



Fresh & Nutritious

SAMPLE MENU

Deli Sandwiches

TURKEY REUBEN SANDWICH

GRILLED ON RYE BREAD WITH 1000 ISLAND DRESSING, SAUERKRAUT & SWISS CHEESE

TURKEY SANDWICH

HAM SANDWICH

BLT SANDWICH



Hot off the Grill

HAMBURGER OR CHEESEBURGER

VEGGIE BURGER

TURKEY BURGER

HOT DOG

Sides

FRENCH FRIES

POTATO CHIPS

BAKED POTATO

BAKED YAM

CARROTS

FRESH STEAMED BROCCOLI

FRESH FRIUTS

COLESLAW



Drinks

APPLE, ORANGE, CRANBERRY, OR PEACH JUICES

LEMONADE OR ICED TEA

COFFEE OR HOT TEA

BERR OR WINE

**OUR MEALS MADE FRESH TO ORDER SERVED WITH
SIDE, DRINK AND FRESHLY BAKED COOKIE**

 **PACIFICA**
SENIOR LIVING

S A M P L E L U N C H
S E L E C T I O N S

S T A R T E R S

Soup
Salad

S I D E S

Mixed vegetables
Mashed potato
Fruit garnish
French fries

M A I N S

Steamed Petrale Sole
Turkey Meatloaf
Egg salad sandwich
Vegetarian Buger with
Gorgonzola

D R I N K S

Choice of Juice
Lemonade
Iced Tea
Coffee or Hot Tea





PACIFICA
SENIOR LIVING

sample



BREAKFAST MENU



omelets

- BACON & CHEESE
- CHEESE
- BAKED HAM

eggs

- EGGS BENEDICT
- SCRAMBLED
- DENVER EGG CASSEROLE
- POACHED ON CORNED BEEF HASH

pancakes

- PLAIN W/ BUTTER & SYRUP
- FRESH BERRIES
- BANANA
- CHOCOLATE
- ADD BACON/HAM/SAUSAGE

waffles

- WAFFLE W/ PECAN
- PLAIN W/ BUTTER & SYRUP

other

- BISCUITS AND GRAVY
- OATMEAL
- FRRESH FRUIT

drinks

- APPLE, ORANGE, CRANBERRY, PEACH JUICE
- COFFEE, HOT TEA