a nice nap afterwards. Please don't hesitate to share your thoughts and concerns with us—we are here for you!

Food Forum will be November 16th at 1:00pm. See you there! Happy Thanksgiving, Charles & the Dining Service Team

THINK ON THESE:

This is the day that the LORD has made,
I will rejoice in it and be glad!
Psalms 118:24



NEWS FROM THE HEALTHCARE OFFICE

Dear Residents & Families,

It's time for the flu clinic and once again Walgreens will be facilitating the vaccine here at WHV on November 5th . Please see Mona or Roxanne if you are interested in receiving the flu shot.

We continue are working diligently to set up the clinic for the COVID Booster shots. We'll let you know as soon as we have a firm date and time.

Please do not hesitate to call on us if you are not feeling well. We are here for you and want to help you get the care you may need.

Roxanne Hicks LPN DHS

FROM LIFE ENRICHMENT

Dear Residents & Families,

One thing is for sure and that's change. We just welcomed Maddie as our Life Enrichment Coordinator last month and she's made the decision to further her education by enrolling in C.N.A. classes. Unfortunately that means that we've had to scout out and hire another person to fill this very important role in our community. Fortunately we didn't have to look too far! Our very own Erin Kanning approached us about taking on the position. We are very pleased and proud to announce that we have in fact chosen Erin as our Life Enrichment Coordinator! As you know Erin has volunteered many times to host activities and you all have enjoyed spending time with her. We look forward to having Erin take on this new role as we know that she'll bring a great deal of stability and fun! Please help us welcome and congratulate Erin as she takes on this new adventure!



Stuffing or Dressing?

(An excerpt from "Thanksgiving Across America"- http:// www.history.com/news/hungry-history/stuffing-dressing-andfilling-thanksgiving-across-america)

When it comes to Thanksgiving, some dishes are required eating. And you better not forget the stuffing! But that's where things get interesting, Even the name differs from place to place: Northerners call it "stuffing," Southerners eat "dressing" and a few Pennsylvanians enjoy "filling" on their Turkey Day tables. Taking a look at the regional differences shows how this dish represents the true melting pot of American cuisine. New Englanders use wild rice and chestnuts, Bostonians use no breadcrumbs but add oysters. For Southerners it's nothing but "dressing" for them and it's made from a table staple—cornbread. San Franciscans use leftover sourdough bread and those in the Pacific Northwest use seafood in theirs. How about you? Stuffing or Dressing?

Erin & Linda
Gleaning Cotton
From a
Harvested Field
And Hoping
They Wouldn't
Get Caught!







Some Great Things About Getting Older (Submitted by Lenice Horne)

- •Finally you can eat dinner at 4PM (Senior Early Bird Special)
- Your investment in health insurance is beginning to pay off
- Kidnappers are not very interested in you
- ◆People no longer view as a hypochondriac
- Your secrets are safe with your friends because they can't remember them
- Your supply of brain cells is finally down to a manageable size
- ◆Your eyes won't get much worse
- ◆Things you buy now will not wear out
- •No one expects you to run into a burning building
- ◆There is nothing left to learn the hard way
- Your joints are more accurate than the National Weather Bureau
- ◆In a hostage situation you are likely to be released first
- You can hide your own Easter eggs (since you can't remember where you hid them)

Thanksgiving Funnies!







What Key has legs and can't open doors?

Turkey!

Why did the police arrest the turkey?

They suspected it of foul play!

What did the turkey say to the turkey hunter? *Quack, Quack, Quack!*



Dear Residents,

The weather has turned a little cooler and we will have colder temperatures to come. If you need assistance with adjusting your thermostat, please let us know. And remember to write your maintenance request in the resident log located in the front information center. We wish you and yours a Happy Thanksgiving!

Nick & Doug



VETERANS DAY



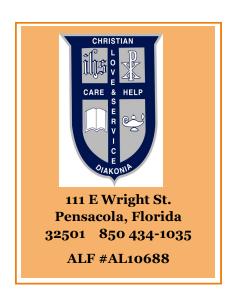
HONORING ALL WHO SERVED

Extra! Extra! Read All About It!

The WHV Press seeks submissions from residents, families, and friends. Know someone with something to say, something to share? Send your news our way! Poems, quotes, stories, jokes, we want 'em!

COVID-19 & FLU TIPS

- 1.Wash your hands frequently with soap and hot water.
- 2.Do Not touch your face- eyes, nose, mouth.
- 3.Wear your mask when out of your apartment
- 4.Observe Social Distancing by staying 6 feet from each other.
- 5.If you go for a walk, consider walking in the courtyard first.
- 6.If you go off of the WHV property, be careful what you touch along the way. Use hand sanitizer while out and wash your hands when you return!



WESLEY HAVEN VILLA ASSOCIATES

Jennifer Colley

Roxanne Hicks

Donna Kent

Charles Reese

Erin Kanning

Nick Morrow

Administrator

Dir of Health Services

Administrative Asst. II

Dir of Dining Services

Life Enrichment

Facilities Manager

Personal Services

Melinda Dyer RN
Michaela White LPN
Vera Allen
Selina Dortch
Jakievia Carter
Kimberly Rollick
Veronica Jackson
Kaneatha Harris
Kajanique Silver
Sabrina Fountain
Kawanda Mickles
Macheel Carter

Transportation

Mona English

Asst. Dining Services Director

Teresa Thomas

Dining Services

Margaret Witherspoon Bryan Semple Phyllis Sumler Bernadette Hargrove Jaelen Moorer

Environmental Services

Jackie Jacks

Dashia Washington

Amanda Faulk

Maintenance

Doug Fulford

First Impressions

Karen Knight Terrill Major

"Serving God's Older Children"

With a Gentle Hand With a Warm Heart With a Caring Spirit



Meeting our Resident's needs and Exceeding their expectations with Every service we perform every day.



