

# November 2021

## Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 <b>LL</b> News, Views, and coffee! <b>1</b> 10:00 <b>PE</b> Morning Exercise 10:30 <b>CC</b> Hydration Pass 1:00 <b>LL</b> <b>Bingo</b> 3:00 <b>LL</b> Manicures	<b>Election Day 2</b> 9:00 <b>CC</b> News, Views, and coffee! 10:00 <b>PE</b> Strengthen And Stretch 10:30 <b>CC</b> Hydration Pass 1:00 <b>SS</b> <b>Catholic Communion</b> 2:00 <b>LL</b> <b>DOMINO'S</b>	<b>Happy Birthday Laurel 3</b> 9:00 <b>CE</b> News, Views, and coffee! 10:30 <b>CC</b> Hydration Pass 1:00 <b>PE</b> Cornhole Toss 2:00 <b>LL</b> Movie Viewers Choice 3:00 <b>LL</b> <b>Bingo</b>	<b>Happy Birthday Charlene 4</b> 9:00 <b>LL</b> News, Views, and coffee! 10:30 <b>CC</b> Hydration Pass 1:00 <b>LL</b> <b>Kim Vickers</b> 2:00 <b>LL</b> Hand Massage	9:00 <b>CE</b> News, Views, and coffee! <b>5</b> 10:00 <b>PE</b> Sit And Be Fit/ Yoga 10:30 <b>CC</b> Hydration Pass 1:00 <b>LL</b> <b>Robert Karch</b> 1:30 <b>LL</b> Happy Hour	9:00 <b>LL</b> News, Views, and Coffee! <b>6</b> 10:00 <b>CE</b> Word search 11:00 <b>LL</b> Puzzles and Social in the Library 1:00 <b>PE</b> Courtyard Walks 3:00 <b>PE</b> Cornhole Toss
<b>Daylight Saving Time Begins 7</b> 9:00 <b>CE</b> News, Views, and coffee! 10:30 <b>AE</b> FALL Coloring/Front Desk 11:30 <b>LL</b> Lazy Sunday By The fire Place 2:00 <b>LL</b> Pen Pal/NotesTextsCards/Exchange	9:00 <b>LL</b> News, Views, and coffee! <b>8</b> 10:00 <b>PE</b> Morning Exercise 10:30 <b>CC</b> Hydration Pass 1:00 <b>LL</b> <b>Bingo</b> 3:00 <b>LL</b> Manicures	9:00 <b>CC</b> News, Views, and coffee! <b>9</b> 10:00 <b>PE</b> Strengthen And Stretch 10:30 <b>CC</b> Hydration Pass 1:00 <b>SS</b> <b>Catholic Communion</b> 2:00 <b>CC</b> <b>Resident Counsel Meeting</b>	9:00 <b>CE</b> News, Views, and coffee! <b>10</b> 10:30 <b>CC</b> Hydration Pass 1:00 <b>PE</b> Cornhole Toss 2:00 <b>LL</b> Movie Viewers Choice 3:00 <b>LL</b> <b>Bingo</b>	<b>Veterans Day 11</b> 9:00 <b>LL</b> News, Views, and coffee! 10:30 <b>CC</b> Hydration Pass 1:00 <b>AE</b> <b>Crafting with Theresa Hughes</b> 1:30 <b>PE</b> <b>Pumpkin Miniature Horse</b> 2:00 <b>LL</b> Hand Massage	9:00 <b>CE</b> News, Views, and coffee! <b>12</b> 10:00 <b>PE</b> Sit And Be Fit/ Yoga 10:30 <b>CC</b> Hydration Pass 1:00 <b>LL</b> <b>Robert Karch</b> 1:30 <b>LL</b> Happy Hour	9:00 <b>LL</b> News, Views, and Coffee! <b>13</b> 10:00 <b>CE</b> Word search 11:00 <b>LL</b> Puzzles and Social in the Library 1:00 <b>PE</b> Courtyard Walks 3:00 <b>PE</b> Cornhole Toss
<b>Happy Birthday Roma 14</b> 9:00 <b>CE</b> News, Views, and coffee! 10:30 <b>AE</b> FALL Coloring/Front Desk 11:30 <b>LL</b> Lazy Sunday By The fire Place 2:00 <b>LL</b> Pen Pal/NotesTextsCards/Exchange	9:00 <b>LL</b> News, Views, and coffee! <b>15</b> 10:00 <b>PE</b> Morning Exercise 10:30 <b>CC</b> Hydration Pass 1:00 <b>LL</b> <b>Bingo</b> 3:00 <b>LL</b> Manicures	9:00 <b>CC</b> News, Views, and coffee! <b>16</b> 10:00 <b>PE</b> Strengthen And Stretch 10:30 <b>CC</b> Hydration Pass 1:00 <b>SS</b> <b>Catholic Communion</b> 2:00 <b>LL</b> <b>DOMINO'S</b>	9:00 <b>CE</b> News, Views, and coffee! <b>17</b> 10:30 <b>CC</b> Hydration Pass 1:00 <b>PE</b> Cornhole Toss 2:00 <b>LL</b> Movie Viewers Choice 3:00 <b>LL</b> <b>Bingo</b>	9:00 <b>LL</b> News, Views, and coffee! <b>18</b> 10:30 <b>CC</b> Hydration Pass 1:00 <b>PE</b> Pro Circuit/Putt Return Golf 2:30 <b>CE</b> <b>Butte county Library</b>	9:00 <b>CE</b> News, Views, and coffee! <b>19</b> 10:00 <b>PE</b> Sit And Be Fit/ Yoga 10:30 <b>CC</b> Hydration Pass 1:00 <b>LL</b> <b>Robert Karch</b> 1:30 <b>LL</b> Happy Hour	<b>Happy Birthday Alan 20</b> 9:00 <b>LL</b> News, Views, and Coffee! 10:00 <b>CE</b> Word search 11:00 <b>LL</b> Puzzles and Social in the Library 1:00 <b>LL</b> <b>Larry Lambert Music</b> 3:00 <b>PE</b> Cornhole Toss
9:00 <b>CE</b> News, Views, and coffee! <b>21</b> 10:30 <b>AE</b> FALL Coloring/Front Desk 11:30 <b>LL</b> Lazy Sunday By The fire Place 2:00 <b>LL</b> Pen Pal/NotesTextsCards/Exchange	9:00 <b>LL</b> News, Views, and coffee! <b>22</b> 10:00 <b>PE</b> Morning Exercise 10:30 <b>CC</b> Hydration Pass 1:00 <b>LL</b> <b>Bingo</b> 3:00 <b>LL</b> Manicures	9:00 <b>CC</b> News, Views, and coffee! <b>23</b> 10:00 <b>PE</b> Strengthen And Stretch 10:30 <b>CC</b> Hydration Pass 1:00 <b>SS</b> <b>Catholic Communion</b> 2:00 <b>LL</b> <b>DOMINO'S</b>	9:00 <b>CE</b> News, Views, and coffee! <b>24</b> 10:30 <b>CC</b> Hydration Pass 1:00 <b>PE</b> Cornhole Toss 2:00 <b>LL</b> Movie Viewers Choice 3:00 <b>LL</b> <b>Bingo</b>	<b>Thanksgiving 25</b> 9:00 <b>LL</b> News, Views, and coffee! 10:30 <b>CC</b> Hydration Pass 1:00 <b>PE</b> Pro Circuit/Putt Return Golf 2:00 <b>LL</b> Hand Massage	9:00 <b>CE</b> News, Views, and coffee! <b>26</b> 10:00 <b>PE</b> Sit And Be Fit/ Yoga 10:30 <b>CC</b> Hydration Pass 1:00 <b>LL</b> <b>Robert Karch</b> 1:30 <b>LL</b> Happy Hour	<b>Happy Birthday jim 27</b> 9:00 <b>LL</b> News, Views, and Coffee! 10:00 <b>CE</b> Word search 11:00 <b>LL</b> Puzzles and Social in the Library 1:00 <b>PE</b> Courtyard Walks 3:00 <b>PE</b> Cornhole Toss
9:00 <b>CE</b> News, Views, and coffee! <b>28</b> 10:00 <b>CE</b> <b>Chefs corner with Chef Chad</b> 10:30 <b>AE</b> FALL Coloring/Front Desk 11:30 <b>LL</b> Lazy Sunday By The fire Place 2:00 <b>LL</b> Pen Pal/NotesTextsCards/Exchange	9:00 <b>LL</b> News, Views, and coffee! <b>29</b> 10:00 <b>PE</b> Morning Exercise 10:30 <b>CC</b> Hydration Pass 1:00 <b>LL</b> <b>Bingo</b> 3:00 <b>LL</b> Manicures	9:00 <b>CC</b> News, Views, and coffee! <b>30</b> 10:00 <b>PE</b> Strengthen And Stretch 10:30 <b>CC</b> Hydration Pass 1:00 <b>SS</b> <b>Catholic Communion</b> 2:00 <b>LL</b> <b>DOMINO'S</b>	<b>Legend:</b> <b>AE</b> Artistic Expression <b>CC</b> Community Connections <b>CE</b> Continuing Education <b>LL</b> Lifestyle & Leisure <b>PE</b> Physical Engagement <b>SS</b> Spiritual Support			